

Prem Bani Radhasoami

(P o e t r y)

OF

PARAM PURUSH PURAN DHANI
HUZUR MAHARAJ

Part II

Translated into English Prose

by

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or**

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TRANSLATION

of

PREM BANI RADHASOAMI

(Poetry)

of

HUZUR MAHARAJ

PART II

Bachan 9

ARAT BANI (HYMNS OF PRAISE)

THIRD PART

Shabd 1

हे राधास्वामी सतगुरु दयारा ।
गति तुम्हारी अति अगम अपारा ।
मोहिं निरबल को लीन उबारा ॥१॥

O Radhasoami Sat Guru Dayal ! Inaccessibly
high and exalted is Your status. You have
redeemed me, a most feeble Jiva. (1)

You have enabled me to cast off all regard for
Maya. My mind now restlessly pines for Your
Darshan. Having attracted me to Your holy
feet, You have granted me Your shelter. (2)

You have made me join your Satsang and have
initiated me in the most pleasant methods of
Surat Shabd Yoga. Association with Sadhs has
reformed me. (3)

Finding me very humble and meek, Radhasoami
was moved to pity. He, in his grace and mercy,
has embellished me. (4)

By attending Satsang, my mind has been pulverised

all Karam and Bharm have been cast away,
and all obstacles put up by Kal have been
removed. (5)

As I perform Guru's Sewa, new waves of love
surge in me and my Surat and Nirat become
absorbed in His holy feet. His image is
extremely dear to me. (6)

As I behold Guru's charming countenance, I be-
come intoxicated with bliss. I make an offering
of my body and mind to His holy feet. I sacri-
fice myself over His Darshan. (7)

How can I describe the mercy bestowed on me by
Guru ? Regardless of my faults and blemishes,
He has taken me in His lap like a child. (8)

Faith in Guru now pervades my heart. My love
for Him is growing day by day. I have been
blest with the support and sustenance of the
Saran under Radhasoami. (9)

Worldly pursuits are now insipid to me. Discarding
worldly pleasures, I have tasted the bliss of
love. Kal's creation appears to me to be all
false and illusory. (10)

I successfully practise Surat Shabd Yoga, and with
Guru's strength, elevate my Surat to higher
regions. I witness wonderful spectacles within
me. (11)

How can I describe Radhasoami's grace and
mercy ? He has redeemed me so easily. I
thank Him again and again. (12)

All the time, I enhance my zeal and fervour to perform Guru's Arti, fully embellished and after procuring novel paraphernalia. (13)

I have got wonderful jewellery and dresses made for Guru and have Him put them on with great respect and regard. I am delighted to witness His wondrous splendour. (14)

I have prepared lots of things and I place them before Guru, arranging them nicely. The beauty and splendour of His Darbar is considerably enhanced. (15)

I bring a platterful of many articles of food and place them as Bhog before Guru. He very affectionately accepts them all. (16)

Hansas and Hansanís (loving Satsangís and Satsangíns) have gathered. They are delighted to witness the prevailing atmosphere. They all sing praises of Guru in a chorus. (17)

As I perform Arti at Guru's holy feet, the hymns of praise loudly resound all round. Drums beat in Gagan Mandal (celestial spheres). (18)

By the grace and mercy of Radhasoami I have been able to perform this Sewa. How can I adequately praise my luck ? Radhasoami has indeed showered His unbounded mercy on me. (19)

Shabd 2

प्रीत गुरु छाये रही तन में ।
 ध्यान गुरु लाये रही मन में ॥१॥

- Love for Guru pervades my body. I contemplate
 His form in my mind. (1)
- I sing the praises of Radhasoami every moment. I
 repeat RADHASOAMI Nám every instant. (2)
- I perceive Guru's grace within me. At heart, I
 hear the resounding of RADHASOAMI Nam. (3)
- Guru has granted me the gift of His mercy. My
 Surat enjoys the bliss of Shabd day and night. (4)
- Melodious sounds are audible within me. I have
 eschewed pride and egotism from my mind. (5)
- My Surat and mind proceed on the path to Nij
 Ghar (true abode), I have given up egotism
 and attachment pertaining to the higher
 centres. (6)
- I hear the sounds of the bell and the conch. My
 Surat is having glimpses of the form of Jyoti
 (flame). (7)
- Penetrating through Bank Nál (crooked tunnel), I
 witness the region of Trikutī. I then realize
 the greatness of Guru's Nam. (8)
- Next, I reach Das-wán-Dwár after removing the
 barrier and I drink nectar to my fill all the
 time. (9)

I cross Mahá-sunn in the company of Guru and
hear four hidden sounds. (10)

I then ascend to Bhanwargupha and abide there,
enjoying the melodious sound of the flute. (11)

Going to the imperishable city, i. e., Sat Lok, I
listen to the sound of the Bín (harp) and get
absorbed in bliss on witnessing the acts of
grace of Sat Guru. (12)

With love surging within me I then reach Alakh
Lok and have a wondrous Darshan of Alakh
Purush. (13)

I next behold a wonderful assembly in Agam Lok
where Agam Purush, the sovereign of the
entire creation, reigns. (14)

Beyond that, I have Darshan of the Abode of
Radhasoami whose Arti I sing enthusiasti-
cally. (15)

I dedicate my body and mind to His holy feet.
Radhasoami, my Guru, is pleased. (16)

He graciously takes me in His arms. How can I
describe the condition of my ecstatic bliss ? It
beggars description. (17)

Shabd 3

चरन गुरु हिरदे धार रहा ।
दया राधास्वामी माँग रहा ॥१॥

I enshrine the Holy Feet of Guru in my heart. I
beg for the mercy of Radhasoami. (1)

I have Darshan of Guru regularly. I enhance love
in my heart every moment. (2)

I take Prashád with zeal and fervour. I perform
the Sewa of Guru's holy feet within me. (3)

I sing Guru Bání (poetical compositions of Guru)
with love and affection. I constantly contem-
plate RADHASOAMI Nám. (4)

I strengthen Saran of Radhasoami. I develop
unflinching faith in my heart. (5)

I sing Guru's praises with zeal and enthusiasm
and, imbued with love, I associate with Him. (6)

I perform His Arti and sacrifice my body and
mind before Him. I am blest with the mercy
of Radhasoami. (7)

—————

Shabd 4

चरन गुरु हिरदे आन बसाय ।
सरन में निस दिन उमंगत धाय ॥१॥

I implant the Holy Feet of Guru in my heart. I
seek His Saran day and night with zeal and
enthusiasm. (1)

I all the time engender love for Guru. I enshrine
His discourses in my heart. (2)

I sing His Arti with zeal and fervour. I remain
in the company of Guru day and night. (3)

Absorbed in bliss, I bring new dresses and clad
Guru with them with my own hands. (4)

On seeing His splendour, I constantly enhance
my love for Him in my heart. (5)

I frolic before Guru day and night. On having
Darshan of His charming countenance, I
sacrifice myself before Him again and again. (6)

I receive Guru's Prashád enthusiastically. I always
remember the Holy Feet of Radhasoami. (7)

Shabd 5

गुरु मोहि दीना भेद अपारी ।
शब्द धुन सुन हुआ आनंद भारी ॥१॥

Guru has revealed to me the most sublime secret.
On listening to the reverberations of Shabd,
my joy knows no bounds. (1)

My Surat has become elated within me on hearing
the ringing of Shabds going on there. (2)

My love for the Holy Feet increases day and
night. Guru has bestowed such mercy on me
that my mind has been vanquished. (3)

Maya, the woman, is exhausted and helpless. My
Surat drinks nectar all the time. (4)

Leaving Nabh (Sahas-dal-kanwal), I ascend to the mansion of Gagan (Trikuti). Then, after seeing the moon, I behold the white sun. (5)

In the imperishable city, i. e., Sat Lok, I have Darshan of Sat Purush and I listen to melodious sound of the Bīn. (6)

Alakh Purush and Agam Purush fondle me. I then become the darling of the Holy Feet of Radhasoami. (7)

Sant Sat Guru bestowed immense mercy on me. He very affectionately gave me Prashád. (8)

Shabd 6

आरती लाया सेवक पूर ।
चरन गुरु प्रेम रहा भर पूर ॥१॥

This devoted slave of Guru has brought the paraphernalia for His Arti. His heart overflows with love for Guru's holy feet. (1)

He has prepared the platter of his heart and kindled the flame of affection. (2)

He sings the Arti of Guru with ardour and zeal. His Surat is getting drenched in the colour of Guru. (3)

The Anhad Shabd resounds within him. The sounds of the bell and the conch are audible. (4)

He hears the beating of the drum and the roaring of clouds. In Sunn, the violin is being played upon. (5)

The flute is giving out its melodious note, and in the imperishable city (Sat Lok), the sound of the harp is audible. (6)

Guru's mercy has provided all this embellishment. By adopting Saran of Radhasoami, this slave has got a kingdom, as it were. (7)

Shabd 7

मगन मन गुरु सन्मुख आया ।
आरती प्रेम सहित लाया ॥१॥

With high spirits, I come before Guru. Imbued with love, I have brought the paraphernalia for His Arti. (1)

I place before Guru a platterful of new articles for His Arti which I have brought with love and affection. (2)

I have prepared the platter of Guru Bhakti (devotion to Guru) and kindled the flame of love for Guru. (3)

I sing His Arti in the company of Hansas. I show newer and newer waves of love and yearning. (4)

Great is the bustle and splendour created by the

Arti. Soami has been pleased to bless me with
unique mercy. (5)

The reverberations of Shabd have produced a
tumult within me. The tyranny of Kal and
Karam has now subsided. (6)

I receive Sat Guru's grace and Prashad. I touch
the Holy Feet of Radhasoami. (7)

Shabd 8

सरन गुरु हुआ मोहि आधार ।
चरन में आई घर कर प्यार ॥१॥

Saran of Guru has become my support and suste-
nance. I have come under the shelter of His
holy feet with love and affection. (1)

I shall regularly have His Darshan with my gaze
fixed on Him. I shall drink the nectar of His
holy feet. (2)

I shall perform ever-new Arti of Guru. I shall
humbly and meekly abide at His holy feet. (3)

Hansas are singing Guru's Arti in a chorus. On
having Darshan of His charming countenance,
they are absorbed in bliss. (4)

The bell is ringing and the conch blowing within
me. My Surat penetrates within and ascends
to Bank Nál (crooked tunnel). (5)

In Gagan (Trikuti), the beating of the drum is audible. In Das-wán-Dwár, the moon is visible. (6)

In Bhanwargupha, the white sun shines. I shall enjoy the bliss of the sound of the flute there. (7)

Passing through the imperishable city, i. e., Sat Lok, I behold Alakh Lok, ascending wherefrom I have Darshan of Agam Purush. (8)

From there, I proceed to Radhasoami Dham and touch the Holy Feet of Radhasoami with zeal and fervour. (9)

Shabd 9

हुआ मन गुरु चरनन आघीन ।
लखी गुरु मूरत घट में चीन ॥१॥

My mind has become meek and submissive at Guru's holy feet. I recognize Guru's image within me on having His Darshan. (1)

Reposing my faith and trust in Guru's holy feet, I awaken love for Him within me every moment. (2)

I hold fast to Guru with unflinching faith. I abide in His holy feet, absorbed in bliss. (3)

I utter RADHASOAMI Nam day and night. I adopt in my heart pure and unmotivated Bhakti. (4)

Guru accomplishes my task in all respects and grants me the sublime gift of Bhakti. (5)

My mind applies to Guru's Sewa enthusiastically. I enhance my luck every moment. (6)

The only thing I am worried about is how to please Guru. (7)

In all humility, I beg for the grace and mercy of Guru. I remove all desires of my mind. (8)

I shall always keep my attention fixed on the Holy Feet. On hearing the resounding of Shabd, I shall pierce Nabh (sky, Sahas-dal-kanwal) and ascend to higher regions. (9)

After witnessing the refulgence of Jyoti (flame), I shall cherish love at heart for Guru in Gagan, i.e., Trikuti. (10)

After ascending to Sunn, I behold the region of Bhanwargupha. My attention gets rivetted on the sound of the flute. (11)

Then, going to the imperishable city, i. e., Sat Lok, I have Darshan of Sat Guru. I dedicate my body and mind to His holy feet. (12)

Thereafter, Alakh Purush draws me to His holy feet. Agam Purush bestows immense mercy on me. (13)

Finally, Radhasoami showers great mercy on me. My Surat abides in His holy feet. (14)

This is the abode of Param Sants where Nij Nám

i. e., RADHASOAMI Nám, is resounding
every moment. (15)

Shabd 10

प्रेम प्रकाशा सूरत जागी ।
शब्द गुरु के चरनन लागी ॥१॥

With the dawning of love, my Surat has awakened
and it applies to the Holy Feet of Shabd Guru. (1)

Tranquillity and compassion have filled my heart.
Kam (passion) and Krodh (anger) have now
been annihilated. (2)

My mind and heart blossom forth in Satsang. I
constantly drink the nectar of Guru's Darshan. (3)

My mind is absorbed in Guru's holy feet. My
Surat now applies to the reverberations of
Shabd. (4)

I now witness great refulgence within me. I have
become oblivious of my body and mind. (5)

After witnessing Jyoti (the flame), I behold the
sun. My mind is pulverised on hearing the
sound of Sárang (violin). (6)

Ascending to Bhanwargupha, I listen to the sound
of the flute. In Sat Lok, I hear Sat Shabd. (7)

I ascend to Alakh Lok and Agam Lok in a

moment. I then mingle with the Holy Feet of Radhasoami. (8)

I perform His Arti there, embellished with love. Radhasoami, very affectionately, bestows His mercy on me. (9)

Shabd 11

भाग जगे गुरु चरनन आई ।
राधास्वामी संगत सेवा पाई ॥१॥

My luck has awakened. I have come to Guru's holy feet. I have got the opportunity to perform Sewa in Radhasoami Satsang. (1)

My benevolent Guru has explained to me the great importance of Parmarth (spiritual welfare). (2)

I awaken ever-new love day by day and enshrine the Holy Feet of Radhasoami in my heart. (3)

I enhance my love for brother-Satsangis. I win Guru's pleasure all the time. (4)

I have come to know of the secret of Surat and Shabd (Surat-Shabd Yoga). My pain and misery of innumerable lives are now over. (5)

I enshrine RADHASOAMI Nam in my heart. I have cast away the rubbish of Karam and Bharam. (6)

I strengthen my faith in Guru day by day. I
awaken love for Radhasoami every moment. (7)

I give up all my attachment for the world. I
perform Guru's Arti with zeal and fervour. (8)

O Guru ! Be kind enough to listen to my prayer :
May I ever abide in Satsang. (9)

May I get Guru's Darshan day and night and may
I be fortunate to receive and partake of Guru's
Prashad and Charnamrit (water sanctified by
Guru). (10)

May I ever sing Guru's praises and contemplate
His holy feet. May I utter RADHASOAMI
RADHSOAMI all the time. (11)

Shabd 12

चरन गुरु हिये अनुराग सम्हार ।
सुरत प्यारी आई गुरु दरबार ॥१॥

With heart imbued with love, the darling Surat
comes to Guru's Darbár. (1)

Discarding fear and regard for the world, I listen
to Guru's discourses with care and attention. (2)

I always become absorbed in bliss on having
Guru's Darshan. I enhance my love for Him
on looking intently into His eyes. (3)

- Receiving wonderful instructions from Guru, I
now go on leaving this region of Maya every
moment. (4)
- I have developed affection for अधर घर Adhar Ghar
(the highest region, not resting on any support).
Worldly activities are now insipid to me. (5)
- On listening to the reverberations of Shabd, my
mind has been pulverised. My heart is over-
flowing with love for Guru. (6)
- I am rendered oblivious of the pain and pleasure
of the world. I enshrine Guru's holy feet in
my heart. (7)
- How can I describe the importance of Satsang ?
The inclination of the mind is reversed and it
starts proceeding in the upward direction. (8)
- I was steeped in worldly pleasures like one strick-
en with some diseases. Now the bliss of the
Holy Feet has become my support and suste-
nance. (9)
- I wandered hither and thither in the world goaded
by desires. I reversed my course and imbibed
the colour of Guru. (10)
- Loving devotees are now dear to me. I perform
Guru's Sewa in their company. (11)
- I have come to understand the ways of Satsang.
Ever-new faith in Guru has awakened within
me. (12)

Noticing the acts of grace going on in Guru's Satsang, my mind has cast aside all delusions and attained tranquillity. (13)

I always wish to attend Guru's Satsang. I arouse ever-new love for Him. (14)

O Thou merciful to the humble and the lowly !
Bestow such mercy on me that I may ever
abide near the Holy Feet of Radhasoami. (15)

Shabd 13

चरन गुरु सेवा द्वार रहा ।
बिघन मन सहज निकार रहा ॥१॥

I have been performing the Sewa of Guru's holy feet and thereby easily removing the obstacles put up by the mind. (1)

I was staying at a great distance from Satsang. By sheer good luck, I could get Darshan of Guru. (2)

Indescribable is the grace and mercy of Radhasoami. He has been pleased to attract all my kith and kin to His holy feet. (3)

On meeting loving devotees, I enthusiastically rush to perform their Sewa. (4)

Seeing the acts of grace going on in Guru's Satsang all the time, my mind seeks to abide in the Holy Feet with zeal and fervour. (5)

I cherish Guru's instructions at heart. I always
listen to the glory of the region of Sat Guru. (6)

I regularly read Guru Bání (poetical compositions
of Guru). I go on uttering RADHASOAMI
Nám. (7)

Shabd 14

सुरत पियारी उमंगत आई ।
राधास्वामी चरनन सीस नवाई ॥१॥

Imbued with love and yearning, the darling Surat
comes and places her head on the Holy Feet of
Radhasoami. (1)

She enhances her longing to attend Satsang. She is
overjoyed as she utters RADHASOAMI Nam. (2)

She regularly rushes to have Guru's Darshan. She
enshrines the charming countenance of Guru
in her heart. (3)

As she sings Guru's Arti, she gets absorbed in bliss.
The snares of Karam and Bharam are cut
asunder. (4)

She mixes with Satsangis and gives up frolicking
with the mind and the senses. (5)

She enhances her zeal and enthusiasm and awakens
love for Guru all the time. She constantly sings
Guru's Arti. (6)

By singing Guru's praises all the time, her luck awakens. Her Surat remains clinging to the Holy Feet of Radhasoami. (7)

Shabd 15

सतगुरु चरन प्रीत भई पोढ़ा ।
लाय रही अब सूरत डोरा ॥१॥

My love for Sat Guru's holy feet has attained perfection. I now join the cord of my Surat with the Holy Feet. (1)

I constantly witness Guru's ever-new acts of grace. I perceive Guru's grace and mercy within me. (2)

My mind and Surat shift towards Adhar (sky, higher regions). They become elated on drinking the nectar of Shabd. (3)

Experiencing the grace and mercy of Guru Dayal (the merciful Guru), I go on giving up fear and regard for the world. (4)

I am absorbed in bliss on listening to the sounds of the bell and the conch. On ascending to Trikuti, I have Darshan of Guru. (5)

I bathe on going to Sunn and become delighted on seeing the glorious forms of Hansas. (6)

Proceeding beyond Bhanwargupha, I hear the sound of the Bín (harp). I then have Darshan

of Alakh Purush and Agam Purush again and again. (7)

I next rush to Radhasoami Dhám (abode of Radhasoami). By grace, my Surat merges in the Holy Feet. (8)

Shabd 16

सतगुरु चरन अनुराग ।
पिरेमन हिये धर आई ॥१॥

The loving devotee comes with love for the Holy Feet of Sat Guru enshrined in his heart. (1)

Giving up all fear and regard for the world, my Surat rushes for Guru's holy feet. (2)

My wonderful luck has awakened. Guru has bestowed immense mercy on me. (3)

My mind does not at all hesitate to give up worldly pleasures and attachment for the world. (4)

My Surat awakens every moment. I elevate it to higher regions in the company of Shabd. (5)

On hearing the reverberations of Shabd and Rágas (musical modes) being sung, my Surat and mind become extremely delighted. (6)

Seeing the black cobra in Nabh, I kill it, with Guru's strength. (7)

My association with mind, the crow, has come to

an end, and I now make friends with Hansas. (8)

All my stains and blemishes have now been obliterated. Guru's mercy has washed them all away. (9)

Guru has granted me abiding love for Shabd. I keep my attention fixed on अघर पद Adhar Pad (the highest region). (10)

Day and night, I sing the Arti of Radhasoami with love and affection. (11)

— — —

Shabd 17

अचरज लीला देख मगन मन ।
उमंग उमंग करती गुरु दर्शन ॥१॥

Seeing Guru's wonderful acts of grace, my mind is beside itself with joy. I have Guru's Darshan with great zeal and enthusiasm. (1)

Delighted and enraptured, I sing Guru Bání. I recognize and perceive signs of Guru's mercy. (2)

I constantly hear Anhad Shabd. I cast aside strifes and conflicts of the mind. (3)

My Surat ascends to अघर Adhar (sky, higher regions) in no time and on hearing the reverberations of Shabd, merges in it in a state of intoxication. (4)

I see flower-gardens and flower-beds in plenty. Many a garden is a bloom in my heart, (5)

My Surat mingles with Shabd. It frolics all the time in the region of Trikuti. (6)

The darling Surat has been dyed in the colour of Guru. Ascending further, she hears Sat Shabd. (7)

She then proceeds beyond Alakh Lok and Agam Lok and then has Darshan of the Holy Feet of Radhasoami. (8)

I have been the recipient of the grace of Radhasoami today. My task has been accomplished easily. (9)

Shabd 18

बाज हंसन का जुड़ा समाज ।
पिरेमी लाया आरत साज ॥१॥

An assembly of Hansas has gathered today. The loving devotee has brought all necessary paraphernalia nicely arranged for Guru's Arti. (1)

I take in my hands the platter of yearning and kindle a unique flame of जुगत Jugat (the modes and methods of Surat Shabd Yoga). (2)

I nicely arrange food-articles of faith, and make Guru put on dresses of love and affection. (3)

Tremendous enthusiasm surges in my heart and I lovingly perform Guru's Arti. (4)

A wonderful setting of Arti has been created, By

- Guru's mercy, Shabd is resounding loudly within me. (5)
- My whole inner being repeatedly breaks forth saying, : Glory, all glory to Radhasoami, my Guru. (6)
- I hear the sound of the bell and then, absorbed in bliss, my mind rushes to Trikuti where the drum is beating. Thereafter, I ascend to Sunn and listen to the sound of the Sárang (a violin like musical instrument). (7-8)
- In Bhanwargupha, the melodious note of the flute is audible. In Sat Lok, I hear the sound of the Bín (harp). (9)
- Going to Alakh Lok, I hear a hidden sound. In Agam Lok, I have Darshan of Agam Purush. (10)
- Finally, with zeal and ardour, I reach the Abode of Param Guru Radhasoami, the Indescribable, Infinite and Nameless Supreme Being. (11)
- On having His Darshan, my Surat attains peace and tranquillity. Shunning the crowd, it has become aloof and all alone. (12)

Shabd 19

दरस गुरु हिरदे धारा नेम ।
जगाती निस दिन घट में प्रेम ॥१॥

I have decided at heart that I shall have Guru's

- Darshan regularly. I awaken love for Him day and night. (1)
- I regularly go to Him with His Bhog (victuals).
I take His Prashad with zeal and fervour. (2)
- Seeing ever-new acts of grace at Guru's Darbar, I remain in attendance there day and night. (3)
- Loving devotees are constantly coming to Guru.
Seeing them, I feel very much delighted. (4)
- The glory of Satsang is ever increasing. Jivas are being redeemed on taking shelter under Guru's holy feet. (5)
- Shabd is creating a tumult within everybody.
Surat, turning from this side, is ascending to higher regions. (6)
- On witnessing pure and unalloyed spectacles within, I make an offering of my body and mind to Guru. (7)
- All sing the praises of Radhasoami and utter RADHASOAMI Nam by Surat. (8)
- All partake of the pure bliss of Parmarth and, with Guru's strength, vanquish the mind and the senses. (9)
- Radhasoami bestows immense mercy. He ferries across all Hansas. (10)
-

Shabd 20

सरन गुरु सतसंग जिन लीनी ।
हुए मन सुरत चरन लीनी ॥१॥

Whoever has adopted the Saran of Guru and His Satsang, has his mind and Surat absorbed in the bliss of the Holy feet. (1)

All Sing the praises of Satsang. But nobody knows its true secrets and significance. (2)

That is true Satsang where the glory and eminence of Sants are described, where the secrets and mysteries of Nij Ghar (Original Abode) are revealed, where Surat Shabd Yoga is explained, where love for Guru is strengthened in one's heart and where glory and greatness of Guru's Saran (refuge) is given out. Know that the Jiva's task will be accomplished in such a Satsang. (3-6)

By grace and mercy I have found such a Satsang. My Surat and mind happily mingle with the Holy Feet of Guru. (7)

Every moment I praise my good fortune, and utter RADĦ SOAMI Nam. (8)

What should I say ? My wicked mind has deceived me, making me, enjoy sensual pleasures all the time. (9)

Due to this mistake, I suffered much pain and sorrow. I had to repent for what I had done. (10)

For this very reason, I always remain sad and

morose. I call out for succour at the Holy Feet
of Guru. (11)

O Merciful Guru ! Have mercy on me. Cut
asunder Maya's net. (12)

May I enjoy the bliss of Shabd with my mind
absorbed in it. May I remain humble and
submissive at the Holy Feet of Guru. (13)

May I be singing the Arti of Guru all the time.
May I implant the Saran of Radhasoami in my
heart. (14)

In Your grace and mercy, do accomplish my task.
May I ever remain the dust of Your holy feet. (15)

Shabd 21

सुरत प्यारी गुरु मिल आई जाग ।
बढ़त अब दिन दिन घट अनुराग ॥१॥

The darling Surat wakes up as she meets Guru.
Love for Guru is now ever increasing within
her. (1)

Radhasoami has been pleased and sent me the
embellishment of love. I have given up all fear
and shame of the world. (2)

I have been initiated in Surat Shabd Yoga. My
Surat is attaining the form of a Hansa (loving
devotee). (3)

I have cast off all base and perverse understanding

and I now readily accept the advice of good sense. (4)

I go on performing Abhyás regularly and carefully.
I perceive the unbounded grace and mercy of Guru. (5)

I know the status and eminence of Radhasoami is
inaccessibly high and exalted. How can worldly Jivas realize that ? (6)

I recognize Shabd within me. My Surat and mind
get merged in it easily. (7)

I realize the eminence of Nam. I go on uttering
the unfathomably great RADHASOAMI Nam
all the time. (8)

Without Sant Mat, there can be no liberation of
Jivas and nobody can repair to his true home. (9)

All remain stuck up in Karams and wander
aimlessly under the sway of innumerable
delusions. (10)

The ignorant Jivas remain tied down to traditional
rites and rituals, blindly adhering to the teach-
ings of past religious preceptors. (11)

But without Sat Guru and Satsang, one can never
escape the influence of Maya. (12)

My luck for repairing to the Highest Region has
now awakened. I have come in contact with
Radhasoami Satsang. (13)

On coming to know of the true secret, I have

- attained peace and tranquillity. All the doubts
and misgivings of my mind have been removed. (14)
- I strengthen my Saran of Radhasoami. I cherish
Guru's discourses in the core of my heart. (15)
- I contemplate Guru's form in my heart. My
Surat and mind remain merged in the Holy
Feet all the time. (16)
- Firmly grasping Guru's arm, I remain absorbed
within myself all the time. (17)
- I always long for the grace and mercy of Radha-
soami. I lovingly fix my attention on the Holy
Feet. (18)
- With reliance on Radhasoami in my mind, I
address Jivas as follows. (19)
- Come rushing to seek the shelter under Radha-
soami and thus awaken your Parmārthī Bhág
(luck for spiritual welfare). (20)
- Radhasoami has showered His unbounded mercy
on me. I express my thankfulness to Him
again and again. (21)
- O Radhasoami ! Bestow on me a little more of
Your mercy and elevate my mind and Surat to
अधर Adhar (higher regions). (22)
- Peeping through the window of the third Til, may
I proceed beyond it and listen to the sound of
the bell at the gateway to Nabh (Sahas-dal-
kanwāl). (23)

From there, may I rush to Trikuti where I shall
hear the sound of OM accompanied by peals of
thunder. (24)

On ascending to Sunn, may I make friends with
Hansas and hear the sounds of the violin and
the fiddle. (25)

May I then rush to Mahá-Sunn in the company of
Guru and, ascending to Bhanwargupha, may I
hear the sound of Sohang. (26)

May I then listen to the sound of the Bín (harp) in
Sat Lok and have Darshan of Sat Purush there
with my gaze rivetted on Him. (27)

After having Darshan of Alakh Purush and Agam
Purush, may I go and touch the Holy Feet of
Radhasoami. (28)

May I ever perform Ártí of Radhasoami with love
and affection. May His Holy Feet be my prop
and support. (29)

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Shabd 22

सुरत गति निरमल बुंद सरूप ।
सिद्ध तज आई भौ के कूप ॥१॥

Surat, which is of the form of, and a drop from,
pure spirituality, left its source, the ocean of
spirituality, and came down to this world
which is akin to a well. (1)

Originally, she used to abide in the region of the Merciful Lord. After she came to the world, the body has become her abode. (2)

In the company of the senses, she has been wandering endlessly in the body of nine apertures, and, associating with the mind, has been undergoing pain and pleasure. (3)

Seeing the pitiable condition of the Jivas of the world, the supremely munificent Radhasoami very graciously incarnated Himself here and liberated Hansa Jivas (deserving Jivas). (4-5)

He explained to them the ways of Guru Bhakti (devotion to Guru) and clearly pointed out the status of the religions promulgated by Kál. (6)

He initiated Jivas in Surat Shabd Yoga and explained to them the eminence of the region of Sants. (7)

He bestowed the gift of love on those who accepted His instructions. (8)

He set Jivas free from Kal's snares and cut asunder the net spread by Maya. (9)

He made Jivas catch hold of the hem of Sat Purush and enabled them to ascend, proceeding step by step on the flight of stairs of Shabd. (10)

By elevating Surat and mind to higher regions in this manner, He, in His grace, has taken Jivas to Nij Ghar (Original Abode). (11)

By granting me the gift of Love, He has enabled
me to cultivate Bhakti day and night. (12)

He has taught me ever-new ways of Bhakti and
has implanted unflinching faith in my heart. (13)

A tremendous atmosphere of Guru Bhakti
(devotion to Guru) has thus been created and
crores of Jivas of the world are being
redeemed. (14)

I improve my wonderful luck day by day. I have
implanted love and yearning in my heart. (15)

My Surat and mind ascend on the path to higher
regions. Absorbed in bliss, they take strolls
within. (16)

Penetrating through Nabh (Sahas-dal-kanwal), I
rush to Trikuti and feel enraptured on having
Darshan of Guru. (17)

I then bathe in the Mán-Sarovar lake. Next, I
open the window of the region beyond. (18)

After witnessing the magnificent quadrangle, I
have Darshan of Sat Purush and hear the
melodious sound of the Bín (harp) there. (19)

Alakh Purush and Agam Purush are very kind to
me. I next have Darshan of the most exalted
Anámí Dhám (Abode of the Nameless
Supreme Being). (20)

It was from here that the current of Surat had

descended. Turning back, it has again come
to the Holy Feet. (21)

By granting Jivas the embellishment of Bhakti
(devotion), Radhasoami has accomplished
their task in many ways. (22)

Radhasoami has done all this of His own accord.
In His grace, He has granted Jivas rest and
peace at His holy feet. (23)

How am I to sing the supremely eminent status of
Radhasoami? Words fail me as I try to describe it. (24)

I shall perform His Arti with my heart imbued
with love. I shall frolic constantly at His holy
feet. (25)

Shabd 23

जगत में बेरा डाला काल ।

बिछाया माया ने जंजाल ॥१॥

Kál has laid seige to the world. Máya has spread
her net. (1)

Jivas are all engrossed in sensual pleasures. They
remain upset and distracted due to grief and
disease. (2)

The practice of engaging in Karam (rituals) and
Dharam (observances) has become widespread.
Jivas worship all kinds of gods and goddesses. (3)

- None knows the secret of Sant Mat. All Jivas have been led astray by Kal Mat (Kal's religion). (4)
- The anchorite and the Pandit remain as ignorant as ever, beguiled by Maya. (5)
- I also kept wandering for some time, engaged in the worship of gods of a lower order. (6)
- When I heard about Sant Mat, I was elated in mind and thrilled in body. (7)
- I came running to Satsang and was absorbed in bliss on getting Guru's Darshan. (8)
- On hearing Guru's discourses, my mind became calm. My heart was purified by performing Dhyān. (9)
- I received initiation in Surat Shabd Yoga and performed Abhyas regularly, imbued with love. (10)
- I now go on enjoying the bliss of Shabd and I live by having Guru's Darshan regularly. (11)
- I have come to realize that Sant Mat is the highest of all. Other religions are just obstacles on the path. (12)
- I am now fully convinced in my mind that none but a Sant can fulfil my aspirations. (13)
- This is what I proclaim loudly to all : Engender love for the Holy Feet of Radhasoami, have faith in Sant Mat at heart, develop love for Guru's holy feet, and practise Surat Shabd

Yoga, and then only will your souls be
liberated. (14-16)

Otherwise, you will remain on this side, tied down
to the body of nine apertures and you will get
constant beating and thrashing at the hand of
Kal. (17)

I praise my good luck all the time. Guru
has granted me unshakeable love and affection
for Him. (18)

My lowly and perverse mind was wandering all
this time in the world. Guru Himself took me
under His fold. (19)

Little do I know of the eminence and the ways of
Guru. He, by giving me His Darshan, has
attracted my mind and my life itself to Him. (20)

The ways of the world are no longer pleasing to
me. I now find Maya's colour to be insipid
and stale. (21)

I have developed affection for loving devotees.
All my attachment for worldly Jivas is now
gone. (22)

I frolic all the time in Guru's Satsang and I
mingle affectionately with loving devotees. (23)

My longing for Guru's Darshan is ever increasing.
My love for His holy feet is being constantly
enhanced. (24)

With Guru's strength, I shall reach Nabh (Sahas-
dal-kanwal) today. On ascending to Gagan

(Trikuti), I shall hear the loud resounding of
RADHASOAMI Nam. (25)

After going to Sunn, I shall rush to Bhanwargupha
and then have Darshan of Sat Lok, Alakh Lok
and Agam Lok. (26)

I remain engaged in performing Sewa at the Holy
Feet of Radhasoami and, with mounting zeal
and fervour, I firmly adopt His Saran. (27)

Shabd 24

सुरत रंगीली सतगुरु प्यारी ।
ला ई आ र तो धा र ॥१॥

The jovial Surat, darling of Sat Guru, has brought
all the paraphernalia for His Arti. (1)

She has brought many ornaments and dresses with
which she has adorned and clad Guru. (2)

Guru's splendour has wonderfully increased, see-
ing which, deep love surges in her heart. (3)

Satsangis gather and witness this pure and unalloy-
ed spectacle. (4)

Elated and enraptured, all dance and sing. Un-
bounded love and yearning keep overflowing. (5)

Radhasoami has now cast His benign glance. Sat-
sangis are all absorbed in bliss, (6)

सीत प्रसाद Seet Prashád is being distributed in plenty. All get it. (7)

Anhad Shabd starts resounding loudly. Showers of nectar come down in which the mind gets drenched and the darling Surat dissolves, as it were. All sing the praises of Guru. (8-9)

Ascending higher, I reach Das-wán-dwár and wash away all my blemishes in Mán-sarovar lake. (10)

Thereafter, I hear the sound of the flute and, then, get Darshan of Sat Purush in Sat Pur (Sat Lok). (11)

Next, on hearing the instructions of Alakh Purush and Agam Purush, I get detached from everything else. (12)

Then, on beholding the majestic form of Radhasoami with the inner eye, the darling Surat becomes absorbed in bliss. (13)

Marvellous, marvellous, most marvellous is that Abode. Wonderfully amazing is its splendour. (14)

I now sit care-free, grasping the Holy Feet. Radhasoami has bestowed unbounded mercy on me. (15)

Shabd 25

सुरत प्यारी चित धर अगम विवेक !
प्रेम अंग राधास्वामी धारी टेक ॥१॥

- Developing unsurpassed power of discernment, the darling Surat lovingly adopts the Isht of Radha-soami. (1)
- Observing worldly pursuits and activities she has discarded them from her mind knowing them to be worthless. (2)
- Carefully examining the various ways of the mind, she has cast aside worldly desires. (3)
- Observing the evil tendencies of the senses, she has kept them under control by assiduously practising the methods of Surat Shabd Yoga. (4)
- She fixes her attention on Guru's holy feet every moment and keeps Guru's image implanted in her heart all the time. (5)
- In this manner, her purification takes place day by day and her love for Guru's holy feet goes on increasing. (6)
- By Guru's mercy, all her evil tendencies are eradicated. She sings Guru's praises with zeal and fervour. (7)
- She adorns Guru enthusiastically and becomes enraptured on beholding His wondrous form. (8)
- Seeing the wonderful spectacle of Guru's acts of grace, love for His holy feet is enhanced in her heart. (9)
- Recognizing the unique status of Guru, she performs Dhyan (contemplation) of Shabd Guru at heart. (10)

Her mind and senses, on reversing their trends and courses, now apply within and hear the reverberations of Shabd with love and affection. (11)

On ascending to Nabh (Sahas-dal-kanwal), she beholds the form of Jyoti (flame). The refulgence of Guru's image pervades Gagan (Trikuti). (12)

On ascending to Sunn, she bathes in Mán-sarovar lake and, in Bhanwargupha, she hears the sound of the flute. (13)

In Sat Lok, she has Darshan of Sat Purush and on ascending further, she realizes the high status of Alakh Purush and Agam Purush. (14)

Beyond that, she beholds Radhasoami Dham. She awakens her luck by having Darshan of Radhasoami. (15)

Imbued with humility, she performs Arti at the Holy Feet and wins the pleasure of Param Guru Radhasoami. (16)

He graciously takes her in His arms and accomplishes her task fully. (17)

Shabd 26

गुरु परशद प्रीत अब जागी ।
उमंग उमंग सुत चरनन लागी ॥१॥

By Guru Prashad (Guru's grace), my love for Him

- has awakened. My Surat applies to His holy feet with zeal and enthusiasm. (1)
- On getting Guru's Darshan, my mind becomes absorbed in bliss. I dedicate my body, mind and wealth to Guru. (2)
- Guru's image is extremely pleasing to my mind. Embellishing myself, I feel delighted at heart. (3)
- Day and night, I participate in delightful activities in the company of Guru. On seeing Guru's acts of grace, I become beside myself with joy. (4)
- I perform His Arti in a novel way. My mind and Surat become dyed in Guru's love. (5)
- Enshrining love and faith in my heart, I sing His Arti in the company of brother-Satsangis. (6)
- Radhasoami, the merciful Supreme Being is pleased and enriches me. (7)

 Shabd 27

प्रीत नवीन हिये अब जागी ।
गुरु चरनन में सूरत लागी ॥१॥

- Fresh love for Guru has now awakened in my heart. My Surat has applied to Guru's holy feet. (1)
- By attending Satsang, my mind becomes absorbed

- in bliss. The elation and thrill which my body experiences, know no bounds. (2)
- I realize the eminence of Sant Mat. I proclaim that the status of Radhasoami is inaccessibly great and exalted. (3)
- I have developed reliance on His grace and mercy. I utter RADHASOAMI Nam day and night. (4)
- As I practise Bhajan, my zeal and enthusiasm are enhanced. By adopting the Saran of Radhasoami, I get across the ocean of worldly existence. (5)
- On having Guru's Darshan, my love for Him constantly increases. As I listen to His discourses, my heart is illumined. (6)
- Worldly pursuits are now very dry and vapid to me. My mind and senses have dried up, as it were, in my body. (7)
- I have given up all desires for worldly pleasures. My mind is now lost in Guru's holy feet. (8)
- Faith in Guru pervades my heart. Kal, Karam and Maya are exhausted and helpless. (9)
- With doubts and delusions dispelled, my mind has become pure. My attention has become calm and steady at Guru's holy feet. (10)
- The Holy Feet of Radhasoami are now firmly implanted in my mind. My inner being is overflowing with love and faith. (11)

I have reposed my hopes and aspirations in Guru's holy feet. I apply my Surat to Shabd day and night. (12)

I hear loud Anhad Shabd within me. The tyranny of Kam (passion) and Krodh (anger) has subsided. (13)

I hear the sounds of the bell and the conch in Nabh (Sahas-dal-kanwal). In Gagan (Trikuti), I have Darshan of Guru. (14)

I witness the refulgence of the moon in Sunn. In Bhanwargupha, I hear Sohang Shabd. (15)

In Sat Lok, I have Darshan of Sat Purush. Thereafter, I meet Alakh Purush and, also, Agam Purush, the sovereign of the entire creation. (16)

I elevate my Surat further from there and behold the most magnificent Radhasoami Dham. (17)

Deep love and yearning surge forth in my heart. I perform Arti at the Holy Feet of Guru. (18)

I bring all the paraphernalia for Arti with love and affection. I come before Guru in the company of माता Mátá (Mother), that is, the Ádi or Prime Surat which emanated from the Holy Feet of the Supreme Being. (19)

Beloved Radhasoami, the Param Guru (supremely eminent Guru), and the support and sustenance of the life of the entire creation, is pleased. He

bestows immense mercy on, and liberates a
base and lowly Jiva like me. (20-21)

Shabd 28

परम गुरु राधास्वामी दातारे ।
वही मेरे जिय के आधारे ॥१॥

Param Guru Radhasoami is supremely munificent.
He alone is the support and sustenance of my
soul. (1)

How can I sing His great glory and eminence ?
He has showered unique grace on me. (2)

He has attracted my Surat and mind to His holy
feet, and has graciously made me His own. (3)

He has implanted unflinching faith in my heart
and bestowed on me deep love for the Holy
Feet. (4)

He, in grace, has enabled me to perceive the
inaccessibly great eminence of Shabd. (5)

Enabling me to recognize the evil tendencies of the
mind, He, in His mercy, has easily removed
them. (6)

He has made all worldly pleasures available to me
and then rid my mind of attachment for them. (7)

Slackening the hold of my body and mind on me,
He has made me surrender them to the Holy
Feet. (8)

He has enabled me to instantly recognize the great
mercy He has showered on me within. (9)

Maya played various tricks on me. He enabled me
to spot them then and there and vouchsafed
peace and tranquillity to me. (10)

How far can I go on relating His acts of grace and
mercy ? Radhasoami has enabled me to make
steady progress on the path. (11)

How can I thank Him adequately ? I contemplate
His holy feet every moment. (12)

I have carefully observed the condition of the
world and have found all Jivas caught in
Maya's net. (13)

They are constantly adding to their load of
Karmas and are getting Kal's beatings day and
night. (14)

They give no thought to their good or harm. They
all remain wandering in the company of Maya. (15)

They do not pay any heed to what Sat Guru says.
How can they attain Parmarth (spiritual
benefit) ? (16)

I do not want to move in the company of these
Jivas. I rush to the shelter and protection of
Radhasoami. (17)

My fortune has wonderfully brightened up. I have
found abode in the Holy Feet of Sat Guru. (18)

I live by holding fast to Guru's Shabd (the Shabd

which Guru has enabled me to hear and recognize). I drink the nectar of His holy feet. (19)

I am filled with joy, singing the praise of Radhasoami. My Surat remains merged in His holy feet. (20)

Radhasoami, my beloved Guru, is the treasure-house of mercy. He has graciously taken me across the ocean of the worldly existence. (21)

Shabd 29

सतगुरु चरन पकड़ दूढ़ प्यारे ।
क्यों जम हाट बिकाय ॥१॥

O my dear ! Cling fast to the Holy Feet of Sat Guru ! Why do you sell yourself away to Jama ? (1)

All Jivas are entangled in rituals and observances. None cares to develop love for Guru. (2)

Unfortunate that they are, they are under the sway of Kal. They do not come under the shelter of the Merciful Guru. (3)

Those on whom Radhasoami showers His grace and mercy will accept these words of advice. (4)

What can I say of the glory and eminence of the Holy Feet of Sat Guru ? Only rare, loving devotees contemplate those Holy Feet. (5)

What more can one say of their love and devotion ?

Suffice it to say that they remain absorbed in the bliss of the Holy Feet all the time. (6)

Getting Darshan of Sat Guru within themselves, they remain totally oblivious of their body and mind. (7)

He who is gifted with such a loving Surat, becomes the recipient of the special grace and mercy of Guru. (8)

Jogís, Gyánís (sophists) and Bairágís (recluses) are all hypocrites. They do not reach the destination. (9)

Highly fortunate are those loving devotees whom Guru has taken in His lap. (10)

Enshrining the Holy Feet of Radhasoami in his heart, a loving devotee alone will sing this Arti. (11)

Shabd 30

खोजी सुनो सत्त की बात ॥टेक॥
सतसंग करो चित्त दे गुरु का ।
और बचन उन हिये समात ॥१॥

O seeker ! Hearken this true and good advice.
Attend Guru's Satsang with care and attention
and implant His discourses in your heart. (1)

When Guru gives out the inner secrets, then, on

- listening to them, your mind will overflow
with love for His holy feet. (2)
- Guru's words are as pleasing to the seeker as
money is to the greedy. (3)
- Whether asleep or awake, the seeker never forgets
Him. His mind is ever restless for His
Darshan. (4)
- His heart is constantly pricked by intense
yearning and his longing for Parmarth grows
day by day. (5)
- (C)
A seeker who has such yearning will be the
recipient of Sat Guru's gifts. (6)
- So long as a devotee's yearning is not sincere,
one should know that he is a hypocrite and an
envious person. (7)
- He is a slave of Maya and not of Guru. How can
he be blest with the wealth of love ? (8)
- He is jostled about by Kal and Karam and Jama
tramples over him every day. (9)
- So, sincerely giving up attachment for the world,
remain in the company of Radhasoami now. (10)

Shabd. 31

संत किया सतसंग जगत में ।

निज घर भेद सुनाये ॥१॥

Sant has established Satsang in the world. He imparts to Jivas the secret of Nij Ghar (the Original Abode). (1)

Those who accept His instructions with love and affection, are blest with His mercy. (2)

After receiving initiation from Him in Surat Shabd Yoga, they practise its modes and methods and perform Dhyān internally. (3)

Guru's image now gets implanted in their hearts and they become absorbed in bliss on getting His Darshan. (4)

Without Darshan of Guru's Holy Feet, they remain restless. They keep their undivided attention fixed on the Holy Feet. (5)

When Guru, in His mercy, enables them to recognize Him and His acts of grace, they are thrilled in their body, unable to contain and control their joy. (6)

Whoever has developed such attachment for Guru at heart, merges in His holy feet. (7)

He has Guru's Darshan with zeal and fervour, oblivious of the world and his own body. (8)

He constantly enjoys great bliss internally and hears the ringing of Shabd within. (9)

Those who contemplate Guru's form in this manner, have their internal barriers removed. (10)

They blissfully merge in the Shabd resounding in
Sunn, like fish in water. (11)

Separated from the mind, their Surat becomes
pure and then only it applies to Sat Shabd. (12)

They now get Darshan of Sat Purush and, there-
after, of Alakh Purush and Agam Purush. (13)

With love overflowing in them, they sing the Arti
of Radhasoami, standing before Him face to
face. (14)

Radhasoami bestows on them the mercy of the
highest sphere and fully accomplishes their
task. (15)

Absorbed in bliss, their Surat merges in the Holy
Feet. There is nothing more to be said now. (16)

Shabd 32

मैं पाया दरस गुरु का ।

मैं परसा चरन गुरु का ॥१॥

I am blest with Darshan of Guru. I touch the
Holy Feet of Guru. (1)

I contemplate the form of Guru. I sing the Name
of Guru. (2)

I serve the Holy Feet of Guru. I am the slave of
the slaves of Guru. (3)

In my heart is implanted the Shabd of Guru. I

am dyed in the love of Guru. (4)

Leaving the world, I become of Guru. I truly
belong to Guru. (5)

I am blest with the mercy of Guru. I receive the
gift of love from Guru. (6)

I hold fast to the company of Guru. I adopt the
ways of Guru. (7)

Radhasoami, the Beloved, is the Name of Guru.
Highest beyond all, is the abode of Guru. (8)

Shabd 33

बचन सुन बढ़ा हिये अनुराग ।
पिरेमी सुरत उठी अब जाग ॥१॥

On listening to Guru's discourse my heart over-
flows with affection, and my loving Surat
wakes up. (1)

As I have Guru's Darshan, I drink nectar, as it
were. On beholding His charming countenance,
I become oblivious of my body and mind. (2)

I sing the glory of Guru every moment. I utter
Guru's Name day and night. (3)

I enhance my love for the Holy Feet all the time.
I enshrine Guru's image in my heart. (4)

Taking to Surat Shabd Yoga, I always behold
wonderful spectacles within. (5)

I constantly arouse ever-new love for Guru. My
Surat and mind remain absorbed in bliss like
fish in water. (6)

I rush for the Sewa of Guru time and again, obli-
vious of my body and mind. (7)

Yearning pervades my mind. Love for Guru
remains implanted in my heart. (8)

No thought of the world crosses my mind. No
concern for any of my kith and kin touches my
heart. (9)

I have given up all craving for sensual pleasures.
My love for performing Guru's Arti has
increased. (10)

I sing the Arti of Radhasoami. I live with
RADHASOAMI Nam as my prop and
support. (11)

Shabd 34

संत मत भेद सुना जबही ।
खिले मेरे मन बुद्धी तबही ॥१॥

As soon as I came to know of the secret of Sant
Mat, my mind and understanding blossomed
forth in sheer joy. (1)

Guru has described the eminence of Shabd. He
has given out the secret of the creation, explain-
ing how Surat came to be tied with the body

and mind and how it can be dissociated from
them now. (2-3)

On hearing about the method of Surat Shabd Yoga,
my mind was fully convinced and I recognized
Guru as my true friend. (4)

On attending Satsang, my mind is drenched in
bliss. Love for the Holy Feet of Radhasoami
has been aroused within me. (5)

My attachment for the world has diminished and
longing for Parmarth has awakened within me. (6)

I notice that loving devotees alone are happy.
Worldly Jivas are all miserable. (7)

My mind longs for Guru's Darshan all the time.
My body thrills with joy as I perform Guru's
Sewa. (8)

My mind has enthusiastically accepted the precious
instructions of Guru. I regularly perform
Abhyas with care and attention. (9)

Param Guru Radhasoami has been merciful to me.
He has redeemed me from the world today. (10)

I sing His Arti with love and affection. I contemp-
late His holy feet all the time. (11)

Shabd 35

अनेक मत जग में फैल रहे ।
देक सब पिछली धार रहे ॥१॥

Varions religions are spreading in the world, all
adhering to past beliefs and faiths. (1)

Little do they know who the True Creator is,
where the True and Original Abode of the Jiva
exists, how worldly bondages can be severed,
how one may be rid of pain and pleasure, how
and where everlasting happiness can be obtained
and by what methods one can reach there. (2-4)

I have been a victim of doubts and misgivings all
this time but none explained to me what the
truth is. (5)

By sheer good luck, I came to Guru's Satsang and
all my inner burning was gone. (6)

I came to know from Guru the whereabouts of the
True Lord. He also told me where the Nij
Ghar (True Home) of Surat is. (7)

Guru initiated me in Surat Shabd Yoga, clearly
explaining to me its modes and methods. (8)

He aroused love in my heart and told me how to
cut asunder worldly attachments. (9)

With the strength of mercy at heart, I perform
Abhyas regularly and carefully. (10)

Ridding myself of worldly attachments with
Guru's strength, I constantly enhance my love
for the Holy Feet. (11)

I have come rushing to the shelter of Radhasoami,
intent upon performing His Arti with all the
paraphernalia nicely arranged. (12)

O Radhasoami ! Grant me the Prashad of Your
grace and mercy. May I abide happily in Your
holy feet. (13)

I always perform Sumiran of RADHASOAMI
Nam. I remain firmly grasping the Holy Feet
of Radhasoami. (14)

Shabd 36

कुँवर प्यारा आरत लाया साज ।
हुए राधास्वामी परसन आज ॥१॥

Kunwar, the darling prince, has brought all the
paraphernalia nicely arranged for Arti. Radha-
soami has been pleased today. (1)

I embellish Guru with zeal and fervour and
enshrine love for the Holy Feet in my heart. (2)

I sing Guru's Arti with love and affection. I seek
the mercy of Radhasoami every moment. (3)

I have Guru's Darshan with my gaze fixed on Him.
I am totally oblivious of the feeling of
'mine and thine'. (4)

I withdraw my Surat and mind all the time and,
on ascending to Gagan, listen to the loud
resounding of Shabd. (5)

I sing Guru's glory again and again, with the
Holy Feet of Radhasoami as my prop and
support, (6)

Guru, in his mercy, has given me Prashad. My disease and malady of innumerable lives are now gone. (7)

I have cast aside all regard for the world. I have received the gift of the true Name RADHA-SOAMI. (8)

Shabd 37

सुरत दृढ़ कर गुरु सरन गही ।
आरती गावत आज नई ॥१॥

Surat has firmly adopted Guru's Saran. She sings a novel Arti of Guru. (1)

She is imbued with deep love for Guru's holy feet. She has implanted unflinching faith in her heart. (2)

Beside herself with joy, she frolics near Guru and enjoys the bliss of the Holy Feet, (3)

She performs the Arti of Guru with mounting zeal and fervour. Her friends sing and dance with her. (4)

A wonderful atmosphere has been created. Who can describe the amazing splendour of Guru ? (5)

A most marvellous Arti is now performed. Guru Sat Purush is pleased. (6)

Sat Guru, in His grace, gives Prashad. My Surat
remains happy at His holy feet. (7)

Shabd 38

मगन हुई सुरत दरस गुरु पाय ।
सरन गह रही चरन लिपटाय ॥१॥

On getting Guru's Darshan, my Surat is exhilarated. Adopting Guru's Saran, she remains clinging to His holy feet. (1)

What should I say ? Great is the happiness which Guru's company gives, my Surat drinks nectar, as it were. (2)

Discourses are delivered like continuous showers of rain. My mind and Surat remain drenched in the love of Guru. (3)

I perform Guru's Sewa with zeal and enthusiasm. Each and every part of my body becomes thrilled in sheer joy and delight. (4)

On hearing every day of the glory of the region of Sat Guru, I have cast off the last vestiges of Karam and Bharam. (5)

I have been initiated in the most sublime Surat Shabd Yoga. I perform Abhyas regularly and carefully. (6)

On contemplating Guru's form in my heart, I awaken love for Him every moment, (7)

I utter Guru's Nam all the time. I keep my attention steady on His holy feet. (8)

I have now developed unflinching faith in Guru's holy feet. By His grace and mercy, my love for Him is increasing day by day. (9)

Holding the platter of love in my hands and kindling the flame of yearning, I shall perform the Arti of Radhasoami and shall contemplate His form all the time. (10-11)

Shabd 39

आरत आगे राधास्वामी गाऊं ।
हिये में प्रेम नवीन जगाऊं ॥१॥

I shall sing the Arti of Radhasoami, standing before Him face to face. I shall awaken ever-new love in my heart. (1)

I shall come before Him, imbued with zeal and fervour and shall rivet my attention on His holy feet. (2)

I used to wander endlessly in the world. By grace, I have now come to His holy feet. (3)

Guru graciously gave out to me all the secrets of the Highest Region. I got myself initiated in Surat Shabd Yoga. (4)

Guru explained to me many modes and methods. I applied my mind and Surat to the Holy Feet, (5)

- I performed Abhyas with zeal and ardour and experienced supreme bliss within. (6)
- Considering from different angles, I developed the conviction that the Radhasoami Faith is the most sublime of all. (7)
- Liberation of Jivas will be effected by this Faith alone. Without worshipping Radhasoami, all have been spoilt and ruined. (8)
- Whoever Adopts RADHASOAMI Nam, easily gets across the ocean of worldly existence. (9)
- I performed जप Jap (utterance of names of various deities) and तप Tap (penances), and also resorted to संजम Sanjam (abstinences) and तीरथ Tirath (pilgrimage). I tried all the methods of Gyan Yoga (Yoga based on Gyan or knowledge) with which I am well acquainted. (10)
- I tried many other methods also, but achieved nothing and remained totally empty-handed. (11)
- When I came in contact with Radhasoami Satsang, I could find the true path to Nij Pad (the Highest Region). (12)
- I adopted the Saran of Sat Guru Radhasoami. I am now without any fear and all my worries are gone. (13)
- I remain absorbed in bliss, contemplating Guru's holy feet. I easily apply my Surat to Shabd. (14)
- I sing the praises of Beloved Radhasoami. He, in His mercy, has liberated me. (15)
-

Shabd 40

बाल समान चरन गुरु आई ।

देख दरस अति कर हरखाई ॥१॥

Child-like I come to Guru's holy feet, and feel
extremely delighted on getting His Darshan. (1)

I frolic before Guru full of love. I hear the
precious Bani of Guru. (2)

I perform Guru's Arti with yearning and love. I
regularly utter Guru's Name. (3)

On witnessing Guru's acts of grace, my mind
blossoms forth in joy and my love is enhanced. (4)

Radhasoami has granted me the embellishment of
Bhakti. I enshrine in my heart the Saran
(shelter and support) of the Holy Feet today. (5)

Shabd 41

आरती गाऊँ रंग भरी ।

सुरत गुरु चरनन तान घरी ॥१॥

I sing the Arti of Guru merrily. I withdraw my
Surat from the world and apply it to Guru's
holy feet. (1)

My mind put up many obstacles. My Karams
led me astray a great deal. (2)

Finding me meek and humble, Guru had pity on
me. He cast aside all my Karam and Bharam. (3)

My mind has now been pressed and squeezed a lot. Guru has dyed me in His own colour. (4)

Giving up sensual pleasures, I now apply myself within. As I listen to the reverberations of Shabd, my spirituality is getting awakened. (5)

Worldly dealings appear to be false and worthless to me. I find the whole world insipid. (6)

The longing constantly surges within me to cultivate unflinching devotion in Guru's Darbar. (7)

Applying my Surat tenaciously to the Holy Feet, I arouse love for Guru within me and drink nectar. (8)

By Guru's mercy, I ascend to Gagan (Trikuti) today and have His Darshan with my gaze fixed on Him. (9)

Ascending to Sunn, I penetrate Maha-sunn and proceed beyond it. I then hear the Sohang Shabd in Bhanwarguphá. (10)

Going beyond Sat Lok, Alakh Lok and Agam Lok, I have Darshan of Radhasoami. (11)

I sing the Arti of Radhasoami with love and affection. Radhasoami showers immense mercy on me. (12)

Shabd 42

दीन दिल हिये अनुराग सम्हार ।
दास करे आरत साज संवार ॥१॥

With heart imbued with love and humility, this
slave performs Guru's Arti with all due
embellishment. (1)

I prepare the platter of my heart today and kindle
the flame of yearning. (2)

I then sing the Arti of Guru with zeal and fervour,
I have Guru's Darshan, looking intently into
His eyes. (3)

I turn my eyes and fix my gaze inward and
upward within me and implant in my Surat
love and affection for Shabd. (4)

I am blest with the benign glance of Guru. My
Surat and mind rush to Nabh. (5)

I remove Kal's attributes from my mind and cast
aside all fear and regard for the world. (6)

Guru has graciously showered immense love on
me. The thirst of my mind and Surat has been
quenched. (7)

Shabd is resounding very loudly. The sounds of
the bell and the conch have created a tumult. (8)

My Surat witnesses the refulgent flame. I sing the
praises of Guru again and again. (9)

My heart is now overflowing with love. My Surat

remains attached to Shabd Guru. (10)

On ascending to Gagan (Trikuti), it listens to the sound of OM and beholds the red morning sun. (11)

I then open the door of Das-wán-Dwár after removing the barrier. I get rid of all impurities on bathing in the Mánsarovar lake. (12)

I rush to Mahá-sunn in the company of Guru. When I ascend to Bhanwarguphá, the night is over and the day breaks. (13)

Hearing the sound of the Bín (harp), I enter Sat Lok. I then reach Alakh Lok and Agam Lok. (14)

Thereafter, I behold Radhasoami Dhám. I then sit in peace, free from all fear and holding fast to the Saran of Radhasoami. (15)

Shabd 43

सुरत मेरी गुरु चरनन अटकी ।
जगत से छिन छिन अब झटकी ॥१॥

My Surat has got stuck in the Holy Feet of Guru. All the time, it is shaking off the world from over it. (1)

For many days have I wandered aimlessly in the company of Maya. Love for Guru has now pricked and pierced my heart. (2)

I have dashed Karam and Bhaṛam to the ground.

Catching hold of Shabd, my Surat darts towards
Gagan, i.e., higher regions. (3)

My mind turns adroitly in the manner of an
acrobatic feat. Moon-light now shines within
me. (4)

I repair to Das-wán-dwár. My Surat gets attached
to the sound of Akshar. (5)

Who, but a Sant can give the clue to this path ?
On hearing of the sound of Bhanwarguphá, my
Surat beams with joy. (6)

Ascending further, I hear the sound of Sat Lok.
My Surat, beside itself with joy and delight,
winks. (7)

What do the Védas know of Sant Mat (the religion
of Sants) ? They only tell about things relating
to the six centres of the Pind. (8)

Radhasoami bestowed His mercy on me forthwith.
He attracted my Surat to His holy feet in no
time. (9)

Shabd-44

मान तज चरनन आन पड़ी ।

सुरत करे आरत उमँग भरी ॥१॥

Giving up all pride and ego, I have come to the
Holy Feet. My Surat performs Guru's Arti
with zeal and fervour. (1)

I have prepared the platter of my heart imbued

with humility, and have kindled the flame of
love for Guru's holy feet. (2)

On having Darshan of Guru face to face, my mind
becomes absorbed in bliss and my heart over-
flows with love for Guru. (3)

Withdrawing within, I fix my gaze on the third
Til, I then hear the loud resounding of Anhad
Shabd. (4)

Awakening yearning for the Holy Feet of Radha-
soami in my heart, my Surat and mind rush
towards higher regions, enthusiastically. (5)

My weak and feeble mind adopts the Saran of
Radhasoami and seeks Guru's mercy again
and again. (6)

Without grace and mercy, how can the Jiva pro-
ceed within ? Maya has put up many obstacles
on the way. (7)

Kal has blocked the path. Infatuation with the
world has created all kinds of difficulties. (8)

Kam (passion) and Krodh (anger) lead the Jiva
astray. In the company of Maya, he is deluded
in many ways. (9)

Who but Guru can keep away Kal ? He alone, in
His mercy, cuts asunder Kal's net. (10)

Then only, Surat and mind, free from all fear,
ascend enthusiastically within, in the company
of Shabd. (11)

Piercing the third Til, they then hear the loud reverberations of Shabd and witness the magnificent setting and atmosphere of Sahas-dal-kanwal. (12)

Next, they behold Guru's acts of grace. Thereafter, on ascending to Sunn, my heart attains peace and tranquillity. (13)

On hearing the Shabd of Bhanwargupha, I become absorbed in bliss and then, going to Sat Lok, I have Darshan of Sat Purush. (14)

After witnessing the refulgence of Alakh Purush and Agam Purush, I get Darshan of the Supreme Being Radhasoami. (15)

I now find the wonderful reservoir of love. My Surat is drenched in bliss and overwhelmed with joy. (16)

Observing the unbounded mercy of Radhasoami, I go on singing His glory. (17)

Shabd 45

प्रेम संग आरत करत रहूँ ।
चरन में हित से लिपट रहूँ ॥१॥

Imbued with love I go on performing Guru's Arti. I remain clinging affectionately to His holy feet. (1)

Guru's image has been implanted in my heart.

Love for Guru has penetrated deep into my being. (2)

I perform Guru's Sewa by means of my Surat day and night. I always remain absorbed in the Holy Feet of Guru. (3)

When, by good luck, I have Guru's Darshan, my Surat and mind blossom forth, thrilled with joy and delight. I then become totally oblivious of my body. Indeed, I become completely absorbed in bliss on coming to the presence of Guru. (4-5)

I arouse ever-new love and yearning for Guru in my heart. I brighten my luck by performing His Sewa. (6)

I accept none other than Guru. Let whatever is to happen by Mauj, happen. (7)

This is what I fervently pray to Guru : Elevate my Surat beyond this body of nine apertures. (8)

Then only will it be detached from the body and mind and, on ascending to Gagan (Trikuti), I shall witness great refulgence. (9)

Opening the door of Das-wán-dwár, I shall rush higher up and, after ascending to Bhanwar-guphá, reach Sat Pur (Sat Lok). (10)

After having obtained Darshan of the marvellous form of Sat Purush, I shall engender love for Alakh Purush and Agam Purush. (11)

Proceeding from there, I shall behold Anámí Dhám,

i.e., Abode of the Nameless Supreme Being,
and find rest and peace at the Holy Feet of
Radhasoami. (12)

None has any idea of this sublime faith. All drift
with the current of Kal and Karam. (13)

Without luck one cannot come in contact with the
religion of Sants. Without mercy none can
repair to the Ultimate Abode. (14)

Radhasoami has awakened my good luck. Adopt-
ing His Saran, I remain at His holy feet. (15)

Shabd 46

गुरु के चरनन आन पड़ी ।
सुरत माँगे सरना मेहर भरी ॥१॥

I have come to the Holy Feet of Guru. My Surat
seeks His protection and grace. (1)

Kal has tormented me in many ways. I have been
tightly tied to Karmas. (2)

Maya has cast her nets. She harasses me in vari-
ous ways. (3)

There is none except Radhasoami, who can rid
one of the tyranny of Kal and Karam. (4)

Adopting His Saran, I remain clinging to His
Holy Feet, in the hope that Radhasoami will
awaken my fortune. (5)

Full of joy and delight, I listen to Guru's discourses. I go on giving up worldly desires easily and gradually. (6)

I daily enhance my love for the Holy Feet and remove the obstacles put up by the mind and the senses. (7)

I constantly concentrate my Surat within and enshrine Guru's form in my heart. (8)

With trust and reliance on Guru in my mind, I contemplate the Holy Feet of Radhasoami every moment. (9)

I am not going to be afraid of the pains and pleasures of the world. Depending upon Guru's mercy I shall fight against all my enemies. (10)

I am confident Radhasoami will help me and enable me to pay off the toll of Karmas easily. (11)

He will graciously vouchsafe peace and tranquillity to me and my mind will be rid of all doubts and misgivings. (12)

He will enable me to concentrate my mind and Surat and hear loud Anhad Shabd within me. (13)

My mind and Surat will then ascend and I shall behold Sahas-dal-kanwal and touch Guru in Gagan (Trikuti). (14)

In Sunn, I shall bathe in the Mánsarovar lake. After ascending to Bhanwarguphá, I shall hear the sounds of the flute and the harp. (15)

Then, proceeding beyond Sat Lok, Alakh Lok
and Agam Lok, I shall get Darshan of Radha-
soami. (16)

I receive His grace and mercy every moment. I
perform His Arti there, imbued with love. (17)

Shabd 47

चरन गुरु पकड़े अब मजबूत ।
छोड़ दई सब निष्फल करतूत ॥१॥

I have now firmly grasped the Holy Feet of Guru.
I have given up all useless activities. (1)

I spent a long time tempted by Maya and used to
wander aimlessly in the world. (2)

I felt extremely harassed and distracted because of
my wanderings but nowhere could I get any
clue to the truth. (3)

By sheer good luck, I got the secrets and mysteries
of Sant Mat and then all the suffering of my
mind was over. (4)

I go on performing Abhyas regularly and feel
delighted on witnessing magnificent spectacles
within me. (5)

Realizing the wonderfully sublime status of Radha-
soami Mat I sacrificed myself at Guru's holy
feet. (6)

My mind is now getting tired of rushing aimlessly

hither and thither. I enjoy the bliss of Shabd
within me. (7)

Awakening love for Guru at heart, I elevate my
Surat to higher regions in the company of
Shabd. (8)

I behold the refulgence of Jyoti (flame) within me.
In Gagan (Trikuti), I hear the sound of
OMkár. (9)

In Sunn, I lovingly hear the sound of the violion.
I then listen to the melodious sound of the
flute. (10)

In Sat Lok, I get Darshsn of Sat Purush and then,
rushing onward, I fall at the Holy Feet of
Radhasoami. (11)

I seek the grace and mercy of Radhasoami all the
time. I constantly contemplate His holy feet. (12)

Shabd 48

आज सजन घर बजत बधावा ।
सतगुरु मिले परम सुख देवा ॥१॥

At the loving devotee's home, the music of thanks-
giving is being played today as he has met Sat
Guru, the Giver of supreme bliss and happi-
ness. (1)

As he touches Guru's holy feet, the lotus of his

- heart bursts into bloom and his mind, imbued
with humility, adopts Guru's Saran. (2)
- Love and faith are now implanted in his heart.
All doubts and delusions have been cast off. (3)
- As he has Guru's Darshan, he becomes oblivious
of the world. He has now discarded the branch
and has caught hold of the root firmly. (4)
- When Sat Guru casts His benign glance on him,
Gagan (Trikuti) echoes with the reverberations
of Shabd in which his Surat gets lost. (5)
- The current of nectar now starts drizzling and his
Surat and Nirat are getting concentrated within. (6)
- Hearing the ringing of Shabd, they become
drenched in bliss. My mind merges in Gagan
(Trikuti) with zeal and fervour. (7)
- Dissociated from everything else, Surat ascends
further all alone and on going to Sunn, wit-
nesses flower beds. (8)
- Spring, in all its glory, pervades all round. Partici-
pation in delightful activities with Hansas is
extremely pleasing to me. (9)
- I then ascend to the region of Mahá-sunn. In
Bhanwarguphá, I hear the sound of Sohang. (10)
- I get Darshan of Guru in Sat Lok where I hear
the sound of the Bín (harp). (11)
- Each pore of Sat Guru's body has the refulgence
of crores of suns and moons, (12)

Sat Guru's eminence baffles description. In trying
to describe, I fail and feel ashamed. (13)

By the grace and mercy of Radhasoami, my good
luck awakened and then only could I apply
myself to Sat Guru's holy feet. (14)

I live all the time with His holy feet as my sole
prop and support. I sing RADHASOAMI,
RADHASOAMI every moment. (15)

I loudly tell all Jivas : Seek the Sat Guru and be
happy. (16)

Dedicate your body, mind and wealth to His
holy feet and have His Darshan within you. (17)

Come under the shelter and protection of the
Holy Feet of Radhasoami. Sing His Arti with
love and affection. (18)

When Radhasoami is merciful to you, He will
eradicate your Karmas and take you to Nij
Ghar (the Original Abode). (19)

Bachan 10

PREM BILAS (BLISS OF LOVE)

FIRST PART

NAM MALA

(HYMNS IN PRAISE OF RADHASOAMI NAM)

Shabd 1

संत रूप धर राधास्वामी प्यारे ।
आय जगत में जीव उबारे ॥१॥

Beloved Radhasoami has made His advent in this world as a Sant and is redeeming Jivas. (1)

Radhasoami has given a profoundly sublime message. The fear of recurrent births and deaths is now gone for good. (2)

Radhasoami redeems those who accept Saran of His holy feet. (3)

Radhasoami has revealed unfathomable secrets and mysteries. He has taught Surat Shabd Yoga. (4)

Radhasoami has shown the path within and has given a detailed description of the various stages. (5)

Radhasoami accepts as His own anyone who comes to His holy feet, imbued with humility. (6)

- My love and faith are enhanced day by day.
Abiding in Radhasoami's feet, Surat gets
embellished. (7)
- I practise Surat Shabd Yoga. Radhasoami has
shown the path within. (8)
- By grace and mercy of Radhasoami, I pierce the
third Til and, proceeding onward, behold the
dazzling flame. (9)
- In the company of Radhasoami, I go to Trikuti,
and am delighted to witness the form of Shabd
Guru. (10)
- I ascend still higher. Radhasoami enables me to
have Darshan of Akshar Purush. (11)
- I cross Mahá-sunn with Radhasoami, and then
hear the melodious sound of the flute in
Bhánwargupha. (12)
- I go to Sat Lok in the company of Radhasoami
and get dyed in the colour of Sat Purush. (13)
- By the mercy of Radhasoami, I get Darshan of
Alakh Purush and then proceed to Agam Lok. (14)
- By the grace of Radhasoami, I enter Dhur Dham
(Highest Region) and attain the most wonder-
ful RADHASOAMI Nám. (15)
- I find abode in the Holy Feet of Radhasoami.
Radhasoami has accomplished my task. (16)
- Radhasoami has granted me a wonderful abode.
How can I adequately sing His praises ? (17)

I call out to the entire humanity : Recite RADHA-SOAMI, RADHASOAMI with your heart and soul. (18)

Cast aside all delusions, rituals and observances. Implant the Holy Feet of Radhasoami in your heart. (19)

I am filled with compassion for you. This is why I ask you to seek the shelter and protection of Radhasoami. (20)

Without the protection of Radhasoami, none will be saved and all will suffer pain and misery, going up and down in the transmigratory cycle. (21)

Radhasoami Mat is the most sublime of all religions. No other religion has reached the goal of Radhasoami Mat. (22)

All other religions stop at some intermediate station. None of them gives out the secrets of Radhasoami. (23)

All other religions declare that the highest region is that of Parmátmá. Little do they know of the secret of Radhasoami. (24)

Those also who sing the praises of Brahm and Párbrahm, have no knowledge of Radhasoami. (25)

The secret of Radhasoami is unique and distinct from all other religions. Sant Sat Guru declares this openly. (26)

Those, who accept what Sants say, would alone understand the Radhasoami Faith. (27)

Only a true seeker, who is full of yearning, will accept the Radhasoami Faith. (28)

It is only when one attends Satsang that one develops right understanding, and then only one engenders love for Radhasoami. (29)

Worldly people are foolish and blind. Without adopting RADHASOAMI Shabd, they remain dirty. (30)

What do they know of the supremely eminent status of Saints ? How can, then, they understand the Radhasoami Faith ? (31)

They remain lost in eating and drinking. They know precious little of the glory and eminence of Radhasoami. (32)

They have no fear of death. How can they come to engender faith in the Holy Feet of Radhasoami ? (33)

Radhasoami is the true Creator. These people do not accept this, dense ignorant as they are. (34)

All Jivas have come from the ocean of Truth or spirituality. But without Radhasoami, they are in a state of delusion in this world. (35)

He who seeks true redemption, should generate love for the Holy Feet of Radhasoami. (36)

Catching hold of the cord of Shabd, he will elevate his Surat and will find abode in the Holy Feet of Radhasoami. (37)

If he humbly adopts Saran of Guru, he will be blest with the benign glance of Radhasoami. (38)

One cannot attain salvation without taking recourse to Shabd. Without Radhasoami, one will get beating at the hands of Jama. (39)

Radhasoami says that all these teachings and precepts are true and there can be redemption only by adopting Saran. (40)

Foolish and ignorant Jivas do not accept these teachings, nor do they adopt Saran of Radhasoami. (41)

Unfortunate that they are, they drift with the current of Kal, not adopting the Radhasoami Faith which is the only true religion. (42)

By indulging in calumny, they burden themselves with sin. Without the help and protection of Radhasoami, they will be pushed hither and thither by Jama, i. e., suffer indignities at his hands. (43)

Unless one receives grace and mercy from the highest region, one will not accept and join the Radhasoami Faith. (44)

I now pray to Radhasoami to shower His grace and mercy on Jivas and redeem them. (45)

Shabd 2

राधास्वामी प्रीत जगाऊं निस दिन ।
 राधास्वामी रूप धियाऊं छिन छिन ॥१॥

Day and night, I go on awakening love for Radhasoami. Every moment, I contemplate the form of Radhasoami. (1)

I sing the praises of Radhasoami with love. I listen to the Shabd RADHASOAMI with rapt attention. (2)

I keep company of Radhasoami with my mind. I serve Radhasoami with my body. (3)

I know none except Radhasoami. Nor do I consider anyone equal to Radhasoami. (4)

I hope nothing from any quarter other than Radhasoami. I long to abide in the Holy Feet of Radhasoami all the time. (5)

I have great faith and trust in the Holy Feet of Radhasoami. There is none so dear to me as Radhasoami. (6)

Radhasoami is the light of my eyes. Without Radhasoami, the world is dark to me. (7)

Radhasoami is the very breath of my life. There is no prop for me except Radhasoami. (8)

Radhasoami has liberated me from this world. I sacrifice myself before Radhasoami. (9)

Radhasoami has accomplished my task. I put the

dust of the Holy Feet of Radhasoami on my head. (10)

Radhasoami has held my hand. I shall now never part with Him. (11)

Radhasoami has revealed to me the secrets of Shabd. Radhasoami has removed all my pain and misery due to Karmas. (12)

Radhasoami has showered unbounded grace on me. Radhasoami has taken me across the ocean of the world. (13)

Radhasoami has cut asunder the noose which Kal put round my neck. Radhasoami has ended for me the cycle of birth and death. (14)

Radhasoami is the Supreme Being and the great Benefactor. Radhasoami has incarnated as Guru. (15)

Radhasoami has liberated Jivas. Radhasoami has cut the net spread by Maya. (16)

Radhasoami has awakened my dormant luck. Radhasoami has made me His special slave. (17)

Radhasoami has showed great kindness to me. Radhasoami has put an end to Kal's tyranny. (18)

Radhasoami has saved me from rites and rituals. Radhasoami has rid me of delusions and illusions. (19)

How can I sing the praises of Radhasoami ? I

always contemplate RADHASOAMI,
RADHASOAMI. (20)

I live on the support and sustenance of the Holy
Feet of Radhasoami. I drink the nectar of
Radhasoami. (21)

Radhasoami has removed all internal barriers.
Radhasoami has enabled me to hear His
precious and sublime discourses. (22)

Radhasoami enabled me to hear the sounds of the
bell and the conch, and witness the red morning
sun in Trikuti. (23)

Radhasoami opened the Daswán Dwár (tenth
orifice) for me. Radhasoami showed me the
vast courtyard flooded with moon light. (24)

With Radhasoami, I went to Bhanwargupha where
I heard the sound of the flute and became
fearless. (25)

Radhasoami took me to Sat Lok. Radhasoami
enabled me to touch Alakh and Agam. (26)

I was extremely delighted on touching the Holy
Feet of Radhasoami. By Radhasoami's grace,
I reached the Original Home. (27)

Shabd 3

राधास्वामी नाम सम्हार ।
चित्त से सुत प्यारी ॥१॥

- O dear Surat ! Adopt the Holy Name RADHASOAMI wholeheartedly. (1)
- Make Radhasoami your prop and support, and be detached from the world. (2)
- Behold the countenance of Radhasoami and enshrine IT in your heart. (3)
- Utter the Holy Name RADHASOAMI loudly, and develop friendship with IT day and night. (4)
- Hold fast to the Holy Feet of Radhasoami with joy and delight within. (5)
- Have Darshan of Radhasoami and let your inner self be illumined thereby. (6)
- Radhasoami has endearingly granted me the embellishment of love. (7)
- Radhasoami is the Supreme Being. He, in His grace, has redeemed me. (8)
- Radhasoami is the breath of my life. He met me out of compassion. (9)
- Radhasoami is the Supreme Creator. He evolved the entire creation. (10)
- I offer myself unreservedly to Radhasoami. Radhasoami has been extremely kind to me. (11)
- Engender love for Radhasoami, and dedicate your body, mind and wealth to Him. (12)
- Radhasoami is the Supreme Benefactor. Solicit and receive from Him His grace and mercy. (13)

Radhasoami is Dín Dayál (merciful to the humble and the lowly). He will ferry you across the ocean of existence. (14)

I sing the glory of Radhasoami in the choicest terms, standing before Him face to face. (15)

Shabd 4

राधास्वामी मेरे प्यारे दाता ।
उन चरनन के रहूँ नित साथ ॥१॥

Radhasoami is my beloved Benefactor. I always remain attached to His holy feet. (1)

Radhasoami is my beloved father. I remain close to His holy feet all the time. (2)

Beloved Radhasoami is merciful to the humble and the lowly. He redeems all. (3)

Beloved Radhasoami is Agam (Inaccessible) and Anámí (Nameless). How can His glory and status be described ? (4)

Beloved Radhasoami has granted me His grace and mercy. He has attracted my Surat to His holy feet. (5)

Radhasoami has disclosed all secrets and mysteries. He has given me the gift of love for His holy feet. (6)

Radhasoami has drawn me to His holy feet, and made me join His Satsang. (7)

Radhasoami has opened my inner eye. I have
glimpses of Radhasoami's image within me. (8)

I serve Radhasoami with love. I regularly contem-
plate the Holy Feet of Radhasoami. (9)

Beloved Radhasoami is the Supreme Creator. Sat
Guru Radhasoami is supremely munificent. (10)

He who cherishes for the grace and mercy of
Radhasoami, will succeed in cutting asunder
the net and snares of Kal. (11)

If Radhasoami is merciful to anybody, He grants
him the shelter of His holy feet and takes him
across the ocean of worldly existence. (12)

Whoever sings RADHASOAMI Nám, will repair
to his true home after acquainting himself with
its whereabouts. (13)

Radhasoami has quenched my inner burning. On
applying to His holy feet, I become cool and
calm. (14)

By associating with Radhasoami, Jivas are redeem-
ed. Radhasoami removes all doubts and
misgivings. (15)

Radhasoami removes all inner barriers and casts
aside rituals and observances. (16)

Radhasoami Dham is the Highest of the high.
RADHASOAMI Nam is the holiest of the
holy. (17)

Radhasoami is my beloved Father, Mother and

- Husband. Radhasoami is the support and sustenance of my life and breath. (18)
- Radhasoami confers the embellishment of Bhakti. He grants me the rule of the four worlds. (19)
- Nothing can be accomplished without the help of Radhasoami. Enshrine now the Holy Feet of Radhasoami in your heart. (20)
- Hence, sing RADHASOAMI, RADHASOAMI.... and contemplate none other than Radhasoami. (21)
-

Shabd 5

राधास्वामी गुन गाऊँ मैं दम दम ।
 राधास्वामी दूर करी मेरी हमहम ॥

- With every breath do I sing the praises of Radhasoami. Radhasoami has eradicated all my I-ness. (1)
- There is no true friend like Radhasoami. I utter the Holy Name RADHASOAMI every instant. (2)
- Radhasoami has cast off all my evil tendencies. Radhasoami has reformed me today. (3)
- Radhasoami shattered my pride and arrogance in every way. Radhasoami shot the arrow of His discourses with unerring aim. (4)
- Radhasoami smashed all my strength and prowess. Radhasoami turned the course of my mind. (5)

- Radhasoami has been extremely merciful to me.
Radhasoami, on His own, has protected me. (6)
- Radhasoami has taught me the ways of Bhakti.
Radhasoami has awakened love within me. (7)
- Radhasoami has freed me from the world. Radhasoami has admitted me to His Satsang. (8)
- Radhasoami has eradicated my adherence to rituals and observances. Radhasoami has filled the pitcher of my mind with love. (9)
- Radhasoami has communicated the massage of the Inaccessible. Radhasoami initiated me in Surat Shabd Yoga. (10)
- Radhasoami has elevated my Surat. I took my seat in Sahas-dal-kanwal. (11)
- Radhasoami showed me Bank Nál. Radhasoami enabled me to hear the Shabd of Trikuti. (12)
- Radhasoami elevated my Surat to Sunn. I bathed with Hansas in the Mánsarovar lake. (13)
- Radhasoami enabled me to cross Mahá-sunn. I witnessed the white lustrous sun. (14)
- Radhasoami took me to Sat Lok, where I had Darshan of Sat Purush. (15)
- Radhasoami enabled me to witness Alakh Lok. Radhasoami revealed to me the secrets of Agam Purush, (16)

From there, Radhasoami elevated my Surat to the highest region and got me merged in His holy feet.

(17)

Shabd 6

राधास्वामी दरस दिया मोहि जब से ।
राधास्वामी पर मोहित हुई तब से ॥१॥

I was enamoured of Radhasoami ever since He gave me His Darshan.

(1)

Radhasoami has endowed me with love and devotion. Radhasoami has taken me under the shelter and protection of His holy feet.

(2)

Radhasoami has imparted to me the secret of चट Ghat (the microcosm). He has applied my Surat to Shabd.

(3)

I behold the image of Radhasoami within me. My mind becomes absorbed in bliss on drinking nectar.

(4)

Witnessing wonderful scenes and spectacles within me day and night, I have become a devout slave of Radhasoami.

(5)

Radhasoami has dispelled all my delusions. Devotion to Guru is now my sacred duty and occupation.

(6)

I have taken the shelter and protection of the Holy

Feet. I have discarded all adherences to past beliefs. (7)

The refuge under Radhasoami is my most reliable prop. I have no support other than Radhasoami. (8)

Radhasoami has now made me His own. He has rid me of all entanglements and wanderings. (9)

I go on serving Radhasoami. I keep on gazing at the charming countenance of Radhasoami. (10)

I am delighted and thrilled to behold the majestic grandeur of Radhasoami. I recognize and experience Radhasoami's grace and mercy within me. (11)

I sacrifice my body and mind before the amazing splendour of Radhasoami. I enshrine the Holy Feet of Radhasoami in my heart. (12)

By Radhasoami's grace, my Surat is ascending within and, after beholding Jyoti, is proceeding onward. (13)

Going to Trikuti, I have Darshan of Guru. By Radhasoami's Dayá (mercy), my Surat has attained purification. (14)

Radhasoami has graciously elevated my Surat. Going to Sunn, I bathe in Mánsarovar. (15)

Radhasoami enabled me to behold Mahá-sunn, and hear the sound of the flute in Bhanwar-gupha. (16)

By Radhasoami's grace, I listen to the sound of the Bín (harp) and realize the secrets of Alakh and Agam. (17)

Radhasoami has granted me His grace in the fullest measure. I went and had Darshan of the Dhur Dham (Highest Region) of Anami (the Nameless Supreme Being). (18)

How am I to sing the praises of Radhasoami ! I have found abode in the Holy Feet of Radhasoami. (19)

Shabd 7

राधास्वामी प्यारे प्रेम निधान ।
 राधास्वामी प्यारे पुरुष सुजान ॥
 प्रेम सहित राधास्वामी गुन गाऊं ।
 हर दम राधास्वामी नाम धियाऊं ॥
 राधास्वामी ३ ॥ राधास्वामी ॥ ३ ॥१॥

My beloved Radhasoami is the reservoir of love. My beloved Radhasoami is the all-wise Being. Imbued with love, I sing the praises of Radhasoami. I remember the Name RADHASOAMI every moment

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(1)

Radhasoami did great good to my soul. Radhasoami took me across the ocean of the worldly existence. Radhasoami will redeem all those who recite the merciful Name

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(2)

Whoever adopts the Saran of Radhasoami in a spirit of humility and pleases Him by performing His Arti and also elevates his Surat after getting initiation from Him, will attain a unique status by the grace of Radhasoami.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(3)

Whoever attends Satsang with sincere faith and feels elated while performing Sumiran (repetition) of RADHASOAMI Nam, and remains constantly dyed in the colour of love by performing Sewa, will have all his delusions dispelled by the grace and mercy of Radhasoami.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(4)

Without Radhasoami, there can be no salvation, nor will the door to redemption ever open, without Radhasoami. None can behold the region of true spirituality. All will remain wandering within the region of nine orifices.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(5)

Therefore, I urge upon you, O Jivas, my brothers to take heed. Come and get initiated in the secrets of Radhasoami. Go on enhancing your love for Radhasoami. Radhasoami will accomplish all your tasks.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(6)

I now pray to Radhasoami : "O my dear, munificent Father : Take care of this worthless soul." Except for Radhasoami, I have no other support.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(7)

Shabd 8

राधास्वामी नाम जपो मेरे भाई ।
 राधास्वामी नाम सुनो घट आई ॥
 हर दम चरनन सुरत लगाई ।
 राधास्वामी गति तब कुछ नजर आई ।
 राधास्वामी ३ ॥ राधास्वामी ३ ॥१॥

O my brother ! Utter the Holy Name RADHASOAMI. Withdrawing inward, listen to the Holy Name

RADHASOAMI.

If you keep your Surat constantly merged in the Holy Feet of RADHASOAMI,

Then only will you get some idea of the
exalted status of RADHASOAMI.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(1)

Implant in your heart the Holy Feet of Radhasoami. While performing Dhyān, fix your attention on the countenance of Radhasoami. You will be ferried across by Radhasoami. Never forget the Holy Name Radhasoami.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(2)

Radhasoami reveals the secrets of Nád (Shabd).

Radhasoami shows the path to True Home.

Radhasoami gives the names and all details of the
heavenly spheres.

Radhasoami discloses the Shabd form of each
sphere separately.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(3)

Radhasoami rids you of adherences to past
beliefs.

Radhasoami discards all rituals and false religious
observances.

Radhasoami drives away the forces of Kal.

Radhasoami takes Jivas Home by eradicating
their Karmas.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(4)

Radhasoami turns and subdues the mind.

Radhasoami elevates Surat within.

Radhasoami opens the door to Shyám-Kanj (the
third Til).

Radhasoami shows Jyoti in Nabh (Sahas-dal-
kanwal).

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(5)

Radhasoami takes Surat to Gagan (Trikuti).

Radhasoami enables it to bathe in Tribeni.

Radhasoami takes Surat across Mahá-sunn.

Radhasoami makes it hear the flute of Bhanwar-
gupha.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(6)

Radhasoami brings Surat to Sat Lok in His
company.

Radhasoami enables it to hear the Bín (harp) of
Sat Purush.

Radhasoami elevates Surat beyond Alakh and
Agam.

Radhasoami enables it to have Darshan of
Radhasoami.

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(7)

Shabd 9

गाओ गाओ री सखी नित राधास्वामी ।
ध्याओ ध्याओ री सखी नित राधास्वामी ।
राधास्वामी ३ ॥ राधास्वामी ३ ॥१॥

Recite, My friend, recite constantly RADHA-
SOAMI Nam. Contemplate, my friend, do
contemplate the Form of RADHASOAMI all
the time. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(1)

Hear, my friend, hear the reverberations of RAHA-
SOAMI Nam. Hum, my friend, do hum the
praises of RADHASOAMI. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(2)

Behold, my friend, behold the charming countenance of RADHASOAMI. Take, my friend, do take the Saran of RADHASOAMI. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(3)

Know, my friend, know the high and exalted status of RADHASOAMI. Accept, my friend, do accept the religion of RADHASOAMI. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(4)

Serve my friend, serve the Guru RADHASOAMI. The topmost region is the Abode of RADHASOAMI. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(5)

Rely, my friend, rely on the strength and support of RADHASOAMI. Proceed, my friend, do proceed to meet RADHASOAMI. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(6)

Look at, my friend, look at the beloved Lord
RADHASOAMI. Receive, my friend, do
receive the grace and mercy of RADHA-
SOAMI. Let us all sing

RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	
RADHASOAMI	RADHASOAMI	(7)

Shabd 10

राधास्वामी महिमा कस करूँ बरनन ।
राधास्वामी लिया लगा मोहिं चरनन ॥१॥

How can I sing the praises of Radhasoami ?
Radhasoami attracted me to His holy feet. (1)

Radhasoami cut asunder my adherences to rituals
and observances. Radhasoami removed all my
illusions and delusions. (2)

Radhasoami took me out of the world. Radha-
soami washed me clean of all evil tendencies. (3)

Radhasoami made me adopt Him as my Isht.
Radhasoami freed me from all conventional
Ishts. (4)

Radhasoami blessed me with love for His holy

- feet. Radhasoami endowed me with faith in His Saran. (5)
- Radhasoami disclosed the secrets of His own Nam. Radhasoami gave me the gift of pure and unalloyed Bhakti. (6)
- Radhasoami vouchsafed to me the shelter and protection of His holy feet. Radhasoami ferried me across the ocean of worldly existence. (7)
- Radhasoami removed my perverse sense and understanding. Radhasoami bestowed on me love in the fullest measure. (8)
- Radhasoami made my Surat bold and courageous. Shabds of higher regions began to resound within me. (9)
- Radhasoami enabled me to utter the NAM day and night. Radhasoami elevated my mind and Surat to higher regions. (10)
- By fixing my Surat on the third Til, I rushed towards Nabh (Sahas-dal-kanwal) with Radhasoami. (11)
- Radhasoami showed me Jyoti (flame). Radhasoami enabled me to hear the Shabd of Trikuti. (12)
- Radhasoami elevated me to Sunn, where I bathed in Mán-sarovar in the company of Hansas. (13)
- By the grace and mercy of Radhasoami, I went to Bhanwargupha and heard the sound of the flute of Sohng Purush. (14)

By Radhasoami's mercy, I had Darshan of Sat Purush. My Surat assumed the form of Hansas. (15)

By the grace and mercy of Radhasoami, I peeped into Alakh Lok and had Darshan of Agam Purush. (16)

By Radhasoami's grace, I repaired to the highest region and had Darshan of Anami, the Perfect Being. (17)

Radhasoami accomplished my task. I received the embellishment of love and devotion. (18)

Shabd 11

जो सच्चा परमार्थी ।
तिसको यही उपाय ॥
कुल मालिक का खोज कर ।
रा घा स्वा मी संगत आय ॥१॥

The only way open to a true Parmārthī is this :
He should come to Radhasoami Satsang and seek the Supreme Being there. (1)

All other religions of the world stop somewhere on the way. Unable to reach the region of Radhasoami, they remain confined to the domain of Kal. (2)

Therefore, seeking out Sat Guru, engender love for Him. Acquaint yourself with the secrets of the Radhasoami Faith from Him and develop

faith in His holy feet. (3)

Perform Abhyas enthusiastically concentrating your mind and Surat. Radhasoami, in His grace and mercy, will enable you to hear Shabd. (4)

Practise Bhajan regularly everyday and absorbed in bliss, listen to Shabd. By the grace and mercy of Radhasoami, love will awaken within you. (5)

Your Surat will then ascend to higher regions and you will behold Jyoti. Radhasoami, in His grace, will make the Shabd of Trikuti audible to you. (6)

You will witness moon-light in Sunn, and white resplendent light in Bhanwargupha. Then, after seeing Sat Lok, Alakh Lok and Agam Lok, you will have Darshan of Radhasoami. (7)

My Beloved Radhasoami, the Supreme Being, the most eminent Guru and the incomparably munificent Giver of all things, has showered His grace and mercy on this slave and granted him His shelter and protection. (8)

Shabd 12

राधास्वामी मेरे गुरु दाता रे ।
राधास्वामी मेरे प्रान पियारे ॥१॥

Radhasoami is my supremely munificent Guru.

- Radhasoami is as dear to me as my life itself. (1)
- Radhasoami assumed the form of Agam Purush.
Radhasoami then became Alakh Purush. (2)
- Radhasoami manifested Himself as Sat Purush,
whose splendour is amazingly unparalleled. (3)
- Radhasoami incarnates Himself as a Sant. Radha-
soami redeems all Jivas. (4)
- Radhasoami reveals inner secrets. Radhasoami
shows the path of Surat Shabd. (5)
- Whoever accepts and follows the teachings of
Radhasoami, gets across the ocean of worldly
existence. (6)
- By the grace and mercy of Radhasoami, the task
will be accomplished, and Surat will apply to
Shabd every moment. (7)
- Whoever imbued with humility, adopts Saran of
Radhasoami, becomes the recipient of His
grace. (8)
- Therefore, contemplate the Holy Feet of Radha-
soami. Sing RADHASOAMI, RADHASOAMI
day and night. (9)

Shabd 13

राधास्वामी चरन लगे मोहिं प्यारे ।
राधास्वामी सरन मिला आधारे ॥१॥

Radhasoami's Holy Feet are very dear to me.

Radhasoami's Saran have I adopted as my prop
and support. (1)

Radhasoami's discourses I hear with love and
affection.

Radhasoami's countenance I behold charmed and
fascinated. (2)

Radhasoami's Sewa I perform with zeal and
fervour.

Radhasoami's secrets I enshrine in my heart. (3)

Radhasoami's praises I sing with zeal and ardour.

Radhasoami's form I contemplate with love and
affection. (4)

Radhasoami's Bhajan I perform with rapt atten-
tion.

RADHASOAMI Nam I utter with love and
devotion. (5)

Radhasoami, Radhasoami I keep on saying.

Radhasoami, Radhasoami I go on hearing. (6)

I sacrifice my heart and soul before Radhasoami.

I do away with all fear and regard for the
world. (7)

Radhasoami has taken me to His holy feet.
Radhasoami has imparted to me His own
secrets. (8)

In the blessed company of Radhasoami, all my inner burning is gone.

Shabds of higher regions are resounding within me all the time. (9)

By associating with Radhasoami, my mind has been pulverised and my Surat has become bold. (10)

Keeping the company of Radhasoami, I attain peace and tranquillity and witness the refulgence of Shabd within. (11)

Radhasoami has done supreme good to me. He has ferried me across the ocean of the world. (12)

Shabd 14

राधास्वामी महिमा क्या कहूँ भारी ।
राधास्वामी करें जीव उपकारी ॥१॥

It is beyond my power to describe the great eminence of Radhasoami. Radhasoami does good to the entire humanity. (1)

Radhasoami attracted me to His holy feet. Radhasoami's countenance is implanted in my eyes. (2)

I found great support in the Holy Feet of Radhasoami. As I heard Radhasoami's discourses, all my doubts and misgivings were gone. (3)

The moment Radhasoami initiated me in the secrets of the path, I dedicated myself to Him. (4)

Radhasoami enabled me to perceive Surat and hear Shabd within me. (5)

My love for the Holy Feet of Radhasoami was enhanced. With faith and conviction, I adopted Saran of His holy feet. (6)

I found the Radhasoami Faith to be most wonderful and the only true religion. (7)

Radhasoami brightened up my lot by enabling me to hear Shabd internally. (8)

Radhasoami elevated my mind and Surat. He enabled me to witness Jyoti (the flame) at the third Til. (9)

Radhasoami, after enabling me to hear the sounds of the bell and the conch, elevated my Surat to Gagan (Trikuti) where I heard the roar of thunder accompanied by the loud beating of the drum. Radhasoami thus shattered Kal's power. (10-11)

Radhasoami opened Daswán Dwár (the tenth orifice). Hearing the Dhun (sound) of that region, my Surat appeared in its true form. (12)

Radhasoami showed me Bhānwargupha and enabled me to hear the sound of the Bín (harp) in Sat Lok. (13)

Passing through Alakh Lok and Agam Lok, I joined my Surat with the Holy Feet of Radhasoami. (14)

Radhasoami showered His grace and mercy on

me. On touching His holy feet, I felt extremely delighted. (15)

Shabd 15

राधास्वामी गत कोई नहिं जाने ।
राधास्वामी मत कैसे पहचाने ॥१॥

None knows about the status and eminence of Radhasoami. How can then one understand the Radhasoami Faith ? (1)

None has the knowledge of the secrets and mysteries of Radhasoami. How can then one engender love for the Holy Feet of Radhasoami ? (2)

Radhasoami Mat is a most profound and sublime religion. Except loving devotees, nobody can seek and join it. (3)

All are lost in love for the world. They cannot understand the Radhasoami Faith. (4)

I, therefore, impress upon all : Unless you seek the protection of Radhasoami, you will remain wandering in the world. (5)

Death is hovering over your head. None can save you except Radhasoami. (6)

You are a victim of Rog (diseases) and Sog (bereavement). You cannot derive help and relief from anyone other than Radhasoami. (7)

Therefore, O brother ! Awake and develop the

- right understanding. Come running to Radhasoami and take His Saran. (8)
- Give up quest for worldly name and fame. Cling fast to the Holy Feet of Radhasoami. (9)
- Hear His discourses and implant them in your heart. Call out RADHASOAMI, RADHASOAMI every moment. (10)
- Forget about the fear and regard of the world. Engender love in your heart for the Holy Feet of Radhasoami. (11)
- Follow the path of Surat Shabd Yoga. Mentally repeat RADHASOAMI, RADHASOAMI. (12)
- Perform Dhyan of the Form of Radhasoami and enhance love for Him within you day and night. (13)
- Then only will you attain salvation, and perceive the grace and mercy of Radhasoami. (14)
- Muster courage and fall at the Holy Feet. Radhasoami will shower His grace and mercy on you every moment. (15)

Shabd 16

राधास्वामी अगम अनाम अपारे ।

उन चरन में रहूँ सदा रे ॥१॥

- Radhasoami is inaccessible, nameless and infinite.
May I ever abide in His holy feet. (1)

- Radhasoami is my loving mother and father. No other support have I than Radhasoami. (2)
- May I ever abide with Radhasoami. May I always remain in a state of bliss in the company of Radhasoami. (3)
- Radhasoami opened my inner eye. I tasted the nectar of His holy feet. (4)
- Radhasoami disclosed to me the inner secrets. My mind is enamoured of Radhasoami's holy feet. (5)
- Radhasoami gave a jolt to Kal and all wranglings of 'Khat-pat' (the region of the six chakras, i. e., Pind) were gone. (6)
- RADHASOAMI Nam illumined the region of haziness. Without Radhasoami, there is darkness in this world. (7)
- I go on serving Radhasoami. I keep on uttering RADHASOAMI, RADHASOAMI. (8)
- Radhasoami brushed aside Kal and Karma. Radhasoami eradicated doubts and delusions. (9)
- Radhasoami delivered discourses in Satsang. Radhasoami is lovable, all-wise and graceful. (10)
- Radhasoami gave out the secrets of the various centres within. Radhasoami enabled me to apply my Surat to Shabd. (11)
- Radhasoami opened the third Til and let me have a look within. Radhasoami enabled me to

hear the sounds of the bell and the conch. (12)

Radhasoami elevated my Surat to Gagan (Trikuti).
Radhasoami showed me the moon in Sunn. (13)

Radhasoami enabled me to witness Bhanwargupha,
where the melodious sound of the flute is
audible. (14)

Radhasoami made it possible for me to have
Darshan of Sat Guru. Radhasoami enabled
me to witness the regions of Alakh and Agam. (15)

I reached the most magnificent Radhasoami
Dham, whose glory and grandeur is indescri-
bably infinite. (16)

By the grace and mercy of Radhasoami, I got
admittance into the highest region which is the
end of all. Radhasoami relieved me of all
anxiety and worry. (17)

Shabd 17

राधास्वामी मत मैं धारा नीका ।
राधास्वामी मत है सबका टीका ॥१॥

I have rightly embraced the Radhasoami Faith,
which is superior to all other religions. (1)

Radhasoami is Agam (inaccessible) and Anam
(nameless). Radhasoami abides in the highest
region. (2)

Gyánís, Yogís and Sanyásís (intellectuals, practitioners of various Yogas and mendicants) have failed to develop faith in Radhasoami Mat. (3)

Vedántís and Sufís also were unable to know the whereabouts of Radhasoami Dham. (4)

All tried to be clever and depend on their intelligence, without developing faith in the Holy Feet of Radhasoami. (5)

All are lost in Vidyá (intellectual knowledge). They remain ignorant of the ways of Bhakti enjoined by Radhasoami. (6)

They engage in the practice of training sight, but fail to understand the modes and methods taught by Radhasoami faith. (7)

On seeing some light within at the plane of Antah-karan, they get puffed up. But without adopting the Isht of Radhasoami, they all are victims of delusion. (8)

For the light that they see is nothing but the shadow cast by Maya. They are unable to come near the current of true light emanating from Radhasoami. (9)

All other religions are inclined outward. They have no inkling of the secret of Radhasoami. (10)

All religions are but Kal's snares. Who but Radhasoami can cut these snares ? (11)

My lot has now greatly brightened up that I have come to the Holy Feet of Radhasoami. (12)

Radhasoami, in His grace and mercy, enabled me to listen to His discourses and initiated me in the inner secrets. (13)

By catching hold of the current of Shabd, my Surat has now started ascending within. It drinks the nectar of the Holy Feet of Radhasoami. (14)

Radhasoami, in His grace and mercy, will one day take me to the highest region. (15)

Shabd 18

राधास्वामी चरन सीस में डारा ।
राधास्वामी कोन मोर उपकारा ॥१॥

I bow my head on the Holy Feet of Radhasoami. Radhasoami has done immense good to me. (1)

Radhasoami brings about my reformation in a moment. Radhasoami grants me access to the inaccessible and infinite region. (2)

Radhasoami takes up to the highest region all those Jivas who come under His shelter. (3)

Radhasoami's grace baffles description. Radhasoami extricates Jivas from the clutches of Jamā. (4)

Whoever receives Radhasoami's mercy, repairs to Nij Ghar (True Home), hearing reverberations of Shabds of higher regions: (5)

- Radhasoami has given out the most sublime message. He has removed the last vestiges of Maya. (6)
- Radhasoami shows the way to True Home. He saves Jivas from Kal. (7)
- Radhasoami, by extending His helping hand, to me, has kept me at His holy feet. (8)
- Radhasoami has bestowed wonderful mercy on me. I fall at His holy feet with zeal and fervour. (9)
- Radhasoami has showered on me mercy of the highest region. He has attracted me to His holy feet since my very childhood. (10)
- Radhasoami has granted me the gift of Bhakti (devotion) and has awakened love for Him within me. (11)
- Day and night, I remain under the shelter and protection of Radhasoami. Radhasoami will accomplish my task. (12)
- I have implicit faith and trust in the Holy Feet of Radhasoami. I derive immense support from refuge under Radhasoami. (13)
- Radhasoami's holy feet are implanted in my mind. I constantly utter RADHASOAMI Nam with my whole being. (14)
- What can I sing of the glory of Radhasoami? He made a worthless Jiva like me His own. (15)

My hope and abode are the Holy Feet of Radhasoami. The question of accomplishing my task lies in the Saran of Radhasoami. (16)

Save Radhasoami I have none to look to. I attain calm and tranquillity in the company of Radhasoami alone. (17)

I am a confirmed sinner. Yet, Radhasoami granted me the support of His holy feet. (18)

Radhasoami showered His grace and mercy on me in every way. How, O friend, can I sing His praises ? (19)

I know none other than Radhasoami. I accept none save Radhasoami. (20)

How far can I go on describing the glory and eminence of Radhasoami ? I bow my head at His holy feet and keep mum. (21)

Shabd 19

राधास्वामी चरन पर जाऊँ बलिहार ॥१॥
राधास्वामी सरन मम हिरदे धार ॥२॥

I sacrifice myself at the Holy Feet of Radhasoami. I sincerely take Saran of Radhasoami. (1-2)

I daily have Darshan of Radhasoami. I hear the discourses of Radhasoami with care and attention. (3-4)

I get the most sublime secrets from Radhasoami.
Radhasoami will ferry me across the ocean of
worldly existence. (5-6)

Radhasoami enables me to hear the sound of the
bell. Radhasoami elevates me to Gagan
(Trikuti). (7-8)

Radhasoami shows me the refulgence of moon.
Radhasoami enables me to hear the Sohng
Shabd, which is the essence of Brahmánd and
Pind. (9-10)

Radhasoami shows me the Darbar of Sat Purush.
Radhasoami helps me to have Darshan of
Alakh Purush. (11-12)

Radhasoami enhances my love for Agam Purush.
Radhasoami takes me to the Real Home. (13-14)

I always remain thankful to Radhasoami. Radha-
soami has removed all my pain and sorrow. (15-16)

Shabd 20

भूल और भ्रम बढ़ा जग माहि ।
सत्त मत राधास्वामी मानै नाहि ॥१॥

Delusions and illusions are spreading far and wide
in the world. People do not accept the Radha-
soami Faith which is the only true religion. (1)

Jivas are all slaves of Maya. Without Radhasoami
they will remain dirty. (2)

All have been entangled in Kal's net. Who but Radhasoami is going to set them free ? (3)

Even if someone were to explain to them the secrets of the Radhasoami Faith, they would not pay any heed, deluded as they are. (4)

They have given up making any search and inquiry about their Real Home. They do not apply their mind to the precepts of Radhasoami. (5)

They are subject to all kinds of pains and pleasures. There is no peace anywhere except at the Holy Feet of Radhasoami. (6)

They are being constantly deceived by Kal. They remain deprived of the mercy of Radhasoami. (7)

Even then they do not develop right understanding, nor do they sing RADHASOAMI Nam. (8)

The task of these Jivas will be accomplished only when Radhasoami showers His mercy on them. (9)

I praise my good luck. Radhasoami has drawn me to His holy feet. (10)

Radhasoami graciously awakened my Surat and enabled me to realize what Shabd is. (11)

Radhasoami taught me the ways of love and devotion. He inculcated in my heart firm faith in His holy feet. (12)

I shall always remain in the company of Radha-

soami with love and yearning for His holy feet. (13)

Radhasoami extends His help to me. He enhances my love for His holy feet all the time. (14)

I sing His praises thankfully every moment. There is no such constant companion as Radhasoami. (15)

Shabd 21

राधास्वामी मुझ पर मेहर करी री ।
मन और सूरत पकड़ धरे री ॥१॥

Radhasoami showered His grace on me. Radhasoami took hold of my mind and Surat, (1)

Radhasoami attracted me unto Him. Radhasoami gave out to me inner secrets. (2)

Radhasoami drew me to His holy feet. Radhasoami extricated me from rites and rituals. (3)

Radhasoami removed my misunderstanding. Radhasoami cast away my doubts and delusions. (4)

Radhasoami enabled me to join His Satsang. Radhasoami taught me the ways of Bhakti. (5)

Radhasoami washed me clean of all dirt and filth. Radhasoami rid me of all evil propensities. (6)

- Radhasoami extricated me from the world. Radhasoami saved me from Thugs (cheats and robbers). (7)
- I shall never forget the favours Radhasoami has done to me. I shall never leave the Holy Feet of Radhasoami. (8)
- I deliberate on the discourses of Radhasoami. I always recite RADHASOAMI Nam. (9)
- I practise the modes and methods of Parmarth taught by Radhasoami. I keep on awakening my devotion for the Holy Feet of Radhasoami. (10)
- I shall apply my Surat to the reverberations of RADHASOAMI Nam within. With the strength, Radhasoami has given me, I shall elevate my mind to Gagan (Trikuti) (11)
- By the grace and mercy of Radhasoami, I shall look intently at Guru's countenance. By the kindness of Radhasoami, I shall witness the region of Sat Guru. (12)
- With the strength of Radhasoami, I shall behold Alakh Lok. By the mercy of Radhasoami, I shall enter Agam Lok. (13)
- I shall go and unite with the Holy Feet of Radhasoami. I shall enjoy the bliss of the Dhur (reverberations) of RADHASOAMI Nam. (14)
-

Shabd 22

राधास्वामी परम पुरुष दाता रे ।
राधास्वामी पूरन धनी हमारे ॥१॥

Radhasoami is the Supreme Being. Most munificent is He. Radhasoami is my Perfect Master. (1)

Radhasoami is the most adorable Sat Guru. Radhasoami is my beloved and the very life of my soul. (2)

I enshrine the Holy Feet of Radhasoami in my heart. I ever go on strengthening my Saran (shelter) under Radhasoami. (3)

Radhasoami grants the embellishment of Bhakti. Radhasoami redeems Jivas. (4)

What can I sing in glory of the Radhasoami Faith ? I now know that the Nij Ghar (Real Home) is the highest of the high. (5)

Radhasoami gave out easy modes of spiritual practices. He linked my Surat to Shabd. (6)

By Radhasoami's grace, my mind has become steady. By Radhasoami's mercy, my heart has become pure. (7)

Radhasoami has bestowed on me the gift of faith, my love for Radhasoami's holy feet has increased. (8)

Radhasoami removes internal barriers. Radhasoami shows the path to higher regions within. (9)

Radhasoami has elevated my mind and Surat.
They now occupy the throne in Gagan
(Trikuti). (10)

With the strength of Radhasoami, my Surat
rushes onward and reaches Sat Lok. (11)

Radhasoami united my Surat with His holy feet.
I proceed and witness the region of Anámí (the
Nameless Supreme Being). (12)

Radhasoami has embellished my Surat. He has
erased all impressions made on me by Jam or
Kal. (13)

Radhasoami has accomplished my task. I shall
go on singing His praises all the time. (14)

Shabd 23

राधास्वामी धरा जग गुरु अवतार ।

राधास्वामी उतारें सब को पार ॥१॥

Radhasoami has incarnated Himself in the world
as a Guru. Radhasoami will take all across
the ocean of worldly existence. (1)

I shall hold fast to the Holy Feet of Radhasoami
today. Radhasoami has embellished me with
Bhakti (devotion). (2)

Radhasoami enabled me to hear the reverberations
of Shabd within. Radhasoami elevated my
Surat to Sunn. (3)

- Radhasoami enabled me to hear the sound of the flute. Radhasoami showed me the Darbar of Sat Purush. (4)
- Radhasoami enabled me to witness Alakh and Agam, and elevated my Surat to Nij Ghar (Real Home). (5)
- Finding rest and peace there, I became extremely happy. I go on describing the excellence of Radhasoami all the time. (6)
- I give this message to all Jivas : Strive to meet Radhasoami and carry out His behests. (7)
- Run and grasp the Holy Feet of Radhasoami. Come and take the shelter of Radhasoami somehow or other. (8)
- Attend Satsang and be dyed in the colour of Radhasoami. Banish all the vagaries of the mind. (9)
- There is no well-wisher like Radhasoami. Radhasoami will mend you right. (10)
- Receive initiation and attend Satsang. By the strength provided by Radhasoami, give up all base and dirty colour (worldly tendencies and inclinations). (11)
- Adopt the Saran of Radhasoami. Radhasoami will accomplish your task in a moment. (12)
-

Shabd 24

राधास्वामी महिमा को सके गाय ।
वेद कतेब रहे भरमाय ॥१॥

Who can describe the glory of Radhasoami ? The Vedas and other religious books are steeped in delusion. (1)

No one knows the whereabouts of Radhasoami. Shesh (a thousand-headed serpent) and Mahesh (Shiv) are in oblivion. (2)

Radhasoami Dham is inaccessibly infinite. Brahm and Pár-Brahm remain stuck on this side. (3)

Nárad (a celebrated deified sage), Sárad (the wife of Brahmá), Vishnu and Mahesh have neither seen nor heard of the region of Radhasoami. (4)

Only some rare loving devotee gets admittance to the Abode of Radhasoami. Jyoti and Niranján have no access there. (5)

Whosoever is fortunate to meet Sat Guru will be able to enter the high and exalted region of Radhasoami. (6)

The region of Radhasoami is distinct and separate from all. Only a loving devotee of Sat Guru will reach there. (7)

Such a loving devotee attends the Satsang of Sat Guru and is ever eager to perform His Sewa. He remains engaged in the contemplation of the Holy Feet of Radhasoami. (8)

He follows the path of Surat Shabd. He utters
RADHASOAMI Nam day and night. (9)

He goes on enhancing his love and faith day by
day and sacrifices his body and mind at the
Holy Feet of Radhasoami. (10)

He sincerely follows and carries out the orders
of Radhasoami. He accepts none equal to
Radhasoami. (11)

He who acts and behaves like this, will receive
the grace and mercy of Radhasoami. (12)

Radhasoami will surely accomplish his task, and
will elevate his Surat to higher regions every
moment. (13)

Radhasoami will one day get him admitted to the
Highest Mansion and will enable him to find
rest and peace at His holy feet. (14)

Shabd 25

राधास्वामी नाम की महिमा भारी ।
राधास्वामी धाम अथाह अपारी ॥१॥

Great is the glory of RADHASOAMI Nam.
Infinite and unfathomable is Radhasoami
Dham. (1)

A current descended from the region of Radha-
soami and brought into being the creation down
to Sat Lok. (2)

Radhasoami thus created Dayál Desh (the region of the Merciful). None has any idea of its greatness. (3)

So marvellous is that creation of Radhasoami that there is no trace there of Kal or of pain and sorrow caused by him. (4)

I urge upon all Jivas : Have faith and belief in the existence of Radhasoami Dhám. (5)

Attend Satsang and you will then develop right understanding. Make spiritual endeavours and thereby get all worldly delusions eradicated. (6)

Get initiated in Radhasoami Faith in all humility. Grasp the Holy Feet and repair to the region of Radhasoami. (7)

If you perform the practices taught by Radhasoami, you will attain true redemption. (8)

I am filled with great happiness and bliss, for I have become a slave of the Holy Feet of Radhasoami. (9)

Ever since I fell at the Holy Feet of Radhasoami, all my Karam and Bharam were consumed automatically. (10)

I pursue the path of Surat and Shabd. By the grace and mercy of Radhasoami, I got glimpses of the Highest Region. (11)

Radhasoami is munificent and merciful to the humble and the lowly. He showered His grace

and mercy on me and made me feel enriched
and exalted. (12)

Shabd 26

राधास्वामी सम कोई मित्र न जग में ।
राधास्वामी प्रीत धसी रग २ में ॥१॥

- There is no friend in this world like Radhasoami.
Love for Radhasoami has got rooted in each
and every vein of my body. (1)
- Radhasoami's holy feet have been firmly implanted
in my heart. Without Radhasoami, the noose
has been tied round Jivas' necks. (2)
- Radhasoami has granted me the embellishment of
Shabd. Radhasoami has extricated my Surat
from worldiness, (3)
- Radhasoami has cut asunder all my bondages.
Radhasoami has joined my mind to His holy
feet. (4)
- Radhasoami has cut the noose tied by Jama.
Radhasoami has opened the path within. (5)
- Radhasoami has obliterated the stains caused by
Kal. Radhasoami has made me fearless. (6)
- Radhasoami has enabled me to perceive Shabd
within, and has elevated my Surat. (7)
- Radhasoami has opened my inner eye. He enabled
me to hear internal sounds. (8)

- Radhasoami removed the first barrier and showed me the region of Jyoti and Niranjan. (9)
- Radhasoami elevated me to Gagan, from there and introduced me to Shabd Guru. (10)
- Radhasoami enabled me to have Darshan of Akshar Purush and hear the Rárang Shabd in Sunn. (11)
- Radhasoami showed me Bhanwargupha where the melodious note of the flute is heard. (12)
- By Radhasoami's grace and mercy, I then repaired to Sat Lok and had Darshan of Alakh and Agam. (13)
- Radhasoami elevated me further and united me with His holy feet. (14)
- How can I sing the praises of Radhasoami? I admit defeat, and get merged in His holy feet. (15)
-

Bachan 11

PREM BILAS (BLISS OF LOVE)

SECOND PART

SURATIA (SURAT)

ON ADMONITION

Shabd 1

सुरतिया गाय रही ।
नित राधास्वामी नाम दयाल ॥१॥

Suratía* is constantly singing the merciful Nám--
RADHASOAMI. (1)

Without Nám, none can find a stable location, and
it is all confusion and disorder. (2)

Through Nám alone, you can recognize and per-
ceive Námí (the deity whose Nám or name it
is). Nám sustains and protects all. (3)

Nám and Shabd are one and the same. See the
magnificent refulgence of Shabd. (4)

Proceed onward seeking RADHASOAMI Shabd
all the time. Hearing ITS Dhun (reverberations),
you will be enriched and exalted. (5)

* Suratía is a poetic expression of -endearment for Surat, spirit-
entity.

Shabd 2

सुरतिया रही पुकार पुकार ।
सरन में सतगुरु के आओ ॥१॥

Suratiá calls out again and again : Come, O Jiva,
and take Saran of Sat Guru. (1)

If you do not heed this advice of mine, you will
go to Jam Pur (Jama's region) and repent. (2)

You will go through recurrent births and deaths,
and will wander constantly, undergoing pain
and pleasure. (3)

Think of the welfare of your soul. Fix your
attention on the Holy Feet of Sant. (4)

Pratise Surat Shabd Yoga. You will then get some
bliss within. (5)

Cultivate faith in Guru's holy feet and thus get
your luck brightened up. (6)

By performing Guru's Sewa, win His pleasure
and get your Surat elevated to higher regions. (7)

The task of the redemption of your soul will then
be accomplished. You will go and merge in
the Holy Feet of Radhasoami. (8)

Shabd 3

सुरतिया सुमिर रही ।
सतगुरु का छिन २ नाम ॥१॥

Suratíá (Surat) performs Sumiran of the Name of
Sat Guru every moment. (1)

Imbued with love, she grasps His holy feet and
forgets all about the world. (2)

She feels extremely delighted in Satsang. She gets
peace and comfort there. (3)

Without Guru's Darshan, she feels restless. She
keeps looking intently at His charming counte-
nance day and night. (4)

Imbued with love, she prays to Guru : O Guru
grant me such a bliss of nectar that I may
remain care-free and intoxicated in ecstasy.
Elevating my Surat, may I behold Guru's
Abode. (5-6)

O beloved Radhasoami ! do bestow such grace
and mercy on me. I am Your unconditional
slave. (7)

Guru, in His grace, disclosed to her the secrets,
describing different regions of different Shabds. (8)

He exhorted her to perform Abhyas imbued with
love and yearning and apply her Surat to
Shabd, free from all worldly cravings and
desires. (9)

She will then easily and gradually ascend to higher
regions and behold Trikuti, Guru's region. (10)

Proceeding from there, she will have Darshan of
Sat Guru and then find rest and peace at the
Holy Feet of Radhasoami. (11)

Without grace and mercy, the task will never be accomplished. Therefore, she has to proceed with the mercy of Radhasoami as help and support. (12)

Shabd 4

सुरतिया छोड़ चली ।
अब छिन छिन माया देश ॥

Suratia now proceeds onward leaving Maya's region every moment. (1)

As a result of taking her seat at the eyes for a long time, she has suffered much pain due to Karmas. (2)

She got entangled in Karam and Bharam in various ways and forgot all about her true abode. (3)

The terrible Kal has spread his net in which he has entrapped all Jivas, catching them by their hair. (4)

No Jiva can escape without the teachings and instructions of Sat Guru. (5)

Therefore, O darling, take my advice and pray to Guru. (6)

Filled with humility, get the secrets and the message of Surat Shabd from Guru. (7)

Firmly adopting Saran of the Holy Feet of Radha-soami, repair to the original and ultimate region. (8)

Shabd 5

सुरतिया मेल करत ।
गुरु प्रेमी जन के साथ ॥१॥

Suratia mixes and mingles with the loving devotees of Guru. (1)

On hearing their words, she develops love for Guru in all humility. (2)

They have explained to her the ways of Bhakti. She now performs Guru's Sewa day and night. (3)

Cherishing at heart the discourses delivered by Guru in Satsang, she constantly contemplates His holy feet. (4)

She keeps her attention fixed on the reverberations of Shabd. She smiles on witnessing Guru's acts of grace within. (5)

She is now fully convinced in her mind that, without Guru, all are victims of deception. (6)

Only he, who engenders love for Guru's holy feet and for the company of Shabd, will receive the grace and mercy of Guru and escape the trap laid by Kal and Karam. (7-8)

His mind turns and ascends. It rushes to Gagan
(Trikuti, higher regions). His Surat easily
and naturally merges in Shabd. (9)

Adopting the Saran of Radhasoami in his heart,
he repairs to Sat Lok and attains peace and
tranquillity. (10)

Shabd 6

सु र ति या दीन हुई ।
लख राधास्वामी दया अपार ॥१॥

Suratia has become humble and submissive, on
perceiving the unbounded grace of Radha-
soami Dayal. (1)

She remains lost in love for the world, with her
mind puffed up with pride and ego. (2)

She cherished desires for name and fame as well
as worldly pleasures, and for this reason alone
she engaged in various activities. (3)

She did not at all care for Parmarth, nor had she
developed love for the Guru's devotees. (4)

She went on adding to her sins by calumniating
them, and she did not give up the evil tenden-
cies of the mind. (5)

On getting the opportunity, she met Sat Guru who
was pleased to give out His profound discour-
ses to her. (6)

He lovingly explained to her the pains and pleasures of recurrent births and deaths and miseries of hell. (7)

As she realised that sensual pleasures are trivial, the world appeared to her to be false and worthless. (8)

With humility at heart, she fell at the Guru's holy feet. The munificent Sat Guru blessed her with His mercy. (9)

After acquainting her with the inner secrets, He made her attend Satsang. Her Surat has now made contact with reverberations of Shabd. (10)

She cherishes the Saran of Guru's holy feet in her heart. Radhaaoami Dayal, in His grace, has ferried her across. (11)

Shabd 7

सु र ति या सोच करत ।
अब किस विधि उतरूं पार ॥१॥

Suratia worries all the the time, how to get across the ocean of worldly existence. (1)

Guru, the knower of secrets, gave her the clue :
Adopt the path of Surat Shabd. (2)

Attend Satsang. Cherish Guru's discourses in your heart. Keep your mind and senses under control. (3)

Enshrining in your heart love for Guru and implicit faith in Him, engage in spiritual practices carefully. (4)

Hearing these words, she was filled with enthusiasm and she reached Guru's Darbar where on hearing His discourses, her faith and conviction grew stronger and she cast aside all her doubts and misgivings. (5-6)

Getting the secrets from Guru, she now performs Abhyas regularly. She dedicates her body and mind to Guru. (7)

Adopting Guru's Saran, she firmly grasps His holy feet. She will then attain salvation easily. (8)

The status and eminence of Radhasoami are unattainable and infinite. RADHASOAMI Shabd is the essence of essences. (9)

Only a rare and highly fortunate Jiva will reach this Nij Ghar (Real Home), after getting separated from all. (10)

The Supreme Being, the most munificent Radhasoami, accomplished the task of this poor fellow like me, in a most appropriate manner. (11)

Shabd 8

सुरतिया जाग उठी ।
गुरु नाम सुमिर घर प्यार ॥१॥

Suratia has awakened by performing Sumiran of
Guru's Nam with love and affection. (1)

Many a day has she passed wandering in the world
and made no search and enquiry about her Nij
Ghar (True Home). (2)

She remained lost in the company of her mind
and senses and did not care to know who the
Creator is. (3)

When, by grace and mercy, she met Sat Guru
Radhasoami, He explained to her the most
profound inner secrets. (4)

Kal and Karam put up numerous obstacles. Her
mind and Surat went on drifting aimlessly on
this side. (5)

The Merciful Guru took her in His fold and
attracted her to His Satsang. (6)

He enabled her to hear His nectar-like discourses
and, by granting her His Darshan, liberated her. (7)

Augmenting love and faith in her heart, He granted
her the gift of the refuge and support of His
holy feet. (8)

He very kindly explained to her the modes and
methods of Sumiran, Dhyan and Shabd Abhyas
(practice of Shabd, Bhajan). (9)

She contemplates the Rúp (form, countenance) of
Radhasoami day and night. She sings the most
sublime RADHASOAMI Nam. (10)

Relying on the grace and mercy of Radhasoami,
She elevates her Surat to Gagan (Trikuti). (11)

After hearing the Sat Shabd in Sat Lok, she
touches the Holy Feet of Radhasoami. (12)

Shabd 9

सुरतिया कहत सुनाय सुनाय ।
चरन गुरु गहो सम्हार सम्हार ॥१॥

Suratia calls out again and again : Grasp Guru's
holy feet sincerely and firmly. (1)

Why do you, O brother, err and get lost in the
company of Maya ? Why do you remain obli-
vious of your Nij Ghar (Real Home) ? (2)

This negligence on your part will later on torment
you a great deal. Hurry up, be careful. (3)

Seek Sat Guru, whose abode is in the Highest
Region. Engender love for His holy feet. (4)

Attend His Satsang imbued with love and affec-
tion. Hear His discourses with zeal and ardour. (5)

After ascertaining the secrets, perform Dhyan.
You will behold a magnificent flower-garden
within. (6)

Perform Arti of Shabd Guru. You will witness
wondrous scenes and spectacles within. (7)

With the strength of Guru, Suratia ascends to

higher regions and proceeds beyond Sunn and Mahá-sunn. (8)

She goes ahead after hearing the sounds of the flute and the Bín (harp) and reaches the Darbar of Alakh and Agam. (9)

Having then, Darshan of Radhasoami, she adopts the Saran of His holy feet and keeps mum, unable to describe the bliss of His Darshan. (10)

She performs Bhakti of such rare order that Radhasoami showers His unbounded grace and mercy on her. (11)

Augmenting her love and faith day by day, He easily redeemed a base and lowly Jiva like her. (12)

Shabd 10

सुरतिया अटक रही ।
धर माया प्यार ॥१॥

Suratia has got stuck up here as a result of developing love for Maya. (1)

Kal has created many kinds of worldly objects and sensual pleasures. (2)

Mind and desire, his two agents, ride on Suratia all the time. (3)

They turn her in whichever direction they like. She remains wandering all the time on this side in the body of nine apertures. (4)

Innocent that she is, she does not realize their trickery. She remains entangled and lost in the net spread by Maya. (5)

None has any inkling of Nij Ghar (True Home). Nobody gets beyond the region of Maya. (6)

If only a Jiva comes under the shelter of a Sant, He, in His grace, liberates him. (7)

Suratia's luck for repairing to the highest region has now awakened. She has been able to contact the sublime Radhasoami Satsang. (8)

Radhasoami, in His grace, enabled her to join Satsang. He very kindly endowed her with the right sense and understanding. (9)

He gave out to her the whereabouts of Nij Ghar (True Home) and showed her the true path of Surat Shabd. (10)

Imbued with love and yearning and enshrining the Saran of Guru's holy feet in her heart, she makes spiritual endeavours in right earnest. (11)

Radhasoami, in His grace and mercy, ferries her across easily. (12)

Shabd 11

सुरतिया मान तजत ।
आज सतसंग में रस पाय ॥१॥

Suratia, on giving up egotism, gets bliss in Satsang today. (1)

She was mad, in the company of the mind, and was engrossed in the pleasures of the senses. (2)

By constantly increasing worldly desires, she suffered pain and then repented again and again. (3)

She foolishly engaged in rituals and observances and worshipped gods and goddesses. (4)

By resorting to pligrimage, fasts and worldly dealings, she increased her load of Karmas. (5)

She did not care to peruse the writings of Sants. She remained tied to worldly attachments. (6)

Her good luck awakened and she came to the presence of Guru, who gave out the secrets of the true abode. (7)

Guru explained in various ways the transitory nature of all worldly pursuits and affairs. (8)

Developing the right understanding, she joined Satsang and gave up egotism and desire for name and fame. (9)

Now she loves Guru sincerely and performs Surat Shabd Yoga. (10)

On witnessing ever-new scenes and spectacles within, she enhances her faith in Guru's holy feet. (11)

Adopting the Saran of the Holy Feet of Radha-

soami in her heart, she has accomplished her task. (12)

Shabd 12

सुरतिया बोल रही ।
जोवन को हेला मार ॥१॥

Suratia calls out to Jivas and gives them the message : If you really seek true redemption, then come under the shelter and protection of Sat Guru, with your heart and soul. (1-2)

Attend Satsang. Listen to Guru's discourses with care and attention. Cast aside all fear of and regard for the world. (3)

Repose your hopes and aspirations in the Holy Feet of Radhasoami. Give up all adherence to past beliefs and faiths. (4)

Know that rites and rituals and false observances are all useless. Forget all outward religious practices. (5)

Getting yourself initiated in Surat Shabd Yoga, engage in its practice internally with care. (6)

Discard all desires for sensual pleasures. Give up all the evil propensities of the mind. (7)

Perform Guru's Sewa with your heart full of faith. Awaken true love within you day by day. (8)

Your body, mind and Surat will then apply to the

reverberations of Shabd and you will behold
pure and unalloyed scenes and spectacles
within. (9)

With the strength of Guru in your heart, you will
ascend to higher regions and, beside yourself
with joy, hear the ringing of Shabd. (10)

Beholding the refulgence of one Shabd after an-
other, your Surat will reach the most refulgent
Darbar. (11)

Then only will you attain true redemption. You
will have Darshan of the Holy Feet of Radha-
soami. (12)

Shabd 13

सुरतिया अमर हुई ।
अब संत घाम में जाय ॥१॥

Suratia now repairing to the Abode of Sants has
attained immortality. (1)

Nobody can have a stable location in this world.
Kal devours all. (2)

Wealth, honour and fame, pleasures of the senses,
are all transitory. (3)

Therefore, all should strive to get relieved of the
predicament of recurrent births and deaths. (4)

Nobody will be saved without practising Surat

Shabd Yoga. Nor can one find the true path
without the help of Sat Guru. (5)

So long as one's Surat does not reach Sat Lok, one
keeps on wandering in the domain of Kal. (6)

Therefore, grasp the Holy Feet of Sat Guru and,
in all humility, take shelter under Him. (7)

Serve Him. Attend His Satsang. You will then
awaken your luck for Parmarth (spiritual
welfare). (8)

Cherish love for and faith in His holy feet. Apply
your Surat to Shabd all the time. (9)

The Supreme Being, beloved Radhasoami, will, in
His mercy, elevate your Surat to higher regions. (10)

Going to Sat Lok you will drink nectar, and will
hear the melodious sound of the Bín (harp),
beside yourself with joy. (11)

The misery of recurrent births and deaths will then
be gone. You will repair to the most exalted
Radhasoami Dham. (12)

Shabd 14

सुरतिया लिपट रही ।
मन इन्द्रियन नाल ॥१॥

Suratia remains sticking fast to the mind and the
senses. (1)

The hunter Kal has laid the siege. Maya has cast
her net. (2)

All Jivas are caught in their snares, and have clean
forgotten about repairing to their true home. (3)

They are mad with rituals and false observances.
They have fallen into the cycle of transmigra-
tion, and are in a miserable plight. (4)

They suffer a lot of pain as fruits of their Karmas.
Who is going to cut asunder their entangle-
ments ? (5)

Only that Jiva who comes under the shelter and
protection of Sat Guru is relieved of all pain
and misery. (6)

The great good fortune of Suratia has awakened.
She has been able to touch the Holy Feet of
Sant Sat Guru. (7)

He, very mercifully, has given out the whereabouts
of the True Abode and has shown her the path
of Surat Shabd. (8)

He made her join Satsang and soon gave her the
opportunity to hear His wonderful discourses. (9)

He granted her unflinching faith in His holy feet.
She received the wealth and treasure of love. (10)

Beloved Radhasoami, on finding her humble and
meek, mercifully elevated her Surat. (11)

Passing through Nabh (Sahas-dal-kanwal), she

proceeds to Gagan (Trikuti) and destroys the forces of the terrible Kal. (12)

Anhad Shabd starts resounding within her. Her Surat beholds the red morning sun. (13)

On hearing the sound of Akshar Purush, she proceeds further ahead and frolics there with Hansas. (14)

Ascending to Bhanwargupha, she goes still higher. Seeing this, Mahá Kál feels harassed. (15)

Proceeding beyond Sat Lok, Alakh Lok and Agam Lok, she meets Radhasoami, the Merciful Supreme Being. (16)

Grasping the Holy Feet of Radhasoami, she performs His Arti. She enjoys immense bliss and feels satiated. (17)

Shabd 15

सुरतिया चेत रही ।
गुरु बचन सम्हार सम्हार ॥१॥

Suratia is waking up, on pondering over Guru's discourses. (1)

Adopting Parmarth at heart, she peruses and listens to Guru's Bání (poetical compositions). (2)

Radhasoami has bestowed on her mercy from the Highest Region. He has been pleased to

- confer on her unattainable power of discrimination and discernment. (3)
- She listens to Guru's discourses, understanding them carefully. She has thus been able to grasp the Supreme Truth, the real essence. (4)
- Save Shabd, there is no path. Without love, the barriers cannot be removed. (5)
- None will find the path without the help of Sat Guru. Inaccessible and infinite are His status and eminence. (6)
- With this kind of understanding adopted at heart, Suratia has sought refuge in the Holy Feet of Radhasoami. (7)
- None will be saved in any other way. Kal and Karam are extremely powerful. (8)
- All will wander in the transmigratory cycle assuming the higher and lower categories of existence and they will never attain the salvation of their souls. (9)
- Therefore does Suratia exhort all to adopt the Saran of Sat Guru's Darbar. (10)
- How can she praise her great good fortune. Radhasoami has mercifully taken her in His lap. (11)
- He has enabled her to listen to His most profound discourses. He has given her His Darshan, showing special kindness to her. (12)

He has given out the precious secrets of Surat Shabd, and has explained to her the methods of Sumiran and Dhyān. (13)

Controlling her mind and senses, she will perceive the current of Shabd within her. (14)

She will watch the ways of her wavering mind and remove all its evil tendencies. (15)

Awakening love and faith in her heart, she will witness ever-new scenes and spectacles within her all the time. (16)

With the strength imparted by Radhasoami, she will elevate her Surat to higher regions. (17)

After having witnessed wonderful spectacles in Sahas-dal-kanwal and Trikuti, she will enter Sunn and Mahá-sunn and then proceed further. (18)

She will open the door to Bhanwargupha, and then behold Sat Lok, Alakh Lok and Agam Lok. (19)

In the region of Radhasoami, which is infinitely vast and great, she touches His holy feet and performs His Arti. (20)

Radhasoami, the Supreme Being, is munificent. He has affectionately attracted her to His holy feet. (21)

ON INNER SECRETS

Shabd 16

सु र ति या लाल हुई ।
चढ़ गगन निरख गुरु रूप ॥१॥

Suratia, on ascending to Gagan and having Darshan of Guru there, has become enriched. i. e., she has won the game of Chauper and has got out of the transmigratory cycle. (1)

On hearing the sounds of bell and conch and also the roar of thunder, she has left the world which is like a well. (2)

Fanning the winnow given to her by Guru, she has cast aside all hopes, desires and cravings for things worldly. (3)

Beyond Sunn and Mahá-sunn, she has witnessed the white dazzling sun. (4)

After getting Darshan of Sat Purush, she has reached Radhasoami Dhám, which has no form. (5)

Shabd 17

सुरतिया झांक रही ।
गुरु दरस अनूप ॥१॥

Suratiá keeps her gaze fixed on the wonderous countenance of Guru. (1)

After training and properly attuning her mind and Surat within, she ascends to Nabh (Sahas-dal-kanwal) and beholds the form of Jyoti (flame). (2)

Ascending higher, she reaches Gagan (Trikuti) where there is no shadow but bright sunshine. (3)

Proceeding beyond Bhanwargupha, she has Darshan of Sat Purush. (4)

Without the help of Sat Guru, none can have access to this region. All Jivas are drowning in Maya's well. (5)

After getting Darshan of Alakh Purush, she meets Agam Purush, the sovereign of the entire creation. (6)

She then has wonderful Darshan of Radhasoami who is indescribably infinite, and has no name and no form. (7)

Shabd 18

सुरतिया झूल रही ।
आज धरन गगन के बीच ॥१॥

Suratia is today swinging in between the earth and the sky. (1)

Turning the mind from all other directions and dissociating it from everything else, she has

concentrated it within and has elevated her
Surat to higher regions. (2)

Guru has taken his seat on the throne in Gagan.
He, in His grace, has drawn her to Him. (3)

The forces of Maya have stopped on the way,
helpless. Surat has pressed down, i.e., subju-
gated both Kal and Karam. (4)

All fearless, she constantly ascends within her.
She takes strolls in higher and lower regions. (5)

On hearing Sat Shabd, she proceeds to Sat Lok,
and gives up associating with the mean and
lowly mind. (6)

The sapling of Bhakti is abloom within her. She
sprinkles the water of love on it. (7)

On reaching the Holy Feet of Radhasoami, she
rests there and sleeps free from all fear and
with eyes closed. (8)

Shabd 19

सुरतिया बिगस रही ।
लख कैवल कली ॥१॥

Suratia is thrilled with joy on witnessing the
lotus-bud. (1)

Withdrawing her gaze and focussing it on the
third Til, she proceeds towards Nabh (the sky,
higher regions). (2)

She goes to and takes abode in Sahas-dal-kanwal
where dazzles the flame. (3)

After leaving behind the sounds of the bell and
the conch, I notice the passage to Gagan
(Trikuti) before me. (4)

Maya remains exhausted and helpless on the way.
Powerful Kal is now vanquished. (5)

Proceeding beyond Akshar and Ni-Akshar, she
mingles with Sat Shabd. (6)

Ignorant of the eminence of Sant Mat, the Vedas
and other religious books, miserably lag behind
at the bottom. (7)

After witnessing the majestic forms of Alakh and
Agam, Suratia goes and unites with the Holy
Feet of Radhasoami. (8)

How can I, O friend, adequately sing His praises
for the grace and mercy He has bestowed on
me ? (9)

Shabd 20

सुरतिया गगन चढ़ी ।
सुन धुन झनकार ॥१॥

Suratia on hearing the ringing of Shabd, ascends
to Gagan. (1)

Suffering the pangs of yearning, she comes before

Guru, and acquaints herself with the secrets carefully. (2)

She turns the course of her mind and keeps her senses under control. She casts aside all her evil propensities. (3)

Her Surat ascends to higher regions in the company of Shabd. She opens the door to redemption. (4)

She feels delighted on hearing the sounds of the bell and the conch. She witnesses the refulgence of Jyoti (flame). (5)

Proceeding from there, she comes to Trikuti where she hears the roar of thunder and the sound of OMkár. (6)

In Sunn, she beholds the dazzling refulgence of the moon and hears the sound of the violin, which is the essence. (7)

My Surat has now assumed the form of a Hansa. She pecks at pure pearl, as it were, and feeds upon it. (8)

On ascending beyond Mahá-sunn, she hears the sound of Sohang, which is the essence. (9)

On advancing to Sat Lok, she hears the sound of the Bín (harp) and then proceeds beyond Alakh and Agam. (10)

On getting Darshan of Radhasoami, she feels

enraptured. Her Surat now attains her real form. (11)

ON YEARNING

Shabd 21

सुरतिया तड़प रही ।
गुरु दरस बिना ॥१॥

Without the Darshan of Guru, Suratia remains writhing in pain. (1)

All the time, the fire of yearning is raging within her. She finds no peace during the day or at night. (2)

Her mind is restless and perturbed and she is sad at heart. Busy with worldly pursuits, she suffers friction and heat. (3)

O merciful Radhasoami ! Hear her prayer. Bless her with Your Darshan and make her Your own. (4)

The day she fortunately gets Your Darshan, she will sacrifice her body, mind and wealth before You. (5)

She has now realized that there is none in this world except Radhasoami whom she can call her own. (6)

She, therefore, takes the refuge under Radhasoami

and dedicates herself to the Sewa of the devotees
of Guru. (7)

All Sants have prescribed this remedy. O my
mind ! You, too, take recourse to it. (8)

Radhasoami has awakened her dormant luck. She
has been the recipient of immense happiness
today. (9)

Shabd 22

सुरतिया भाव भरो ।
अब आई गुरु के घाट ॥१॥

Suratia, imbued with love, now comes to the place
of Guru. (1)

She attends Satsang, washes away the impurities
of her mind and develops a liking for Parmarth. (2)

She engenders love for and faith in the Holy Feet,
and seeks the way to her true home. (3)

Day and night, she performs Dhyān and Sumiran,
and scrubs and cleanses the pitcher of her
mind. (4)

She now applies her Surat to Shabd and removes
the barriers within. (5)

Catching hold of the cord of Shabd, her Surat
ascends and in Sahas-dal-kanwal, shows great
pomp and splendour. (6)

The sounds of the bell and the conch are resounding there and the flame (Jyoti) is dazzling. (7)

Radhasoami showered His mercy, and eradicated all her Karmas. (8)

By vouchsafing to her the shelter and protection of His holy feet, He made her His own, and was pleased to remove all her internal barriers. (9)

Enshrining the Holy Feet of Radhasoami in her heart, she lies fearlessly spreading her cot. (10)

Shabd 23

सुरतिया सुनत रही ।
धुन शब्द निरख नभ द्वार ॥१॥

Suratia, on witnessing the gate to Nabh (higher regions), goes on listening to the reverberations of Shabd. (1)

She ponders over the discourses of Sant all the time and thinks deeply about the importance and eminence of Shabd. (2)

None disclosed to her the inner secrets though she has been seeking them from everybody all the time. (3)

When she came in contact with a Sadh who was in the know of Guru's secrets, he explained to her the profound Sant Mat. (4)

Getting initiated into the modes and methods of

Surat Shabd Yoga, she now regularly performs Abhyas, keeping her mind and Surat under control. (5)

But, unable to get perfect peace of mind, she came to Guru's Darbar. (6)

On hearing the secrets, she became extremely delighted. She was then able to find the true path within her. (7)

With steadfast attention, she applied her Surat to Shabd and was delighted to hear its reverberations. (8)

She regularly engages in the internal practices, with love and faith. (9)

She wins the pleasure of Radhasoami by performing His Arti and is the recipient of His unbounded grace and mercy. (10)

Vanquishing Kal, she gets across the ocean of worldly existence and has Darshan of the Holy Feet of Radhasoami. (11)

Shabd 24

सु र ति या द र्द भ री ।
रहे निस दिन चित्त उदास ॥१॥

Suratia suffering the pangs of separation and yearning, remains sad at heart day and night. (1)

She prays to Guru for His grace and mercy and

- seeks abode in His holy feet. (2)
- She constantly fights against Mana (mind) and
Maya and aspires for nothing except the Holy
Feet. (3)
- She grasps at heart the true import of the dis-
courses delivered in Satsang. She utters
RADHASOAMI Nam day and night. (4)
- Reposing her faith and trust in Guru, she makes
spiritual endeavours as best as she can. (5)
- Giving up all worthless worldly pursuits, she
remains in the company of Guru all the time. (6)
- Absorbed in bliss, she fixes her attention on the
reverberations of Shabd and beholds illumi-
nation within. (7)
- After listening to the sounds of the bell and the
conch as well as the roar of thunder, she wit-
nesses the refulgence of the moon in Sunn. (8)
- Next, after hearing the shabds of Bhanwargupha
and Sat Lok, she goes and abides in Alakh
Lok and Agam Lok. (9)
- Then, on contemplating the Holy Feet of Radha-
soami, she feels elated and becomes the reci-
pient of eternal bliss. (10)
- In an attitude of utter humility and submissiveness,
she performs the Arti of Radhasoami, and
becomes a true slave of His holy feet. (11)
-

Shabd 25

सुरतिया जाग रही ।
गुरु चरन में चित लाय ॥१॥

Suratia is awakening by fixing her attention on the Holy Feet of Guru. (1)

Tempted by Maya, she has been lying asleep in this world for innumerable lives. (2)

Never did she make any search or enquiry about the Sat Pad (True Region). She wasted her life under the sway of delusions. (3)

By grace, she came to Satsang and was delighted to hear the discourses delivered by Sat Guru. (4)

Deliberating over those discourses, she adopted His Saran and cast away all conventional Ishts. (5)

On getting acquainted with the secrets, she applied herself to the reverberations of Shabds within and elevated her mind and Surat to higher regions. (6)

Relying upon the mercy of Guru, she now proceeds within. In Nabh Pur (Sahas-dal-kanwal), she hears the sounds of the bell and the conch. (7)

Going to Gagan (Tríkuti), she hears the sound of OM. In Sunn, she bathes in Mán Sarovar. (8)

She hears the melodious sound of the flute in Bhanwargupha. In Sat Lok, she has Darshan of Sat Purush. (9)

Then, after getting Darshan of Alakh and Agam,
she sings the praises of Sat Guru every moment. (10)

Ascending further, she reaches the Highest Region
and merges in the Holy Feet of Radhasoami. (11)

Shabd 26

सुरतिया तोल रही ।
गुरु बचन सार के सार ॥१॥

Suratia ponders over Guru's discourses which
constitute the essence of essences. (1)

Searching and making enquiries, she comes to
Satsang and has Darshan of Guru. (2)

As she listens to His discourses, she gets peace and
tranquillity, and feels enchanted, imbued with
love. (3)

She now realizes that all other religions which
have been promulgated in this world are worth-
less and devoid of any substance. (4)

None gives out the secrets and mysteries of the
True Region. All Jivas drift in the current of
Chaurásí. (5)

Sat Guru has graciously disclosed to her the inner
secrets and has apprised her of the whereabouts
of the Original Abode. (6)

He showed her the path of Surat Shabd. She now

ascends within by catching hold of the current
of Shabd. (7)

She cherishes within her love for and faith in the
Holy Feet. She dashes her burden of rituals
and false observances to the ground. (8)

Full of enthusiasm, she engages in spiritual endea-
vours relying on the shelter and support of
the Holy Feet of Radhasoami. (9)

She has now cast off all doubts and misgivings.
She dedicates her body and mind to Guru's
holy feet. (10)

She brightens her lot day by day. She regularly
practises Surat Shabd Yoga. (11)

Beloved Radhasoami showered His grace on her
and, very kindly, ferried her across the ocean
of worldly existence. (12)

Shabd 27

सुरतिया तरस रही ।
गुरु दरशन को दिन रात ॥१॥

Suratia is pining day and night for Darshan of
Guru. (1)

The world is so much after her that she finds it
difficult to leave her hearth and home. (2)

Pining and feeling restless all the time, her mind

has become dejected. It is in a state of perpetual trepidation within. (3)

I try various measures, but nothing is of any avail. (4)

Without Satsang, she finds no peace and tranquillity, and remains restless and perturbed all the time. (5)

Kal creates doubts and delusions and she does not get bliss in Bhajan and Dhyan. (6)

Her heart is constantly agitated by intense yearning and pangs of separation from Guru. She cannot apply her mind to anything else. (7)

She now calls out to Radhasoami : "Grant me the the gift of love." (8)

May I have Your Darshan very frequently and hear Your ever-new discourses in Satsang. (9)

It is only then that my body and mind will attain tranquillity and I shall be able to enjoy the bliss of Darshan and Bachan (discourses). (10)

If such is not going to be Your Mauj (pleasure) in near future, then I pray to Your Graciousness to put an end to the vagaries and wanderings of my mind. (11)

Grant me Your Darshan daily within and let my mind and Surat remain absorbed in Dhun (Shabd). (12)

May I ever remain singing Your praises and
contemplating Your holy feet. O my beloved
Radhasoami ! You are my father as well as
mother. (13)

Cast Your benign glance on me. Do not take into
consideration my shortcomings. (14)

Shabd 28

सु र ति या झुरत रही ।
कस लगूँ शब्द संग जाय ॥१॥

Suratia keeps worrying all the time how to apply
to Shabd. (1)

She constantly prays to Guru to grant her His
Darshan internally. (2)

May she concentrate within with undivided
attention and drink the nectar of Shabd to her
heart's content. (3)

But alas ! When the Hearer hears not, what is
she to do ? She is helpless. (4)

Day and night, she keeps worrying in her mind
how to get across the ocean of worldly
existence. (5)

The fire of yearning is constantly tormenting her.
She remains restless. Nothing pleases her. (6)

I have passed many days in waiting and expecta-

tion all the time. My life is being spent uselessly. (7)

She remains fighting and struggling against her mind and senses. They threaten her in many ways and also offer all kinds of temptations to her. (8)

Her task has not been accomplished uptil now. Nor is her mind at all under her control. (9)

It tempts her every now and then to run after objects of Maya and is sloth to proceed within. (10)

My days are passing in hopes and despairs. She remains restless and perturbed in her mind. (11)

She feels ashamed of thinking of her errors and omissions as well as her numerous shortcomings. (12)

She finds none who can help her except Radhasoami. Before Him alone should she narrate her sufferings. (13)

O Radhasoami ! Cast Your benign glance on her now. Enable her to hear Nij Shabd (True Shabd) in no time. (14)

Kindly show her Your Nij Rúp (True Form). Then only will her mind be fully satisfied. (15)

Shabd 29

सुरतिया परख परख ।
आज गुरु मत लीना चीन ॥१॥

Suratia, after a thorough investigation, has realized the eminence of Guru Mat today. (1)

Full of enthusiasm, she comes to Satsang and surrenders herself in all humility to Guru's holy feet. (2)

As she listens to Guru's discourses, love and faith are enhanced in her heart. She gives up pride and becomes humble. (3)

On getting the secrets, her mind is filled with zeal and ardour and her Surat gets lost in Shabd. (4)

She has enquired about all extant religions and has come to the conclusion that only Guru Mat is true. (5)

On contacting Shabd within, she is fully convinced in her mind. (6)

Her love for and faith in Guru's holy feet are augmented. She surrenders her body and mind before Guru. (7)

Máyá and Mamtá (infatuation with the world) are now lamenting and Kal is sad and morose. (8)

With the strength imparted by Guru, she has subdued the five evil tendencies. The three Gunas (attributes) are now tired and powerless. (9)

- What can she say of the glory and eminence of
Radhascami ? He has made an humble and
lowly Jiva like her His own. (10)
- He has showered the colour of love in which her
mind and Surat have been dyed. (11)
- With zeal and fervour, she ascends to higher
regions and enjoys the bliss of one Shabd after
another. (12)
- She beholds Sahas-dal-kanwal, the mansion of
Trikuti as well as Sunn and Mahá-sunn. (13)
- Passing through Bhanwargupha, she ascends
further ahead and, on going to Sat Lok, hears
the sound of the Bín (harp). (14)
- She performs the Arti of Sat Purush who, in His
grace, gives her telescopic (spiritual) vision. (15)
- She now proceeds beyond Alakh and Agam and
meets Radhasoami, the All-wise Guru. (16)
- She now sits quiet adopting the Saran (shelter and
protection) of the Holy Feet of Radhasoami.
She develops love for Him like that of fish for
water. (17)

Shabd 30

सुरतिया निरख परख ।
अब गुरु मत धारा आय ॥१॥

Suratia, after exercising much discernment, has

- now come and adopted Guru Mat. (1)
- She has been searching for the original abode, but could get no inkling of it anywhere. (2)
- Some advocate idol-worship, others sing in praise of pilgrimage. Some remain stuck in rites and rituals and religious observances. (3)
- The sophists pose as Brahm, but remain stuck in Mana (mind) and Maya. (4)
- The Hath Yogis put up with hardships and give demonstrations of newer feats of mimicry before the world. (5)
- The Maunís¹, the Yogís², the Játis³ and the Sannyásís⁴ — none of them gives the whereabouts of Nij Ghar (the True Home). (6)
- Many other religions have been promulgated in the world, forming their own separate sects and groups. (7)
- All remain lost in rituals and observances. Nobody is able to seek out the true religion. (8)
- Being disappointed with all these people, Suratia made search and enquiry concerning Sant Mat. (9)
- By sheer good luck, she happened to meet a Satsangi who gave her the necessary information. (10)
- He explained to her the greatness of Sat Mat (the

1. Ascetics who observe silence. 2, 3 & 4—See glossary of Radha-soami faith.

true religion) which is Sant Mat (the religion of Sants). (11)

He gave out the secrets of the Supreme Being, beloved Radhasoami. (12)

He explained to her the great importance of love for and devotion to Guru and apprised her of the methods of Surat Shabd Yoga. (13)

On performing Abhyas, she experienced bliss within, and her body and mind both attained tranquillity. (14)

She then went and joined Radhasoami Satsang. By attending Satsang she awakened her dormant luck. (15)

All my doubts and delusions were now gone and ever-new love and faith were aroused within her. (16)

She practises the methods of Surat Shabd Yoga with love and affection and wins the pleasure of Guru by performing His Sewa. (17)

Her Surat constantly soars higher and higher. Guru graciously enables her to witness His ever-new acts of grace. (18)

Adopting the shelter and support of the Holy Feet of Radhasoami in her heart, she accomplishes her task by His grace. (19)

ON SUPPLICATION AND PRAYER

Shabd 31

सुरतिया विनय करत ।
गुरु चरनन में कर जोड़ ॥१॥

Suratia prays at the Holy Feet of Guru with folded hands : (1)

Explain to her clearly the secrets of Shabd, so that she may keep her mind and attention rivetted on its reverberations. (2)

Cast aside from her mind fear of and regard for the world. May she be rid of the feeling of mine and thine. (3)

May she attain supreme bliss by withdrawing and concentrating within where Anhad Shabd is resounding loudly all the time. (4)

O Radhasoami, the Supreme Redeemer ! Have mercy on and draw her to Your holy feet. (5)

 Shabd 32

सुरतिया चाह रही ।
सतगुरु से भक्ती दान ॥१॥

Suratia begs of Sat Guru the gift of Bhakti. (1)

She comes before Guru with yearning and love and applies her Surat to His holy feet. (2)

On learning about the secrets, she listens to the

reverberations of Anhad Shabd and contemplates Guru's form. (3)

She witnesses pure spectacles within and acquires the Gyan (knowledge) of Shabd Guru. (4)

Catching hold of the cord of love, she ascends to higher regions. In Bhanwargupha, she hears the melodious sound of the flute. (5)

She then gets Darshan of Sat Purush and comes to know of the whereabouts of Sat Shabd. (6)

Adopting the Saran of Radhasoami, she now attains peace and tranquillity. (7)

Shabd 33

सुरतिया याँच रही ।
गुरु चरन प्रेम की दात ॥

Suratia is begging for the gift of love for the Holy Feet of Guru. (1)

Full of enthusiasm, she comes before Guru and is delighted on having His Darshan. (2)

She feels elated on hearing His discourses. She breaks off all relations with worldly people. (3)

Worldly activities are not to her liking any longer. She has kicked off all Karam and Dharam. (4)

She loves Guru as a child loves his mother. (5)

Without Guru's Darshan, she finds no peace and tranquillity. She feels no interest in anything else. (6)

She performs Abhyas daily with care and attention. She enshrines Guru's image in her heart. (7)

Every moment she sees Him within. She feels delighted on beholding His countenance. (8)

She enjoys listening to Anhad Dhun within. The current of nectar is dripping from Sunn all the time. (9)

The mind and Surat rise to higher regions following one Shabd after another (10)

She beholds wonderful spectacles within and sings the praises of Guru with ardour and zeal. (11)

Beloved Radhasoami Guru has showered His grace and mercy on her. She merges in His Holy feet, full of love. (12)

Shabd 34

सुरतिया साज रही ।
गुरु आरत प्रेम सम्हार ॥१॥

Suratia, imbued with love, arranges all the paraphernalia for performing Guru's Arti. (1)

She prepares the platter of yearning and love and kindles the flame of Shabd. (2)

- Full of zeal and fervour, she performs the Sewa of
the Holy Feet and keeps on uttering RADHA-
SOAMI Nam. (3)
- She ponders over Guru's discourses and realizes
their import. (4)
- Witnessing wonderful spectacles within, she sings
the praises of Guru again and again. (5)
- The eminence and glory of Radhasoami are indes-
cribably infinite. She adopts the Saran of the
Holy Feet in her heart. (6)
- Kal gave currency to past beliefs and faiths and
spread diseases and other evils. (7)
- Suratia, however, holding fast to Guru's holy feet,
remains under the shelter and protection of
the Holy Feet of Radhasoami. (8)
- He showers His mercy on her and, very kindly,
cuts asunder her entanglements. (9)
- She daily prays at His holy feet : O Merciful Guru !
Vouchsafe Your help and protection to her. (10)
- Grant her patience and calm, mercifully. May she
have Your Darshan within all the time. (11)
- Radhasoami, the merciful and kind Guru,
affectionately attracted her to His holy feet. (12)

Shabd 35

सुरतिया सोच भरी ।
गुरु चरन करत पुकार ॥१॥

Suratia, full of care and anxiety, cries out at Guru's holy feet. (1)

The net of worldliness has created entanglements for her. Her mind is constantly engaged in worldly affairs. (2)

She cannot practise Bhajan nor can she cultivate Bhakti. How, then, can there be redemption of her soul? (3)

Disease, pain and sorrow torment her all the time. Her mind remains afflicted because of care and anxiety. (4)

What can she do? She is helpless. Who but Guru can save her? (5)

Therefore, does she call out at the Holy Feet of Radhasoami : Do reform this fallen Jiva right soon. (6)

In Your grace and mercy, remove all her obstacles and cast off the evil propensities of her mind. (7)

May she always attend Satsang, imbued with love, and practise Bhajan with her mind and Surat under control. (8)

May her mind and Surat withdraw within, and, on ascending to higher regions, behold pure and unalloyed scenes and spectacles. (9)

She is very humble, powerless and worthless. She
has now taken Your Saran (refuge), having lost
all her strength. (10)

Cast Your benign glance on her now and take her
across the ocean of worldliness easily. (11)

Except Radhasoami, none comes to her mind.
Radhasoami is her Supreme Creator. (12)

O beloved Radhasoami ! Listen to her prayer.
Kindly accomplish her task. (13)

She will sing Your praises all the time and shall
cry out RADHASOAMI, RADHASOAMI. (14)

Shabd 36

सुरतिया सेव करत ।
गुरु चरन हिये धर प्यार ॥१॥

Suratiá performs Guru's Sewa affectionately,
enshrining His holy feet in her heart. (1)

By attending Satsang, the doubts and delusions of
her mind have been dispelled and she finds
that worldly pursuits are all worthless. (2)

She realizes in her mind the glory and greatness
of Sat Guru and the infinitely eminent status
of Shabd. (3)

On listening to Guru's discourses, her mind attains
peace and tranquillity and love for His holy feet
is aroused within her. (4)

Finding her meek and humble, Guru initiated her
in the secrets of true Shabd. (5)

She now performs the prescribed practices with
love and affection and after properly attuning
her mind and Surat. (6)

Without Guru's kindness, nothing can be accom-
plished. Therefore, O supremely munificent
Guru, shower Your grace and mercy on her. (7)

Turning her mind from all other directions, with-
draw and concentrate it within. Elevate her
Surat beyond this body of nine orifices. (8)

May she proceed to Nabh (Sahas-dal-kanwal) and
hear the sounds of the bell and the conch. And
may she also witness the refulgence of Jyoti
(flame) there. (9)

Penetrating and proceeding through Bank Nál (the
crooked tunnel), may she behold Guru's region
and hear the OMkár Shabd accompanied by
peals of thunder. (10)

Thereafter, ascending to Sunn and beholding Mahá-
sunn, she will hear the melodious note of the
flute in Bhanwargupha. (11)

On going to Sat Lok, she will hear the sound of
the Bín (harp) and have Darshan of Sat Purush
with great regard. (12)

She will then proceed to the regions of Alakh and
Agam and hear hidden sounds and the most
sublime Bání. (13)

Going further, she will behold the Holy Feet of Radhasoami, she will perform His Arti, imbued with love. (14)

She becomes the recipient of the grace and mercy of Radhasoami. She abides in His Saran, reposing herself with joy and delight. (15)

Shabd 37

सुरतिया मचल रही ।
गुरु चरन पकड़ हठ नाल ॥१॥

Suratia, firmly grasping the Holy Feet of Guru, persistently asks for His mercy. (1)

She prays with folded hands : O supremely merciful Radhasoami ! Have mercy on her and enable her to have Darshan of Your exalted Nij Swarúp (True Form) right now. (2-3)

Her mind and sense create many obstacles for her. Cut asunder all her entanglements caused by them. (4)

Holding the sword of Nam, may she ascend to Gagan (higher regions) and annihilate the forces of Kál and Máyá. (5)

She wishes to hear the sounds of the bell and conch in Nabh (Sahas-dal-kanwal) and behold the magnificent refulgence of Jyoti (the flame). (6)

Going to Trikuti, she will listen to the sound of

OM where the red morning sun shines
brilliantly. (7)

Proceeding to higher regions, she will bathe in
Tribeni and shall hear the melodious sound of
Sunn. (8)

Passing through Mahá-sunn, she will reach
Bhanwarguphá and will cut asunder the net of
Mahá kál. (9)

On going to Sat Lok, she will hear the sound of
the Bín (harp) and will get Darshan of Sat
Purush. (10)

She will then hear the sounds of Alakh Lok, and
Agam Lok, and sing the praises of the merciful
Sat Guru. (11)

Finally, after touching the Holy Feet of Radha-
soami, she will perform His Arti and feel
enriched and exalted. (12)

O Radhasoami ! Grant this prayer of her now.
Do take care of her on Your own. (13)

Granting her Your Darshan within, extricate her
from here soon. (14)

May she contemplate the Holy Feet of Radha-
soami every moment with undivided attention. (15)

Reaching the ocean of love by Your grace and
mercy, may she acquire the wealth and treasure
of love. (16)

Grant her the gift of what she begs for. O Radha-

soami ! Bestow on her Your unbounded mercy. (17)

Shabd 38

सुरतिया मांग रही ।
सतगुरु से मेहर की दात ॥१॥

Suratia begs of Sat Guru the gift of grace and mercy. (1)

She comes to the Holy Feet of Radhasoami in all humility, and listens attentively to the discourses delivered by Guru. (2)

She feels delighted on realizing the inaccessible infinite glory of Radhasoami. (3)

She awakens love and faith within her and feels thankful for the Saran (protection) of the Holy Feet. (4)

Hearing about the efficacy of Surat-Shabd Yoga, she enhances love and zeal in her heart. (5)

She performs Abhyas daily and regularly and feels elated on catching hold of Shabd. (6)

Maya and Kal are resorting to all kinds of trickery and deception. The vicious anxiety is creating obstacles all the more. (7)

All kinds of worries keep on tormenting her day and night. (8)

She submits at the Holy Feet of Radhasoami : She

- is helpless and unable to do anything by herself. (9)
- She has been supplicating before You for long.
Now, at least, place Your hand of grace and
mercy on her head. (10)
- You are merciful to the humble and the lowly. In
Your grace and mercy, accomplish her task. (11)
- Then only will her mind become steady and her
Surat pure, and she will enjoy the bliss of Shabd
and Darshan of Your form. (12)
- Her mind and Surat will then merrily soar higher
and higher, and Karams will be defeated. (13)
- She will behold Jyoti (flame), the resplendent sun
and the moon-light, and merge in the quadrangle
of Sunn. (14)
- She will hear the sounds of Murlí and Bín (flute
and harp). She will pay obeisance at the feet of
Alakh Purush and Agam Purush. (15)
- She will finally rush to Radhasoami Dham, hear
the Dhun Radhasoami and feel elated on
beholding the wonderful Rúp (Form) of Radha-
soami. (16)
- She has performed the Abhed Arti of Radhasoami,
i. e., she has merged in Radhasoami. Being
the recipient of this grace and mercy, she
thanks her good fortune. (17)
- Great is the glory and eminence of Radhasoami.
Who can describe and explain it ? (18)

Radhasoami, the Giver of all gifts, did not take into consideration her errors and omissions. He showered His grace and mercy on her. (19)

ON SEWA (SERVICE)

Shabd 39

सुरतिया सेव करत ।
गुरु भक्तन की दिन रात ॥१॥

Suratia remains engaged in the service of the devotees of Guru day and night. (1)

She attends upon all. She is not at all slack in her Sewa. (2)

She corrects and mends her चाह Cháh (desires), and mixes with devotees like sugar with milk in tea, चा Chá. (3)

Pondering over the discourses of Sat Guru and adopting their true significance at heart, she feels extremely delighted. (4)

She utters Guru's Nam while moving about and doing her chore, enshrining His charming Rúp (Form) in her heart. (5)

She regularly practises Bhajan. She is delighted to hear Shabd. (6)

She, with all her kin, has taken Saran of Radhasoami. (7)

Shabd 40

सुरतिया खड़ी रहे ।
नित सेवा में गुरु पास ॥१॥

Suratia remains standing all the time in the Sewa (service) of Guru. (1)

She massages His legs and fans Him with a heart full of faith. (2)

Preparing many delicious dishes with love and affection, she brings them to Guru. (3)

After Sat Guru has partaken of them, she takes Prashad and becomes elated. (4)

She brings nectar-like water and makes Guru drink it. On drinking Guru's mouth-wash, her thirst is slaked. (5)

She has enshrined Guru's Name in her heart and utters IT with each and every breath. (6)

She constantly applies her Surat to Shabd and witnesses illumination within. (7)

She always sings the Arti of Radhasoami. He has graciously granted her abode at His holy feet. (8)

Shabd 41

सुरतिया फूल रही ।
सतगुरु के दरशन पाय ॥१॥

Suratia is beside herself with joy on getting
Darshan of Sat Guru. (1)

She worships Guru with love and devotion. She
pays obeisance to Him, touching His holy
feet. (2)

She puts round Sat Guru's neck a garland of the
most exquisitely sweet-scented flowers. (3)

She brings a pot-ful of nectar-like water and, after
getting it sanctified by Sat Guru, drinks it to
her fill. (4)

She humbly and prayerfully takes Guru's mouth-
wash and, with zeal and fervour, drinks it,
slaking her inner thirst. (5)

She affectionately brings various delicious dishes,
and arranging them on a platter, places it be-
fore Guru. (6)

She performs Guru's Arti imbued with love and
looking intently into His eyes. (7)

When Sat Guru is pleased to cast His benign
glance on her, she feels enraptured and sings
His praises. (8)

All Satsangis and Satsangins enjoy the bliss of
Guru's Darshan, with their gaze fixed on Him. (9)

Prashad is distributed to the great joy and delight
of all. Everybody gets it. (10)

Such an auspicious occasion presents itself only

occasionally, when all jointly adore the Holy Feet of Radhasoami. (11)

Shabd 42

सरतिया ध्यान धरत ।
गुरु रूप चित्त में लाय ॥१॥

Suratia while performing Dhyan, enshrines Guru's image in her heart. (1)

She performs Guru's Sewa mentally, awakening ever-new love within her all the time. (2)

Contemplating and enshrining Guru's image in her heart she applies बटना Batná* to His body and then bathes Him. (3)

Cladding Guru with the garment of love and affection, she applies sandalwood-paste, Kesar and Tilak to His forehead. (4)

Arranging the bed-stead, she gets Guru seated on it. She sings His Arti with zeal and fervour. (5)

She is having Guru's Darshan by looking intently at His eyes. Withdrawing her sight, she brings it to a focus at the centre of the third Til. (6)

She feels delighted as she engages in this practice and gets immense bliss on hearing Shabd. (7)

* A paste (composed of one or other kind of meal, turmeric, oil and perfume) rubbed on the body when bathing, to clean and soften the skin.

On concentrating her mind and attention in this manner for some days, she easily gets the bliss of Shabd and Darshan of Guru's form. (8)

She daily performs Bhajan and Dhyan in this way. Her Surat now ascends quickly within. (9)

Hearing one Shabd after another in higher regions, she ultimately reaches the Holy Feet of Radhasoami. (10)

She becomes the recipient of the grace and mercy of Radhasoami, and has her task accomplished in this manner. (11)

Shabd 43

सुरतिया टहल करत ।
सतसंग में घर कर भाव ॥१॥

Suratia, imbued with love, remains ready to serve in Satsang. (1)

On receiving the mercy of loving devotees, her desire for Parmarth increases day by day. (2)

Her impure mind leads her astray again and again. By grace and mercy, it is subjected to heat and burning. (3)

She becomes slothful in performing Sewa and then repents again and again. (4)

After a great deal of introspection she develops

right understanding. She shakes off her slothfulness and arouses fresh love for Parmarth. (5)

She reposes her aspirations in Guru's holy feet and seeks abode therein. Her mind now never goes astray. (6)

Giving up hypocrisy and duplicity, she behaves and acts sincerely. Doubts and misgivings do not disturb her mind any more. (7)

She has become the recipient of such grace and mercy that she is no longer carried away by Maya's temptations. (8)

She listens attentively to discourses delivered in Satsang and gets some bliss in Dhyān and Bhajan. (9)

Complying with Mauj, she now acts and behaves in a right and proper manner. Love for the world holds no sway on her mind. (10)

Radhasoami, who is ever merciful to the humble and the lowly, graciously keeps her attached to His holy feet all the time. (11)

ON SARAN (SHELTER AND PROTECTION) OF RADHASOAMI

Shabd 44

सुरतिया निडर हुई।
राधास्वामी सरन सम्हार ॥१॥

Suratia has become fearless on adopting the Saran of Radhasoami. (1)

She engenders unflinching faith in the Holy Feet and is imbued with love at heart. (2)

Taking the shelter and support of the Holy Feet, she merrily frolics in the world, ever engaged in the Sumiran of the Name of the merciful Guru. (3)

She feels delighted on witnessing Guru's acts of grace and the beatitude of His Darshan. (4)

Implanting the Holy Feet of Radhasoami in her heart, she now gets His Darshan within easily. (5)

Shabd 45

सुरतिया रीझ रही ।
गुरु अचरज दरस निहार ॥१॥

Suratia is extremely pleased on having the wonderful Darshan of Guru. (1)

Humble and meek at heart, she comes to Guru's Darbar. (2)

Her body quivers and pulsates with joy as she listens to Guru's discourses. She gets herself initiated in the methods of Shabd Yoga. (3)

By practising Bhajan, she augments her faith and by performing Dhyān, her heart overflows with love. (4)

Her Surat is now intoxicated with the bliss of
Shabd. Her mind is drenched in the bliss of
Darshan of Guru's form. (5)

Arousing her yearning and enhancing her love,
she sings Guru's praises again and again. (6)

Radhasoami Dayal has bestowed immense grace
and mercy on her. He has easily liberated a
fallen Jiva like her. (7)

Shabd 46

सुरतिया बाँह गही ।
सतगुरु की सब बल त्याग ॥१॥

Suratia takes hold of Sat Guru's arm after eschew-
ing all her own strength. (1)

Giving up all quest for name and fame and all
worldly desires, she gets attached to Guru's
holy feet. (2)

She has adopted Nij Nam (True Name) after
ascertaining ITs secrets She keeps awake,
performing ITs Sumiran all the time. (3)

As she practises Bhajan, she enjoys its bliss day
and night. She hears many Rágas and Rágnís
(modes of music). (4)

She has cut off all connection with Karam (rituals)
and Dharam (observances), and has now given
up associating with fierce Maya. (5)

Passing through Trikuti, she reaches Sunn. Her

association with the crow-like mind is now over. (6)

She holds fast to the Holy Feet of Radhasoami.
Her great good luck has awakened. (7)

Shabd 47

सुरतिया ओट गही ।
सतगुरु की घर परतीत ॥१॥

Suratia, imbued with faith, comes under the shelter and protection of Sat Guru. (1)

Discarding Karam and Bharam, she has now adopted His Saran. She has given up the evil ways of the world. (2)

As she attends Satsang, renewed faith awakens within her. Her love for Guru increases day by day. (3)

By performing Abhyas, she scrubs and cleanses her Surat and mind, and she firmly grasps Shabd which is free from Maya. (4)

She feels delighted on tasting the bliss of Shabd. She goes on praising her unconquerable luck. (5)

Realizing worldly religions to be worthless, she has taken to the ways of Guru Bhakti. (6)

She now knows the eminance of Sant Mat. She remains singing the glory of Radhasoami. (7)

Shabd 48

सुरतिया दीन दिल ।
आज आई सरन गुरु धाय ॥१॥

Suratia, full of humility, comes running to Guru today, seeking His shelter and protection. (1)

Extremely thirsty for Parmarth (spiritual welfare), she gets bliss as she hears Guru's discourses. (2)

She has Guru's Darshan with love overflowing within her. Her heart is filled with enthusiasm as she performs Guru's Sewa. (3)

By attending Satsang, she constantly enhances her love. She remains clinging to Guru's holy feet. (4)

She regularly performs Sumiran, Dhyan and Bhajan. She acts up to Guru's discourses with love and affection. (5)

Her happiness goes on increasing day by day and, with mounting zeal and enthusiasm, she awakens ever-new love within her. (6)

She wins the pleasure of Radhasoami by performing His Arti and becomes the recipient of more and more grace and mercy day by day. (7)

Shabd 49

सुरतिया भाव सहित ।
नित गुरु का भोग बनाय ॥१॥

- Suratia lovingly prepares Bhog (victuals) for
Guru every day. (1)
- Full of enthusiasm, she daily arranges the platter
with new preparations. (2)
- The food is extremely delicious. Its taste increases
as each day passes. (3)
- Guru as well as Satsangis partake of it. They are
all the more happy. (4)
- Seeing this kind of love and affection, Guru
mercifully gives her the gift of Bhakti. (5)
- Her love for and faith in the Holy Feet go on
increasing. Her mind and Surat sing RADHA-
SOAMI Nam. (6)
- By uttering Nam, she now undergoes purification.
Guru is pleased to explain to her the secrets
of Shabd. (7)
- She daily performs Bhajan and Dhyan and wit-
nesses refulgence of Shabd within. (8)
- Beside herself with joy, she now enjoys the bliss
of Shabd. She implants the Saran of the Holy
Feet in her heart. (9)
- Radhasoami Guru is now merciful towards her.
He, in His grace, accomplishes her task. (10)

Shabd 50

सु र ति या रटत रही ।
पिया प्यारा नाम सही ॥१॥

Suratia constantly utters the True Name of the Beloved. (1)

She comes to Satsang full of zeal and enthusiasm. She gives up all sense of worldly honour and shame. (2)

She accepts and adopts Guru's discourses after understanding them thoroughly. She adheres to Guru's holy feet. (3)

After having acquainted herself with true inner secrets, she makes spiritual endeavours and goes on tasting the nectar of Shabd. (4)

She has developed faith in Guru's holy feet. Ever-new love awakens within her day by day. (5)

Darshan of Guru is as dear to her as the sight of the child is to his mother. (6)

Without Guru's Darshan, she remains restless. She becomes enraptured when she gets His Darshan. (7)

Seeing this kind of affection and attachment on her part, the beloved Guru grants her the Saran of His holy feet. (8)

Having got Guru's Saran, she now becomes free from all care and anxiety and goes on awakening her love for Guru day by day. (9)

By the grace and mercy of Guru, her Surat now wakes up and it ascends to higher regions in the company of Shabd. (10)

She now goes and merges in Radhasoami's holy feet whose glory and eminence none can describe. (11)

Shabd 51

सु र ति या सरन गही ।
लख राधास्वामी गति भारी ॥१॥

Suratia, on realizing the supremely exalted status of Radhasoami, adopts His Saran. (1)

Her good luck awakened, and she was able to attend Guru's Satsang. She enshrined His sublime discourses in her heart. (2)

Implanting Guru's image in her heart, she remains witnessing illumination within. (3)

Her love for and faith in Guru now increase day by day. Indeed, she has been drenched through and through in Guru's colour. (4)

Strengthening the Saran of Radhasoami, she has given up all worldly dealings. (5)

Having acquainted herself with the secrets of Shabd, she elevates her Surat and goes on hearing the ringing of Anhad Shabd within. (6)

Observing Guru's grace and mercy, she feels
delighted at heart and dedicates her body and
mind to Guru's holy feet. (7)

Humble and meek, she falls at Guru's holy feet.
She becomes the darling of the Beloved. (8)

By the grace and mercy of Radhasoami, she
reaches Sahas-dal-kanwal and hears the Shabd
of OM in the next higher region. (9)

After witnessing the sphere of the moon, she
ascends to Bhanwargupha and then hears the
most glorious sound of the Bín (harp). (10)

Then, after having received the mercy of Alakh
and Agam, she goes to Anámí Dhám (Abode
of Anámí, the Nameless Supreme Being). (11)

Having obtained Darshan of His most marvellous
form, her Surat is beside herself with joy. She
sacrifices herself at the Holy Feet of Radha-
soami. (12)

Shabd 52

सुरतिया सरन पड़ी ।
गुरु चरन निहार ॥१॥

Suratia adopts the Saran of Guru as she gets
Darshan of His holy feet. (1)

Imbued with love on having Guru's Darshan,

she feels delighted at heart the way a child feels
in the company of his mother. (2)

She reposes her hope and trust in the Holy Feet.
She lives with the Holy Feet of Guru as her
sole prop and support. (3)

Without Guru's holy feet, she remains restless and
perturbed. She goes on drinking the nectar of
the Holy Feet. (4)

The wonderfully charming countenance of Guru is
extremely pleasing to her. She remains having
Guru's most blissful Darshan with her gaze
fixed on Him. (5)

She has now shattered all the strength of her mind
and adheres solely and carefully to Guru
alone. (6)

As she performs Guru's Sewa, her whole being
feels elated and exhilarated. She always
remains in attendance at Guru's Darbar. (7)

She has given up the evil propensities of Kam
(passion). Krodh (anger) and Lobh (avarice),
knowing them to be base and wicked. (8)

Enshrining Guru's mercy in her heart every
moment, she has vanquished the forces of
Maya, the woman. (9)

In all her activities, both of Parmarth and Swarth,
i. e., of spiritual as well as worldly interest, she
depends and relies upon Mauj (Guru's
pleasure). (10)

When, by Mauj, pain and pleasure overtake her,
she thanks Guru and remains holding Him
firmly. (11)

Without Guru's Mauj, nothing happens. Guru
alone is her Supreme Creator. (12)

Seeing wonderful spectacles within, she has given
up taking interest in the activities of the world
and Kal. (13)

Her Surat ascends to higher regions with ever-
increasing zeal and enthusiasm and she witness-
es lotus-beds. (14)

Radhasoami is her beloved Sat Guru. She remains
thankful to Him all the time. (15)

ON PREM (LOVE)

Shabd 53

सुरतिया चुप्प रही ।
देख अचरज लीला सार ॥१॥

Suratia keeps mum on witnessing Guru's wonder-
ful acts of grace. (1)

Imbued with love, she comes to the presence of
Guru and has His Darshan with rapt attention. (2)

She brightens her lot by performing Guru's Arti
with the platter of love and devotion nicely
arranged. (3)

She takes सीत प्रशद Seet Prashad enthusiastically and gets rid of her burden of Karam and Bharam. (4)

She is blessed with the grace and mercy of Radhasoami and becomes solely dependant on His Saran. (5)

Shabd 54

सुरतिया खिलत रही ।
गुरु अचरज दरशन पाय ॥१॥

Suratia blossoms forth like a flower on getting the wondrous Darshan of Guru. (1)

As she looks intently at the marvellously charming countenance of Guru, her heart overflows with joy and bliss. (2)

Shabd comes ringing from Adhar (higher regions). There are showers of nectar on all sides. (3)

In her heart, there is wonderful illumination whose splendour baffles description. (4)

Radhasoami Dayal has bestowed immense grace and mercy on her. He has enabled her to witness such acts of grace. (5)

Shabd 55

सु र ति या देख रही ।
सतगुरु का मोहन रूप ॥१॥

Suratia goes on gazing at the captivating form of
Guru. (1)

On hearing of the eminence of Surat Shabd Yoga,
she adopts the unique modes of spiritual
practices. (2)

Catching hold of the cord of Shabd, she ascends
to higher regions and leaves the world which
is akin to a well. (3)

She proceeds beyond Kal's domain and leaves the
region of sun-shine and shade. (4)

She gets Darshan of Radhasoami whose region
has neither form nor any line of demarcation. (5)

Shabd 56

सु र ति या फड़क रही ।
सुन सतगुरु बानी सार ॥१॥

Suratia is thrilled with joy on hearing the sublime
discourses of Sat Guru. (1)

As she sings Rágas and Rágnís (musical modes)
tunefully, love and affection are awakened with-
in her. (2)

She takes stroll daily within her and witnesses
wonderful spectacles. (3)

After going to Guru's region, she ascends higher
and reaches the Darbar of Sat Purush. (4)

(She has Darshan of the Holy Feet of Radhasoami.
She sacrifices herself before Him. (5)

Shabd 57

सुरतिया केल करत ।
घट शब्द धुनन के संग ॥१॥

Suratia frolics and gambols with the reverberations
of Shabd within. (1)

Surat ascends to higher regions in a state of intoxi-
cation. She gets drenched in the bliss and
colour of love. (2)

She constantly frolics in the company of Hansas.
She has discarded the dirty colour of the world. (3)

She enjoys unalloyed bliss within. She remains
in Guru's company all the time. (4)

She gets lost in bliss and joy on touching the
Holy Feet of Radhasoami. Love penetrates
and permeates through each and every pore of
her body. (5)

Shabd 58

सुरतिया चाख रही ।
घट शब्द अमी रस सार ॥१॥

- Suratia tastes the pure nectar of Shabd within. (1)
- By Sat Guru's grace and mercy she witnesses the refulgence of dazzling flame in Nabh (Sahasdal-kanwal). (2)
- She witnesses bright sun-shine in Gagan (Trikuti) and mellow moon-light in Das-wán-dwár. (3)
- She hears the Sohang Shabd in Bhanwargupha. Next, she reaches the Darbar of Sat Purush. (4)
- She beholds most wondrous Radhasoami Dham of infinitely surpassing beauty. (5)

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Shabd 59

सुरतिया सज धज से आई ।
चलन को सतगुरु देश ॥१॥

- Suratia comes with all grace and elegance, ready to proceed to the region of Sat Guru. (1)
- Imbued with love, yearning and a feeling of renunciation, she casts off the last vestiges of Maya. (2)
- Catching hold of the current of Shabd, she ascends to Sunn where she assumes the form of Hansa. (3)
- She has Darshan of Sat Purush in Sat Lok which

is absolutely free from pain and suffering due to Kal. (4)

Proceeding onward, she touches the Holy Feet of Radhasoami and gets perfect ease and comfort. (5)

Shabd 60

सुरतिया लाय रही ।
गुरु चरनन प्यार ॥१॥

Suratia engenders love and affection for Guru's holy feet. (1)

She has Guru's Darshan daily with zeal and fervour. She puts a garland round His neck. (2)

Imbued with love and faith, she takes Guru's Prashad and drinks the wash of His holy feet. (3)

She brings a platterful of delicious dishes and sings Guru's Arti standing before Him face to face. (4)

Radhasoami has bestowed His mercy on her and she witnesses bright illumination within. (5)

Shabd 61

सुरतिया गाय रही ।
राधास्वामी नाम अपार ॥१॥

Suratia is singing the most sublime Nam, RADHA-SOAMI. (1)

She is having Darshan of Guru, and performing
His Sewa imbued with love for the Holy Feet. (2)

She is delighted to see the graceful acts of Guru.
She develops faith in Him. (3)

She daily applies her Surat to Shabd, and is
delighted on hearing the ringing of Shabd. (4)

Radhasoami is pleased with her and vouchsafes to
her the shelter and support of His holy feet. (5)

Shabd 62

सुरतिया परस रही ।
राधास्वामी चरन अनूप ॥१॥

Suratia touches the exalted Feet of Radhasoami. (1)

Full of love and yearning, she comes to Guru's
presence and becomes lost in bliss and joy on
witnessing His charming countenance. (2)

She reduces all her Karams to ashes and praises
her great good fortune. She now leaves the
world which is like a well. (3)

Ascending higher and higher, she reaches Gagan
(Trikuti) where she has Darshan of the
Sovereign of the Triloki (the three worlds). (4)

She performs Sumiran (repetition) of RADHA-
SOAMI Nam with rapt attention and beholds
within her the refulgent form of Guru. (5)

Shabd 63

सुरतिया दमक रही ।
चढ़ घट में नभ के द्वार ॥१॥

Suratia glows and dazzles on ascending within her
to the gate of Nabh (Sahas-dal-kanwal). (1)

The light of the flame sparkles in Sunn (pertaining
to Sahas.dal-kanwal) and the sounds of the bell
and the conch have created a tumult. (2)

She beholds many a sun and moon. Marvellous
flower-beds are abloom. (3)

Ascending further, she reaches Gagan (Trikuti)
where Nad (Shabd), which is the true Bání,
is resounding. (4)

She has Darshan of Sat Guru's form in Sat Lok.
Radhasoamí has bestowed His unbounded
grace and mercy on her. (5)

Shabd 64

सुरतिया धार रही ।
गुरु आरत प्रेम जगाय ॥१॥

Awakening love within her, Suratia performs the
Arti of Guru. (1)

She clads Guru with many garments and adorns
Him with numerous ornaments. She feels
delighted on beholding His ever-new splendour. (2)

Anhad Shabd creates a tumult within her. She
hears the sounds of the bell, the conch and the
Mridang (drum). (3)

Hansas and Hansanís gather. They sing and dance
enhancing their love and zeal. (4)

Dense clouds of love are emerging and showers
of nectar are coming down on all sides. (5)

Refulgence of Sat Purush illumines her innermost
recesses, putting to shame crores of suns and
moons. (6)

Radhasoami now showers His grace and mercy
on all. By granting the Saran of His holy feet,
He makes them His own. (7)

Shabd 65

सुरतिया निरख रही ।
घट अंतर शब्द प्रकाश ॥१॥

Suratia beholds the refulgence of Shabd within. (1)

Her mind remains humble and lost in Guru's holy
feet. She remains sad and morose with the
world. (2)

Realizing the grace and mercy of Guru within,
she sings His praises day and night. (3)

Enshrining Guru's image in her heart, she remains
near Him day and night. (4)

Concentrating her mind and Surat at the third Til,

she rushes to higher regions. (5)

After having witnessed the form of Jyoti (the flame), she ascends to Gagan (Trikuti) and then gets unattainable abode in Sunn. (6)

Radhasoami now bestows His grace and mercy on her. He grants her supreme bliss. (7)



Shabd 66

सुरतिया हरख रही ।
आज गुरु छवि देख नई ॥१॥

Suratia feels delighted on having Darshan of a novel countenance of Guru today. (1)

She brings numerous garments and ornaments with which she adorns Guru. (2)

After having arranged cushions and pillows on the bed-stead, she gets Guru seated on it. (3)

Weaving necklaces of pearls, she arranges the platter with them. (4)

Putting flower-garlands round Guru's neck, she touches His holy feet. (5)

Holding the platter in her hands, she sings Guru's Arti. Joy and bliss pervade all round. (6)

Radhasoami Dayal is pleased. He grants her the gift of True Nam. (7)

Shabd 67

सुरतिया ध्याय रही ।
हिये में गुरु रूप वसाय ॥१॥

- Suratia performs Dhyān, implanting Guru's image
in her heart. (1)
- She performs Dhyān by concentrating and focus-
ing her sight and arousing love within her. (2)
- Her mind and Surat withdraw to the gate of Nabh
(Sahas-dal-kanwal). She gets detached from
the body. (3)
- She now gets more and more bliss day by day.
She remains mingled with Guru's holy feet. (4)
- The current of Shabd comes from higher regions.
She drinks its nectar-like bliss and feels
delighted. (5)
- She witnesses pure and unalloyed refulgence with-
in, which puts to shame many sun and moons. (6)
- She sings the praises of Radhasoami every
moment. She takes the shelter of His holy
feet and completely surrenders herself to His
Saran. (7)

Shabd 68

सुरतिया खेल रही ।
गुरु चरन पास ॥१॥

Suratia frolics and gambols near Guru's holy feet. (1)

With joy and delight, she gets Guru's Darshan
and daily witnesses His acts of grace. (2)

She engenders love and devotion in her heart. Her
joy constantly increases. (3)

With a heart full of faith, she performs Guru's
Sewa enthusiastically. (4)

Beloved Radhasoami showers His mercy on her.
She beholds illumination within. (5)

She contemplates Guru's form with zeal and
fervour. She hears within her immortal Shabd. (6)

She rests adopting the Saran of the Holy Feet of
Radhasoami and becoming indifferent to every-
thing else. (7)

Shabd 69

सुरतिया सील भरी ।
आज करत गुरु संग हेत ॥१॥

Suratia, full of peace and tranquillity, engenders
love for Guru today. (1)

She has discarded worldly pursuits from the bottom
of her heart. She listens to Guru's discourses
with rapt attention. (2)

She constantly applies her Surat to Shabd. She
enjoys the bliss of Bhajan and Dhyān. (3)

Developing love, yearning and renunciation within,
she has rubbed off Mana (the mind) and Maya. (4)

By Guru's mercy, she leaves Shyám Dhám (the
dark abode or domain, the third Til) and
applies her Surat to सेत पद Set Pad (white
region). (5)

Guru, in His mercy, has granted her abode in that
region. The Vedas describe it as 'Net' (not
this). (6)

Finding her humble and meek, Radhasoami grants
her the bliss of His holy feet every moment. (7)

Shabd 70

सुरतिया माँग रही ।
सतगुरु से अचल सुहाग ॥१॥

Suratia begs of Sat Guru the gift of eternal spouse-
hood. (1)

Sat Guru who is the very embodiment of grace
and mercy Himself met her. Her perfect luck
has awakened. (2)

She has developed deep love for His holy feet. Her
infatuation with the world is gone like a
thread snapping. (3)

Guru gave out to her the whereabouts of Nij
Ghar (True Home). Her Surat has now
awakened in the company of Shabd, (4)

Imbued with yearning and love, she ascends to higher regions. Her mind is now rid of likes and dislikes regarding things worldly. (5)

Listening to the reverberations of Shabd, she reaches Das-wán-dwár. She has now left Kal's domain. (6)

By the grace and mercy of Radhasoami, she repairs to her True Home, and abides in His holy feet. (7)



Shabd 71

सुरतिया प्यार करत ।
सतगुरु से हिये धर भाव ॥१॥

Suratia engenders love for Sat Guru with a heart full of faith. (1)

She gives up attachment for the world, and devotes her body and mind to Sat Guru. She will not get such an opportunity again. (2)

Getting initiated in the secrets, she elevates her Surat to higher regions. As she witnesses refulgence within, her yearning is enhanced, (3)

New waves of love for the Holy Feet of Sat Guru surge up in her heart. She suffers the pangs of separation from Him. (4)

She forsakes Karam and Dharam in a moment. Maya and Kal both get out of her way. (5)

Hearing Nád (Shabd), she proceeds to Gaganpur
(Trikuti), and from there, she soars still higher. (6)

She meets Sat Shabd. Going further she merges
in the Holy Feet of Radhasoami. (7)

Shabd 72

सु र ति या प्रे म स हि त ।
अब करती गुरु सतसंग ॥१॥

Suratia, imbued with love, now attends the Satsang
of Guru. (1)

In all humility, she comes and takes His refuge
like an innocent girl. (2)

Controlling the agitations of the mind, she per-
forms Sumiran of RADHASOAMI Nam with
love and affection. (3)

She enshrines in her heart the discourses delivered
in Satsang. Her doubts are thus dispelled. (4)

As she performs Dhyan, she witnesses refulgence
within of various colours. (5)

Day by day, her internal purification goes on. All
her dirty colours, i.e., evil tendencies, are
removed. (6)

Radhasoami Dayal, in His grace and mercy, has
taught her the ways of Bhakti. (7)

Shabd 73

सुरतिया सींच रही ।
गुरु चरन प्रीत फुलवार ॥१॥

Suratia is watering the flower-beds of love for
Guru's holy feet. (1)

After getting Guru's Darshan, she performs His
Sewa enthusiastically and with love. (2)

She enshrines in her mind the discourses delivered
in Satsang after having pondered over them. (3)

Remembering their true import, she engages in
spiritual endeavours. With good sense and
understanding, she improves her conduct. (4)

She now firmly grasps Guru's holy feet and adopts
His Saran in her heart. (5)

On hearing the reverberations of Shabd, her mind
and Surat now withdraw and concentrate
within. (6)

By the grace and mercy of Radhasoami, she now
elevates her Surat and reaches the Darbar of
Sat Guru. (7)

Shabd 74

सुरतिया पूज रही ।
गुरु चरन विरह धर चीत ॥१॥

Suratia with her heart full of yearning, worships

Guru's holy feet. (1)

Grasping and understanding the discourses delivered in Satsang, she has adopted the ways of Bhakti. (2)

Realizing the love of worldly Jivas to be false and unreal, she has come to regard Guru as her true friend. (3)

Watching and experiencing Sat Guru's acts of grace, she has engendered faith in Him in her heart. (4)

She constantly enhances love for Him within. She takes सीत Seet (Prashad) along with other devotees. (5)

She does not mix with worldly Jivas. She develops love and affection for brother Satsangis. (6)

She now performs Abhyas regularly. She understands the ways of Satsang. (7)

She begs for the mercy of Radhasoami every moment and prays to Him "Remove all my delusions and fear". (8)

Imbued with love, she performs the Arti of Radhasoami. She will get across the ocean of the worldly existence and repairs to Nij Ghar (True Home). (9)

Shabd 75

सुरतिया प्रीत करत ।
सतगुरु से भाव जगाय ॥१॥

Suratia engenders love for Guru after having
awakened faith in Him within her. (1)

She has Guru's Darshan with love and affection
and listens to discourses attentively. (2)

Her love and faith are now augmented day by
day. Guru's image remains implanted in the
heart. (3)

In the company of other Satsangis, she rushes for
serving Guru, imbued with love. (4)

She performs Guru's Arti with love and feels
delighted on beholding His charming counte-
nance. (5)

Realizing the grace and mercy of Sat Guru, she
praises her luck every moment. (6)

She constantly elevates her Surat in the company
of Shabd. She rushes to the sphere of Gagan
(Trikuti). (7)

After having touched the Holy Feet of Sat Purush,
she wins the pleasure of Radhasoami. (8)

 Shabd 76

सुरतिया मेल करत ।
गुरु भक्तन से घर प्यार ॥१॥

Suratia mixes with the devotees of Guru, developing love and affection for them. (1)

Getting encouragement from and taking the help of all of them, she comes to the Darbar of Guru. (2)

Meek and humble, she falls at Guru's holy feet and seeks from Him the most profound secrets of Shabd. (3)

Noticing her love, the merciful Guru gives out to her the secrets of Nam, which is the essence of all. (4)

Guru, in His mercy, makes her His own. She witnesses the refulgence of Shabd within. (5)

On hearing the reverberations of Shabd, her Surat ascends to higher regions. After hearing the ringing of the bell, she proceeds beyond the body of nine apertures. (6)

On going to Trikuti, she hears the Shabd of OM. In Sat Lok, she hears the most melodious sound of the Bín (harp). (7)

Contemplating the Holy Feet of Radhasoami in her heart, she proceeds beyond Alakh and Agam. (8)

Shabd 77

सुरतिया आन पड़ी ।
सतसंग में तज घर बार ॥१॥

- Suratia comes to Satsang after having left her
hearth and home. (1)
- She mixes with other Satsangis and enhances her
love for Guru day by day. (2)
- With love and yearning in her heart, she shuns all
worthless worldly pleasures. (3)
- On getting the inner secrets, she developes firm
faith in Guru and performs Abhyas carefully
day and night. (4)
- She elevates her mind and Surat within by catch-
ing hold of the current of Shabd. (5)
- Discarding all idle talks, she, in all humility,
moulds her conduct on the pattern of a
devotee. (6)
- She realizes ever-new mercy of Sat Guru and
witnesses unalloyed scenes and spectacles within. (7)
- Assuming the form of a Hansa, she proceeds to
higher regions. She gets shelter under the Holy
Feet of Radhasoami. (8)

Shabd 78

सुरतिया धोय रही ।
अब चूनर मैल भरी ॥१॥

Suratia now washes her चूनर Chúnar* which is all dirty. (1)

Imbued with love, she comes to Satsang and joins her Surat with Guru's holy feet. (2)

As she listens to Guru's discourses, she enhances her love for Him. She always stands ready to perform His Sewa. (3)

By Guru's grace and mercy, she washes away the impurities of her mind. Getting purified, she gets across the ocean of worldly existence. (4)

She constantly applies her Surat to Shabd, she ascends to the region of Hari, i.e., Sahas-dal-kanwal. (5)

Going to Gagan (Trikuti), she touches Guru's holy feet. She then proceeds to Das-wán-dwár all alone, separated from the mind. (6)

She gets Darshan of Sat Guru in Sat Lok. Her human life has now become fruitful. (7)

After passing through Alakh Lok and Agam Lok, she comes to the Holy Feet of Radhasoami. (8)

* Chunar or Chunari—A parti-coloured sheet or Sari worn by women; a cloth dyed parti-coloured; knots are tied in different parts of a cloth sheet before dipping it in the dye to prevent those parts from receiving the colour.

Shabd 79

सुरतिया निरत करत ।
गुरु सन्मुख कर सिंगार ॥१॥

Suratia, after having embellished herself, dances before Guru. (1)

She has put on the ornament of love and faith and has on her person the garment of affection and devotion. (2)

Hearing the reverberations of Shabd, the darling Surat soars higher and higher and gets intoxicated on listening to the true sound of the violin. (3)

She dances and sings enthusiastically in the company of Hansas and Hansnis. (4)

Wonderful is the atmosphere and most marvellous the occasion. Showers of bliss are coming down all around. (5)

Without luck and without the mercy of Radha-soami, who can behold this pure and unalloyed spectacle ? (6)

Hearing the sound of the flute, Suratia proceeds further and listens to the sound of the Bín (harp) being played in Sat Guru's Darbar. (7)

With all grace and elegance, she repairs to the highest region and unites with the Holy Feet of Radhasoami, the prime essence. (8)

Shabd 80

सु र ति या भाग भरी ।
आज गुरु दर्शन रस लेत ॥१॥

Suratia, blessed with good luck, is enjoying the bliss of Guru's Darshan today. (1)

Discarding attachment for worldly objects and developing, at heart, faith in Guru, she engenders love for Him. (2)

Sat Guru's discourses are extremely pleasing to her. She listens to them attentively. (3)

With zeal and fervour, she dedicates her body, mind and wealth to the Holy Feet of Guru. (4)

She practises the modes and methods prescribed by Guru with love and affection and keeps rubbing and filing her mind. (5)

With faith in Guru enshrined in her heart, she wins her battle against Kal. (6)

Catching hold of the cord of Shabd, she ascends to higher regions and, after leaving the dark domain, reaches the white region. The goals of all other religions including Brahm are left below. (7-8)

Cherishing the grace and mercy of Radhasoami within her, she repairs to her abode of wonder, grandeur and beauty. (9)

Shabd 81

सुरतिया अभय हुई ।
घट में गुरु दरशन पाय ॥१॥

- Suratia on getting Darshan of Guru within, becomes fearless. (1)
- With love for and faith in Guru's holy feet, she practises Surat Shabd Yoga. (2)
- Ascending higher, she reaches Nabh Pur (Sahasdal-kanwal) and hears the sounds of the bell and the conch. (3)
- Ascending further, she now occupies the fort of Trikuti and hears Anhad Shabd and the beating of the drum. (4)
- She gets Darshan of Guru. Maya and Kal feel sad and morose. (5)
- Lotuses are abloom and suns and moons are seen. (6)
- Ascending higher, she reaches Das-wán-dwár and meets Hansas. (7)
- She now proceeds beyond the three worlds and, free from all fear, enjoys the bliss of the Shabd of Sunn. (8)
- She attains this region by grace and mercy. Radhasoami makes her His own. (9)

Shabd 82

सु र ति या छान रही ।
अब गुरु मत कर सतसंग ॥१॥

Suratia weighs and understands more and more subtleties of Guru Mat as she attends Satsang. (1)

On hearing Guru's discourses, she constantly deliberates on them and all her doubts are dispelled thereby. (2)

Understanding the inner secrets, she engages in spiritual endeavours regularly, applying her Surat to Shabd. (3)

She realizes within her the truth of the utterances made by Sants. (4)

Experiencing the bliss of Shabd within, she is drenched in the colour of Guru. (5)

Her love for Guru's holy feet now increases day by day. Her मन इच्छा Mana Ichchhá (desires and cravings of mind) have now been rendered infirm and powerless. (6)

Her Surat is now intoxicated in the bliss of Shabd and it soars higher and higher like a kite. (7)

Passing through Sahas-dal-kanwal, she goes to Trikuti, after which, she proceeds to Sunn, discarding the dirty colour of Kal. (8)

She beholds the refulgence of Bhanwargupha, and then reaches Sat Lok, all alone. (9)

By grace and mercy of Radhasoami, she repairs to the Highest Region and assumes a benign colour easily. (10)

Shabd 83

सुरतिया भजन करत ।
हुई घट में आज निहाल ॥१॥

Suratia feels exalted and enriched within as she practises Bhajan. (1)

Cherishing Sat Guru's discourses and instructions at heart, she hears the reverberations of Shabd with her Surat properly attuned. (2)

With great happiness and pleasure, she daily enhances her love for and faith in Guru's holy feet. (3)

Fed up with worldly pursuits, she remembers her merciful Guru every moment. (4)

With love and yearning, she seeks Guru's Satsang, tearing into shreds Maya's net. (5)

By creating obstacles, Kal tries to entrap her. He puts up curtains of Kam (passion) and Krodh (anger). (6)

Cherishing the strength given by Radhasoami at heart, she instantly annihilates मन इच्छा Mana Ichchhá, i. e., the cravings of her mind. (7)

Nothing can be done without grace and mercy.
Therefore, O merciful Radhasoami ! Do have
mercy on her. (8)

Eradicating her Karmas, elevate her Surat to
higher regions. Cast aside all her entangle-
ments. (9)

Meek and humble, she has come under Your
shelter, O Radhasoami ! Do take care of her. (10)

Shabd 84

सुरतिया मान रही ।
गुरु वचन सम्हार सम्हार ॥१॥

Suratia adopts and cherishes Guru's discourses
attentively. (1)

She regularly attends Satsang with love and
affection and, picking out the gist of Guru's
discourses, enshrines it in her heart. (2)

She performs Guru's Sewa day and night with zeal
and enthusiasm. She is affectionate towards
brother-Satsangis. (3)

Receiving initiation from Guru in Surat Shabd
Yoga, she makes the repetition of Nam her
prop and support. (4)

As she performs Dhyan, she witnesses refulgence
within. She feels elated on hearing the ring-
ing of Shabd. (5)

On having inner experiences, her zeal and enthusiasm are enhanced and she makes an offering of her body and mind to Guru's holy feet. (6)

Strengthening love and faith in her heart, she adopts Guru's Saran and casts off her ego. (7)

Her Surat ascends to higher regions daily and proceeds to Sahas-dal-kanwal, Trikuti and Das-wán-dwár. (8)

After having witnessed Bhanwargupha and Sat Lok, she goes beyond Alakh and Agam. (9)

Radhasoami, in His grace, accomplishes her task. She sacrifices herself at His holy feet every moment. (10)

Shabd 85

सुरतिया लीन हुई ।
चरनन में रूप निहार ॥१॥

Suratia gets lost in Guru's holy feet as she has Darshan of His charming countenance. (1)

She comes to Satsang on hearing of its glory and eminence and listens to Guru's discourses with love and affection. (2)

She discards all worldly desires in a moment and gives up sensual pleasures, knowing them to be evil. (3)

- She cuts asunder the net of Moh (infatuation) and
rids herself of the burden of Karam (rituals)
and Dharam (observances). (4)
- She now develops full and perfect love for Guru,
with unflinching faith in Him in her heart. (5)
- She firmly adopts Guru's Saran and enhances her
love for the Holy Feet of Radhasoami. (6)
- Receiving initiation in Surat Shabd Yoga, she now
proceeds within, catching hold of the current
of Shabd. (7)
- After beholding Jyoti (flame), she reaches Gagan
Pur (Trikuti). She then witnesses the moon
and refulgence in Bhanwargupha. (8)
- Going beyond Alakh and Agam, she has Darshan
of the most magnificent and majestic form of
Radhasoami. (9)
- She performs the Arti of Radhasoami and wins
His pleasure. She drinks nectar every moment. (10)

Shabd 86

सुरतिया धीर धरत ।
नित करनी करत सम्हार ॥१॥

- Suratiá regularly engages in spiritual practices
with patience and calm. (1)
- Cherishing love and yearning within, she comes
to Guru's Darbár. (2)

- On hearing Guru's instructions, she feels extremely delighted and daily augments her love for Him. (3)
- Understanding the inner secrets from Guru, she applies her Surat to Shabd. (4)
- By performing Sumiran, she undergoes internal purification. In Dhyān, she has Darshan of Guru's form. (5)
- Illumination within goes on increasing day by day and Shabd creates greater and greater tumult. (6)
- She regularly makes spiritual endeavours with patience and calm. She awakens love within her with yearning at heart. (7)
- She hears the ringing of the bell, the blowing of the conch, the beating of the drum, the tuneful music of the violin and the melodious note of the flute. (8)
- Hearing the sound of the Bīn (harp), she gets intoxicated and reaches the Darbār of Sat Purush. (9)
- Relying upon the grace and mercy of Radha-soami, she proceeds further and repairs to her True Home. (10)

Shabd 87

सुरतिया उमँग भरी ।
आज आई आरती साज ॥१॥

Suratia, full of zeal and fervour, comes today,
ready to perform Arti of Guru. (1)

The sounds of the bell and the conch are audible
in Nabh Pur (Sahas-dal-kanwal) and the loud
beating of the drum is heard in Gagan
(Trikuti). (2)

Love is enhanced within her for the Holy Feet of
Sat Guru who graciously bestows on her the
gift of Bhakti (devotion). (3)

By grace, all her stains and blemishes are obliterated.
Her mind has given up hypocrisy and
vanity. (4)

On going to Trikuti, she has Darshan of Guru
and gets the sovereignty of the three worlds. (5)

All her connections with Mana (mind) and Maya
are cut off, and she gets rid of the tumult and
tyranny of Kal and Karam. (6)

On going to Sunn, she bathes in Mánsarovar lake.
Her Surat attains complete purification today. (7)

Passing through Bhanwargupha, she rushes to Sat
Lok. The flute and the Bín (harp) give out
their loud notes at the respective regions. (8)

Radhasoami is merciful to her. He, in His grace,
accomplishes her task. (9)

With what face, will she sing His glory ? As
she tries to do it, she feels ashamed. (10)

Shabd 88

सुरतिया परख रही ।
घट में गुरु दया अपार ॥१॥

- Suratia experiences within her the unbounded grace and mercy of Guru. (1)
- Utterly foolish and ignorant she came to Him, but He was affectionate towards her. (2)
- He looked upon her as a child and saved her by granting her the shelter and protection of His holy feet. (3)
- He very kindly explained to her the modes and methods of spiritual practices and gave out the secrets of Shabd, the true essence. (4)
- He, on His own, blessed her with right understanding and dispelled all her doubts and misgivings. (5)
- She sings Guru's Bānī (poetical compositions) with love, and utters RADHASOAMI Nām again and again. (6)
- She serves the loving devotees of Guru with love for and faith in Guru's holy feet. (7)
- She listens to the discourses in Satsang with zeal and ardour and cherishes them in her mind after having pondered over them. (8)
- Imbued with faith, she places her full and implicit reliance on the grace and mercy of Radha-soami. (9)

Radhasoami, in His own benignancy, is pleased
to accomplish her task fully. (10)

Radhasoami is supremely merciful and the
treasurehouse of all kindness and compassion.
He, in His mercy, liberates her. (11)

Shabd 89

सुरतिया निरख रही ।
घट माहि रूप गुरु मन भावन ॥१॥

Suratia beholds the captivating form of Guru
within. (1)

Her sins of innumerable lives are annihilated. She
attains purification by touching the Holy Feet
of Guru. (2)

She feels extremely delighted in Satsang. All her
mind's wanderings are gone. (3)

Guru has given out to her the true secrets. She
has cast aside all regard for the world. (4)

She has eradicated her Karmas and dispelled all
her doubts and delusions. She is not to be
born in this world again. (5)

Faith in Guru has increased in her heart. She
engenders ever-new love for the Holy Feet. (6)

Joining her mind and Surat with the Holy Feet,
she enjoys the bliss of Shabd and ascends to
higher regions. (7)

Passing through Sahas-dal-kanwal, she rushes to
Trikuti where she beholds Guru's region. (8)

Leaving the company of the mind, she ascends
higher and, on going to Sunn, bathes in
Tribeni. (9)

After hearing the sound of the flute, she proceeds
to Sat Lok and sings the praises of Sat Guru. (10)

She gets the Saran of the Holy Feet of Radha-
soami and becomes the recipient of the bliss
and happiness of the imperishable and ever-
lasting abode. (11)



Shabd 90

सुरति या प्रीत भरी ।
अब लाई आरती जोड़ ॥१॥

Suratia, full of love, now brings all the parapher-
nalia for the Arti of Guru. (1)

She holds the platter of her heart full of humility
and submissiveness and kindles the flame by
turning her mind. (2)

Full of love, she sings Guru's Arti. Shabd is now
incessantly audible within her. (3)

The bell is ringing and the conch blowing in Nabh
(Sahas-dal-kanwal), and then the drum gives
out a loud note to the accompaniment of the
thunder of dense clouds. (4)

She gets more and more joy and bliss. All her
feeling of mine and thine is now gone. (5)

On ascending to Sunn, she hears the sound of
Rárankár. The oppression of Kal and Karam
now decreases. (6)

She hears the sound of the flute in Bhanwargupha.
The night has passed and it is dawn now. (7)

From there, too, she proceeds onward and hears
the sound of the Bín (harp) from the direction
of Sat Lok. (8)

She beholds the region of Alakh Purush and, on
ascending to Agam Lok, halts there. (9)

With zeal and fervour, she ascends higher and goes
rushing to Radhasoami Dham. (10)

Radhasoami lovingly casts His benign glance on
her and draws her Surat to His holy feet. (11)

Shabd 91

सुरतिया पकड़ गुरु की बाँह ।
उमंग कर निज घर को जाती ॥१॥

Suratia, catching hold of Guru's arm, repairs to
her True Home with zeal and enthusiasm. (1)

As a result of understanding the sublime dis-
courses of Guru, she now gets intoxicated in
the bliss of Shabd. (2)

She daily performs Abhyas, taking the mind and the senses along with her, while withdrawing and ascending within. (3)

Guru's form is extremely pleasing to her. She performs Dhyan day and night. (4)

All her Karam (rituals), Dharam (observances) and Bharam (doubts and delusions) have been annihilated. (5)

Passing through Sahas-dal-kanwal, she ascends to Gagan (Trikuti), and gets lost in the bliss of the Darshan of Guru. (6)

Maya and Kal put up many obstacles. With the strength imparted by Guru, she kicks them away. (7)

In Sunn, she sings love-charged Rágas and Rágnís (modes of music) in the company of Hansas. (8)

In Bhanwargupha, beyond Mahá-sunn, she listens to the sound of Sohng flute. (9)

She performs Arti of Sat Purush and hears the melodious sound of the Bín (harp). (10)

Radhasoami, who is ever merciful to the humble and the lowly, bestows on her the gift of the .Saran of His holy feet. (11)

Shabd 92

सुरतिया अधर चढ़ी ।
गुरु दई प्रेम की दात ॥१॥

Suratia ascends to higher regions. Guru bestows on her the gift of Prem (love). (1)

By mercy, she comes before Guru, who is pleased to place His hand of grace and mercy on her head. (2)

She always attends Satsang. She now realizes the eminence of Sant Mat. (3)

Guru, in His grace and mercy, enables her to listen to His discourses. She understands His instructions by testing them from her own experience. (4)

She enshrines in her heart the Saran of Guru's holy feet. Her connection with Jama has now been cut off. (5)

Getting initiated in the Surat Shabd Yoga, she now listens to Shabd. (6)

On getting the bliss of Shabd, her Surat now wakes up. All troubles due to the mind are now gone. (7)

All her Karam and Bharam are annihilated. She clearly sees the traps laid by the powerful Kal. (8)

Her Surat ascends and reaches Nabh Pur (Sahasdal-kanwal). In the region of Gagan (Trikuti), she gets Darshan of Guru. (9)

Aseending to Sunn and then visiting Bhanwar-gupha, she hears the sound of the Bín (harp) in Sat Lok. (10)

After getting Darshan of Alakh and Agam, she merges in the Holy Feet of Radhasoami. (11)

Sha'bd 93

सुरतिया गाय रही ।
गुरु महिमा सार ॥१॥

Suratia is singing the supreme eminence of Guru. (1)

She augments her love for and faith in Guru day by day and keeps the Saran of His holy feet enshrined in her heart. (2)

With zeal and enthusiasm, she rushes to perform Guru's Sewa. She feels delighted to have His Darshan. (3)

Imbued with love, she hears Anhad Shabd and beholds within her the gate-way to salvation. (4)

Piercing the portal, she ascends to Sahas-dal-kanwal and lovingly hears the sounds of the bell and the conch. (5)

After having access to the region of Guru (Trikuti), she rushes to Sunn, and then, in the company of Guru, she goes beyond Mahá-sunn. (6)

After hearing the melodious note of the flute, she hears the sound of the Bín (harp) and then meets the True Creator. (7)

When she proceeds beyond Alakh and Agam, she
is able to meet the Infinite and Supreme Being
Radhasoami. (8)

She arouses fresh love and yearning within and
sings the Arti of Radhasoami, standing before
Him face to face. (9)

She receives the grace and mercy of Sat Guru. The
treasure-house of Bhakti is now thrown open
to her. (10)

She now sings RADHASOAMI, RADHASOAMI,
RADHASOAMI, day and night. (11)

Shabd 94

सुरतिया भीज रही ।
गुरु प्रेम रंग बरसाय ॥१॥

Suratia is getting drenched in colour of love which
Guru is showering. (1)

Beside herself with joy, she contemplates Guru's
form and gets His Darshan within. (2)

Guru graciously enables her to behold His
wondrous form whose splendour baffles
description. (3)

With ever-increasing zeal and fervour, she applies
herself to the Holy Feet and her love and faith
increase day by day. (4)

She now ascends to higher regions while listening

to Shabd. In Nabh (Sahas-dal-kanwal), she witnesses the flame. (5)

Going to Trikuti, she has Darshan of Guru and, on ascending to Sunn, she attains a pure and unalloyed status. (6)

Then, after hearing the sound of the flute in Bhanwargupha, she goes and takes her seat in Sat Lok. (7)

She gets wonderful Darshan of Sat Purush who, in His grace, enables her to hear the sound of the Bín (harp). (8)

After having witnessed the Darbar (court) of Alakh Purush, she rushes to Agam Lok. (9)

Going to the infinitely vast region of Anami Purush, she gets ready to perform His Arti there, with love. (10)

She then unites with the Holy Feet of Radhasoami. How can she describe the marvellous splendour prevailing there ? (11)

Shabd 95

सुरतिया सुनत रही ।
हित चित से सतगुरु बैन ॥१॥

Suratia hears Sat Guru's words with love and attention. (1)

Beside herself with Joy, she has Guru's Darshan,

- looking intently into His eyes. (2)
- Her heart becomes clean and her sense and understanding pure. She now recognizes and understands hints which she gets within. (3)
- Her mind and Surat have started concentrating within. By performing Guru's Dhyān, she enjoys the bliss of His majestic form. (4)
- Her love increases. She engenders faith. She remains near Guru day and night. (5)
- Without Guru's Darshan, she remains restless. She gets peace and tranquility in Satsang. (6)
- She is now rid of Karam and Bharam. All her connections with Kal are now over. (7)
- Finding her humble, Guru has become merciful towards her. Her Surat now goes on penetrating within. (8)
- She beholds the refulgence of Jyoti (flame) in Nabh (Sahas-dal-kanwal) and, on going to Trukuti, hears Guru's words, (9)
- Listening to Shabd, she proceeds onward and on reaching Sunn, her inner eye opens. (10)
- Passing through Sat Lok, she repairs to the Highest Mansion and has Darshan of the wondrous form which cannot be seen with these eyes. (11)
- Radhasoami, in His grace, has made a worthless Jiva like her great and eminent in a moment. (12)
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Shabd 96

सुरनिया सेव रही ।
गुरु चरन सम्हार ॥१॥

Surtia carefully performs the Sewa of the Holy feet of Guru. (1)

Cherishing love for the Holy Feet, she goes on enhancing devotion and faith at heart. (2)

She performs Guru's Sewa day and night with zeal and ardour, without being lethargic or slothful. (3)

She does not care at all for worldly shame and is ever present in Guru's Darbar (4)

She does not pay any heed to whatever others may say but remains at Guru's door, meek and humble. (5)

Discarding Karam and Bharam, she adopts Guru's Saran with unflinching faith. (6)

Her mind and heart are delighted in Satsang as she hears the discourses of Guru. (7)

She constantly applies her Surat to Shabd and hears the ringing of Anhad Shabd. (8)

She implants Guru's countenance in her heart. She performs Dhyān all the time. (9)

Adopting the Isht of Radhasoami she performs Sumiran day and night. (10)

Her luck brightens and she gets Guru's Darshan.

She breaks off her relation with Kal. (11)

Radhasoami Dayal bestows His mercy on her. He ferries her across the ocean of worldly existence easily. (12)

Shabd 97

सुरतिया चटक चली ।
सुन धुन झनकार ॥१॥

Suratia, blossoming forth like a flower, ascends within on hearing the reverberations of Shabd. (1)

With humility at heart, she comes before Guru. She develops love for Him. (2)

Her heart is full of yearning and a feeling of renunciation. She listens to Guru's discourses carefully. (3)

The merciful Guru explains to her the modes and methods of Surat Shabd Yoga. She engages in spritual endeavours with care and attention. (4)

Turning and reversing her course, she gives up all evil tendencies and concentrates within. (5)

Catching hold of the cord of Shabd, she ascends to higher regions. She beholds the refulgence of Jyoti. (6)

Her mind gets lost in Guru's holy feet. She witnesses wonderful spectacles in Trikuti. (7)

She meets Hansas on going to Sunn where the melodious sound of the violin is audible. (8)

Passing through Bhanwargupha, she reaches Sat Lok. Both Kal and Mahá kál are vanquished. (9)

Her Surat repairs to Alakh Lok. She embellishes herself on ascending to Agam Lok. (10)

The Lord is seated on a throne of flowers; wonderful are His glory and splendour. (11)

On getting His Darshan, she feels extremely delighted. She grasps the Holy Feet of Radha-soami, the essence of essences. (12)



Shabd 98

सुरतिया हरख रही ।
गुरु देख जमाल ॥१॥

Suratia feels delighted as she beholds the glorious refulgence of Guru. (1)

With love and yearning, she comes before Guru and is exhilarated as she listens to His blissful discourses. (2)

Grasping the significance of the precious instructions of Guru, she gives up all thoughts of objects of Maya. (3)

She prevents her senses from indulging in worldly

pleasures and always keeps a watch on the
ways of her mind. (4)

Enshrining the countenance of Guru in her heart,
she has shattered the strength of the terrible
Kal. (5)

Full of yearning for Guru, she casts away Lobh
(avarice), Moh (infatuation), मान Mán (ego,
pride) and Írkhá (jealousy). (6)

None now interferes with her. Nor do Kam
(passion) and Krodh (anger) stand in her way
any more. (7)

Maya gets out of her way and sits tired and
helpless. She no longer spreads her net to
entangle her. (8)

By the grace and mercy of Radhasoami, her
Surat has now been purified and it ascends
forthwith to her abode high above. (9)

Leaving Sahas-dal-kanwal, her Surat rushes to
Gagan and then proceeds to the top of Sunn
with Sat Guru. (10)

Passing through Bhanwargupha, she reaches Sat
Lok. She becomes extremely pleased on be-
holding Alakh and Agam. (11)

She then has Darshan of Radhasoami. She adopts
the Saran of His holy feet and feels enriched
and exalted. (12)

Shabd 99

सुरतिया नाच रही ।
चढ़ गगन शब्द सुन तान ॥१॥

- Suratia dances in ecstasy on ascending to Gagan
and hearing the melodious resounding of
Shabd. (1)
- She has Darshan of Guru with zeal and enthu-
siasm. Her mind has given up its egotism. (2)
- Hearing the reverberations of Shabd, she proceeds
onward and joins the company of Hansas. (3)
- Hansas and Hansanis are in a state of ecstasy.
Enshrining Sat Guru in their hearts, they are
singing His praises. (4)
- By the strength and support of Guru, she gets
across Mahá-sunn and hears the melodious
sound of the flute. (5)
- She gets admittance to the Darbar of Sat Purush
and unites with Sat Shabd. (6)
- After touching the Holy Feet of Alakh Purush and
Agam Purush she reaches the Highest Mansion. (7)
- Radhasoami Anami Purush has blessed her with
the gift of love and devotion. (8)
- Humble and meek, She falls at the Holy Feet and
firmly adopts the Saran thereof. (9)
- She sings His Arti with love, and sacrifices her life
and soul. (10)

Supremely great is the glory and eminence of
Radhasoami. How can she describe it ? (11)

Merciful Radhasoami is pleased with her. He has
granted her abode in His holy feet. (12)

Shabd 100

सुरतिया झूम रही ।
अब पिया अमी रस नाम ॥१॥

Suratia is swaying in ecstasy; she has drunk the
nectar of Nam. (1)

Such is the bliss Guru has given her that she has
become totally oblivious of her body and
mind. (2)

Hearing the reverberations of Shabd, she rushes
to Nabh (sky) and reaches the region of Jyoti
(flame). (3)

Leaving behind the sounds of the bell and the
conch, she ascends to the mansion of Trikuti. (4)

She is delighted to get Darshan of Guru. Kal and
Jama are vanquished. (5)

Going to Sunn, she bathes in Mánsarovar lake and
takes rest there with Hansas. (6)

Proceeding from there, she reaches Bhanwargupha
and hears the melodious note of the flute. (7)

She then hears Sat Shabd and reaches the Mansion
of Sat Guru. (8)

She next hears the Shabd of Alakh and Agam and
her task is completed. (9)

She then meets Anami Purush Radhasoami and
reaches her True Abode. (10)

She sings His Arti in all humility and lost in bliss.
She has now found the region of cool shade. (11)

Radhasoami Dayal showers His grace and mercy.
He grants her the peace and tranquillity of His
holy feet. (12)

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Shabd 101

सुरतिया घूम गई ।
तज जगत भाव भय प्यार ॥१॥

Suratia has turned round after having given up
all fear, affection and regard for the world. (1)

On attending Satsang, she has developed pure
sense and understanding and has realized
that the world and its objects are worthless. (2)

Casting off perverse sense and understanding, she
has now developed good sense and has discard-
ed all evil propensities of the mind. (3)

Sant Mat (religion of Sants) is absolutely true and
perfect. It can take the Jiva to the highest
region. (4)

Thus realizing the greatness and eminence of Sant Mat on hearing Guru's discourses, she has now adopted it heart and soul. (5)

She performs Guru's Sewa with zeal and enthusiasm and constantly enhances her love and affection for the Holy Feet. (6)

Surat Shabd Yoga is the true path. She has learnt its secrets from Guru. (7)

She now regularly performs Abhyas with love and affection and tastes the unalloyed bliss of Shabd. (8)

Turning and reversing her course, she ascends to Gagan (Trikuti) and feels extremely delighted on having Darshan of Guru. (9)

She proceeds beyond Sunn and Mahá-sunn and hears the sounds of the flute and the Bín. (10)

She has Darshan of Alakh Purush and Agam. Purush. She then meets the Supreme Being Radhasoami. (11)

Beloved Radhasoami is pleased with her. He, very mercifully, vouchsafes to her the shelter and protection of His holy feet. (12)

Shabd 102

सुरतिया लिपट रही ।
धर शब्द गुरु संग प्यार ॥१॥

Suratia holds fast to Shabd Guru, engendering love
and affection for Him. (1)

She touches His holy feet with love and devotion
and puts a garland round His neck. (2)

She has His Darshan with her eyes withdrawn
inward. She is oblivious of her body, mind
and Surat. (3)

Full of love, she sings His Arti, and sacrifices
herself at His holy feet. (4)

On finding her meek and humble, her merciful
Guru takes her in His arms. (5)

He grants her complete shelter and protection
under His holy feet and hurls Kal and Karam
on this side. (6)

How is she to sing the praises of Radhasoami ?
Except Him, she has no prop and support, (7)

Turning from this side, she beholds within her the
most exalted and wondrous form of Guru. (8)

Feeling highly excited and exulted she clings to
His holy feet and sways in ecstasy on drinking
from the current of nectar. (9)

Guru has graciously rid her of worldly nature
and worldly ways and has blessed her with a
new and pure life. (10)

Leaving aside all wanderings and entanglements,
she has grasped Guru's holy feet. Radhasoami
has become her beloved husband. (11)

Him alone does she know as her husband and
 father. She abides with His Mauj (pleasure),
 all the time. (12)

Shabd 103

सुरतिया रंग भरी ।
 गुरु सन्मुख उमंगत आय ॥१॥

Suratia, dyed in the colour of love, comes before
 Guru, full of zeal and fervour. (1)

She enhances her love and faith day by day and
 remains clinging to Guru's holy feet. (2)

She engenders Guru's Bhakti with care and proper
 decorum showing new ways of love all the
 time. (3)

Fighting with her mind and senses all the time,
 she cuts off her connection with them. (4)

Joining her Surat with Shabd every moment, she
 listens to its reverberations. (5)

Realizing the grace and mercy of Radhasoami,
 she gets ever-new bliss all the time. (6)

Maya creates obstacles for her every now and
 then and Kal obstructs her on her path. (7)

At those very times, her mind, becoming sad
 and morose, stumbles and falls, and does not
 experience the bliss of Shabd. (8)

She, then fervently prays to Guru : Why do You
not come to my rescue ? (9)

Guru's mercy is always with her. She fails to
understand His benevolent and benign pur-
pose. (10)

The obstacles and misguiding factors, which she
meets on her way, awaken fresh love and
yearning within her. (11)

Therefore, engendering faith at heart, she con-
stantly elevates her mind and Surat to higher
regions. (12)

Radhasoami, in His own grace and mercy, fully
accomplishes her task. (13)

She is extremely humble and altogether powerless,
and has no other prop and support. She has
somehow come under His shelter. (14)

She wins the pleasure of Radhasoami by per-
forming His Arti with love and affection. (15)

Shabd 104

सुरतिया मस्त हुई ।
अब पाया दरश गुरु आय ॥१॥

Suratia now feels enraptured on getting Darshan
of Guru. (1)

Hearing the Dhun (Shabd), she penetrates the

third Til and rushes to Sahas-dal-kanwal. (2)

She hears the tumultuous sounds of the bell and the conch, and beholds Jyoti (flame). (3)

Penetrating Bank Nál, she comes to Trikuti where she hears the clap of thunder and the beating of the drum. (4)

There, she also has Darshan of Guru, the grandeur of which baffles description. (5)

In Sunn, she beholds Akshar Purush and makes friends with Hansas. (6)

She crosses Mahá-Sunn with the strength and support of Guru, and then hears the melodious note of the flute in Bhanwarguphá. (7)

In Sat Lok, she beholds Sat Purush and hears the sweet and melodious sound of the Bín (harp). (8)

Wondrous are the forms of Alakh Purush and Agam Purush. Her love is augmented as she beholds them. (9)

She proceeds onward and witnesses the wonderful abode of Radhasoami and merges in His holy feet. (10)

She prepares His Arti with love and affection, and wins His pleasure. (11)

She gets Prem Ánand (bliss of love) in abundance. To whom will she tell about it now ? (12)

O Sajní (friend) ! She has attained a marvellous

abode, the majestic grandeur of which is
indescribable. (13)

Beloved Radhasoami has showered His grace and
mercy on her. He has taken her in His arms. (14)

She sings the praises of Beloved Guru every
moment. She contemplates the form of Radha-
soami all the time. (15)

Shabd 105

सुरतिया मगन भई ।
गुरु देख दीदार ॥१॥

Suratia is lost in bliss on having Darshan of Guru. (1)

Guru delivers His discourses like well-aimed
arrows. She gets drenched in bliss as she
listens to them. (2)

She attends His Satsang full of joy and delight
and is oblivious of the world. (3)

Her love for Guru's holy feet increases day by
day. She has dedicated her body, mind and
wealth — nay everything to Him. (4)

She constantly beholds the matchless image of
Guru in her heart. (5)

Her Surat remains in a state of intoxication day
and night, adorned with love and affection. (6)

She has given up sleep and hunger. She remains

absorbed in the bliss of love all the time. (7)

The jovial Surat has been dyed in the colour of
Guru. She has discarded all worldly pursuits. (8)

She praises her good fortune every moment.
Maya and Kal are both vanquished. (9)

She regularly practises Surat Shabd Yoga and goes
on listening to the ringing of Anhad Shabd. (10)

While hearing Shabd, she reaches Sahas-dal-
kanwal. She then enters Banknāl, and proceeds
beyond Trikuti. (11)

After going to Sunn, she rushes to Mahá-sunn and
then witnesses Bhanwargupha and Sat Lok. (12)

Going beyond Alakh and Agam, she obtains the
shelter and support of the Holy Feet of Radha-
soami. (13)

With love and faith, she prepares His Arti, which
she sings standing before Him face to face. (14)

Granting her the shelter and protection of His holy
feet, He takes Her in his lap. Radhasoami has
bestowed His unbounded grace and mercy on
her. (15)

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Shabd 106

सुरतिया गाज रही ।
चढ़ शब्द गुरु के संग ॥१॥

Suratia is making a tumultous sound on ascending
within in the company of Shabd Guru. (1)

Developing yearning and unalloyed love at heart,
she has imbibed the colour of Sat Guru. (2)

On realizing the grace and mercy of Radhasoami,
love for Him has been implanted in each and
every pore of her body. (3)

On getting Darshan of Guru, she becomes obli-
vious of her body and mind like a moth
attracted by the lamp. (4)

With the strength imparted by Radhasoami, she
ascends to higher regions. Seeing this, Kal is
astonished and confounded. (5)

Gagan is resounding with loud reverberations of
Shabd and the current of Gangá is flowing there. (6)

Kám (passion), Krodh (anger) Ahankár (egotism)
are all harassed and distressed automatically. (7)

They have left their old haunts. The mind, too,
has become infirm and crippled. (8)

She has cast aside Máyá and Mamtá (attachment
for the world) and has given up all sense of
honour as well as shame. (9)

Tranquillity and right understanding have taken a
firm foothold within her. She has learnt the
ways of Sat Guru. (10)

All fearless, she frolics in Sunn. She is free from
all care and anxiety today. (11)

She hears the reverberations of Sat Shabd in
Adhar where she reaches soaring like a bird. (12)

Strengthening Saran of the Holy Feet of Radha-
soami, she has left the company of all. (13)

Meek and humble, she falls at the Holy Feet.
Guru has graciously taken her in His arms. (14)

She gets a wondrous Darshan of Radhasoami.
She has been dyed in a benign colour. (15)

Shabd 107

सुरतिया लाग रही ।
गुरु चरन अधार ॥१॥

Suratia abides in the shelter of Guru's holy feet. (1)

On hearing the eminence of Sant Mat, her faith
has been enhanced and love has awakened
within her. (2)

She got an opportunity of coming in contact with
a Sadh from whom she came to know of the
most profound secrets. (3)

She regularly performs spiritual practices with
zeal and enthusiasm and hears the resonance of
Shabd within her. (4)

Her love for Guru's holy feet is enhanced. Seek-
ing and searching, she comes to Guru's
Darbar. (5)

On getting Guru's Darshan, she is absorbed in bliss and joy. She witnesses pure and unalloyed spectacles within. (6)

By grace and mercy, Guru made her join His Satsang and gave out to her His sublime discourses. (7)

He revealed to her the value of Parmarth. She now realizes the transitory nature of the world. (8)

Her love for Guru's holy feet now increases day by day. Yearning arises within her every now and then. (9)

She will please Guru by performing His Sewā and will be the recipient of the unbounded mercy of Radhasoami. (10)

She has now cast off all Karam and Bharam and has firmly grasped the Holy Feet of Radhasoami. (11)

Her Surat ascends and rushes to Sahas-dal-kanwal, and on going to Trikuti, hears the Omkar Shabd. (12)

She proceeds beyond Sunn and Mahá-sunn and hears the melodious note of the flute in Bhanwargupha. (13)

After getting Darshan of Sat Purush, Alakh Purush and Agam Purush, her Surat now repairs to her True Home. (14)

Radhasoami in His grace and mercy, has awakened

her great good fortune. He has redeemed her easily. (15)

Shabd 108

सुरतिया प्रेम भरी ।
रही सतगुरु हिरदे छाये ॥१॥

Suratia, full of love, enshrines the image of Sat Guru in her heart. (1)

Like a child she plays on Guru's lap. She has firm faith in the shelter and protection of Guru. (2)

She is all the time happy with the conviction that whatever comes to pass, is the ordainment of Guru. (3)

With love and devotion, she cherishes the hope and aspiration for abiding in the Holy Feet of Guru. (4)

She endeavours to perform such pure Bhakti. She enthusiastically rushes to perform Sewa. (5)

She is radiant with joy on hearing Guru's discourses. Fresh love is aroused in her heart. (6)

Her faith in and regard for the Holy Feet is increasing daily. The glory and eminence of Guru pervade her heart all the more. (7)

She gets herself initiated in Sumiran, Dhyān and

- Bhajan by Guru, and regularly applies herself to these practices. (8)
- Full of humility, her mind remains absorbed in the Holy Feet. She elevates her Surat to higher regions with Shabd. (9)
- She hears the sound of the bell and beholds Jyoti in Sahas-dal-kanwal. (10)
- Going to Trikuti, she has Guru's Darshan and hears the roar of thunder and the beating of the drum. (11)
- She hears many Rágas and Rágnís (musical modes) in Sunn, as well as the sounds of the fiddle and the violin. (12)
- She sees the white resplendent sun in Bhanwar-gupha and hears the Sohng Shabd accompanied by the sound of the flute. (13)
- She gets Darshan of Sat Purush in Sat Lok and then beholds Alakh and Agam. (14)
- Radhasoami has graciously accomplished all her task. She now remains clinging to His holy feet. (15)

Shabd 109

सुरतिया उमंग भरी ।
रही गुरु चरनन लिपटाय ॥१॥

Suratia, full of fervour and ardour, clings fast to
the Holy Feet of Guru. (1)

Guru, in His grace and mercy, made His advent
here and brightened up her wonderful fortune. (2)

She daily has Darshan of Guru and takes his
Prashád and Charnámrit. (3)

She is base, useless and worthless. Yet, He has
granted her Saran of His holy feet and made
her His own. (4)

He gave no consideration to her faults and
blemishes. He showered more and more grace
upon her day by day. (5)

Finding her meek and humble, Sat Guru was
moved to pity, and took her in His lap. (6)

She made no spiritual endeavours. But He, in
His grace and mercy, effected withdrawl of her
mind and Surat. (7)

She ascends higher and higher within her every
day. She is oblivious of her body and mind. (8)

She witnesses wonderful spectacles within. She
enhances her yearning for Parmarth. (9)

Full of joy, she praises her good fortune all the
time and is delighted to see marvellous spec-
tacles and acts of grace. (10)

At her place, blissful activities are ever going on
and Satsang is making greater strides day by
day. (11)

Guru very kindly enabled her to join Satsang.

Only rare Jivas are so highly fortunate. (12)

Guru enables His devotees to make spiritual endeavours, without their asking for it. He bestows wondrous gifts on them, without their begging for the same.

(13)

How can she express her thankfulness to Him ?

She thinks of none except her Guru. (14)

She performs the Arti of Radhasoami and wins His pleasure. She keeps on singing RADHA-SOAMI, RADHASOAMI.

(15)

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Shabd 110

सुरतिया भाव भरी ।

आज गुरु संग करत बिलास ॥१॥

Suratia, full of love and affection, enjoys the bliss in the company of Guru.

(1)

Sitting near Him, she listens to His sublime discourses which are of the form of nectar.

(2)

With faith in His holy feet, she imbibes those discourses slowly and gradually grasping their true import.

(3)

She regularly practises Surat Shabd Yoga. Her joy goes on increasing all the time.

(4)

Nowhere except Guru's holy feet does she repose her hopes and aspirations.

(5)

Enhancing her devotion, humility and love all the time, she abides in the Holy Feet. (6)

Contemplating Guru's form at heart, she takes her location there all the time. (7)

A longing to perform Guru's Sewa surges up within her. She becomes the slave of Guru's slaves. (8)

Day and night, she performs the Sewa of Guru's holy feet. Mentally, she stays near Him all the time. (9)

She utters RADHASOAMI Nam day and night. She remains indifferent at heart towards the world. (10)

She has now found the treasure-house of Prem and Saran. (11)

By His grace and mercy, her Surat ascends to higher region. She gets location in Sahas-dal-kanwal. (12)

Proceeding from there, she reaches Trikuti and beholds the bright light of the red morning sun. (13)

Going to Sunn, she bathes there and witnesses the refulgence of Akshar Purush. (14)

Passing through Bhanwargupha, she rushes to Sat Lok where the Bín (harp) is giving out its melodious sound day and night. (15)

She has Darshan of Alakh and Agam and then finds abode in the Holy Feet of Radhasoami. (16)

She performs Arti there with love and affection
and becomes the slave of the Holy Feet of
Radhasoami. (17)

Shabd 111

सु र ति या मो ह र ही ।
आज निरख गुरु छवि शान ॥१॥

Suratia gets charmed today as she beholds the
dazzling splendour of Guru's countenance. (1)

She is at her wit's end to witness the blissful acti-
vities ever going in Guru's Darbar. (2)

How can she describe the grace and mercy which
He has showered on her ? (3)

Beloved Radhasoami is her father and mother. He
in His mercy, has made His advent in this
world. (4)

He took her in His lap like a child, and gave her
the gifts of love and devotion. (5)

She got whatever she had asked for. How can
she express her thankfulness to Him ? (6)

She easily met the unattainable Being. She sacri-
fices her body and mind before Him. (7)

She recognizes no one as equal to Radhasoami.
Radhasoami is her very life and soul. (8)

All glory to you, O my merciful Sat Guru ! All
glory to you, the all-wise Supreme Being ! (9)

It was out of compassion for Jivas that You came
to this world. Now, bless all with the gift of
Bhakti. (10)

Bestow on her such mercy that she may recognize
and contact Shabd within. (11)

May her mind and Surat ascend to higher regions
and, on going to Trikuti, hear the melodious
Shabd resounding there. (12)

After having offered Arti at the Holy Feet of Guru,
may she elevate her Surat still higher from
there. (13)

On proceeding to Sat Lok, may she again perform
Arti going before Sat Purush. (14)

Proceeding from there, she repairs to Radhasoami
Dham and contemplates His holy feet. (15)

She sings His Arti with love and zeal. She now
attains the treasure-house of love. (16)

How can she praise her great good fortune ? She
merges in the Holy Feet of Beloved
Radhasoami. (17)

Shabd 112

सुरतिया मीन रही ।
गुरु दिया शब्द रस सार ॥१॥

- Suratia, keeps mum on tasting the unalloyed bliss
of Shabd which Guru has given her. (1)
- Imbued with love and with a heart full of faith,
she comes to the presence of Guru. (2)
- With love and reverence, she listens to the discourses delivered by Guru in Satsang. (3)
- Her heart is filled with more and more enthusiasm
as each day passes. She performs Guru's
Sewa carefully. (4)
- She makes no delay in giving up the sense of
worldly shame and family prestige. (5)
- She has broken off all relations with her kith and
kin and has cast aside the pride and ego of the
mind. (6)
- She has been initiated in the unique and invaluable
secrets of Surat Shabd by Guru. (7)
- She fights with her mind and senses day and night
and has given up all evil propensities. (8)
- She daily performs Bhajan, Bhakti and Abhyas
and peeps through the gateway to salvation. (9)
- Developing yearning, and relying upon the grace
and mercy of Sat Guru, her mind ascends to
higher regions. (10)
- She beholds the refulgence of Jyoti (flame) in
Sahas-dal-kanwal. On going to Trikuti, she
has Darshan of Guru. (11)

Proceeding to Sunn, she bathes in the Mán-Sarovar lake. She crosses Mahá-Sunn in the company of Guru. (12)

She then sees the refulgence of Bhanwarguphá and, in Sat Lok, she hears the glorious sound of the Bín (harp). (13)

After having witnessed the forms of Alakh and Agam, she reaches the Infinite Rádhásoámí Dhám. (14)

Her Beloved Father is merciful to her. He affectionately takes her in His arms. (15)

She finds today the treasure-house of love, the source of supreme and unbounded bliss. (16)

Her perfect luck has awakened. She has met her beloved Radhasoami. (17)

Shabd 113

सुरतिया अघर चढ़ी ।
घर सतगुरु रूप धियान ॥१॥

Suratiá, enshrining within her, the image of Sat Guru, ascends to higher regions. (1)

She associates with Guru with love and faith and listens to His sublime discourses. (2)

She has come to know of the secrets of Surat

Shabd, and also the increasingly infinite glory
and eminence of Radhasoami. (3)

After receiving initiation, she performs Abhyas and
recognizes the form of Sat Guru within. (4)

Love and devotion are aroused in her heart. She
remains clinging to Guru's holy feet, (5)

She has Guru's Darshan, looking intently into
His eyes. As she listens to His discourses, she
ascends to higher regions. (6)

Drinking the nectar of unalloyed bliss, she gets
intoxicated. The world is all false to her. (7)

The yearning Surat gets dyed in the colour of Sat
Guru. Mana and Máya are left behind on
this side. (8)

She daily enjoys bliss within, easily and gradually,
elevating her Surat to higher regions. (9)

She proceeds onward, enshrining the image of Sat
Guru within. Kál and Karam are rendered
utterly powerless. (10)

On getting Guru's Darshan, she remains absorbed
in bliss. She sacrifices her body, mind, life and
soul. (11)

Sat Guru's form is extremely pleasing to her as a
woman is to a passionate male. (12)

Her love for Guru's holy feet grows intense like
that of the fish for water which is its support

and of the Papíhá for Swánti rain. Who can
describe its glory ? (13-14)

Her mind and Surat ascend to Trikuti, and from
there, her Surat proceeds to Sat Lok and takes
its location. (15)

Endowed with telescopic vision kindly given by
Sat Purush, she repairs to the Abode of the
Nameless Supreme Being. (16)

She feels extremely delighted as she reaches her
True Home. She is fully satiated on getting
Darshan of Radhasoami. (17)

Shabd 114

सुरतिया ताक रही ।
गुरु नैन रसाल ॥१॥

Suratia looks intently into the charming eyes of
Guru. (1)

Turning and withdrawing from all directions, she
concentrates within and enjoys the bliss of
higher regions. (2)

She becomes totally oblivious of her body and
mind. All her pain and suffering is now over. (3)

Kal creates many obstacles for her. She faces
him taking with her the shield of Nám. (4)

By the grace and mercy of Radhasoami, she

- shatters the strength of Kal and cuts asunder
the net of the mind and the senses. (5)
- Kám (passion), Krodh (anger), Ahankár (ego¹),
Lobh (avarice) and Moh (infatuation) which
are all wicked and pernicious, are destroyed. (6)
- Without Guru's mercy, she wandered endlessly in
the world. Radhasoami, on His own, has
vouchsafed His protection to her. (7)
- Attaining purification, she proceeds towards higher
regions and witnesses the marvellous refulgence
of Jyoti. (8)
- Leaving behind the sounds of the bell and the
conch in Sahas-dal-kanwal, she enters Banknál
(the crooked tunnel), ahead. (9)
- On going to Trikuti, she gets Darshan of Guru.
In Sunn, she bathes in the Mán-Sarovar lake. (10)
- After witnessing the acts of grace of Akshar
Purush, she goes to Mahá-Sunn in the company
of Guru. (11)
- On hearing the melodious sound of the flute in
Bhanwargupha, she overthrows Mahá-Kal. (12)
- Going to Sat Lok, she gets Darshan of Sat Purush
and feels extremely elated on hearing the
sound of the Bín (harp). (13)
- Ascending beyond Alakh and Agam, she meets
Radhasoami who is Dín Dayál (merciful to
the humble and the lowly). (14)

She performs His Arti with zeal and fervour and
gets absorbed in bliss on having His exalted
Darshan. (15)

He, in His grace and mercy, embraces her. She
feels enriched and exalted today. (16)

All the time, she sings the praises of her Beloved.
He has made her the proud possessor of all
treasures. (17)

Shabd 115

सुरतिया जाग उठी ।
जुन बचन गुरु के सार ॥१॥

Suratia wakes up on hearing the sublime discourses
of Guru. (1)

She was wandering endlessly in this dark world
and could not get Satsang. (2)

Her luck awakened and she came to the presence
of Guru, from whom she got the most profound
secrets. (3)

Her mind and Surat engender love for the Holy
Feet. (4)

Kal and Karam created many obstacles and she
was kept away from Satsang. (5)

By grace, renewed enthusiasm arose within her
and she comes to Guru's holy feet. (6)

Sat Guru casts His benign glance on her and grants her the gift of love. (7)

With zeal and fervour, she performs Guru's Sewa, awakening ever-new love and faith all the time. (8)

She listens to the reverberations of Shabd by her Surat and gets fresh bliss every day. (9)

She abides in the Holy Feet day and night and experiences ever-new joy and bliss all the time. (10)

Fresh love for Guru's holy feet is always aroused within her. She cannot adequately describe it. (11)

She feels elated on getting the bliss of Shabd. Her Surat rushes towards higher regions. (12)

She beholds the refulgence of Jyoti in Sahas-dal kanwal, and Guru's abode in Trikuti. (13)

She witnesses moon-light and the square. She beholds the refulgence of Sat in Bhanwargupha. (14)

She got wondrous bliss on touching the Holy Feet of Sat Purush. (15)

Beyond that, she gets Darshan of Alakh Purush, after which, she rushes and touches the Holy Feet of Agam Purush. (16)

Higher up, she beholds the most marvellous mansion whose splendour and grandeur beggar discription. (17)

She gets the wonderful Darshan of the merciful Supreme Being Radhasoami. (18)

With love overflowing within her, she sings His
praises, clinging to the Saran of His holy feet. (19)

Her most affectionate Guru showers His grace
and mercy on her. He takes her in His lap. (20)

Merrily and merrily, she sings His praises all the
time. She always contemplates the majestic
form of Radhasoami. (21)

MISCELLANEOUS

Shabd 116

सुरतिया मनन करत ।
सतगुरु के अचरज बोल ॥१॥

Suratia reflects upon the wonderful words of Sat
Guru. (1)

She ponders over all the discourses which she
hears in Satsang. (2)

Grasping their essence, she enshrines it in her
heart. She realizes that Surat Shabd Yoga is
the path most sublime. (3)

She ascends to higher regions, with her gaze
directed upward. She sorts out the resonance
of true Shabd by penetrating deeper and deeper
within. (4)

To whom can she disclose the wonderful acts of

grace which Radhasoami has enabled her to witness ?

(5)

Shabd 117

सुरतिया सोय रही ।
मन इन्द्रियन संग जग माहि ॥१॥

Suratia has been sleeping in this world in the company of the mind and the senses.

(1)

Her good luck awakened and she met Sat Guru. She firmly grasped His hand.

(2)

He, in His mercy, revealed to her the whereabouts of her True Home. She now sits under the shelter and protection of His holy feet.

(3)

She now wakes up from the slumber of infatuation. The trap laid for her by Kal and Karam has now been blasted.

(4)

Radhasoami has accomplished her task in all respects. She will not let go her hold on His arm now.

(5)

Shabd 118

सुरतिया खेल रही ।
गुरु बागन बीच ॥१॥

Suratia is frolicking in the flower-gardens of Guru.

(1)

Lotus-beds are in full bloom. The mind gardener,
is watering them. (2)

Seeing the lotuses, her Surat, blossoming forth like
a flower, is drawn upward. (3)

Her Guru has cast off all her desires for sensual
pleasures and has squeezed her mind and the
senses making them powerless. (4)

He, in His grace, has removed numerous obstacles
on her way, and has vanquished Kal and
Karam. (5)

Considering her as His own, Soami has been
merciful to her and has drawn her to His holy
feet. (6)

Radhasoami, in His grace and mercy, has
liberated a base, worthless and mean Jiva like
her. (7)

Shabd 119

सुरतिया चरन गहे ।
सुन सतगुरु बचन अमोल ॥१॥

Suratia, on hearing the sublime discourses of Sat
Guru, grasps His holy feet. (1)

Imbued with love, she has received initiation and
is now engaged in the practice of Surat Shabd
Yoga. (2)

She lovingly applies herself to Shabd within and comes near Brahm. (3)

From there, she proceeds and beholds the region of Pár-Brahm. She becomes a priceless jewel, as it were. (4)

She has done away with Māya's net. Kal's forces have now taken to their heels. (5)

Ascending further, she hears the resounding of Sat Shabd. Who can form any idea of its worth and eminence ? (6)

By great good fortune, she repairs to Radhasoami Dham, where delightful activities go on all the time. She attains supreme bliss. (7)

Shabd 120

सुरतिया भूल गई ।
अब निज घर जग में आय ॥१॥

Suratia, on coming to this world, has forgotten all about her True Home. (1)

For innumerable lives, she has been besieged by Kal. She remained clinging to Maya. (2)

Param Guru, merciful Radhasoami has now made His advent in the world. (3)

In His grace and mercy, He has revealed to her the inner secrets and has explained the modes

and the methods for repairing to the True Home. (4)

He has awakened her wonderful luck. Making her His own, He has attracted her to His holy feet. (5)

By practising Surat Shabd Yoga, she will one day repair to her True Home. (6)

She will perform the Arti of the Holy Feet of Radhasoami. She will remain absorbed in bliss, singing His praises. (7)

Shabd 121

सुरतिया हरख हरख ।
आज गुरु चरनन लागी ॥१॥

Suratia today clings to the Holy Feet of Guru with mounting joy and delight. (1)

Imbued with yearning and love at heart, she has given up all worldly desires. (2)

She has cast away all her delusions and illusions. Love and devotion have awakened within her. (3)

Worldly pursuits are all transitory and insipid to her. Her mind has naturally developed a sense of renunciation. (4)

She now realizes the glory and eminence of Sant Mat. Her Surat has developed an attachment for the bliss of Shabd. (5)

Discourses delivered in Satsang are now pleasing to her. By touching the Holy Feet, she has become the proud possessor of great good luck. (6)

She has engendered faith in the Holy Feet of Radhasoami. She prays for the gift of love from Him. (7)

Shabd 122

सुरतिया माँज रही ।
गुरु घाट नाम संग मन अपना ॥१॥

Suratia is scrubbing and cleansing the mind with the Holy Name at the घाट Ghát* of Guru. (1)

She attends Satsang and rushes for performing Sewa of Guru. She thereby purifies her body. (2)

She enhances her love for the devotees of Guru and spends her money on them. (3)

By enshrining the image of Guru in her heart, she keeps away the heat and burning of worldly existence. (4)

Her love for and faith in the Holy Feet of Guru go on increasing and her attachment for the world is decreasing day by day. (5)

Her mind no longer gets entangled in Karam and

* घाट Ghat means a place for washing clothes on the bank of a river, lake, etc. Ghat of Guru, therefore, means Satsang or the plane of Guru internally, viz., Trikuti.

Bharam (rituals and observances) and worldly dealings. (6)

She daily applies her Surat to inner sounds. She does not waste her energy in useless activities. (7)

Attaining purification, her Surat ascends higher and higher. In Trikuti, she has Darshan of Guru with her gaze rivetted on Him. (8)

She firmly adopts Saran of Radhasoami. She is now immersed in the love of His holy feet. (9)

Shabd 123

सुरतिया बचन सम्हार ।
गुरु की मौज निहार रही ॥१॥

Suratia, grasping the significance of Guru's discourses, now patiently looks to His Mauj (pleasure). (1)

With mounting zeal and fervour, she rushes to attend Satsang. She enshrines love for Guru in her heart. (2)

Developing faith in Guru's holy feet, she gets herself initiated in Surat Shabd Yoga. (3)

Imbued with love, she daily performs Abhyas. She has cast off all the evil propensities of her mind. (4)

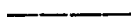
As she has Darshan of Guru's image in Dhyan,
she awakens ever-new love and yearning within
her. (5)

She constantly applies her Surat to Shabd. Going
to higher regions, she hears the melodious
reverberations of Shabd. (6)

She beholds the refulgence of Jyoti in Sahas-dal-
kanwal, beyond which, she hears the Shabd of
OMkár. (7)

In Sunn, she witnesses the moon. She goes to Sat
Lok, beyond Bhanwargupha. (8)

Proceeding from there, she repairs to the Abode
of Radhasoami and becomes the recipient of
His grace and mercy. (9)



Shabd 124

सुरतिया समझ बूझ ।
आज गुरु मत लिया सम्हार ॥१॥

Suratia has today adopted Guru Mat after under-
standing it thoroughly. (1)

She comes to Satsang on getting its whereabouts
and listens to Guru's discourses which are like
the current of nectar. (2)

As she ponders over Sat Mat (true religion) she
gets peace of mind and feels delighted. (3)

She has Guru's Darshan with zeal and fervour.
Love thereby awakens within her. (4)

On getting initiated into the inner secrets, she performs Abhyas regularly and contacts with the current of Shabd within. (5)

Casting aside her perverse sense and understanding, she now develops good sense and gets rid of the burden of Karam and Dharam (rituals and observances). (6)

She has developed intense love for the Holy Feet of Radhasoami. She has altogether given up the company of worldly Jivas. (7)

The ways of the world are no longer pleasing to her. She cherishes the ways of Bhakti at heart. (8)

The whole world has been caught in Kal's net. Without the help and guidance of Guru, none will get across. (9)

She has been the recipient of the grace and mercy of the Highest Region. She has come to know of the profound secrets of Shabd. (10)

She is free from all care and anxiety by adopting Saran of the Holy Feet. Radhasoami, in His grace, will surely liberate her. (11)

Shabd 125

सुरतिया न्हाय रही ।
हसन संग सरवर तीर ॥१॥

Suratia bathes on the banks of the Mán-sarovar lake in the company of Hansas. (1)

Separated and detached from all, she attaches herself to Guru's holy feet. She has left the crowds of the worldly people. (2)

Imbued with faith and implanting calm and tranquillity in her mind, she engages in the practice of Surat Shabd Yoga. (3)

Sensual pleasures are now vapid and insipid to her. Discarding water, she drinks nectar. (4)

She regularly performs Abhyas as prescribed. By churning, as it were, the internal sounds, she extracts the essence out of them. (5)

She ascends and proceeds beyond Trikuti, and enjoys true bliss in the company of Hansas. (6)

He alone in this world is a true Faqir who has come to know of these inner secrets. (7)

O brave one ! If you really want to start on journey within, then do come under the shelter and protection of Radhasoami. (8)

Firmly grasp His holy feet. You will not meet a greater master than Radhasoami. (9)

He, in His grace and mercy, will accomplish your task and will grant you abode in the highest and most exalted region. (10)

On attaining your true home, you will remain

immersed in bliss all the time. You will not
have to be born in this world again. (11)

Beloved Radhasoami has enriched a lowly Jiva
like her, by granting her the gift of love. (12)

Shabd 126

सुरतिया टेक रही ।
गुरु चरनन सीस नवाय ॥१॥

Suratia pays obeisance to Guru by placing her
head on His holy feet. (1)

Imbued with love and devotion, she remains
engaged in Guru's Sewa with care and
attention. (2)

She has Guru's Darshan with zeal and fervour, and
regularly comes to listen to discourses delivered
in Satsang. (3)

Kal and Karam created obstacles for her and kept
her away from Satsang. (4)

Falling in bad company, she was carried away by
sensual pleasures and remained clinging to the
mind and the senses. (5)

She did not mix with the loving devotees of Guru
and forgot all about Sat Guru's teachings and
instructions. (6)

She wandered in the company of evil propensities like Kam (passion) and was a victim of Maya's temptations. (7)

Radhasoami, by His special grace and mercy, cut asunder her entanglements and attracted her to Him. (8)

He purified her somehow or other and made her join Satsang again. (9)

She now constantly repents within herself. By making spiritual endeavours, she awakens love for Guru within her. (10)

Being careful and alert, and firmly grasping the Holy Feet, she now comes and adopts the Saran of Radhasoami. (11)

Praying fervently at the Holy Feet, she wins the pleasure of merciful Radhasoami. (12)

HOLI

Shabd 127

सुरतिया धूम मचाय रही ।
खेलन को होली सतगुरु साथ ॥१॥

Suratia is creating a tumult, ready to play Holi with Sat Guru. (1)

At first, she played Holi with Mana and Maya and,

- in so doing, she remained wandering in the world in diverse ways. (2)
- Mad in the company of the senses she remained engrossed in worldly pleasures. (3)
- Due to fear of the world and a sense of worldly shame, she remained entangled in Karam (rituals) and Dharam (observances). (4)
- However, when she met the loving devotees of Guru, they apprised her of the whereabouts of Sat Guru. (5)
- On hearing them, zeal and enthusiasm were aroused in her heart and she then made a search for Sat Guru. (6)
- She came running to Sat Guru's holy feet. She filled the pitcher of her heart with the colour of love. (7)
- With folded hands, she prays to Guru for the gift of the Phaguá of love and devotion. (8)
- Acquainting herself with the secret of Shabd, she elevates her Surat within and establishes a link with Guru in Trikuti. (9)
- She plays Holi there with various colours. She performs Arti of Guru and elevates her Surat higher. (10)
- After having Darshan of Sat Purush, she merges in the Holy Feet of Radhasoami. (11)
-

Shabd 128

सु र ति या रं ग भ री ।
आज खेलत गुरु संग फाग ॥१॥

Suratia today plays Phág (Holi) with Guru merrily. (1)

She had a long sleep of infatuation. She has now awakened on meeting Guru. (2)

As she has Guru's Darshan and hears His discourses, love and affection are enhanced. (3)

By practising Surat Shabd Yoga regularly, she brightens her luck day by day. (4)

Her Surat ascends within and enjoys the bliss of Shabd. She has given up all Karam and Bharam. (5)

Her mind has become humble and absorbed in Guru's holy feet. Her attachment for worldly pleasures is now gone. (6)

By playing Holi with Guru, she has become all red. All her stains and blemishes have been obliterated. (7)

On ascending to Gagan, she raises such a tumult that Kal's net is reduced to ashes. (8)

Untieing her knot with Mana and Maya, she has snapped the thread of her infatuation with the world. (9)

She makes her Surat penetrate Sat Shabd just as one passes a thread through the eye of a needle. (10)

After having taken Phaguá (Holi gifts) from Alakh and Agam, she rushes to Radhasoami Dhám. (11)

Dyed in the colour of love, she performs the Árti of Radhasoami. She remains clinging to His holy feet. (12)

Shabd 129

सुरतिया पियत अमी ।
गुरु नाम सुमिर धर प्यार ॥१॥

Suratia drinks nectar as she performs Sumiran of Guru's Nám with love and affection. (1)

On hearing of the eminence of Sant Mat, she comes to Guru's Darbár. (2)

She feels delighted as she attends Satsang with love and faith developed at heart. (3)

Implanting RADHASOAMI Nam in her heart, she contemplates the most marvellous form of Guru. (4)

On getting the secrets, she listens to the reverberations of Shabd within by her mind and Surat. (5)

Adopting Guru's Saran and keeping her gaze fixed on His holy feet, she casts off all evil propensities from her mind. (6)

Arousing her yearning and enhancing her zeal,

she carefully performs the spiritual practices. (7)

Day by day she gets more and more absorbed in the bliss of Shabd. She sings Guru's praises again and again. (8)

Radhasoami, in His special grace and mercy, now takes her Surat across the ocean of worldly existence. (9)

Shabd 130

सुरतिया चढ़त अधर ।
धुन डोरी पकड़ सम्हार ॥१॥

Suratia ascends to higher regions, catching hold of the cord of Shabd carefully. (1)

By the mercy of Sat Guru, she comes to know of the inner secrets concerning the path of Surat Shabd. (2)

Imbued with yearning, she performs Abhyas and carefully applies her Surat to Shabd. (3)

On touching Guru's holy feet, her mind feels elated and easily gives up sensual pleasures, which are all evil. (4)

Her Surat becomes enamoured of the bliss of Shabd. She hears the sounds of the bell and the conch at the gate-way to Sahas-dal-kanwal. (5)

Relying on Guru's mercy, she rushes to Gagan

and becomes absorbed in bliss on having
Guru's Darshan. (6)

After witnessing the moon and going beyond
Mahá-sunn, she beholds the refulgence of the
white sun. (7)

Going to Sat Lok, she hears the sound of the Bín.
She becomes enriched on touching the Holy
Feet of Radhasoami. (8)

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Shabd 131

सुरतिया लखत अधर घर ।
गुरु के संग चली ॥१॥

Suratia, proceeding in the company of Guru,
witnesses her abode in Adhar (region which
rests on no support). (1)

Coming before Guru with love and faith, she
mingles with other devotees in Satsang. (2)

She feels extremely delighted as she listens to
Guru's discourses. She associates with Him,
giving up all hypocrisy. (3)

Guru disclosed to her the most sublime secrets.
The Vedas and other scriptures rank much
below. (4)

The true abode of Surat is in the region of Sants.
He alone will attain it, who applies himself
assiduously to Shabd. (5)

With zeal and ardour, Suratia learns the modes
and methods from Guru and performs Abhyas
assiduously day and night. (6)

She gets dyed in the colour of Guru. She witnesses
the flame within her. (7)

While listening to Shabd, she proceeds further
ahead and ascends to the lane to Gagan
(Trikuti). (8)

She ascends to the top of Sunn and beholds
Bhanwargupha. She blossoms forth like a
flower on hearing the sound of the Bín (harp). (9)

She then beholds Radhasoami Dham. O friend !
Her joy knows no bounds as she repairs to
her True Home. (10)

Shabd 132

सुरतिया भक्ति करत ।
सतगुरु की दया निहार ॥१॥

Suratia performs the Bhakti of Sat Guru on
witnessing His grace and mercy. (1)

She is sad and disappointed on observing the
pitiable condition of the world. With care
and anxiety she comes to Guru's Darbar. (2)

Darling Surat is in search of the abode of happi-
ness in the imperishable region which is
replete with pure and unalloyed bliss. (3)

She is worried as to how she can secure release
from the world and repair to her true and
most exalted abode. (4)

Finding her restless and full of true yearning and
pining, the merciful Guru is pleased to cast His
benign glance on her. (5)

He discloses to her all the inner secrets and
explains to her the methods of Shabd practice. (6)

Hearing Him, Suratia proceeds merrily within,
developing love and yearning at heart. (7)

By Sat Guru's grace and mercy, she forces open
the portal of Sahas-dal-kanwal. She witnesses
flame and goes to Trikuti. (8)

Proceeding beyond Sunn and Mahá-Sunn, she be-
holds Bhanwarguphá and then Sat Lok. (9)

She finally merges in the Holy Feet of Radhasoami.
She becomes free from all fear on accompli-
shing her task. (10)

Shabd 133

सुरतिया उमँग भरी ।
मिली गुरु से खोल कपाट ॥१॥

Suratia, full of yearning and love, bursts open the
barrier and meets Guru face to face. (1)

Having realized the need and importance of

- Parmarth, she comes to Satsang, seeking the path to redemption. (2)
- As she listens to Guru's discourses, her faith and belief get strengthened. Fear and shame of the world no longer bother her. (3)
- Knowing the body, mind and wealth to be trivial, she dedicates them to Guru and spends her money in His service. (4)
- Having been initiated in the secrets, she performs Abhyas daily. She elevates her Surat and enjoys the bliss of higher regions. (5)
- Leaving Sahas-dal-kanwal, she reaches Trikuti and is extremely delighted to have Darshan of Guru. (6)
- Going beyond Sunn and Mahá-Sunn, she sacrifices herself at the Holy Feet of Guru. (7)
- Radhasoami Dham is infinitely wondrous. As she beholds It, she gets immersed in intense bliss and happiness. (8)

Shabd 134

सुरतिया अमन हुई ।
तज चित से जगत कुरंग ॥१॥

- Suratia attains peace and tranquillity, on discarding the dirty colour of the world from the bottom of her heart. (1)

She constantly suffered pain and pleasure in the company of the world. Kal and Karam harrassed and tormented her. (2)

She found no way of escape. She remained extremely restless. (3)

Hearing of the glory and eminence of Satsang, she comes to the presence of Guru with zeal and enthusiasm. (4)

She finds peace of mind as she listens to His discourses. By practising Bhajan, she becomes dyed in the colour of love. (5)

Ascending to higher regions within, she hears the ringing of the bell, the peal of the thunder and the beating of the drum. (6)

Passing through Sunn, she proceeds to Sat Lok, seeing which, Kal is flabbergasted. (7)

By the grace and mercy of Radhasoami, she attains the ever-lasting abode. She becomes pure by associating with Sat Guru. (8)

Shabd 135

सुरतिया दूर बसे ।
हर दम गुरु चरन निहार ॥१॥

Suratia, though abiding at a distance, keeps her gaze fixed inwardly on Guru's holy feet all the time. (1)

Cutting asunder the snares and entanglements of the world, she comes to Guru's Darbar. (2)

Imbued with love, she applies herself to Guru's holy feet with every part and faculty of her being. (3)

Discarding all the waves and cravings of her mind, she cherishes only one aspiration and faith. (4)

Casting aside all obstacles and difficulties, she remains enamoured of the Holy Feet of Sat Purush Radhasoami. (5)

She cries out at Guru's holy feet for being able to have Darshan of His Nij Swarūp (True Form). (6)

She is restless. Intense yearning arises in her heart. Tears flow in torrents from her eyes. (7)

She finds it difficult to think of and conform to Mauj. She fails to maintain patience. The fire of yearning always rages within her. (8)

She prays all the time but gets no peace. She cannot bear her intense grief and sorrow. (9)

She again and again supplicates most humbly :
O Radhasoami ! My merciful Father ! Grant me Your Darshan and remove my pain and anguish. Utterly powerless, I have fallen at Your door. (10-11)

I find no peace without Your Darshan. My mind is ill, unable to maintain patience and calm. (12)

For many a day have I been praying to You. O

Radhasoami ! Now, at least, listen to my prayer. (13)

Grant me Your Nij Darshan (Darshan of Your true form) within me and enable me to hear Shabd which is like the current of nectar. (14)

O beloved Radhasoami, my most merciful Guru ! Do grant me my prayer without further delay. (15)

Shabd 136

सुरतिया निकट बसे ।
गुरु दरस करे हर बार ॥१॥

Suratia sitting near Guru, has His Darshan face to face all the time. (1)

After much thought and deliberation, she has realized the value and importance of Parmarth and dissociated herself from the world. (2)

Giving up all worldly hopes and aspirations, she has now adopted Saran of the Holy Feet of Radhasoami. (3)

As she hears the discourses delivered in Satsang, she feels delighted at heart. She elevates her Surat in the company of Shabd. (4)

She associates with Guru with joy and happiness. She has now forgotten all about worldly dealings. (5)

Highly elated, she witnesses Guru's acts of grace and beholds unalloyed scenes and spectacles within. (6)

By the grace and mercy of Radhasoami, her task is slowly and gradually accomplished. She has easily got across the ocean of worldly existence. (7)

She praises her good fortune every moment. She sings the praises of Radhasoami all the time. (8)

Shabd 137

सुरतिया बुंद अंस ।
आज सिध संग करत बिलास ॥१॥

Suratia, a drop and emanation from the Supreme Being, is today enjoying the bliss of reunion with the Ocean of Spirituality. (1)

She has become love-mad on having Darshan of Guru and has given up all worldly hopes. (2)

She sacrifices with utter abandon her body, mind and riches, and remains with Guru, performing His Sewa. (3)

She feels transported on hearing Sat Guru's discourses. She beholds the refulgence of Shabd within her. (4)

As she performs Dhyān, she enhances love for Guru. She has found abode at Sat Guru's - holy feet. (5)

Darling Surat ascends to higher regions day and night. In Sahas-dal-kanwal, she witnesses the refulgence of Jyoti. (6)

She hears both the peal of thunder and the beating of the drum. She goes to Guru's region and abides there. (7)

Her Surat goes further ahead with zeal and enthusiasm. In Sat Lok, she finds the treasure-house of Shabd. (8)

With joy and delight, she has Guru's Darshan, cherishing full faith in His holy feet. (9)

Beloved Radhasoami is the Ocean of Love. She becomes a true slave of His holy feet. (10)

Imbued with deep love, she performs His Arti. Joy and bliss are now overflowing in her heart. (11)

With zeal and fervour, she clings to the Holy Feet. She sings the praises of Radhasoami day and night. (12)

Shabd 138

सुरतिया समझ गई ।
अब राधास्वामी मत निज सार ॥१॥

Suratia has now fully understood the most sublime Radhasoami Mat. (1)

She has attended Guru's Satsang attentively. She

- has come to know of the most profound secrets
of Shabd. (2)
- The Shabd which emanated from the Original
Abode is the creator of all. (3)
- That Shabd ITself is the life of the entire creation.
That, again, is the current of light and love. (4)
- Wherever that current halted, IT evolved a separate
creation by forming a sphere. (5)
- Shabd created the entire Triloki, i.e., all the three
worlds. Maya emanated from Shabd and then
spread all round. (6)
- The five Tattwas and the three Gunas were all
brought into being by Shabd. (7)
- Dhun is Átmá. Surat is of the form of Shabd. (8)
- Surat becomes impure in the company of Mana
(mind) and Maya, and, associating with the
senses, wanders in this world. (9)
- Under the sway of Kam (passion) and Krodh
(anger), she goes through pain and pleasure
and suffers from the three kinds of afflictions. (10)
- So long as she does not meet Guru from the
Highest Region, she remains entangled in Kal's
net. (11)
- Guru gives her the secrets of Shabd, shows her
the path and enables her to perceive the current
of Shabd within. (12)

Unapproachable and infinite is the eminence of
Radhasoami, the Supreme Being, whose Abode
is the Highest Region. (13)

Hearing Guru's words (instructions), she feels
great joy and delight. She engenders love for
and faith in Guru. (14)

Catching hold of the cord of Shabd, both mind
and Surat ascend to higher regions, imbued
with love. (15)

If Surat forms a pair with Sat Guru and proceeds
within, she will get rid of Kal and Karam. (16)

Going to Sunn, she bathes in Mán-sarovar. Her
Surat, giving up the company of the mind,
attains its pristine glory. (17)

After ascending to Mahá-sunn and Bhanwargupha,
she reaches the Darbar of Sat Guru. (18)

She then hears the sounds of Alakh and Agam.
Thereafter, she has Darshan of the majestic
form of Radhasoami, which is the true essence. (19)

By the grace and mercy of Sat Guru, her task is
now completed and she has repaired to her
True Home easily. (20)

Great is the glory of Radhasoami Mat. It
extricates the Jiva from Kal's domain. (21)

It is only when Sat Guru takes the Jiva to the

imperishable region that his true redemption is effected. (22)

And it is only when Radhasoami showers His grace and mercy that the Jiva can meet Sat Guru, his true friend. (23)

Guru, in His grace and mercy, liberates the Jiva and enables him to meet the True Creator easily. (24)

She sings the praises of Radhasoami every moment and expresses her thankfulness to Him again and again. (25)

Shabd 139.

सुरतिया भाग चली-
तज काल देश संसार ॥१॥

Suratia runs away from the world which is Kal's region. (1)

She suffered much pain in the company of the mind and the senses and remained ill, enjoying worldly pleasures. (2)

She was a constant victim of the three kinds of afflictions. She met no one who could liberate her. (3)

By the grace and mercy of Radhasoami, she came in contact with Guru's Satsang and heard the profound secrets of her true home. (4)

She was full of joy and delight to hear Sat Guru's discourses. She became imbued with humility. Love was aroused within her. (5)

Guru, in His mercy, initiated her in Surat Shabd Yoga. Catching hold of the cord of Shabd, she will get across. (6)

Full of joy and delight, her Surat proceeds within and listens to the ringing of Anhad Shabd. (7)

Ascending stepwise on the staircase of Shabd, she reaches the most exalted Radhasoami Dham. (8)

Shabd 140

सुरतिया जाय बसी ।
धुर धाम गुरु के संग ॥१॥

Suratia goes to the Highest Mansion in the company of Guru and abides there. (1)

Sat Guru graciously showed her the path. He put an end to all her Karam and Bharam. (2)

She listens to Anhad Shabd with love and affection. The agents of Kal now feel harassed and distressed. (3)

By grace and mercy, her Surat proceeds towards higher regions. Kal and Karam, too, feel vanquished. (4)

The current of love surges forth within her. , Each
and every pore of her body is thrilled with joy. (5)

Her Surat goes running to Sat Lok and gets dyed
in the colour of Sat Guru. (6)

By the grace and mercy of Radhasoami, her task
has been accomplished. She has today become
dissociated from all. (7)

Bachan 12

PREM BILAS (BLISS OF LOVE)

THIRD PART

MURLIYA (NOTES OF THE FLUTE)

ON ADMONITION

Shabd 1

कोई सुनो बचन सतगुरु के सार ॥टेक॥
मन इन्द्रि जग में भरमावें ।
इन से रहो हुशियार ॥१॥

Listen to the sublime discourses of Sat Guru. The mind and the senses lead you astray in this world. Be careful about them. (1)

Be indifferent towards worldly pleasures and proceed with Guru. (2)

Attend Satsang. Enshrine Guru's discourses in your heart after thinking and pondering over them. (3)

Get acquainted with the secrets of True Region from Guru. Take to the path of Surat Shabd. (4)

Imbued with yearning, make spiritual endeavours and listen to the ringing of Shabd within. (5)

Relying on the grace and mercy of Radhasoami,
get across the ocean of worldly existence. (6)

Shabd 2

कोई सुनो प्रेम से गुरु की बात ॥टेक
सेवा कर सतसंग कर उनका ।
और बचन उन हिये बसात ॥१॥

Listen to Guru's words with love and affection.
Serve Him. Attend His Satsang. Implant His
discourses in your heart. (1)

Receiving initiation in Surat Shabd Yoga, elevate
your mind and Surat within. (2)

On listening to Shabd, your mind will be absorbed
in bliss, and your joy and happiness will
increase day by day. (3)

Cherish love for and faith in Guru's holy feet, you
will get His Darshan within every moment. (4)

Your luck will awaken. You will sing Sat Guru's
praises all the time. (5)

Perform Guru's Arti. Augment love for Him at
heart. You will then get the gift of His grace
and mercy. (6)

Radhasoami will fully accomplish your task.
Adopting His Saran, you will then merge in
His holy feet. (7)

Shabd 3

आज चलो बिदेसन अपने देश ।
 (पिया के देश) ॥टेक॥
 या जग में पूरा सुख नाही ।
 फिर २ भोगो करम कलेश ॥१॥

O sojourner ! Repair to your own region which is the abode of your Beloved. This world is not of true and perfect happiness. You have to repeatedly suffer pain and agony as a consequence of your Karams. (1)

Proceed right now. Death is constantly calling you and you will have to leave this alien region one day. (2)

Wealth and property will not accompany you. All pleasures of this region will part company with you in a moment. (3)

Therefore, O dear, think over the matter. Take heed and make your life fruitful right now. (4)

Seek Sat Guru and attach yourself to Him. Give up your adherence to Maya in right earnest. (5)

Engender love and faith at heart. Repair to Sunn (Das-wán-dwár) by performing Surat Shabd Yoga. (6)

Ascend higher from there and proceed to Sat Lok where Surat will assume the form of a Hansa. (7)

Then repair to Radhasoami Dham, the Original Abode, and attain supreme and everlasting bliss. (8)

You will then become immortal and absolutely free from pain and pleasure and enjoy constant bliss and happiness. (9)

Shabd 4

आज चलो पियारी अपने घर ॥टेका॥
जब से तुम परदेस सन्हारा ।
काल करम से यारी कर ॥१॥

O darling ! repair to your own abode this very day. Ever since you came to this alien region, you have been making friends with Kal and Karam. (1)

Shabd Guru is calling out to you all the time. But you do not heed His words. (2)

Maya has created numerous objects of pleasure. You, all spirituality, are entangled with inert matter. (3)

Being in the body, you constantly suffer pain and pleasure undergoing the punishment and paying off the toll of recurrent births and deaths. (4)

Listen to my words, O dear ! Search for Sat Guru right now. (5)

Grasp His holy feet with love and affection. Proceed on the difficult path in His company. (6)

Radhasoami, in His grace and mercy, will liberate

you. Take shelter under Him, grasping his holy feet. (7)

Shabd 5

कोई करो गुरु का सतसंग आज ॥टेक॥
जो जग संग तुम रहो लिपटाई ।
परमार्थ का होय अकाज ॥१॥

Attend Guru's Satsang this very day. If you remain engrossed in the world, you will spoil your Parmarth (spiritual welfare). (1)

The agents of Jama will torment you, and will make you dance up and down in the cycle of eightyfour (transmigration). (2)

Seek Sat Guru and attend His Satsang. Give up all fear and regard for the world and your family. (3)

Engender deep love for Guru's holy feet. You will be adorned with devotion and faith. (4)

Getting initiated in the secrets of Shabd, elevate your Surat. Going to Trikuti, enjoy sovereignty there. (5)

Radhasoami is the most Munificent Supreme Being. He, in His grace and mercy, will accomplish your task. (6)

Shabd 6

कोई सुनो हिये में गुरु संदेश ॥टेक॥
 धार बधर से नित चल आवत ।
 तू रहा लिपट करम के देश ॥

Hearken within you the message of Guru. The current of Shabd is constantly coming down from above. But you remain engrossed in the region of Karams. (1)

For innumerable ages, you have remained lost in the sleep of infatuation. You have been constantly suffering pain and agony caused by Kal. (2)

Maya and Kal are after you. They keep you miserable and wound your heart. (3)

Seek Sat Guru. Hear and assimilate His discourses. Give up worldly pleasures and comforts. (4)

Practise Surat Shabd Yoga. Give up passion and anger altogether. (5)

Engender deep love for Guru's holy feet. Give up hypocrisy. Assume the form of a Hansa. (6)

Rely on the grace and mercy of Radhasoami. Grasping His holy feet, pay obeisance to Him. (7)

Shabd 7

आज तजो सुरत निज मन का मान ॥टेक॥
 इसी मान ने जग भरमाया ।
 यही मान करे सब की हान ॥१॥

- O Surat ! Give up the ego and pride of the mind.
 It is this ego which has deluded all the world.
 It is causing harm to all. (1)
- Egotism is an insurmountable barrier. It never
 lets the Jiva have Darshan of the Nij Swarúp
 (True Form) of Guru. (2)
- The inner eye of one, who is full of pride and
 egotism, will never open. (3)
- Therefore, it is incumbent upon all to introspect
 and see their own faults every day. (4)
- In all humility, fall at Guru's holy feet and
 consider yourself unwise and ignorant. (5)
- It is then that Sat Guru and Sadh, in their grace
 and mercy, will impart to you the knowledge
 of higher regions. (6)
- Attend Their Satsang with love, and follow Their
 ways of living. (7)
- Listening to Their discourses, cast off all your
 regard for the world. Adopt the path of Surat
 Shabd Yoga. (8)
- Perform Their Sewa with the attitude of a slave.
 Put up with Their admonitions. (9)

Cast off from your mind Kam and Krodh (lust and anger). Implant serenity and compassion in your heart. (10)

If Sadh and Guru say harsh words to you, and reproach, rebuke or blame you, even then do not turn your back towards Them, but consider yourself to be lowly and worthless. (11-12)

See that your mind does not turn away from Guru on any account. Always regard your Guru as Guru. (13)

Have awe and reverence for Him all the time. Listen to His discourses attentively. (14)

Make spiritual endeavours and mould your conduct and way of living in accordance with Guru's discourses. (15)

Guru Himself will enable that Jiva to recognize Him who engenders love and faith in this manner. (16)

Day and night, he performs Guru's Sewa with zeal and enthusiasm, and feels delighted on getting His Darshan. (17)

Day by day, fresh love arises within him, and he contemplates the form of Guru with faith. (18)

His mind will become humble and come under his control. Surat will then merge in Shabd. (19)

The current of love will then flow unabated within him and Anubhav (realization) will dawn on him day by day. (20)

This is how a Gurumukh lives and behaves. He
who is a Gurumukh will know this. (21)

Radhasoami's grace will always be with him. His
internal barriers will be easily removed. (22)

After beholding Jyoti (the flame), he will reach
Trikuti. Then, on proceeding beyond Sunn,
he will hear the melodious sound of the flute. (23)

He will witness the refulgence of Sat Purush in Sat
Lok, and then go to the mansion of Alakh and
Agam. (24)

From there, he will reach the Original Abode in a
moment and will be delighted to touch the
holy Feet of Radhasoami. (25)

Shabd 8

आज करो गुरु संग प्रीत सम्हार ॥टेक॥
मन इन्द्रि भोगन में अटके।
जग जीवन संग अधिका प्यार ॥१॥

Associate with Guru today with love and affection.
Your mind and senses remained engrossed in
worldly pleasures. You developed great attach-
ment for worldly Jivas. (1)

Worldly hopes and desires have got rooted in your
mind. You are preoccupied with them all the
time. (2)

Even if such a Jiva attends Guru's Satsang, he

would not heed Guru's discourses. (2)

Doubts and misgivings are deep-rooted in his mind. He will not discard the ways of the world and his family traditions. (4)

Though he calls himself a Satsangi, he is totally unmindful of the ways of Guru Bhakti (devotion to Guru). (5)

If any brother-Satsangi tries to give him good advice, he gets angry and loudly calumniates Guru and Satsang. (6)

Such a Jiva remains deprived of grace and mercy. Base and wicked that he is, he tries to deceive Guru. (7)

The supremely merciful Soami will redeem him, too, sooner or later. (8)

Therefore, would I enjoin upon you to cultivate true and sincere Bhakti (devotion). Thinking over the matter and understanding its significance, develop love for Guru. (9)

Sant Mat is the most sublime of all religions. It takes you to the Highest Abode. (10)

The practices enjoined by it (Sant Mat) are true and simple, readily effecting true redemption of the Jiva. (11)

Attend Satsang and develop right understanding. Cast off all doubts and misgivings (delusions). (12)

Discard from your mind worldly cravings and

- desires. Do not make friends with worldly people. (13)
- Many waves surge forth in the mind. Smother them within the mind itself some how or other. (14)
- Implant love and faith at heart. Make RADHA-SOAMI Nam your prop and support. (15)
- My friend ! Wherever you have developed affection and attachment, you have created a bondage or fetter for yourself at the same time. (16)
- By performing Dhyan and having Darshan of Guru's form within you, dissociate your mind from there, easily. (17)
- When you come to develop deep love for Guru's holy feet, adopt His Saran and engender faith in Him. (18)
- When Guru is dearer to you than anybody else, the Supreme Being will be merciful towards you. (19)
- He will shower His grace and mercy on you every moment and will elevate your Surat beyond the body of nine apertures. (20)
- The most munificent Supreme Being Radhasoami will one day take you to the Original Abode. (21)
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Shabd 9

आज पकड़ो गुरु के चरन सम्हार ॥टेक॥
 बिन गुरु तेरा और न कोई ।
 वोही हैं तेरे रखवार ॥१॥

- Grasp firmly Guru's Holy Feet this very day.
 There is none except Guru whom you may call
 your true benefactor. He alone is your pro-
 tector. (1)
- How long will you be knocked about by the mind ?
 How long will you wander with the world ? (2)
- You should know that worldly pleasures are
 diseases. Give up desire for them from your
 mind. (3)
- Have firm faith in the Holy Feet of Guru. Enhance
 your love for Him day by day. (4)
- He alone will accomplish your task. Give up
 negligence and be alert. (5)
- Be steady within and engage in spiritual practices.
 Listen to the ringing of Shabd by means of
 your Surat. (6)
- Radhasoami, in His grace, will elevate your Surat
 and take you to the Highest Region. (7)

Shabd 10

कोई चलो आज सतगुरु की लार ॥टेक॥
 जग जीवन का संग तियागो ।
 गुरु भक्तन से करो पियार ॥१॥

- Proceed within today with Sat Guru. Shun the company of worldly people. Develop love and affection for Guru's devotees. (1)
- Have faith in and aspire for the Highest Region. Give up all adherences to past beliefs. (2)
- The Highest Region is that of the omnipotent and the most munificent Supreme Being Radhasoami. (3)
- Engender love for His holy feet. Utter RADHA-SOAMI Nam again and again. (4)
- Dispel all your doubts and delusions by attending Satsang. Perform Dhyan after properly attuning your Surat. (5)
- Controlling the mind and the senses, make contact with the current of Shabd within. (6)
- If you lovingly perform Abhyas in this manner, Radhasoami, in His grace, will liberate you. (7)

Shabd 11

कोई परखो गुरु की लीला सार ॥टेक॥
 सतसंग करो चेत कर निस दिन ।
 घट में करो अभ्यास सम्हार ॥१॥

- Witness the delightful acts of grace of Guru.
Attend Satsang with care and attention day
and night. Perform Abhyas carefully. (1)
- Keep a watchful eye on the ways of Mana and
Maya. Perceive Guru's grace all the time. (2)
- Sat Guru will liberate anyone who sincerely
adopts His Saran. (3)
- He will enable him to see His unique Mauj day by
day. Kal and Karam will be defeated. (4)
- He will enable him to elevate his mind and Surat
to higher regions by affectionately according
him His own help and support. (5)
- He will show him wonderful spectacles within as
well as creations of different regions separately. (6)
- Sat Guru Radhasoami, who is ever merciful to the
humble and the lowly, will ferry him across,
taking him in His lap. (7)

Shabd 12

कोई ज्ञांको झंझरिया विरह सम्हार ॥टेक॥
या जग में पूरन सुख नाहीं ।
सुद्ध करो तुम निज घरबार ॥१॥

- Imbued with yearning, peep through the lattice.
There is no perfect happiness in this world.
Remember your True Home. (1)

One goes through pain and pleasure here life after life. One never secures release from Kal's net. (2)

Therefore, O brother ! Seek Sat Guru and get initiated by Him in the secrets of your True Home. (3)

Controlling your mind and senses within, contemplate Guru's form with love and affection. (4)

Shabd is resounding within you all the time. Listen to it with love and affection by applying your Surat to it. (5)

You will then easily and gradually ascend to higher regions. You should first fix your gaze on the third Til. (6)

Piercing the barrier, proceed onward. Behold the pure refulgence of Jyoti. (7)

When Radhasoami is merciful to you, He will take you across the ocean of worldly existence easily. (8)

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Shabd 13

कोई परसो चरन गुरु चढ़ गगना ॥टेक॥
प्रेम भक्ति की रीत सम्हालो ।
सतसंग में तुम नित जगना ॥१॥

Touch the Holy Feet, ascending within to Gagan. Adopt the ways of love and devotion. Keep ever awake in Satsang. (1)

Proceed within avoiding the traps laid by Maya.
Kal will try to deceive you here. (2)

Enhance love for Sat Guru's holy feet. Regularly
' practise Surat Shabd Yoga. (3)

I contemplate Sat Guru's holy feet within. My
mind is filled with joy as I get His Darshan. (4)

Piercing the barrier, I ascend to higher regions. I
keep my gaze constantly fixed on the flame
there. (5)

Kal and Karam will then wither and remain sad
and morose. They will no longer be able to
stop me. (6)

Going to Trikuti, I abide in joy and delight. I
receive nourishment in the Holy Feet of
Radhasoami. (7)

Shabd 14

कोई चलो उमंग कर सुन नगरी ॥टेक॥
सतसंग में अब तन मन देना ।
शब्द पकड़ चलो गुरु डग री ॥१॥

Proceed to the region of Sunn with love and
yearning. Apply your body and mind now to
Satsang. Catching hold of Shabd, proceed on
the path shown by Guru. (1)

Enhance your love for Guru all the time. Firmly
adopt Saran of His holy feet. (2)

Your mind, which has been in deep slumber, will then wake up. Your Surat will stick fast to Shabd. (3)

I proceed to Gagan, flying on the wings of love. I have become robust by the strength imparted to me by Radhasoami. (4)

Kal and Karam now feel dejected. Maya, the spider, is bemoaning, beating her head. (5)

By the grace and mercy of Radhasoami, I have found my True Home. I have become immortal by uniting with the Holy Feet. (6)

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Shabd 15

चलो चढ़ोरी सुरत सुन सुन्न की धुन ।
अब छोड़ सकल मन के औगुन ॥१॥

O Surat ! Ascend and listen to the Shabd of Sunn. Give up all the evil propensities of the mind now. (1)

Perform the repetition of RADHASOAMI Nam every moment. Contemplate the form of Radhasoami again and again. (2)

Sorting out the true Shabd within, listen to its reverberations. Keep singing Guru's glory and eminence each instant. (3)

Give up all evil propensities one by one. Then only will you be rid of Kal and Maya. (4)

By the grace and mercy of Guru, I scrub and
 cleanse the mind. In Sahas-dal-kanwal, I
 witness Jyoti and hear the ringing of the bell. (5)

I perform Abhyas every day. I hear the resonance
 of Shabd within me. (6)

Listening to the reverberations of RADHA-
 SOAMI Nam I repair to the Original Abode.
 With joy and delight I now say all glory to
 Radhasoami. (7)

Shabd 16

कोई मिलो पुरुष से चल सतपुर ॥टेक॥
 तीन लोक यह काल अस्थाना ।
 चौथे लोक बसें सतगुरु ॥१॥

Proceed to Sat Lok and meet Sat Purush. The
 three Loks (worlds) are Kal's region. Sat Guru
 abides in the fourth Lok. (1)

None but a Sant has access there. He will take
 you to the Highest Mansion. (2)

Please Him by performing His Sewa. Engender
 in your heart love for and faith in Him. (3)

Practise Surat Shabd Yoga. By the strength
 bestowed by Sat Guru, proceed quickly on the
 path. (4)

Obstacles put up by Maya will fail to deter you.

Heat and burning caused by Kal will have no effect on you. (5)

You will be purified on going to Sunn and you will pick pearls in the company of Hansas. (6)

Meet Sat Guru on going to Sat Lok. By the grace and mercy of Radhasoami, turn away from this world. (7)

Shabd 17

कोई चलो गुरु संग अगम नगर ॥टेक॥
जगत बासना मन से त्यागो ।
सतगुरु खोज उन चरन पकड़ ॥१॥

Proceed to the inaccessible region in the company of Guru. Cast off worldly desires from your mind. Seek Sat Guru and fall at His holy feet. (1)

Abide by Guru's discourses after having understood their true import. Getting initiated in the secrets, proceed on the path to your True Home. (2)

Daily practise, with love and affection, the modes and methods which Guru is pleased to explain to you. (3)

By the strength granted by Guru, catch hold of the five agents of Kal and tightly tie up the mind and the senses. (4)

When the mind becomes steady within you, your

Surat will ascend to higher regions on hearing
the reverberations of Shabd. (5)

By firmly adopting the Saran of the Holy Feet of
Radhasoami, you will one day repair to your
True Home. (6)

ON YEARNING

Shabd 18

बोल री मेरी प्यारी मुरलिया ।
तरस रही मेरी जान (मुर०) ॥१॥

Do give out your 'sweet note, O darling flute ! My
inner being is yearning and pining for it. (1)

As I listen to your melodious note, my mind wells
up within me in emotion. (O darling flute !) (2)

My heart rends, as it were, as I hear your love-
charged call (O darling flute !) (3)

I then become totally oblivious of my body and
mind and my attention gets rivetted on Dhun.
(O darling flute !) (4)

By the grace and mercy of Radhasoami, I ascend
to Adhar and have Darshan of the region of
Sat. (O darling flute !) (5)

ON INNER SECRETS

Shabd 19

आज बाजे मुरलिया प्रेम भरी ॥टेक॥
 सतसंगी सब जुड़ मिल गावें ।
 सतसंगिन सब उमंग भरी ॥१॥

The flute is giving out a love-charged note today,
 Satsangis are all singing in a chorus. Satsangins
 join them enthusiastically. (1)

Darling Surat is getting drenched in the colour of
 love. On listening to the reverberations of
 Shabd, she now ascends to higher regions. (2)

On witnessing the dazzling flame and the reful-
 gence of the sun, she now gets dissociated from
 the body and the mind. (3)

Attaining purification, she proceeds upward and
 goes beyond Sunn and Mahá-sunn. (4)

In Bhanwargupha, the Sohang flute is giving out
 its sweet and melodious note. (5)

After meeting Sat Purush, Alakh Purush and
 Agam Purush, Surat comes to the Holy Feet of
 Radhasoami. (6)

Shabd 20

आज बाजे बीन सतपुर की ओर ॥टेक॥
 सुन धुन सुरत हुई मस्तानी ।
 गई भँवर चढ़ ऊपर दौड़ ॥१॥

The Bín (harp) is giving out its melodious sound in Sat Lok today, on hearing which, Surat is absorbed in ecstatic bliss, and after ascending to Bhanwargupha, proceeds higher, running. (1)

She is enraptured on having Darshan of Sat Purush. She sings His Arti, standing before Him face to face. (2)

All Hansas now sing in a chorus. The Arti raises a tumult and uproar. (3)

Surat now merges in the ocean of love. Mahá-Kál's tyranny is now over. (4)

She attains this exalted status by grace and mercy only, on meeting Radhasoami, the Great Redeemer from captivity. (5)

Shabd 21

आज बाजे भंवर धुन मुरली सार ॥टेक॥
यह मुरली सतलोक से आई ।
सोहंग पुरुष किया बिस्तार ॥१॥

The melodious note of the flute is resounding in Bhanwargupha today ; the sound of this flute came from Sat Lok, and Sohang Purush brought it into full play. (1)

Whoever hears this flute, remains charmed, lost in love. (2)

His pride and ego are altogether effaced. Kal
and Mahákál remain crest-fallen. (3)

Only a highly fortunate one, who has been blest
with Sat Guru's grace and mercy, can hear this
sound. (4)

All gods, men and women are enchanted on
hearing only the echo of the note given out by
this flute. (5)

Radhasoami enables him alone to hear this sound
on whom He showers His mercy. (6)

Shabd 22

आज बाजे सुन्न में सारंग सार ॥टेका॥
उठत मधुर धुन अमोरस भीनी ।
सुनत पिरैमी कोई घर प्यार ॥१॥

The sound of the violin is audible in Sunn today.
A most melodious note, soaked in nectar, is
coming out. The loving devotee listens to it
affectionately. (1)

It is a most marvellous region, flooded with white
light. Eternal spring smiles here. (2)

It is the origin of the Triloki (the three worlds).
Sants call it Das-wán-dwár. (3)

Brahm Shabd originated below it and its main
sound is OMkár. (4)

This region has the refulgence of the red morning sun and is the creator of the Triloki (the three worlds). (5)

Maya Shabd, emanating from below this region, spread its net in the world. (6)

By sheer good luck, I met Sat Guru Radhasoami who ferried me across the ocean of worldly existence easily. (7)

I was overjoyed with delight on performing His Arti. I rested, abiding in the Saran of Radhasoami. (8)

Shabd 23

आज गाजे गगन धुन ओअं सार ॥टेक॥
नाद धाम से यह धुन आई।
की ना ज ग त प सार ॥१॥

The sound of OM is resounding in Gagan (Trikuti) today. This sound has come from the region of Náď and has evolved the creation of this universe. (1)

The name of the diety of this region is Brahm and Pár Brahm. His light illuminates the three worlds. (2)

The five subtle Tattwas (elements) and the three Gunas (attributes) became manifest from here as currents of light. (3)

It was from here that the sounds of the bell and
the conch originated and Maya spread out in
the world. (4)

Nobody can escape from her clutches without
adopting the shelter and support of Sat Guru. (5)

I praise my great good luck that I have met the
Supreme Being Radhasoami. (6)

Shabd 24

कोई सुनो गगन धुन धर कर प्यार ॥ टेक ॥
श्याम कंज की राह अधर चढ़ ।
नि र ख जो त उ जि या र ॥१॥

Listen to the Shabd resounding in Gagan with
love. Ascend to higher regions along the
path through Shyám Kanj (Sahas-dal-Kanwal).
Witness the refulgence of Jyoti. (1)

The bell is ringing in Sahas-dal-kanwal. Listen
also to the conch blowing there. (2)

Passing through Bank Nál (the crooked tunnel),
penetrate Trikuti and see the refulgence of
the red morning sun. (3)

The OM Shabd is resounding there to the accom-
paniment of the roar of the thunder and the
beating of the drum. That is the main support
of the three worlds. (4)

None can find the path without love. One will
get the gift of love from Guru. (5)

Adopting the Saran of Radhasoami at heart, and
catching hold of the current of Shabd, proceed
beyond घट Ghat, the body, i. e., Pind. (6)

Shabd 25

चढ़ सहस्र कँवल पद परस हरी ॥ टेक ॥
सुन सुन घंटा रीझ रही अब ।
झलक जोत लख उमंग बढ़ी ॥१॥

Ascend to Sahas-dal-kanwal and touch the feet of
Hari. You will be pleased to hear the ringing
of the bell. On witnessing the dazzling flame,
your enthusiasm will increase. (1)

The three Gunas originated from here as three
large currents of Sat, Raj and Tam. (2)

Maya caused much expansion and ramification.
All Jivas adhere to Kal. (3)

The four categories of existence and the eighty
four currents were brought into being from
here. (4)

All suffer the consequences of their Páp and
Punya (sinful deeds and virtuous acts). None
gets across. All stay on this side. (5)

Only that Jiva whom Sat Guru, in His mercy, is

pleased to meet, gets across the ocean of
worldly existence. (6)

By sheer good luck, I have met Radhasoami. I
join my Surat with His holy feet. (7)

Shabd 26

आज गाजे सुरतिया अधर चढ़ी ॥ टेक ॥
गुरु परताप चली अब घट में ।
सुरत शब्द की टेक धरी ॥१॥

Suratia raises a tumult today on ascending high.
By the grace and mercy of Guru, she proceeds
within, following the methods of Surat Shabd
Yoga. (1)

Entering the third Til, she witnesses white reful-
gence and also gets glimpses of the dazzling
flame. (2)

Passing through Bank Nál (crooked tunnel), she
goes to Trikuti. Her pride, infatuation and
egotism are all gone. (3)

Kal tries his best to beguile her but she does not
deviate from her adherence to Guru. (4)

She gets purified on going to Sunn where the
sounds of the violin and the fiddle are audible. (5)

Passing through Bhanwargupha, she rushes to
Sat Lok. She fills the pitcher of her Surat
with nectar. (6)

She has Darshan of the Holy Feet of Radhasoami.
Her Surat now becomes free from death and decay.

(7)

Shabd 27

कोई निरखो अधर चढ़ पिछली रात ॥टेक॥
अमी धार पल पल हिये झिरती ।
घट में अति आनन्द समात ॥१॥

Ascend within in the late hours of the night and look out. You will find the current of nectar dripping on your heart every moment. You will experience immense bliss and joy.

(1)

You will witness the refulgence of Jyoti within you and hear the bell and the conch giving out their melodious sounds.

(2)

The mind surges forth within in sheer joy and delight. Surat ascends to higher regions while drinking nectar.

(3)

Maya and Kal will now give up their pranks and tricks. Love will increase in your heart every moment.

(4)

Leading a Sātvik (pure and honest) life at such times, you will develop affection and attachment for Guru's holy feet.

(5)

By grace, your Surat will ascend high and you will get Darshan of Gagan Guru (Guru at Trikuti).

(6)

OM Shabd resounds loudly there accompanied
by peals of thunder. Kal and Karam are put
to shame. (7)

Being purified, you will soar higher and enjoy
bliss in the company of Hansas. (8)

You will hear loud ringing of Shabd there. You
will be extremely happy, singing and dancing. (9)

Passing through Mahá-sunn, you will enter Bhan-
wargupha where the sweet and melodious
sound of the flute is audible. (10)

You will then behold the majestic form of Sat
Purush. Sat Shabd is coming out of the Bín
(harp) there. (11)

Going beyond Alakh and Agam, you will pay
obeisance to Radhasoami by placing your
head on His Holy Feet. (12)

All refulgent and incomparable is that region.
Indescribable is its grandeur and splendour. (13)

Each and every part of that region has the reful-
gence of innumerable suns and moons. (14)

None can sing the praises of the grace and mercy
bestowed by Radhasoami. (15)

ON LOVE

Shabd 28

आज लाई सुरतिया आरत साज ।
मन इन्द्रियन से छिन छिन भाज ॥१॥

Running away all the time from the mind and the senses, Suratia today brings the paraphernalia for Guru's Arti. (1)

Arousing zeal and enthusiasm, she performs the Sewa of Guru's holy feet. She has given up all sense of fear and regard for worldly people. (2)

She mingles freely with brother-Satsangis. She scrubs and cleanses the mirror of her mind in various ways. (3)

Acquainting herself with the most profound secrets of Surat Shabd Yoga, she hears the sounds of the celestial spheres. (4)

Her perfect Sat Guru now showers His mercy on her. He confers on her the gift of love and devotion. (5)

Full of joy and delight, she sings Guru's praises. Her task is now completed. (6)

By the grace and mercy of Radhasoami, she ascends within. Taking her seat there, she enjoys sovereignty. (7)

Shabd 29.

आज आई सुरतिया भाव भरी ॥टेक॥
 नैन कँवल का थाल बनाया ।
 पलकन की वा में जड़ी छड़ी ॥१॥

There comes Suratiá full of love and affection.
 She makes her eyes the platter for Guru's Arti
 and the eyelids, the candle sticks. (1)

She kindles the flame of her gaze and fixes it on
 the lamp of the third Til. (2)

Standing before Shabd Guru face to face, she per-
 forms His Arti. She sings hymns in His praise. (3)

Kal and Karam are vanquished and left below.
 Maya and Mamtá (infatuation) are burnt to
 ashes (annihilated). (4)

She witnesses the merry-making of Hansas in
 Sunn, and flies with Guru like a fairy. (5)

She again performs Arti on going to Sat Lok
 where the melodious sound of the Bín (harp)
 is audible. (6)

Radhasoami has cast His glance of grace and
 mercy on her. Having performed His Arti,
 she falls at His holy feet. (7)

Shabd 30

आज गावे सुरत गुरु आरत सार ॥टेक॥
 प्रेम भरी गुरु सन्मुख आई ।
 त न म न दी ना वा र ॥१॥

Surat sings a wonderful Arti of Guru today. She comes before Guru full of love and affection and makes an offering of her body and mind to Him. (1)

With zeal and fervour, she has Guru's Darshan. Her love and delight know no bounds. (2)

Parmarth is now very dear to her. She has given up all other activities. (3)

She has now come to Guru's holy feet. By attending Satsang, she has acquired alertness. (4)

She is satiated at heart on drinking nectar. She has contacted Shabd which is now her sole prop and support. (5)

Blest with the grace and mercy of Radhasoami, she now makes for her True Home. She gets across the ocean of the world easily. (6)

Shabd 31

आज आई सुरतिया रंग भरी ॥टेक॥
 मन चित का लिया थाल सजाई ।
 प्रेम की जोत जगाय धरी ॥१॥

Suratíá comes today merrily, preparing for
Guru's Arti the platter of her mind and
attention and kindling the flame of love. (1)

She performs Arti going round and round Guru
and getting detached from everything else. (2)

Hansas and Hansnís gather and stand before
Guru. (3)

Joy and bliss pervade the whole atmosphere.
There are showers of Shabd. (4)

Tál (cymbals), Mridang (drum) and Kingri (fiddle)
are giving out their loud notes, raising a tre-
mendous tumult. (5)

While listening to the melodious sounds of the
flute and the Bin (harp), she goes to Sat Lok
merrily. (6)

She beholds pure light there which puts to shame
innumerable suns and moons. (7)

With joy and delight, she sings the praises of
Radhasoami every moment and every instant. (8)

Shabd 32

आज खेल्ँ कबड्डी घट में आय ॥टेक॥
तीसर तिल का पाला बनाया ।
दो दल घट में लिये जमाय ॥१॥

I shall play Kabaddi today, taking my position

within. I have made the third Til the partition line and have taken possession of the two-petalled lotus within. (1)

I rush challengingly while uttering loudly RADHA-SOAMI Nam. I shall forthwith dash the enemies to the ground. (2)

With the strength given by Guru, I shall dart forward and strike down the powerful Kal. (3)

By arousing love for Guru's holy feet within me, I shall tear to shreds Maya's net in a moment. (4)

By the grace and mercy of Radhasoami, I shall win the battle and shall ride on Kal's shoulders. (5)

Kám (lust), Krodh (anger), मान Mán (pride) and Ahankár (egotism) all become powerless and are put to shame. (6)

I shall go round calling out RADHASOAMI Nám and hoist the flag of victory. (7)

Shabd 33

आज आई सुरत गुरु आरत धार ॥टेक॥
 खोज लगावत सन्मुख आई ।
 सुने बचन गुरु सार ॥१॥

Surat comes today determind to perform Guru's Arti. Seeking and searching, she comes to Guru. She listens to His sublime discourses. (1)

All her doubts are dispelled and she feels extremely delighted. All her desires for sensual pleasures and her evil propensities are gone. (2)

On getting initiated in the secrets, she applies herself to Shabd within. In Dhyan, she beholds the captivating form of Guru. (3)

With love engendered within and also finding expression without, she attends Satsang full of joy and delight. (4)

She constantly performs Guru's Sewa with zeal and ardour. She dedicates her body and mind to the Holy Feet of Radhasoami. (5)

Her mind has now given up all wandering and wavering, and, after steadying itself, applies to Shabd. (6)

She has given up all cravings for worldly pleasures. Her mind has been purified and has made the Holy Feet its prop and support. (7)

She performs Abhyás regularly. She witnesses pure and unalloyed spectacles within. (8)

By the grace and mercy of Radhasoami, her great good luck has awakened. How can she describe His glory and eminence ? (9)

Shabd 34

कोई सुने पिरेमी घट धुन सार ॥टेक ॥
 इन्द्री भोग लगे सब फीके ।
 मन आसा दई सकल बिसार ॥१॥

This loving devotee hears the glorious resounding
 of Shabd within. Sensual pleasures are all
 insipid and vapid to him. He has discarded
 all desires and cravings of the mind. (1)

His mind has now developed a liking for Guru's
 Darshan. His heart blossoms forth like a
 flower-garden on hearing Guru's discourses. (2)

Guru, very graciously, has disclosed to him the
 secrets. He now witnesses unalloyed scenes
 and spectacles within. (3)

On hearing the sounds of the bell and the conch
 and the Shabd of Omkár, his Surat has become
 separated from the body and the mind. (4)

On going to Sunn, he meets Hansas and beholds
 the white refulgence of the moon. (5)

On hearing the sound of the flute, he goes higher
 and reaches the Darbár of Sat Purush. (6)

Then, after getting glimpses of the abodes of
 Alakh and Agam, he sacrifices himself at the
 Holy Feet of Radhasoami. (7)

Shabd 35

मेरी लगी गुरु संग प्रीत नई ॥टेक॥
 सतसंग कर गुरु सेवा लागी ।
 सरधा सहित उपदेश लई ।

I have engendered fresh love for Guru. I attend
 Satsang and perform His Sewa. I have received
 initiation with faith and reverence. (1)

Previously, out of fear and regard for the world,
 I had adopted a worldly guru as my spiritual
 master. (2)

I did not curb my mind and senses. I used to
 perform Bhajan and Dhyan in a casual
 manner. (3)

Sat Guru has now cast His glance of mercy on me
 and has graciously aroused love within me. (4)

I have quite easily discarded worldly entangle-
 ments and sensual pleasures from my mind. (5)

With zeal and enthusiasm, I apply myself to
 Guru's holy feet and have engendered true
 faith in Shabd. (6)

Radhásóami, in His grace, has reformed me. I
 have got across the ocean of the world. (7)

Shabd 36

आज खेले सुरत गुरु चरनन पास ॥टेक॥
 न्यारा कर गुरु लिया अपनाई ।
 चरन मिले निज सुख की रास ॥१॥

- My Surat today plays at the Holy Feet of Guru.
He has detached me from the world and made
me His own. I live near His holy feet, the
treasure-house of true bliss and happiness. (1)
- I daily have His Darshan with zeal and fervour.
I cherish no other desire. (2)
- There is none so dear to me as Guru. In Guru
alone do I repose my trust all the time. (3)
- I do not get separated from Guru's holy feet even
for a moment. I remain with Him day and
night. (4)
- I surrender my body, mind and wealth to Guru.
I have become the slave of the slaves of Guru. (5)
- Worldly pleasures and enjoyments are no longer
to my liking. I remain indifferent towards
the world easily and naturally. (6)
- I beg of Radhasoami nothing else except abode
in his holy feet. (7)
- I sing the praises of Radhasoami day and night.
I utter and recite RADHASOAMI Nam, with
every breath. (8)

Shabd 37

आज गाओ गुरु गुन उमंग जगाय ॥टेक॥
दया धार धुर घर के बासी ।
नर देही में प्रगटे आय ॥१॥

Let us today sing the praises of Guru with zeal and fervour. The dweller of the Highest Abode, taking pity on Jivas, has manifested Himself here in human form. (1)

He has given out to me the whereabouts of the Original Abode as well as the secrets of the path to follow. (2)

In His grace and mercy, He has described the details of different regions or stages on the way separately. (3)

He gives the support of His grace and mercy and enables Jivas to apply their mind and Surat to Shabd. (4)

He cuts asunder the noose of Karam and Bharam (entanglements in rituals and observances). He rescues Jivas from the clutches of Kal and Karam. (5)

Augmenting love and faith in their hearts, He helps them proceed towards the Original Abode. (6)

Those who have not heard of these secrets from Guru, remain engrossed in Maya. (7)

They undergo pain and pleasure life after life and wander in Chár Kháns (four different categories of life on this earth). (8)

How can I sing the praise of the grace and mercy showered by Sat Guru ? (9)

He, of His own accord, and out of mercy, attracted me and gave me the shelter of His holy feet. (10)

Had He not showered such grace and mercy on me, I would have remained entangled in Kal's net. (11)

Powerless that I am, I know not how to sing His glory and eminence. Radhasoami, in His grace, has made me His own. (12)

Shabd 38

आज आई सुरतिया उमंग भरी ॥
 सुन गुरु बचन मगन मन होती ।
 नैन कवल दृष्टि जोड़ धरी ॥१॥

Suratiya comes today full of zeal and ardour. She feels delighted on hearing Guru's discourses. She keeps her gaze fixed on His lotus eyes. (1)

Love and faith are now augmented in her heart every moment. Her worldly hopes and desires have been reduced to ashes today. (2)

She has received initiation from Guru. Her Surat now ascends towards higher regions. (3)

She has dashed to the ground all Karam (rituals) and Dharam (observances). She gives a good fight to Mana (mind) and Maya. (4)

Kal has spread many nets. With the strength given
by Guru in her heart, she is not at all afraid
of him. (5)

Radhasoami has graciously made her His own.
She gets across the ocean of the world this very
day. (6)

Shabd 39

आज नाचे सुरतिया गगन चढ़ी ॥टेक॥
सुन सुन धुन सखियन को संग ले ।
ठुमक ठुमक पग अधर धरी ॥१॥

Suratia dances today on ascending to Gagan. As
she listens to the reverberations of Shabd with-
in, she proceeds towards higher regions with
her Sakhís (friends), taking graceful and ryth-
mic steps. (1)

The cymbal, the Mridang (drum), the violin and
the flute are giving out their melodious sounds. (2)

Full of love, all dance and sing Rágas and Ragnis
(musical modes) together. (3)

They listen to the delightful ringing of Shabds.
Nectar comes down in showers. (4)

Seeing the joy and bliss pervading all round,
Hansas and Hansnís have come in groups
and stand nearby. (5)

Radhasoami has shown such delightful acts of

grace. He has bestowed immense grace and mercy on Suratia.

(6)

Shabd 40

आज सुनत सुरतिया घट में बोल ॥टेक॥
उमंग उमंग लागी अब घट में ।
करत धुनन संग चोल ॥१॥

Suratia hears a note (Shabd) within her today.
With zeal and fervour, she concentrates within
and frolics with the reverberations of Shabd.

(1)

She dedicates her body and mind to Guru. She
listens to His sublime discourses with rapt
attention.

(2)

Sant Mat is sublime and yet simple. She holds
fast to invaluable Shabd.

(3)

She applies herself to Parmarth with love and
affection. Her precious human life has now
become fruitful.

(4)

By looking carefully into the matter, she realizes
that the love of worldly people is inspired by
out and out selfish motives.

(5)

Radhasoami has been extremely merciful to her.
He has removed all her covers due to Maya.

(6)

Shabd 41

राधास्वामी चरन में मन अटका ॥टेक॥
 गुरु के बचन रसीले लागे ।
 जग से अब छिन छिन झटका ॥१॥

My mind has stuck fast to the Holy Feet of
 Radhasoami. I find Guru's discourses pleasing.
 I pull out of the world with a jerk every
 moment. (1)

I have now dashed to the ground Karam (rituals),
 Dharam (observances) and all worldly dealings. (2)

I have given up my interest in and craving for
 sensual pleasures and all worldly objects. (3)

On getting the inner secrets, my Surat concentrates
 within. My mind now clings to Shabd. (4)

By adopting the shelter and support of the Holy
 Feet of Radhasoami, I have outwitted Kal and
 Karam. (5)

Elevating my Surat, I reach Gagan (Trikuti). The
 pitcher of my Karams is now broken. (6)

I get Darshan of Sat Purush in Sat Lok. The
 colour of love now blossoms forth afresh in me. (7)

Radhasoami Dayal has showered such grace and
 mercy on me as enabled me to perform
 acrobatic feats, as it were. (8)

—————

Shabd 42

राधास्वामी चरन में सुर्त लागी ॥टेक॥
 मोह जाल जंजाल तोड़ कर।
 जग से अब छिन छिन भागी ॥१॥

My Surat remains clinging to the Holy Feet of Radhasoami. Cutting asunder the entanglements of the net of infatuation, I now run away from the world every moment. (1)

My mind is delighted as I listen to Guru's discourses. My Surat wakes up in the company of Shabd. (2)

My doubts and delusions have now been annihilated. I have reduced Karam (rituals) and Dharam (observances) to ashes. (3)

I have given up the evil propensities of Kam (lust), Krodh (anger), Lobh (avarice), Mán (pride) and Írkhá (jealousy). (4)

I enhance my love for Sat Guru's holy feet. My mind has become fond of the bliss of Shabd. (5)

Adopting the Saran of Radhasoami in my heart, I pray to Him for His grace and mercy. (6)

Shabd 43

राधास्वामी प्रीत हिये छाया रही ॥टेक॥
 जब से स्वामी दर्शन कीने।
 छबि उनकी मन भाय रही ॥१॥

Love for Radhasoami pervades my heart. Ever
since I had Soami's Darshan, my mind has be-
come enamoured of His charming countenance. (1)

With zeal and enthusiasm, I engage in His Sewa.
I constantly receive the mercy of Radhasoami. (2)

I attend Satsang with love and affection. I awaken
ever-new love all the time. (3)

My faith in the Holy Feet is augmented day by
day. I contemplate the form of Guru in my
heart. (4)

I keep elevating my Surat in the company of
Shabd. I sing Guru's Arti within me. (5)

I have met Radhasoami, the merciful Sat Guru.
I join my Surat with His holy feet. (6)

Shabd 44

आज आई सुरतिया उमंग सम्हार ॥टेक॥
जगत भोग से कर बैरागा ।
तन मन धन गुरु चरनन वार ॥१॥

Suratia comes today, full of zeal and fervour. She
has developed aversion for worldly pleasures.
She makes an offering of her body, mind and
wealth at Guru's holy feet. (1)

She has left the company of worldly people and
has joined Satsang with love and affection. (2)

Her mind is captivated as she beholds Guru's form; she is oblivious of her hearth and home as well as the world outside. (3)

Guru's discourses are dear and pleasing to her. She performs His Sewa with love at heart. (4)

Her Surat applies easily and naturally to Shabd within. She hears the ringing of Anhad Shabd. (5)

Beloved Radhasoami has graciously taken across the raft on her life. (6)

ON PRAYER AND SUPPLICATION

Shabd 45

आज मांगे सुरतिया भक्ती दान ॥टेक॥
त्रिय तापन संग बहु दुख पाये ।
फी का लगा ज हा न ॥१॥

Suratia today prays for the gift of Bhakti. She has suffered a tot due to the three kinds of afflictions. The world is insipid and vapid to her. (1)

Seeking and searching, she finds Satsang. She feels elated when she comes to the presence of Guru. (2)

She starts performing the Sewa of Guru. She contemplates His majestic form. (3)

She now constantly enjoys the bliss of His

Darshan within. She sacrifices her body, mind and wealth before Him. (4)

She daily practises Surat Shabd Yoga. She applies her mind and Surat to Shabd. (5)

Fresh love and faith awaken within her. She is now able to recognize Sat Guru. (6)

By grace, she proceeds to the highest region and merges in the Holy Feet of Radhasoami. (7)

Shabd 46

आज मांगे सुरतिया गुरु का संग ॥टेक॥
मोह जाल में रही फँसानो ।
नहि जाने कुछ भक्तो ढंग ॥१॥

Suratia today begs for the company of Guru. She remained entangled in the net of infatuation and had no idea of the ways of Bhakti. (1)

On getting information about Radhasoami Satsang, each and every pore of her body was thrilled with joy. (2)

When she got the opportunity, she met Sat Guru. Her zeal and enthusiasm increased as she listened to Guru's discourses. (3)

Getting initiated in the secrets of Shabd, she now struggles with the mind and gives up all cravings and desires. (4)

Relying upon the grace and mercy of Radhasoami,
she kills the terrible Kal. (5)

Listening to the reverberations of Shabd, she
ascends to Trikuti where the drum is beating
all the time. (6)

On going to Sat Lok, she meets Sat Guru.
She engenders love and affection for the Holy
Feet of Radhasoami. (7)

ON SARAN (SHELTER AND PROTECTION OF RADHASOAMI)

Shabd 47

राधास्वामी सरन निज कर धारी ॥टेक॥
भाग जगे राधास्वामी मोहि भेंटे ।
चरनन प्रीत लगी सारी ॥१॥

I have firmly adopted the Saran (refuge) of Radha-
soami. By good luck, I was able to meet
Radhasoami. I have developed true love for
His holy feet. (1)

I keep gazing at Soami's wondrous form ; great is
its splendour and grandeur. (2)

My mind and Surat withdraw, and getting detach-
ed from everything else, I keep my gaze
rivetted on His charming countenance. (3)

Great joy and delight now fill my heart. My
mind sacrifices itself at the Holy Feet. (4)

Turning from this side, I proceed towards higher regions. The bell and the conch make a tumultuous sound. (5)

After witnessing Jyoti (the flame), I rush to Trikuti. Lotuses burst into bloom within me. (6)

Radhasoami, in His grace and mercy, takes me to the Abode of Sat Guru. (7)

Shabd 48

राधास्वामी चरन दृढ़ कर पकड़े ॥टेका॥
सतसंग में चित जाय समाना ।
छोड़ दिये जग के झगड़े ॥१॥

I have firmly grasped the Holy Feet of Radhasoami. My attention gets rivetted on Satsang. I have given up all worldly wranglings. (1)

My mind and senses made me dance a lot to their tune. I have put an end their fun. (2)

Maya put up many obstacles on my way and played numerous tricks with me. (3)

I rely on the strength of Radhasoami. Guru has made me robust and strong. (4)

He, on His own, vouchsafed His protection to me and removed all the obstacles on my way. (5)

I have adopted the Saran of the Holy Feet of

Radhasoami. Kal and Karam have stopped exhausted on the way. (6)

H O L I

Shabd 49

होली खेले सुरतिया सतगुरु संग ॥टेक॥
अबीर गुलाल थाल भर लाई ।
भर भर डालत रंग ॥१॥

Suratia plays Holi with Guru. She brings a platterful of Abír (mica powder, a sweet-scented white powder) and Gulál (red powder) and throws syringefuls of coloured water at Guru. (1)

Satsangis have come with an Arti (hymn of praise) which they sing with zeal and fervour. (2)

Seeing the prevailing atmosphere, all are delighted. Every part of their body pulsates with joy. (3)

Happiness and bliss are being showered all round. All cravings and desires have vanished. (4)

Radhasoami is pleased. He, in His grace, embraces everyone. (5)

Shabd 50

होली खेले सुरत आज हंसन संग ॥टेका॥
 घंटा संख मृदंग बजावत ।
 चढ़ा प्रेम का रंग ॥१॥

Surat today plays Holi with Hansas. The bell is ringing, the conch blowing and the drum beating. All are dyed in the colour of love. (1)

Getting detached from the body, she ascends to higher regions through the eye-door, the third Til. (2)

Leaving all waves and agitations of the mind, she beholds the dazzling flame and the dense dark clouds hovering all round. (3)

Reaching Gagan, she fills the pitcher with coloured water and plays Holi with Guru fearlessly. (4)

A great tumult is created in between Dharan (the earth) and Gagan (the sky). Each and every part of her body is drenched in coloured water. (5)

She reaches Sunn and gathers Abir (a white coloured scented powder) there; she plays Holi with zeal and enthusiasm. (6)

Adopting the Saran of Radhasoami, she now comes to His Holy Feet. She is dyed in the colour of Radhasoami. (7)

Shabd 51

मेरे उठी कलेजे पीर धनी ॥टेक॥
 बिन दरशन जियरा नित तरसे ।
 चरन ओर रहे दृष्टि तनी ॥१॥

My heart aches with deep pain and anguish,
 Without Darshan of Guru, my soul yearns and
 pines. My gaze remains directed towards
 the Holy Feet. (1)

I daily pray at the Holy Feet : Grant me Your
 Darshan, O my Perfect Master ! (2)

Remove the internal barriers, my Beloved ! Do
 make haste, it is already very late. (3)

So long as I do not have Your Darshan within me,
 my task will remain unaccomplished. (4)

There will be no joy or delight in my mind and
 my intelligence remains soaked in care and
 anxiety. (5)

O Radhasoami ! Now, at any rate, do shower
 Your grace and mercy. I shall ever remain
 beholden to Your holy feet. (6)

Shabd 52

कीई जागे सुरत सुन गुरु बचना ॥टेक॥
 मोह नींद में सब जिव सोते ।
 काम क्रोध संग नित पचना ॥१॥

Let Surat awaken on listening to Guru's discourses. The whole world is lost in the sleep of infatuation. All are wasting away in the company of Kám (lust) and Krodh (anger). (1)

All Jivas are enamoured of sensual pleasures. They are mad after them day and night. (2)

Some rare Jivas, by pulling out of the world with a jerk, develop attachment for the Holy Feet of Sants. (3)

Realizing the worthlessness of wordly dealings they give up from their mind all interest in them. (4)

Enhancing their love for Guru's holy feet, they keep constantly awake in Satsang. (5)

Their mind and Surat remain dyed in the colour of love. They are lost in the bliss of Shabd within. (6)

When Sat Guru showers His grace and mercy, their Surat ascends to Gagan (Trikuti). (7)

Darling Surat, proceeding from there, finds nourishment in the Holy Feet of Radhasoami. (8)

ON ADMONITION

Shabd 53

कोई भागे सुरत तज यह संसार ॥टेक॥
या जग में पूरन सुख नाहीं ।
खोज करो तुम निज घरबार ॥१॥

Let Surat run away from the world. There is no perfect happiness here. Therefore, seek your True Home. (1)

The True Home lies beyond Brahmand, Kal dominates over the three worlds. (2)

All Jivas remain unhappy in the company of Maya. None gets across the ocean of the world. (3)

True happiness is to be found in the region of Sants. Therefore, meet a Sant and proceed with Him. (4)

Accept Him as Guru. Perform His Sewa. Have love for and faith in His holy feet. (5)

Merciful that He is, He will explain to you the secrets of the path of Surat Shabd Yoga. (6)

If you practise it with love and affection, you will get across the ocean of worldly existence. (7)

Firmly adopt the Saran of the Holy Feet of Radhasoami. You will then be the recipient of His unbounded grace and mercy. (8)

Shabd 54

कोई चेतें सुरत जग देख असार ॥टेका॥
बाहरमुख पूजा नहि भावे ।
या में जीव भरम रहे द्वार ॥१॥

Let Surat come to her senses on seeing the transitory nature of the world. Outward worship does not appeal to me; all Jivas are lost in it. (1)

Outward rituals and observances are the creations of Kal. These boost up one's pride and egotism. (2)

After much search and enquiry, I could contact true Satsang; there, I found real support. (3)

Guru, out of love, initiated me in the secrets of the sublime Surat Shabd Yoga. (4)

Relying upon His grace and mercy, I perform its practices and see within me the gateway to salvation. (5)

Experiencing bliss, my mind becomes happy. My Surat is elated on hearing the ringing of Shabd. (6)

Radhasoami, who is ever merciful to the humble and the lowly, soon takes me across the ocean of the world. (7)

Shabd 55

कोई जाने सुरत गुरु महिमा सार ॥टेक॥
 सतसंग करे भाव से गुरु का ।
 तन मन से धर प्रेम पियार ॥१॥

Only a rare Surat knows the true eminence of

- Guru. She attends Guru's Satsang with great veneration; cultivating, by body and mind, love and affection for Him. (1)
- She enhances her attachment for Him by performing His Sewa. She practises Bhajan after properly attuning her Surat. (2)
- She does not care at all for praise or rebuke, knowing, that this is the way of Sants. (3)
- She shuns desires for sensual pleasures from her mind and casts aside all Karam and Bharam. (4)
- Keeping her attention rivetted on Guru's holy feet, she drinks nectar day and night. (5)
- Sat Guru, being then pleased, removes all her internal barriers. (6)
- She witnesses wonderful spectacles within and beholds Guru's most marvellous form. (7)
- She then realizes the glory and eminence of Radhasoami and sacrifices herself at His holy feet. (8)

Shabd 56

आज मानो सुरत सतगुरु उपदेश ॥टेक॥
 दीन अधीन रहो चरनन में ।
 त्यागो मन से माया लेश ॥१॥

• O Surat ! Accept today the instructions of Sat

Guru. Abide in His holy feet in a spirit of humility and submissiveness. Cut asunder your link with Maya. (1)

Attend Satsang with zeal and enthusiasm. Listen attentively to the whereabouts of your True Region. (2)

Apply your Surat to the Shabd coming from above. Go on leaving this alien region easily and gradually. (3)

You should know that this is Kal's region. Your True Home is in the region of Sat Guru. (4)

Everlasting joy and bliss prevail there, pain and pleasure as well as suffering due to Kal are not to be found. (5)

By the grace and mercy of Radhasoami, give up your perverse sense and understanding. Adopting good sense, assume the form of a Hansa. (6)

Shabd 57

कोई धारे गुरु के बचन सम्हार ॥टेक॥
मोह जाल में सब जग फँसिया ।
प र मा र थ की सुद्ध बिसार ॥१॥

A rare Jiva will accept and adopt the teachings of Guru. All Jivas of the world are caught in the net of infatuation and are totally oblivious of Parmārth (spiritual welfare). (1)

Cherishing worldly desires, they engage in Karmas,
and remain afflicted due to disease and grief. (2)

They wander endlessly under the influence of past
beliefs and adherences, but, pig-headed that
they are, they do not heed the words of Sants. (3)

Only some extremely fortunate and rare Jivas
engender love and affection for Sants. (4)

After listening to Their discourses, they enshrine
them at heart and, in all humility, get them-
selves initiated in the mode of Surat Shabd
Yoga. (5)

When they practise it with love and affection, they
witness illumination within. (6)

Developing faith, they now augment their love,
and sacrifice their body and mind over the
Saran of the Holy Feet. (7)

It is then that Radhasoami Dayal, in His grace
and mercy, ferries them across in no time. (8)

Shabd 58

कोई सुनो अधर चढ़ गुरु के नवै ॥टेक॥
संत चरन में रहे लौलीना ।
घट में परखे उनकी कहन ॥१॥

Listen to Guru's words on ascending to higher
regions. Remain absorbed in the Holy Feet

- of Sant. Realize the significance of His utterances within. (1)
- Practise Surat Shabd Yoga with love and affection. Carefully understand the hints that you get internally. (2)
- Proceed after withdrawing your mind and Surat and, ascending within, open the third Till. (3)
- You will then behold white refulgence within you and you will experience peace and tranquillity on hearing the ringing of the bell. (4)
- Piercing the flame, you will then merge in Sunn (pertaining to Sahas-dal-kanwal). You will enter Bank Nál (crooked tunnel) and go on penetrating deeper. (5)
- You will next ascend to the fort of Trikuti. You will have now paid off your debts to Kal and Karma. (6)
- With joy and delight, you will hear the sound of Omkár. It will be dawn for you now and the night will be over. (7)
- By the grace and mercy of Radhasoami, you will reach the Highest Region. Surat will start enjoying the happiness of its True Home. (8)
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Shabd 59

कोई गावे गुरु की महिमा सार ॥टेक॥
 दया धार गुरु जग में आए ।
 किया जीव उपकार ॥१॥

Sing the praises of Guru. Out of mercy, He made
 His advent in this world and did good to Jivas'
 souls. (1)

He gave out the secrets and whereabouts of the
 True Home which is Radhasoami Dham
 beyond Agam Lok. (2)

He explained the mode of Surat Shabd Yoga by
 which alone one can repair to the True Home. (3)

He extricated Jivas from Kal's domain and cut
 asunder Maya's net. (4)

He saved Jivas from Karam and Bharam and out
 of kindness, granted them the shelter and
 protection of His holy feet. (5)

For crores of lives, the Jiva has been a victim of
 deceit and deception, but his soul has never
 attained true salvation. (6)

I got across the ocean of the world the moment I
 fortunately met Sat Guru. (7)

I express my thankfulness every moment to Beloved
 Radhasoami, the Redeemer of fallen ones. (8)

Shabd 60

आज आई सुरतिया दर्द भरी ॥टेक॥
 जगत भोग से होय उदासा ।
 त्रिय तापन से अधिक डरी ॥१॥

Here comes Suratiá full of yearning and pining.
 She is fed up with worldly pleasures and mortally afraid of the three kinds of afflictions. (1)

Nowhere in the world, has she found peace. She remained roasted in the fire of pain, pleasure and doubts. (2)

Nowhere could she get the secrets and whereabouts of Sat Pad (the True Region) though she made a thorough search in all extant religions. (3)

Seeking and searching, she fortunately came in contact with Sat Guru. She adopted His Saran on listening to His discourses. (4)

Guru very mercifully explained to her the easy modes and methods of Surat Shabd Yoga. The dried up branches of her mind-tree now again became green. (5)

She now started ascending and applying to Shabd. The abode of Kal and Karam became the victim of pestilence. (6)

She now rushed to Sunn, i.e., Das-wán-dwár. She filled the pitcher of her Surat with the colour of love. (7)

After touching the Holy Feet of Sat Guru in Sat

Lok, she met Radhasoami and got across that very day.

(8)

Shabd 61

कोई गहो गुरु की सरन सम्हार ॥टेक॥

बहु दिन बीते समझ सोच में ।

अब तो दूतन सँग तज डार ॥१॥ -

Adopt the Saran of Guru. It is long since you have been thinking over the matter. Now, do give up the company of the evil propensities. (1)

You were quite mad in the company of the senses enjoying their pleasures. Now, stop drifting with them. (2)

Although you constantly hear and talk about the glory and eminence of Sat Guru, your mind, foolish that it is, does not really accept it. (3)

You say that Radhasoami is omnipotent and omnipresent and the creator of all. But, in practice, you do not stick to this belief, and go astray again and again. (4-5)

You see good and evil in others. But you forget all about the Prime Mover who provides inspiration in all that happens. (6)

You become dry and indifferent in a moment. But why do you forget the Mauj of Radhasoami? (7)

You should definitely understand that

Radhasoami is the Supreme Creator. (8)

He alone is the inspirer within everybody. There is no court besides His. (9)

Know that Radhasoami is Sant Sat Guru, the Supreme Preceptor and Guide. (10)

There is no doer and dispenser besides Him. Always act according to His pleasures, my friends ! (11)

Consider whatever He ordains or does to be good for you and regard that alone to be in keeping with His hidden, benevolent purpose. (12)

He will lovingly fulfil your task and will cut asunder the net of Kal and Karam. (13)

He is the prop and support of your body, mind and Surat. He is your protector every moment. (14)

Engender deep love for His holy feet. Inculcate humility and submissiveness. (15)

Depend upon the strength given to you by Radhasoami. Give up reliance on all others. (16)

Consider yourself to be infirm and lowly. Seek Radhasoami's protection and shelter. (17)

Be compassionate to all Jivas. Give up pride and jealousy. (18)

He who moulds his conduct like this, will be the

recipient of the unbounded grace and mercy of
Radhasoami. (19)

His Surat will ascend within every moment taking
one step after another on the stair-case of
Shabd. (20)

He will find abode in Radhasoami Dham, and will
be full of joy and delight to behold the Nij Rup
(Real Form). (21)

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Shabd 62

आज आई सुरत हिये उमँग बढ़ाय ॥टेक॥
मन इन्द्री को रोकत घट में ।
गुरु स्वरूप का ध्यान लगाय ॥१॥

Here comes Surat with love and yearning overflow-
ing in her heart. She controls the mind and
the senses, within her. She contemplates
Guru's form. (1)

She constantly elevates her Surat in the company
of Shabd. She gets wonderful Darshan within. (2)

Her mind becomes happy as she hears the ringing
of Shabd and fresh love awakens in her heart. (3)

She constantly frolics in the company of Sat Guru.
She feels extremely delighted on witnessing His
acts of grace. (4)

Great is the glory and importance tof Guru's
Darshan. Its marvellous splendour is
indescribable. (5)

Surat makes an offering of her body, mind and

wealth at the Holy Feet. She is intoxicated in
supreme bliss. (6)

She becomes fearless on getting the shelter and
protection of Radhasoami. She praises her
good luck all the time. (7)

Shabd 63

आज आई सुरत हिये भाव धार ॥टेक॥
सतसँगियन से हेल मेल कर।
सतसँग करती चित्त सम्हार ॥१॥

Here comes Surat with heart full of love. She
mixes with other Satsangis and attends Satsang
with care and attention. (1)

She enhances her love for Guru's holy feet and
contemplates the form of Guru. (2)

She hears Shabd at the gateway to Nabh (Sahas-
dal-kanwal) and, full of joy and delight, ascends
to Gagan (Trikuti). (3)

The cymbals, the Mridang (drum) and the violin
give out their sounds and the melodious notes
of the flute and the Bin (harp) are audible. (4)

Sat Guru, Radhasoami, who is ever merciful to the
humble and the lowly, graciously grants her
abode in the highest region. (5)

Shabd 64

कोई धारो गुरु के चरन हिये ॥टेक॥
 जग में छाये रहा तम चहुँ दिस ।
 सब जिव सहते ताप त्रिये ॥१॥

- Enshrine the Holy Feet of Guru in your heart.
 Dense darkness pervades all round in the world.
 All Jivas suffer the three kinds of afflictions. (1)
- Nobody knows how to get out of here. Jama
 takes away all Jivas with him. (2)
- He alone, who is recipient of the mercy of the
 Original Abode, cherishes in his heart the
 Shabd of Guru. (3)
- By associating with Guru, his mind has attained
 purification and he experiences bliss on per-
 forming Abhyas. (4)
- His love for and faith in the Holy Feet are
 enhanced, and he makes an offering of his body,
 mind and wealth. (5)
- Grasping the Holy Feet, his Surat ascends to
 higher regions and feels delighted on drinking
 the nectar of Shabd. (6)
- By the grace and mercy of Radhasoami, he repairs
 to the Highest Abode, getting rid of Kal and
 Karma. (7)

Shabd 65

आज आई सुरत हिये प्रेम जगाय ॥टेक॥
 दरशन करत भूल गई सुध बुध ।
 सुरत रही चरनन अटकाय ॥१॥

Here comes Suart, awakening love in her heart.
 As she has Guru's Darshan, she becomes
 oblivious of herself. She remains clinging to
 the Holy Feet. (1)

She becomes enraptured on listening to the ringing
 of Shabd. With her eyes withdrawn inward,
 she is lost in the bliss of Darshan of Guru's
 charming countenance. (2)

Witnessing such acts of grace all the time, her
 Surat and mind soar high. (3)

She hears the sounds of the bell and the conch and
 listens to the beating of the drum in Trikuti. (4)

The wonderful notes of the violin and the flute
 are audible and, in Sat Lok, she listens to the
 sound of the Bín (harp). (5)

By grace, her task is now fully accomplished.
 She merges in the Holy Feet of Radhasoami. (6)

Shabd 66

आज भीजे सुरत गुरु प्रेम रंग ॥टेक॥
 उमँग भरी आई सतगुरु चरना ।
 बचन सुनत हुई आज निशंक ॥१॥

Surat is drenched in the colour of love today.
Full of zeal and enthusiasm, she comes to
Guru's holy feet. She has become fearless on
hearing Guru's discourses. (1)

She has given up from her mind all attachment for
the world. The agents of Kal, i. e., evil
propensities, which have been fighting with her
within, have now become powerless and
exhausted. (2)

She has grown indifferent at heart towards
worldly pleasures. Her mind and senses have
withered and become harassed and perplexed. (3)

Her eagerness to have Guru's Darshan constantly
increases. She has no other craving or desire. (4)

Her mind is lost in the bliss of Shabd. She now
soars higher and higher like a kite. (5)

Passing through Sahas-dal-kanwal, she rushes to
Trikuti whose firmament echoes with peals of
thunder and the beating of the drum. (6)

Jovial Surat proceeds higher. She is now rid of all
evil company. (7)

She meets Beloved Radhasoami in the highest
region. She remains clinging to His holy feet
with zeal and fervour. (8)

Shabd 67

कोई करो प्रेम से गुरु का संग ॥टेक॥
 मन से कपट और मान तियागो ।
 प्रेमी जन का धारो ढंग ॥

Associate with Guru with love and affection.
 Eschew hypocrisy and pride from your mind.
 Adopt the ways of loving devotees. (1)

Engender love and faith for Guru as a child does
 for his mother, free from all fear. (2)

Obey the command of Guru with love and affection.
 Perform His sewa enthusiastically. (3)

Strengthen your Saran of the holy Feet of Radha-
 soami. Let RADHASOAMI Nám be embedded
 in each and every part of your body. (4)

Your mind should remain absorbed in the bliss of
 Darshan all the time and your Surat should
 get drenched in the colour of Shabd. (5)

Worldly pursuits will then appear insipid and you
 will give up all sense of honour and dishonour. (6)

Radhasoami casts His glance of mercy on you.
 Your antagonists have now themselves become
 harassed and perplexed. (7)

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Shabd 68

कोई जोड़ो गुरु से नाता आय ॥टेका॥
 मात पिता भाई सुत तिरिया ।
 इनके संग मन रहा बँधाय ॥१॥

Establish a link with Guru. Your mind is in
 bondage in the company of your father,
 mother, brother, son and wife. (1)

You have also developed love and affection for
 your kith and kin, friends and caste-fellows. (2)

You have been on nice and affectionate terms with
 Pandits, Vaids; Hakims and money-lenders, too. (3)

But you have no love or liking for Sants, Sadhs
 and devotees of Guru; on the other hand, you
 calumniate them. (4)

Anyone who is blest with Their glance of mercy
 gets across the ocean of the world and repairs
 to his True Home. (5)

Therefore, all Jivas should convince their mind
 somehow or other and, developing reverence
 for and faith in the Holy Feet of Sants, have
 Their Darshan with love and affection. (6-7)

Sant is Guru, Sat Guru and the Supreme Preceptor.
 His heart overflows with compassion for Jivas.
 He graciously accords them help, in matters
 both worldly and spiritual. (8-9)

Saving Jivas from Jama's clutches, Sants take them
 to Their abode of happiness. (10)

Therefore, O brother, wake up and try to understand. Engender faith and reverence for Sat Guru's holy feet. (11)

Adopt RADHASOAMI Nam and, with heart imbued with humility sing His praises all the time. (12)

You engage in all kinds of worldly activities but give no consideration to Parmarth. (13)

This lapse or negligence will be the cause of much misery, but repentance, then, will be of no avail at all. (14)

Hence, O brother, wake up right now. Act for the good of your soul. (15)

Make some spiritual endeavour, no matter how little. Adopt the Saran of Radhasoami. (16)

He will then shower His mercy on you, and will save your soul. (17)

Shabd 69

कोई करो गुरु संग हेत सम्हार ॥टेक॥
साँचा मीत गुरु को जानो ।
कपट छोड़ कर उनसे प्यार ॥१॥

Associate with Guru with love and affection. Know that Guru is your true friend. Therefore, give up hypocrisy and develop true and sincere love for Him. (1)

All others are your friends in matters of Swáarth,
but none in the matter of Parmáarth. (2)

Live in this world careful and alert. Remain on
your guard against cheats. (3)

Attend Guru's Satsang with zeal. Listen to His
discourses and cherish them in your heart. (4)

Engender love for and faith in His holy feet. Get
initiated in Surat Shabd Yoga. (5)

Engage in spiritual practices day and night.
Listen to Shabd and witness illumination
within. (6)

In this way, you will attain purification day by
day. Your Surat will then ascend beyond the
region of the Pind. (7)

Sat Guru Radhasoami, who is ever merciful to the
humble and the lowly, redeems Jivas in His
grace and mercy. (8)

Shabd 70

आज हुई सुरत गुरु चरन अधीन ॥टेक॥
सतगुरु चरन ध्यान धर घट में ।
मन और सुरत हुए दोड लीन ॥१॥

Surat has today become subservient to Guru's
holy feet. Contemplating the Holy Feet within,
the mind as well as Surat have become absorbed
in them. (1)

Surat ascends to higher regions slowly and gradually. Guru, in His grace, grants her the bliss of Shabd. (2)

She has discarded from her mind all her worldly attachments. She has become humble before Guru's holy feet. (3)

She has firmly adopted Saran of the Holy Feet. Kal, Karam and the three Gunas are now all vanquished. (4)

She has developed deep and intense love for the holy feet of Radhasoami. She now merges in the Holy Feet like fish in water. (5)

Shabd 71

आज आई सुरतिया उमंग जगाय ॥टेक॥
आरत करन चहत सतगुरु की ।
हिये में भाव और प्रेम बढ़ाय ॥१॥

Here comes Suratiá arousing yearning within her. She wishes to perform the Arti of Sat Guru. She enhances love and faith at heart. (1)

She is delighted to have Guru's Darshan. She becomes oblivious of her body and mind. (2)

Satsangís have all gathered. Intense bliss is coming down in showers. (3)

All merrily and merrily sing the praises of Radhasoami and make an offering of their body, mind and riches. (4)

RADHASOAMI Nam is echoing all round. All
sing "O Beloved Father, O, Beloved". (5)

With zeal and enthusiasm all sing the Arti of Guru.
The tumult and splendour are indescribable. (6)

Such an atmosphere has been created on the
occasion that even Hansas and Hansnís have
become charmed. (7)

Radhasoami, who is ever merciful to the humble
and the lowly, has, in His grace, made a gene-
rous gift of His love to all. (8)

Love for His holy feet increases day by day. Kal
and Karam now remain sad and morose. (9)

Radhasoami, by acquainting the Jiva with the
secret of Shabd, elevates his mind and Surat to
higher regions. (10)

Surat, becoming meek and humble, applies itself to
the Holy Feet. Radhasoami takes her in His
lap. (11)

Shabd 72

जाग री मेरी प्यारी सुरतिया ।
गुरु चरन में लाग री ॥
मेरी प्यारी सु र ति या ॥टेक॥

Awake, my dear Suratia, awake ! Attach thyself to
the Feet of Guru, my dear Suratia, attach
thyself to His Feet. (refrain). Thou hast

passed days and days in forgetfulness. Now,
get up and run away from the world, my dear
Suratia, run away from the world. (1)

By Great good luck, thou hast got the exalted
Darshan of Guru. Now gaze at His lotus eyes,
my dear Suratia, gaze at His eyes. (2)

Concentrating thy spirituality at the third Til, rise
high, and hear the अनहद राग Anhad-rág
(uninterrupted music) there, my dear Suratia,
hear the uninterrupted music. (3)

Passing through Sahas-dal-kanwal, rush to Trikuti
and kill the black serpent-demon, my dear
Suratia, subdue the black serpent. (4)

In Sunn, become pure, and get rid of the company
of crows, my dear Suratia, get rid of their
company for good. (5)

Dín Dayal Radhasoami, in His grace and mercy,
has bestowed on thee, my dear Suratia, true
and eternal spousehood. (6)

Shabd 73

निज घर अपने चाल री ।
मेरी प्यारी सुरतिया ॥टेक॥

Proceed to your true home, my dear Suratia,
proceed to your true home. (refrain). Maya

has spread her net all over the world. In whichever direction you go, Kal is there to baffle you. Proceed to your true home, my dear Suratia, proceed, therefore, to your true home. (1)

Kal and Karam have laid many a snare. A net has been spread in all four directions. Proceed, my dear Suratia, proceed to your true home. (2)

If you want to get out of the net, do so this very moment and take to the path shown by the Guru. Proceed, my dear Suratia, proceed to your true home. (3)

None is your friend here. Give up attachment to wealth and property. Proceed, my dear Suratia, proceed to your true home. (4)

Engender love for and faith in the holy feet of Guru. He will remove all your troubles and afflictions. Proceed, my dear Suratia, proceed to your true home. (5)

Get initiated in Surat Shabd Yoga, and commence your journey enshrining the Holy Name Radhasoami in your heart. Proceed, my dear Suratia, proceed to your true home. (6)

Shabd 74

खेल गुरु संग आज री ॥
मेरी प्यारी सुरतिया ॥टेका॥

Play, my dear Suratia, play with Guru this very day. (refrain). Come to the Holy Feet with zeal and fervour. Adorn yourself with love and devotion. Play, my dear Suratia, play with Guru. (1)

Enhance love in your heart day by day, and quit this contemptible world. Play, my dear Suratia, play with Guru. (2)

Elevating your Surat, rush to Gagan and, occupying the throne, rule there. Play, my dear Suratia, play with Guru. (3)

In Sunn, mix with the Hansas and be happy in their company. Sing the songs of joy and go on dancing merrily. Play, my dear Suratia, play with Guru. (4)

Cling to the Holy Feet of Sat Guru, and get the gift of Bhakti (devotion) from Him. Play, my dear Suratia, play with Guru. (5)

Radhasoami will embrace you and place a crown on your head. Play, my dear Suratia, play with Guru this very day. (6)

Shabd 75

करो गुरु संग प्यार री ।
मेरी भोली सुरतिया ॥टेक॥

Engender love for Guru, O my innocent Suratia.

- (refrain). By associating with Maya, you have been entrapped in the world and befriended the three and the five (three Gunas and five Tattwas¹). O my innocent Suratia, engender love for Guru. (1)
- Kal has got the upper hand over you. He has lured you by throwing pleasures of the world to you. O my innocent Suratia, engender love for Guru. (2)
- Take heed, attend Satsang and cherish the Guru's discourses in your heart. O my innocent Suratia, engender love for Guru. (3)
- Strive hard for the gift of Prem (love) from Guru. Sacrifice yourself at the Holy Feet. O my innocent Suratia, engender love for Guru. (4)
- Perform Shabd Yoga with enthusiasm, and witness beautiful scenes within. O my innocent Suratia, engender love for Guru. (5)
- Catching hold of the current of Shabd, ascend high and behold the region which is the essence of all. O my innocent Suratia, engender love for Guru. (6)
- By the grace and mercy of Radhasoami Dayal, proceed on, and behold His Holy Feet. O my innocent Suratia, engender love for Guru. (7)
-

Shabd 76

आओ गुरु दरबार-री ।
मेरी प्यारी सुरतिया ॥टेक॥

- Come to the august Darbar of Guru, O my darling Suratia ! (refrain). Why do you burn yourself in the fire of the world ? Bathe in the cool and soothing current of ambrosia, O my darling Suratia. (1)
- Attend Guru's Satsang with love and attention. Give up fear and regard for the world, O my darling Suratia. (2)
- Engender love and yearning in your heart. Devote your body and mind to the Holy Feet, O my darling Suratia. (3)
- Getting the gift of Nam from Sat Guru, engage in spiritual practices with care, O my darling Suratia. (4)
- See within you the pure light, and hear the Anhad Shabd, O my darling Suratia. (5)
- Take refuge under Radhasoami and thus do good to your soul, O my darling Suratia. (6)
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Bachan 13

PREM BAHAR (SPRING OF LOVE)

FIRST PART

BAHAR (BLOOM OF SPRING)

Shabd 1

चरन गुरु दिन २ बढ़ती प्रीत ॥टेक॥
समझ गुरु गत मत अगम अपार ।
घार रही मन में दृढ़ परतीत ॥१॥

My love for Guru's holy feet is increasing day by day. Understanding the supremely exalted status of Guru, I have developed firm faith at heart. (1)

My mind is charmed on beholding the captivating form of Guru and I feel delighted as I listen to His discourses. (2)

With zeal and enthusiasm, I perform the Sewa of Guru's holy feet. I take His 'Seet' and Prashad with love and affection. (3)

Witnessing the grace and mercy of Guru all the time, I now firmly adopt Saran of His holy feet. (4)

The current of love and devotion has now started
(373)

flowing within me and I have given up
Manmukhtá, i. e., the ways of one following
the dictates of the mind. (5)

I have now realised that Guru is a true friend.
There is no other true friend in the world. (6)

Adopting the Saran of Radhasoami, I get across
the ocean of the world and repair to my True
Home. (7)

Shabd 2

दरस गुरु हियरे उठत उमंग ॥टेक॥
बिकल मन नहि पावत सुख चैन ।
उठावत छिन २ नई उचंग ॥१॥

My heart is seized with yearning for having
Darshan of Guru. I am restless and find no
happiness and calm. Renewed longing is
aroused within me every moment. (1)

Tearing apart the net of the world and setting
aside all worldly dealings, I fervently cherish
the company of Guru for some days. (2)

Day and night, I writhe, pining because of sepa-
ration from the Beloved. Kal is constantly
creating disturbances in Bhajan. (3)

Waves of intense longing are always arising
within me to meet Guru and get dyed in His
colour. (4)

O Beloved Radhasoami ! Do come to my rescue.
Implant love in each and every pore of my
body. (5)

Teach me such ways of Bhakti that attachment for
the world may not cast its spell on me. (6)

May I remain drenched through and through in
the colour of love and may my Surat soar
higher and higher like a kite. (7)

And may I, full of enthusiasm and with the
strength imparted to me by Radhasoami, give
up all sense of honour and dishonour of the
world. (8)

Shabd 3

मान मद त्याग करो गुरु संग ॥टेक॥
जब लग सजनी मान न छोड़ो ।
तब लग रहो तुम तंग ॥१॥

O dear ! give up pride and egotism, and keep the
company of Guru. Till you do not give up
pride, you will remain harassed and distracted. (1)

So long as you are not rid of Karam and Bharam,
you will not be dyed in the colour of Guru. (2)

You will be constantly tormented by feelings of
enmity and jealousy and will remain quarrelling
and wrangling with others. (3)

Therefore, O dear ! Heed my advice and do learn
the ways of Bhakti. (4)

Cultivate humility, come under Guru's Saran and
attend His Satsang attentively. (5)

Adopt the ways of Guru Bhakti (devotion to Guru)
and apply your Surat to Shabd with zeal. (6)

Perform Abhyas regularly in this manner for some
days and then will love be embedded into each
and every part of your being. (7)

Radhasoami, in His grace, will elevate your Surat.
All your Karams will be eradicated. (8)



Shabd 4

सरन गुरु गहो हिये धर प्यार ॥टेक॥
सतसंग करो नित्त तुम आई ।
बचन गुरु सुनो होय हुशियार ॥१॥

Adopt the Saran of Guru with heart full of love.
Attend Satsang regularly. Listen to Guru's
discourses with care and attention. (1)

Learn from Guru the secrets of the path and listen
to Shabd with your Surat properly attuned. (2)

Contemplate the form of Guru within and proceed
while realizing the current of grace and mercy. (3)

Enhance your love and faith day by day. Give
up all cravings for sensual pleasures. (4)

Shun the company of the mind and the senses.
They will keep you carried away by the world. (5)

And do not, O brother, get entangled in the net of
infatuation. Adopt and maintain the attributes
of a Gurumukh all the time. (6)

Beloved Radhasoami, who is all-powerful, will,
out of mercy, accomplish your task. (7)

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Shabd 5

त्याग चल सजनी माया देश ॥टेक॥
तीन लोक में काल बियापा ।
सब जिव भोगें करम कलेश ॥१॥

O Sajni (friend) ! Leave this region of Maya and
proceed. Kal holds his sway over all the three
worlds. All Jivas suffer pain due to Karams. (1)

Jivas find no way out. They cannot sever their
connection with Maya. (2)

Therefore, search for Sat Guru. Why do you waste
your life ? (3)

Attend His Satsang and, after having received
initiation from Him in Surat Shabd Yoga,
engage in the spiritual practices. (4)

Relying on the grace and mercy of Sat Guru, apply
your Surat to Shabd. (5)

Adopt Guru's Saran with faith and conviction.
Kal and Karam will then be rendered powerless. (6)

Going to Sunn, bathe in the Mānsarovar lake.
Your Surat will then assume the form of a
Hansa. (7)

On going to Sat Lok, your task will be accomplished.
You will then pay obeisance to Radha-
soami. (8)

Shabd 6

पकड़ गुरु चरन चलो भी पार ॥टेक॥
यह भौसागर काल स्थाना ।
माया की बहे परबल धार ॥१॥

Grasp the Holy Feet of Guru and get across the
ocean of the world, which is the region or
domain of Kal. Very powerful currents of
Maya flow here. (1)

Under the sway of Karams, the Jiva gives rise to
desires all the time, and, engrossed in pleasures,
remains afflicted with maladies. (2)

Therefore, do I exhort all : Do not be deluded and
carried away by the world. (3)

Associate with Sat Guru with love and affection,
if you want your true redemption. (4)

Receive initiation from Guru in all humility.
Attuning your Surat, listen to Sahbd. (5)

Enshrine the form of Guru in your heart. Perform
Sumiran of RADHASOAMI Nam all the time. (6)

By firmly adopting Saran of Guru's holy feet, cut
asunder the net of Kal and Karam. (7)

Imbued with love, engage in the spiritual practices
in this manner. Radhasoami will then ferry
you across. (8)

Shabd 7

डगर मेरी रोक रहा मन जार ॥टेक॥
इन्द्रियन संग यह हुआ दिवाना ।
भरम रहा भोगन की लार ॥१॥

The mind-paramour is blocking my way. It is
mad in the company of the senses and is going
astray, enjoying sensual pleasures. (1)

Every now and then it gives rise to new desires
and keeps the current of Surat or spirituality
flowing into the world. (2)

It does not develop right understanding at heart.
Indeed, it is utterly foolish, shameless and
stubborn. (3)

It pays absolutely no heed to my pleadings. I,
therefore, take refuge in Sat Guru's Darbar. (4)

If Guru, on His own, bestows His grace and
mercy, the mind will turn into my friend. (5)

It will then understand and appreciate the ways of Parmarth and make endeavours with a view to achieving it. (6)

It will then turn away from the world, take a reverse course within, and be absorbed in bliss on listening to the resonance of Shabd. (7)

It will leave the Pind, drink nectar in higher regions and behold the Holy Feet of Radha-soami. (8)

Shabd 8

लिपट गुरु चरन प्रेम संग आज ॥टेक॥
 उमंग उमंग सतसंग कर उनका ।
 भक्ति भाव का लेकर साज ॥१॥

Cling today to Guru's holy feet with love and affection. Attend His Satsang with zeal and enthusiasm and embellished with love and devotion. (1)

Love and yearning pervade my inner being. I have given up all sense of fear and regard for the world and my family. (2)

I have Guru's Darshan, looking intently into His lotus eyes. On hearing Shabd, my Surat rushes to Sahas-dal-kanwal. (3)

As I perform Guru's Sewa, my heart overflows with love. On ascending to Trikuti, my Surat attains sovereignty. (4)

I engage in delightful activities in the company of Hansas. I have given up the ostentations of Mana (mind) and Maya. (5)

I reach Bhanwargupha in the company of Guru. Sohng Shabd is loudly resounding there. (6)

On beholding the form of Sat Nam Sat Purush, receive the gift of love and devotion. (7)

My Surat, fully embellished, repairs to Radha-soami Dham. My task is fully accomplished today. (8)

Shabd 9

जगत तोहि क्यों लागा प्यारा ॥टेक॥
निज घर भूल भ्रम रही जग में ।
करम करत धारत भारा ॥१॥

Why is the world dear to you ? Oblivious of your True Home, you are wandering endlessly in this world. By engaging in Karams, you are shouldering their burden. (1)

You have developed friendship with the mind and the senses. You suffer pain by becoming engrossed in worldly pleasures. (2)

You do not know of any way out. Satsang has not been dear to you. (3)

O mind ! Now, do wake up and try to under-

stand. Enshrine Sat Guru's discourses in your heart. (4)

Grasp Guru's holy feet in all humility now and take to the path of Surat Shabd Yoga. (5)

Perform Abhyas daily with love and affection and getting yourself detached from the world all the time. (6)

Firmly adopt the Saran of Radhasoami in your heart. He will take you across the ocean of the world in no time. (7)

Shabd 10

चरन गह जग से हुई न्यारी ॥टेक॥
उमंग सहित गुरु सन्मुख आई ।
बचन सुनत हिये गुलजारी ॥१॥

Grasping the Holy Feet, I have become detached from the world. I come before Guru with zeal and fervour. A flower garden blossoms forth within me as I listen to His discourses. (1)

As I have Guru's Darshan, I feel highly elated and as I perform Dhyān, flowers burst into bloom within me. (2)

I feel extremely delighted on receiving initiation in Surat Shabd Yoga. I keep listening to the ringing of Shabd within me. (3)

My love and faith are augmented every moment. I
dedicate my body, mind and wealth to Guru. (4)

I practise Shabd Abhyas enthusiastically, adopting
in my heart the Saran of the Holy Feet of Guru. (5)

On constantly witnessing ever-new acts of grace
within me, I give up all fear and regard for the
world. (6)

By the mercy of Radhasoami, I constantly ascend
to higher regions. My Surat gets across the
ocean of the world. (7)

Shabd 11

चरन गुरु क्यों नहिं धारे प्रीत ॥टेक॥

होय अनजान फँसा जग माहीं ।

मन माया की धारी रीत ॥१॥

Why do you not engender love for Guru's holy
feet ? Ignorant that you are, you have been
ensnared in the world and have adopted the
ways of Mana and Maya. (1)

You go astray in this world, undergoing pain and
pleasure all the time ; this, indeed, is the way
of Kal and Karma. (2)

Therefore, O dear, I advise you to listen attentively
to the discourses delivered in Satsang. (3)

Enhance your attachment for Guru's holy feet and,
with a firm faith, practise Surat Shabd Yoga. (4)

Guru will eradicate your Karmas and take you to
your True Home. He will enable you to hear
the most sublime Shabd. (5)

Remain clinging to the Holy Feet of Sat Guru ;
you will then be rid of Mana and Maya. (6)

Your dormant luck will awaken now. You will
repair to the most holy Radhasoami Dham. (7)

Shabd 12

चेत कर क्यों न चलो गुरु साथ ॥टेक॥
मन माया सँग रहे बंधानी ।
भोगन में अति कर दुख पात ॥१॥

Why do you not wake up and proceed in the
company of Guru ? You remain tied with Mana
and Maya and suffer much pain and misery by
indulging in sensual pleasures. (1)

Wordly desires cause much heat and burning and
you remain wandering all the time engrossed in
Karmas. (2)

You never get out of the cycle of recurrent births
and deaths and go on descending in the cycle
of eithtyfour. (3)

Listen to Sat Guru's discourses attentively. With
love and affection practise the mode of Surat
Shabd Yoga as explained by Him. (4)

In a few days, you will experience bliss within you,
and your attachment to these practices will
become stronger and stronger. (5)

Your mind and Surat will proceed within attentively.
They will ascend, catching hold of the cord
of Shabd. (6)

When Radhasoami showers His grace and mercy
on you, you will adopt His Saran and merge in
His holy feet. (7)

Shabd 13

सजन प्यारे मन की कहन न मान ॥टेक॥
यह जग में तोहि बहु भरभावे ।
गुरु भक्ती में करता हान ॥१॥

O dear wise one ! Do not listen to the dictates of
the mind. It keeps you wandering a lot in this
world and is detrimental to Guru Bhakti. (1)

It keeps you wavering within, and beguiles you by
keeping you immersed in pain, pleasures,
worries and anxieties. (2)

Cherish worldly desires only to the extent absolutely
necessary. Totally give up pride and
jealousy. (3)

Engender deep love for Guru's holy feet. Constantly
apply Surat to Shabd. (4)

Implant in your heart awe and reverence for Guru.
Contemplate the form of Guru. (5)

Your mind will then come under your control
slowly and gradually. Implant humility and
submissiveness in your heart. (6)

Your Surat, jovial and embellished with love, will
ascend to higher regions and partake of nectar. (7)

Radhasoami will then shower His grace and mercy
on you and grant you abode in His holy feet. (8)

Shabd 14

सुरत प्यारी जग में क्यों अटकी ॥टेक॥
यह तो देश तुम्हारा नाही ।
भोगन संग यहां भटकी ॥१॥

O darling Surat ! Why have you got entangled in
this world ? This is not your region. You are
being led astray here in the company of sensual
pleasurs. (1)

Shun the company of the mind and the senses.
Take your Surat now to the shore of Sunn. (2)

Receive initiation from the merciful Guru. Let
your Surat remain clinging to Shabd. (3)

Ascending high, peep through the mansion of
Gagan (Trikuti). The pitcher of your Karmas
will then be broken. (4)

On touching the Holy Feet of Guru there, you
will be delighted at heart. Surat, then, will slip
away to higher regions from there. (5)

Who but the merciful Guru will enable you to
perform the spiritual practices for proceeding
within ? (6)

He made it possible for me to cut asunder my
link with Kal and Karam. He eradicated my
attachment to Maya and her objects. (7)

Radhasoami has graciously made me His own. He
has acquainted me with the whereabouts of
the Highest Adode. (8)

Shabd 15

सजन प्यारे जड़ सँग गाँठी खोल ॥टेक॥
दीन होय सतसँग कर गुरु का ।
लौ लगाय सुन घट में बोल ॥१॥

O dear wise one ! Untie your knot with inert
matter. Attend Guru's Satsang in all humility.
Listen to Shabd within attentively. (1)

On hearing Shabd, your mind and Surat will
blossom forth like flowers and your precious
human life will be fruitful. (2)

You will experience internal bliss day by day.
All of Maya's trickeries and temptations will be
gone. (3)

Then only will you realize the importance of Sat-sang and you will correctly understand the discourses of Sat Guru. (4)

Darling Surat, by adopting Saran of Radhasoami, will swing in Gagan. (5)

Ascending higher and higher and singing the praises of Sat Guru, she will contact the incomparable Sat Shabd. (6)

By the grace and mercy of Radhasoami, she will reach the highest mansion, which is indescribable, infinite, nameless, immovable and eternal. (7)

Shabd 16

सुरत प्यारी मन सँग क्यों भरमाय ॥टेक॥
कर्म धर्म और तीरथ मन्दिर ।
काल दिया अस जाल बिछाय ॥१॥

O darling Surat ! Why do you go astray in the company of the mind ? Rituals, religious observances, pilgrimage and idol worship — they all are the net spread by Kal. (1)

He has entrapped all Jivas in them. Nobody can find the path to his True Home. (2)

The foolish mind, tied to the senses, remains lost in the enjoyment of worldly pleasures all the time. (3)

Discarding sensual pleasures and tearing apart
Kal's net, attend the Satsang of Sat Guru care-
fully. (4)

Listen to His discourses attentively. Practise
Surat Shabd Yoga. (5)

Cultivate love for and faith in Sat Guru's holy
feet. Perform His Sewa constantly with love. (6)

When Sat Guru bestows His grace and mercy on
you, He will elevate your mind and Surat to
higher regions. (7)

He will cut asunder the snares of Kal and Karam.
You will abide in happiness on repairing to
your true home. (8)

If you do not make these spiritual endeavours
right now, you will suffer pain and misery
repenting over and over again. (9)

Therefore, listen right now to what I say. Rush
to your True Home in the company of Sat
Guru. (10)

Adopt the Saran of Radhasoami with love and
affection. He, in His grace, will accomplish
all your task. (11)



Shabd 17

सुरत प्यारी मन से यारी तोड़ ॥टेक॥
 इसकी प्रीत बहुत दुख देवे ।
 जैसे बने इसका संग छोड़ ॥१॥

- O darling Surat ! Give up your friendship with the mind. This attachment will cause you much pain and agony. Shun its company somehow or other. (1)
- It always keeps you engrossed in sensual pleasures. The tyranny of Kal and Karam will be aggravated. (2)
- Search for Sat Guru. Attend His Satsang. In all humility, join your heart with His holy feet. (3)
- Get initiated in Surat Shabd Yoga with love and affection. Constantly hear loud Anhad Shabd within. (4)
- Contemplate Guru's form with love and affection. All the internal thieves (evil propensities) will take to their heels. (5)
- On getting Guru's Darshan, your mind will be delighted and your Surat will quickly ascend within. (6)
- When Radhasoami casts His glance of grace and mercy on you, you will be rid of your feeling of mine and thine in a moment. (7)

Shabd 18

सुरत प्यारी झाँको घट में आय ॥टेक॥
 नैनन माहिं डगर निज घर की ।
 धुन संग चालो सुरत लगाय ॥१॥

- O darling Surat ! peep within. The path to your True Home lies through your eyes. Proceed on that path after applying your Surat to Shabd. (1)
- Inclined outward, you have been wandering for innumerable ages and have been experiencing pain and pleasure in the company of the body and the mind. (2)
- Do wake up this time and realize the inner secrets. You will thereby make your human life fruitful. (3)
- Associate with Sat Guru with love and affection. Receiving initiation from Him in the methods of Surat Shabd Yoga, constantly engage in their practices. (4)
- Come under Sat Guru's shelter and protection somehow or other. Radhasoami will graciously awaken your luck. (5)
- Your mind and Surat will ascend to higher regions on listening to Shabd and will witness wondrous spectacles within. (6)
- By elevating you beyond the jurisdiction of Kal, Radhasoami will take you to your True Home. (7)
-

Shabd 19

अधर चढ़ सुनो शब्द की गाज ॥टेक॥
 शब्द धार घट में नित जारी ।
 उमंग सहित सुनो चित दे आज ॥१॥

- Ascending high, listen to the resounding of Shabd.
 The current of Shabd is incessantly flowing
 within. Listen to it with love and attention. (1)
- Without the help and guidance of Guru, you will
 not find the path within. Meet Him and get
 your task accomplished. (2)
- Attend His Satsang and perform His Sewa,
 embellishing yourself with love and devotion. (3)
- Imbued with humility, get mixed with Satsang
 where Sadhs (loving devotees) have gathered. (4)
- Discarding Karam and Bharam, perform Guru's
 Arti. Give up all fear and regard for the
 world. (5)
- Guru, in His grace and mercy, will elevate your
 Surat and give you the gifts of love and
 devotion. (6)
- Leaving Kal's domain, you will go to Sat Lok, and
 on ascending to Agam Lok, will enjoy soverei-
 gnty there. (7)
- You will be enraptured on getting Darshan of
 Radhasoami. You will put on the crown of
 grace and mercy. (8)

Shabd 20

सत्त पद खोज मिलो घट आय ॥टेक॥
 माया ने जो रचना कीन्ही ।
 उपजे बिनसे थिर न रहाय ॥१॥

- Seek and find the Sat Pad (True Region) within.
 The creation brought into being by Maya is
 subject to evolution and dissolution, never
 remaining stable and steady. (1)
- Sat Pad lies beyond Mahá-sunn, and it is the
 abode of Sants. (2)
- Indescribable is the glory and eminence of Sat
 Lok and Radhasoami Dhám. (3)
- These inner secrets will be obtained from Sat Guru.
 Adopt His Saran and attend His Satsang. (4)
- Receive initiation from Him with heart full of
 humility. Regularly practise the methods of
 Surat Shabd Yoga. (5)
- Sat Guru, in His grace and mercy, will elevate
 your Surat within and ferry you across the
 ocean of the world. (6)
- You will then, O darling, repair to Radhasoami
 Dham and abide there. You will become
 immortal, and enjoy supreme bliss there. (7)
-

Shabd 21

अधर चढ़ परख शब्द की धार ॥टेक॥
 गुरु देयाँल तोहि मरम लखावें ।
 बचन सुनो उन हिये धर प्यार ॥१॥

Ascend within and perceive the current of Shabd.
 The merciful Guru will reveal to you its secret.
 Lovingly listen to His discourses. (1)

Imbued with yearning, perform Abhyas. Seek the
 true Shabd within. (2)

Keeping the image of Guru before you, proceed
 beyond the कंज Kanj (the third Til) while
 listening to Shabd. (3)

The bell is ringing in Sahas-dal-kanwal. Listen to
 the sound of OMkár in Trikuti. (4)

Ascend to the top of Sunn. Go beyond Mahá-
 sunn. In Bhanwarguphá, listen to the sound of
 the flute. (5)

Cherishing Sat Shabd, listen to the sound of the
 Bín (harp) in Sat Lok. (6)

Going beyond Alakh and Agam, have Darshan of
 Beloved Radhasoami. (7)

Shabd 22

दीन दिल आई सुरत गुरु पास ॥टेक॥
 दरशन करत फूल रही मन में ।
 बचन सुनत हिये होत हुलास ॥१॥

- With heart full of humility, Surat comes to Guru.
She feels transported as she gets Guru's
Darshan and is extremely delighted on hearing
His discourses. (1)
- By attending Satsang, fresh love has awakened
within her. Her faith in the Holy Feet is
being augmented day by day. (2)
- By Guru's mercy, she comes to know of the sub-
lime secrets of Surat Shabd Yoga and becomes
Guru's unconditional slave. (3)
- Her mind and Surat now concentrate within. They
constantly enjoy bliss in the company of Shabd. (4)
- How can I sing the glory and eminence of Sat
Guru ? He has rid me of the tyranny of Jama. (5)
- Granting me abode in His holy feet, He has
eradicated all my Karam, Bharam, doubt and
sorrow. (6)
- Radhasoami Dayal, the supremely eminent Guru
and the giver of all gifts, has graciously ful-
filled the cherished desire of my heart. (7)

Shabd 23

सरन गुरु आई सुरत धर प्यार ॥टेक॥
दुखित होय जग से अलसानी ।
छोड़ दई मन जम की कार ॥१॥

Imbued with love, Surat has come under Guru's shelter. She is unhappy with and tired of the world. Her mind has given up Jama's activities, (1)

She minimizes her love for worldly people. She now knows Guru to be the true friend. (2)

She mingles with loving devotees and attends Satsang with care and attention. (3)

She enhances her love for Guru as she listens to His discourses. And as she performs His Sewa, her mind gives up egotism. (4)

She lovingly contemplates Guru's form and, with zeal and fervour, listens to Shabd. (5)

Witnessing Guru's ever-new acts of grace, she recognizes His unbounded grace and mercy. (6)

She touches the Holy Feet of Radhasoami and comes to her True Home. She sings the praises of Radhasoami again and again. (7)

Shabd 24

भाव धर करत सुरत गुरु सेव ॥टेक॥
या जग में कोइ मीत न सांचा ।
या ते सरन गही गुरु देव ॥१॥

Surat performs Guru's Sewá, with love and affection. There is no true friend in this world. She has, therefore, adopted Saran of Guru. (1)

Guru, in His grace and mercy, removes all her doubts delusions and egotism. (2)

She is very humble. She is base and lowly due to her Karmas. O Guru ! Grant her the Saran of your holy feet. (3)

Very deep and ominous is the current of the ocean of the world. Who but You can ferry her boat across ? (4)

O merciful Radhasoami ! Saving her, a powerless Jiva, from clutches of Jama, make her Your own. (5)

Shabd 25

उमंग कर धरत सुरत गुरु ध्यान ॥टेका॥
गुरु छबि देख मगन हुई मन में ।
निरख रही उन अचरज शान ॥१॥

Surat, imbued with yearning, contemplates the form of Guru. She feels extremely delighted to see Guru's charming countenance whose wondrous splendour, she keeps gazing at. (1)

Her love for the Holy Feet is enhanced every moment. She has given up all her pride. (2)

She now performs ever-new Sewa of Guru all the time. She dedicates herself to His holy feet. (3)

She sacrifices herself over Guru's Darshan and

makes an offering of her body, mind and life
itself, every moment. (4)

She all the time sings RADHASOAMI, RADHA-
SOAMI. She gets the gift of love and devotion. (5)

Shabd 26

अधर चढ़ सुनी सरस धुन कान ॥टेक॥
मन और सुरत साध कर तन में ।
सम चित होय धरा गुरु ध्यान ॥१॥

On ascending high, I listen to melodious Shabd.
Properly attuning my mind and Surat in the
body and with rapt attention, I contemplate
Guru's form. (1)

I have given up my attachment for worldly
pleasures and have shattered all the pride of
my mind. (2)

The bell rings and the conch blows in Sahas-dal-
kanwal where Kal purush is seated holding his
court. (3)

The flame burns there with dazzling refulgence.
Above that region, I see the red morning sun. (4)

On going to Sunn, I wash away all my stains and
blemishes. In Bhanwargupha, I hear the sound
of the flute. (5)

From there, too, I proceed onward. In Sat Lok, I
listen to the sound of the Bin (harp). (6)

Having obtained the permission of Sat Purush, I
go and abide in Radhasoami Dham. (7)

Shabd 27

आज घिर आये बादल कारे ।
गरज गरज घन गगन पुकारे ॥१॥

Dense dark clouds are hovering all round today.
The sky resounds with repeated peals of
thunder. (1)

Nectar is dripping in showers all the time. I see
flashes of lightning within me. (2)

There are showers of rain all round. My Surat
gets drenched as it listens to the ringing of
Shabd. (3)

Surat ascends to higher regions with zeal and
fervour. She beholds the refulgence of Jyoti
(flame) within. (4)

The bell and the conch now produce a tumultous
sound. I enter Bank Nál (the crooked tunnel),
I then go beyond it. (5)

I feel extremely delighted on having Guru's
Darshan. I then reach Sunn, i.e., Das-wán-dwár. (6)

After touching the Holy Feet of Sat Purush, I get
a wondrous Darshan of Radhasoami. (7)

Shabd 28

आज बरसत रिम झिम मेघा कारे ॥टेक॥
 कोयल मोर बोल रहे बन में ।
 पपिहा टेरत पिउ पिउ प्यारे ॥१॥

Dark clouds are sending down incessant showers of rain. The cuckoo is cooing and the peacock crowing in the woods. The Papíhá calls out 'O dear, O beloved'. (1)

Hearing their calls. the restlessly yearning Surat is writhing in pain and anguish, unable to get the sustenance of the Darshan of the Beloved. (2)

My Beloved abides in the highest region. I, on the other hand, am here in this desolate region of death. (3)

To whom shall I describe the pain and anguish of my heart ? Who but Guru is going to save me ? (4)

Beloved Radhasoami, having made His advent here in the form of a Sant, has been pleased to meet me and unite me with Him. (5)

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Shabd 29

सुरत प्यारी झूलत आज हिंडोल ॥टेक॥
 सतगुरु प्रीतम आप झुलावें ।
 गरज गगन अनहद धुन बोल ॥१॥

Darling Surat is swinging in the cradle today.
 Beloved Sat Guru is Himself swaying her to
 and fro. The firmament is roaring with peals
 of thunder. Anhad Shabd is resounding. (1)

Her friends and playmates are all singing in a
 chorus the inestimable and infinite glory of
 Radhasoami. (2)

Radhasoami has put up wondrous beautitude and
 splendour, seeing which, all stand motionless. (3)

How can I describe my great good fortune ?
 Radhasoami has made me enriched. (4)

All jointly perform Arti of Radhasoami. Their
 precious human lives have become faithful. (5)

Most sublime and exalted is the status of Radha-
 soami. Who can fully describe His eminence
 and glory ? (6)

Bachan 14

PREM BAHAR (SPRING OF LOVE)

SECOND PART

Shabd 1

सुरत मेरी प्यारे के चरन पड़ी ॥टेक॥
जगे भाग गुरु सन्मुख आई।
त्रिय तापन से अधिक डरी ॥१॥

My Surat has fallen at the Beloved's holy feet. My good luck awakened and I came before Guru, mortally afraid of the three kinds of afflictions. (1)

On beholding the charming countenance of Radhasoami, my mind was captivated. I always remain standing, ready to serve Him. (2)

Love is now augmented in my heart every moment. My attachment for Maya has now all been reduced to ashes. (3)

I have become intoxicated by the bliss of Shabd now resounding incessantly and uninterruptedly. (4)

How can I describe the glory and eminence of Radhasoami? Adopting His Saran, I get across the ocean of the world today. (5)

Shabd 2

प्रीत गुरु चरनन काहे न लाय ॥टेक॥
 मन माया के सँग लिपटाना ।
 भोगन में रहा चित्त लुभाय ॥१॥

Why do you not engender love for Guru's holy feet ? You remain clinging to Mana and Maya with your heart enamoured of sensual pleasures. (1)

You do not realize the true worth of this human body. You will not get this opportunity again. (2)

Therefore, wake up right now and try to understand. Associate with Sadhs with joy and delight. (3)

Acquainting yourself with the secrets of Shabd, engage in its practice. Elevate your mind and Surat in the company of Shabd. (4)

You will get internal bliss day by day. Awaken your luck in this manner. (5)

Dín Dayál Radhasoami, who is ever kind and compassionate, will ferry you across one day. (6)

Shabd 3

दरस गुरु मनुष्या क्यों न खिले ॥टेक॥
 छुन हर दम तेरे घट में होती ।
 भेद पाय घर क्यों न चले ॥१॥

O my mind ! Why do you not blossom forth like a flower on getting Guru's Darshan ? Shabd is resounding within you all the time. Ascertaining its secret, why do you not proceed to your True Home ? (1)

Without love, you will be able to do precious little. Why do you not mingle with other devotees in Guru's Satsang ? (2)

Humble and meek at heart, why do you not dedicate yourself to Guru's Sewa ? (3)

Your mind will become purified and steady thereby. The inner centres will open up before you along with Shabd. (4)

Adopting Saran of the Holy Feet, contemplate the form of Radhasoami. If He showers His grace, you will find your True Abode. (5)

Shabd 4

आज मेरे मनुआँ गुरु सँग चल ॥टेक॥
उमंग सहित दरशन कर गुरु का ।
दीन होय सतसंग में रल ॥१॥

O my mind ! Proceed with Guru today. Have His Darshan with zeal and fervour. Mingle with other devotees in Satsang in all humility. (1)

Contemplate Guru's form. Utter RADHASOAMI Nam every instant. (2)

With the strength given by Guru, win your battle
against mind, the enemy. (3)

Kal and Karam will become powerless against
you. Beat up and drive away the forces of
Maya. (4)

Radhasoami, in His grace, will accomplish your
task and will remove all your stains and
blemishes. (5)

Shabd 5

चरन गुरु तन मन क्यों नहिं देत ॥टेक॥
प्रीत लाय नित करो साध संग ।
गुरु के बचन सुनो कर हेत ॥१॥

Why do you not dedicate your body and mind to
Guru ? Associate regularly with Sadhs with
love and affection. Listen lovingly to Guru's
discourses. (1)

You remained lost in the company of the mind
and the senses, enjoying worldly pleasures all
the time. (2)

You should know that engrossment in sensual
pleasures is a kind of disease. Shun their
company, coming to your senses. (3)

Make spiritual endeavours day and night, with-
drawing within. By practising Surat Shabd
Yoga, go on filing and rubbing the mind, (4)

Radhasoami, in His grace, will elevate your Surat.
 Leaving the dark domain, you will attain the
 white region. (5)

Shabd 6

चरन गुरु मनुआं काहे न दीन ॥टेक॥
 जग सँग रह क्या करी कमाई ।
 जीव काज कोई जतन न कीन ॥१॥

Why do you not dedicate your mind to Guru's
 holy feet ? Remaining thick and thin with the
 world, what really have you gained ? You did
 not at all try to do good to your soul. (1)

You remained puffed up with the pride of posses-
 sion of wealth and property. You have
 taken on your shoulders the burden of Páp
 and Punya (vice and virtue). (2)

Think. Be sensible. Adopt Guru's Saran sub-
 missively. (3)

Catching hold of the current of Shabd within you,
 elevate your Surat like fish in water. (4)

Relying upon the grace and mercy of Radhasoami,
 go to Sat Lok and listen to the sound of the
 Bín (harp). (5)

Shabd 7

जगत सँग मनुआं सदा मलीन ॥टेक॥
 काम क्रोध मद नित भरमावें ।
 कुमत साथ करे किरत कमीन ॥१॥

The mind always remains impure in the company of the world. It is constantly beguiled by काम Kam (passion), क्रोध Krodh (anger) and मद Mad (pride). Because of perverse sense and understanding, it engages in baser activities. (1)

The Jiva remains ensnared in attachment to wife, progeny and wealth and he is after name and fame. (2)

He always remains engrossed in sensual pleasures and is oblivious of the Supreme Creator. (3)

He does not think of death, nor does he make any distinction between Páp and Punya (vice and virtue). (4)

He gets the fruits of his Karams and suffers pain and pleasure all the time. He does not care to find the path to his True Home. (5)

O Jiva ! Seek Sat Guru and find out from Him the whereabouts of your True Home. Practise the modes of Surat Shabd Yoga with faith and determination. (6)

Imbued with love, concentrate within. Elevating your Surat, drink pure nectar. (7)

When Radhasoami bestows His grace and mercy on you, you will get across the ocean of the world easily. (8)

Shabd 8

सरन गुरु प्रानी क्यों नहिं ले ॥टेक॥
 माया सँग रहा बहुत भुलाना ।
 सतसंग में अब चित दे रे ॥१॥

O Jiva ! Why do you not adopt the Saran of Guru ? You have been wandering a lot in the company of Maya. Do, now, apply your mind and attention to Satsang. (1)

Serve Guru with love and affection. Offer your body, mind and wealth at the Holy Feet. (2)

Contemplate Guru's form with love at heart. Keep away from the world every moment. (3)

Elevate your Surat to Gagan in the company of Shabd. Your stains and blemishes will then be washed away. (4)

Radhasoami, in His grace, will make you His own and take you across the ocean of the world. (5)

Shabd 9

चरन गुरु हिये में रही बसाय ॥टेक॥
 जग की आस बासना त्यागी ।
 स त सं ग त में रही चित लाय ॥१॥

I keep Guru's image enshrined in my heart. Giving up all worldly hopes and desires, I remain in Satsang alert and attentive. (1)

Guru's discourses are like currents of nectar which
I drink to my fill with zeal and fervour. (2)

I daily perform Shabd Abhyas and enjoy bliss by
elevating Surat to higher regions. (3)

I cannot adequately describe the grace and mercy
of Guru. I praise my good fortune every
moment. (4)

How can I sing the glory of Radhaosami ? He has
made an orphan like me His own. (5)

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Shabd 10

दरस गुरु निस दिन करना सही ॥टेक॥
जो तन से गुरु संग न पावे ।
ध्यान धार चित चरन पई ॥१॥

Have Darshan of Guru every day without fail. If
you cannot associate with Him physically, your
heart can make contact with His holy feet by
performing His Dhyān. (1)

Attaining purification, you will then be drenched
in the colour of Guru and will regularly enjoy
bliss within. (2)

Your mind and Surat will enthusiastically ascend
to higher regions, catching the cord of Shabd
within. (3)

On realizing Guru's mercy within you in this
manner, fresh love and faith will be aroused in
you. (4)

Radhasoami, the supremely eminent Guru and the Giver of all happiness, will confer on you the Saran of His holy feet. (5)

Shabd 11

चरन गुरु मनुआं हो जाओ दीन ॥टेक॥
 भोगन में क्यों उमर गुंवाता ।
 बल पौरुष नित होते छीन ॥१॥

O my mind ! Be humble before Guru's holy feet. Why do you, O Jiva, waste your life immersed in sensual pleasures ? Your strength and prowess are dwindling day by day. (1)

There is no stable location other than Guru's holy feet. You remain impure in the company of Maya all the time. (2)

Give up all quarrels and wranglings. Mingle with devotees in Satsang. Grasp the Holy Feet of the all-wise Sat Guru. (3)

If the merciful Guru bestows His grace and mercy on you, He will purify your impure mind and Surat. (4)

Initiating you in the secrets of Shabd, He will elevate you to higher regions, and you will go and abide in the Holy Feet of Radhasoami. (5)

Shabd 12

ध्यान गुरु हिये में धरना जरूर ॥टेक॥
 मन और सुरत सिमट रस पावें ।
 देख रही स त तूर ॥१॥

Contemplate Guru's form without fail. Your mind and Surat will then withdraw and enjoy bliss. They will also witness the refulgence of Sat. (1)

The yearning Surat will ascend towards Nabh where Anhad Shabd is resounding all the time. (2)

You will realize that Karam (rituals) and Dharam (observances) are just delusions, and worldly Parmarth is all rubbish. (3)

By grace and mercy, Jama's net will be cut asunder. Your mind now will become fearless and brave. (4)

Adopting Saran of the Holy Feet, you will abide in rest and peace. Radhasoami will graciously accomplish your task. (5)

Shabd 13

घार नर देह किया क्या आय ॥टेक॥
 सत करतार का मरम न चीन्हा ।
 मन माया संग रहा लिपटाय ॥१॥

What use have you made of the human body you have been endowed with ? You have not learnt the secrets of the True Creator. You remain clinging to Mana and Maya. (1)

You hanker after wealth, honour and sensual pleasures. You get more and more attached to your family. (2)

You are wasting a rare opportunity and are not mindful of the welfare of your soul. (3)

O my dear ! Do come to your senses, giving up all delusions and illusions. Attend Satsang every day. (4)

Take sincere Saran of the Holy Feet of Radha-soami now, and get your task accomplished somehow. (5)

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Shabd 14

आज गुरु सतसंग क्यों न करे ॥टेक॥
नर देह पाय रहे क्यों भूला ।
बचन चित्त में क्यों न धरे ॥१॥

Why do you not attend Guru's Satsang today ? Though blest with a precious human body, why do you remain oblivious ? Why do you not pay heed to Guru's discourses ? (1)

Adopt His Saran and engage in Shabd Abhyas. You will then get across the ocean of the world this very day, (2)

Your association with the senses will be easily snapped and your attachment to the world will be annihilated. (3)

You will witness pure and unalloyed spectacles within. Your Surat will ascend, catching hold of the cord of Shabd within. (4)

Relying upon the grace and mercy of Radhasoami, you will go beyond Pind and Brahmand. (5)

Shabd 15

आज मन मित्रा भक्ति कमाय ॥टेक॥
जगत-संग कुछ लाभ न पावे।
दुख सुख में क्यों बैस बिताय ॥१॥

O my friend, mind ! Cultivate devotion to Guru this very day. You will gain nothing in the company of the world. Why do you waste your life, going through pain and pleasure ? (1)

Giving up adherences to past beliefs, keep the company of Guru. Listen to His discourses attentively. (2)

You should know that people of the world associate with you only for their own selfish motives. You will find no one who will be your true benefactor like Guru. (3)

Guru, in His grace, will reveal to you the secrets of the path to your True Home and how to proceed on it. (4)

Listen to His discourses. Accept and follow what
He says. Apply your Surat to Shabd within. (5)

Adopting the Saran of the Holy Feet, get across.
Sing RADHASOAMI, RADHASOAMI day
and night. (6)

Shabd 16

बचन गुरु मनुआँ लो आज मान ॥टेक॥
संसारी जीवन का संग कर।
क्यों तू गुरु से धरता मान ॥१॥

O mind ! Accept and follow the discourses of
Guru today. Keeping the company of worldly
Jivas, why do you behave arrogantly with
Guru ? (1)

My dear ! If you do not give up your pride, harm
will be done to your Parmarth. (2)

Therefore, O brother, come to your senses and try
to understand. Come to Guru in all humility. (3)

He will mercifully let you hear His discourses and
implant love and faith in your heart. (4)

Explaining to you the mode of Surat Shabd Yoga,
He will enable you to practise them and will
also unite your Surat with Shabd. (5)

By giving you the shelter and protection of His holy feet, He will elevate your Surat to higher regions. Surat will finally merge in the Holy Feet of Radhasoami.

(6)

Shabd 17

सुरत मेरी गुरु संग हुई निहाल ॥टेका॥
 प्रीत प्रतीत दई चरनन में ।
 गुरु ने लिया मोहि आप सम्हाल ॥१॥

My Surat has been enriched in the company of Guru. Conferring on me love for and faith in the Holy Feet, He has, on His own, protected me.

(1)

By attending Satsang, my sense and understanding has become pure. I have given up all Karam and Bharam this very day.

(2)

With zeal and enthusiasm, I apply myself to Shabd within. I contemplate the exalted form of Sat Guru.

(3)

By the strength given by my Guru, I elevate my Surat to Adhar. The terrible Kal is now feeling defeated.

(4)

I witness unalloyed spectacles within me, I always listen to Guru's wonderful and blissful discourses.

(5)

By adopting Saran of the Holy Feet, I become free from all care and anxiety. Beloved Radhasoami has now bestowed His mercy on me. (6)

Shabd 18

सजन संग मनुआं कर आज प्रीत ॥टेक॥
छोड़ कुसंग करो सतसंगा ।
भक्ति भाव की धारो रीत ॥१॥

O mind ! Engender love and affection for good and virtuous people. Shun evil company, Attend Satsang. Adopt the ways of love and devotion. (1)

Enhance your love and affection for Guru day by day. Listen to His discourses with faith and conviction. (2)

Perform Abhyas with zeal and enthusiasm. My friend ! Catch hold of Shabd within and repair to your True Home. (3)

Relying, at heart, on the strength of Guru, demolish the ways of Kal and Karam. (4)

Radhasoami, in His grace, will accomplish your task. You will repair to your True Home, getting across the ocean of the world. (5)

Shabd 19

आज चलो मनुआं घर की ओर ॥टेक॥
 निज घर का ले भेद गुरु से ।
 जल्दी चालो घट में दौड़ ॥१॥

O mind ! Proceed towards your True Home today. Getting the whereabouts of that True Home from Guru, proceed within quickly — nay, run towards it. (1)

Withdraw your body, mind and senses. Cut off all connections with the objects of pleasure. (2)

Engendering faith, contemplate the form of Guru. The tyranny of Kal and Karam will then be over. (3)

Elevate your mind and Surat to higher regions where Shabds are resounding loudly. (4)

Piercing all internal barriers, proceed and merge in the Holy Feet of Radhasoami. (5)

Shabd 20

जगत भय लज्जा तज देओ मीत ॥टेक॥
 कपट छोड़ कर सतसंग गुरु का ।
 धारो मन में गुरु की नीत ॥१॥

My friend ! Give up all sense of fear and regard for the world. Shunning hypocrisy, attend Guru's Satsang, and cherish His instructions in your mind. (1)

Do not engender love and affection for worldly Jivas. Develop love for Guru's holy feet. (2)

Adopting the Saran of the Holy Feet, and engendering faith in Radhasoami at heart, practise the mode of Surat Shabd Yoga. (3)

By mixing with loving devotees, learn the ways and methods of Bhakti (devotion). (4)

Perform Guru's Arti with love and affection. Fix your attention on the Holy Feet of Radhasoami. (5)

Shabd 21

हाल जग देखो दृष्टी खोल ॥टेक॥
सब जग जात चला छिन छिन में ।
कोई वस्तु यहां नहीं अडोल ॥१॥

Look at the condition of the world with eyes wide open. The whole world is heading towards its devastation. Nothing is stable and abiding here. (1)

Therefore, proceed on the way to your True Home by listening continuously to अनहद शब्द Anhad Shabd within. (2)

You will get the secrets of the path from Guru. Get initiated by Him in the unique methods which you are to follow. (3)

Imbued with love, elevate your Surat. Shun Maya
altogether now. (4)

Adopting, Saran of Radhasoami, proceed to higher regions easily, and with perfect serenity and composure. (5)

Shabd 22

Section Chief, Army & Navy Collection, FBI

॥ जांच कर त्यागो भोगो असार ॥ टेंक ॥ ७५३ ॥ १५०४ ॥

माया ते सब भोग रचाये ।

Shun worthless worldly pleasures after judging their value carefully. Maya has created all objects of pleasure. Shē has mixed nectar with brackish waters. (1)

Jivas, ignorant that they are, get entangled in them. They go astray again and again in the company of the world. (2)

If you really want to taste the unalloyed bliss of love, associate with Sat Guru with love and affection. (3)

Ascertaining from Him the method of Shabd practice, elevate your Surat to higher regions. Keep your mind and senses completely under control. (4)

Dīn Dayāla Radhasāmī will, in His grace, easily take you across the ocean of the world. (5)

Shabd 23

सुरत गुरु चरनन आन धरी ॥टेक॥
 दुखी होय हट कर या जग से ।
 गुरु सतसंग में आन पड़ी ॥१॥

Surat comes and grasps Guru's holy feet.
 Being sad and disappointed with the world,
 she leaves it and joins Guru's Satsang. (1)

Full of joy and delight, she adopts the methods
 prescribed by Guru. She concentrates her
 Surat at the third Till, (2)

She now enjoys bliss in the company of Shabd all
 the time. She has been rid of Karam and
 Bharam today. (3)

Her love for and faith in Guru's holy feet are
 increasing. She now ascends to higher regions
 listening to the reverberations of Shabd. (4)

Radhasoami now casts His glance of grace and
 mercy on her. Adopting the Saran of His
 holy feet, she gets across today. (5)

Shabd 24

परख कर छोड़ो माया धार ॥टेक॥
 भोगन का इन जाल बिछाया ।
 जीव बहे सब उनकी लार ॥१॥

Recognize the current of Maya and leave it. She
 has spread the net of worldly pleasures. Jivas
 drift with them. (1)

None will be saved without Sat Guru. Take His shelter and protection in all sincerity. (2)

Attend Satsang. Contemplate His form. Behold His charming countenance within. (3)

Being thus nourished and strengthened, her mind and Surat proceed within hearing the incessant ringing of Shabd. (4)

Enshrine the Holy Feet of Radhasoami in your heart. He, in His grace, will redeem your soul. (5)

Shabd 25

गुरु संग चलना घर की बाट ॥टेक॥
 बिन सतगुरु कोई पार न जावे ।
 भोसागर का चौड़ा फाट ॥१॥

Proceed on the path to your true home in the company of Guru. Without Sat Guru, none can get across. Very vast is the ocean of the world. (1)

Listen to Guru's discourses and understanding their true import, eradicate all Karam and Bharam from their very roots. (2)

Ascertaining the mode of Shabd Abhyas, practise it. Then only will you escape from this topsyturvy world. (3)

You will not get this kind of opportunity again.
Strike the bargain right now at the market
place, as it were, of Sat Guru. (4)

Radhasoami, in His grace and mercy, will elevate
your Surat. He will lift all internal barriers. (5)

Shabd 26

छोड़ चल सजनी माया धाम ॥टेक॥
निज घर तेरा संत के देशा ।
भाग चलो तज क्रोध और काम ॥१॥

O Sajní (friend) ! Leave this domain of Maya and
proceed. Your True Abode is in the region of
Sants. Run away from here, giving up anger
and lust. (1)

Engendering love for the Holy Feet of Sant,
ascertain from Him the secret of True Name. (2)

By properly attuning your Surat, listen to Shabd
within, and drink the cup of nectar. (3)

Relying on the mercy of Guru, ascend high and
reach the region of Trikuti. (4)

Radhasoami, in His grace, will take you across
and grant you rest and peace in your True
Abode. (5)

Shabd 27

गुरु संग प्रीत करो मेरे बीर ॥टेक॥

निज घर भेद गुरु बतलावै ।

बाट चलो उन संग घर धीर ॥१॥

O brave one ! Engender love for Guru. He will let you know the whereabouts of your True Home. Proceed on the path to it in the company of Guru with patience and calm. (1)

None can get across without practising Surat Shabd Yoga. All other mode and methods are false and useless. (2)

Practise Surat Shabd Yoga with faith. Then only will you be rid of the pain and suffering associated with body and mind. (3)

On listening to Shabd, your Surat will proceed to higher regions and will reach the shore of the Mānsarōvarlakē. (4)

By the mercy of Rādhāsōami, Surāt will go to Sat Lok and will attain the most sublime and exalted status. (5)

Shabd 28

भाव संग गुरु दर्शन कीजे ॥टेक॥

जो मन में रहे कपट समाना ।

प्रेम रंग नहीं सूत भीजे ॥१॥

Have Guru's Darshan with love and faith. If
hypocrisy lurks in your mind, your Surat will
not be drenched in the colour of love. (1)

Giving up Kam (desires), cultivate true and sincere
Bahkti (devotion) and get the gift of love from
Guru. (2)

Your mind and Surat will then soar higher and
higher. Maya's strength will go on dwindling
every moment. (3)

Realizing the grace and mercy of Guru within you,
dedicate your body and mind to the Holy Feet. (4)

Great is the splendour of Radhasoami Dham, on
witnessing which, Surat will be exhilarated. (5)

Shabd 29

प्रीत संग गुरु सेवा धारो ॥टेक॥
अचरज भाग जगा गुरु भेटे ।
चरनन पर तन मन वारो ॥१॥

Serve Guru with love and affection. Your
wonderful luck has awakened, you have come
in contact with Guru. Dedicate your body
and mind to His holy feet. (1)

Listen to His discourses and have His Darshan.
Do away with Karam and Bharam. (2)

Contemplate Guru's form with love and affection,
and enjoy immense bliss within. (3)

Elevate Surat to Trikuti in the company of Shabd.
Reduce Kal's net to ashes in a moment. (4)

Utter RADHASOAMI Nam every moment. You
will then get across the ocean of worldly
existence. (5)

Shabd 30

भाव संग पकड़ गुरू चरना ॥टेक॥
काल करम तोहि नित भरमावें ।
छुटे न चौरासी फिरना ॥१॥

Grasp Guru's holy feet with love and affection.
Kal and Karam beguile you all the time. You
can never get out of the cycle of eightyfour
(transmigration). (1)

O Sajni (friend) ! You have this time got a favour-
able, golden opportunity. Leaving aside all
wanderings, adopt the Saran of Guru. (2)

The merciful Guru will explain to you the
methods of Shabd practice. Listening to the
reverberations of Shabd, ascend within. (3)

On going to Sahas-dal-kanwal, you will hear the
sounds of the bell and the conch. From there,
elevate your Surat to Trikuti. (4)

By the mercy of Sat Guru, you will reach Das-wán-
dwár where you will frolic with Hansas. (5)

After having Darshan of Sat Purush, place your
Surat on the Holy Feet of Radhsoami. (6)

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Shabd 31

प्रीत संग गहो गुरु सरना ॥टेक॥
या जग में कोइ मीत न तेरा ।
सकल संग चित से तजना ॥१॥

Adopt the Saran of Guru with love and affection.
Nobody is your friend in this world. Shun
the company of all from the bottom of your
heart. (1)

You should know that the intellectual approach to
Parmarth is nothing but deception. You suffer
pain and sorrow in the company of the mind
and the senses. (2)

Sat Guru is your true benefactor and well-wisher.
Get across the ocean of the world in His
company. (3)

Receive initiation from Him in Surat Shabd Yoga
and elevate your mind and Surat to higher
regions. (4)

After touching the holy feet of Guru and Sat Guru
with zeal and fervour, place your head on the
Holy Feet of Radhasoami. (5)

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Shabd 32

प्रेम बिन चले न घर की चाल ॥टेक॥
सतसंग करे समझ तब आवे ।
गुरु चरनन में प्रीत सम्हाल ॥१॥

Without love, one cannot proceed towards the True Home. A person will develop the right understanding only if he attends Satsang imbued with love for Guru's holy feet. (1)

He will adopt the ways of Bhakti and will discard the way of living of worldly people. (2)

He will contemplate Guru's image and will listen to Shabd, giving up all thoughts about Maya. (3)

He will behold pure light within and will listen to the melodious resounding of Shabd, with joy and delight. (4)

His love and faith will then be augmented day by day and he will have exalted Darshan of Radhasoami. (5)

Shabd 33

आज घट बरखा रिमझिम होत ॥टेक॥
प्रेम के मेघा छाये रहे ।
धुनन का खुल गया भारी सोत ॥१॥

Today, it is showering incessantly within me.
Clouds of love hover all round. The vast
reservoir of Shabds has been thrown open. (1)

My Surat and mind get drenched and feel enriched
and exalted. I see the refulgence of the dazzling
flame. (2)

Hearing the peal of thunder, my Surat proceeds
onward. On going to Trikuti, I wash away the
impurities of my mind. (3)

Kal is now getting tired of calling out challeng-
ingly. Maya is now weeping beating her head. (4)

Radhasoami has bestowed His unbounded mercy
on me. My Surat now penetrates and merges
in Sat Shabd. (5)

Shabd 34

मान तज प्यारी गुरु से मिल ॥टेक॥
दीन होय गिर गुरु चरनन में ।
शब्द भेद ले झाँको तिल ॥१॥

O darling ! Give up your pride and meet Guru.
Fall at His holy feet in all humility. Peep
through the third Til after having acquainted
yourself with the secret of Shabd. (1)

Enhance love in your heart by performing Guru's
Sewa. Turn your mind away from the world. (2)

On getting Guru's Darshan, elevate your Surat to higher regions. With the strength of Guru, break the internal barriers, one after the other, and proceed. (3)

All the strength of Kal and Karam will be shattered. Maya's noise and tumult will all be over. (4)

When Radhasoami showers His grace and mercy on you, He will take you to the Highest Mansion, (5)

Shabd 35

द्वार घट झांको विरह जगाय ॥टेक॥
 यह तो देश बिगाना जानो ।
 निज घर की गई सुद्ध भुलाय ॥१॥

Peep through the gate-way within after awakening love and yearning in you. Know that this is an alien region. You have become oblivious of your True Home. (1)

You have been tied down to the body in the company of the mind and the senses. You have gone astray steeped in sensual pleasures. (2)

Kal Purush has spread this net. The ignorant Jiva gets entangled in it. (3)

That Jiva, who comes under the shelter of Sant, is saved from the clutches of Jama. (4)

By enabling that Jiva to practise the easy mode
of Surat Shabd Yoga, He elevates his mind and
Surat to higher regions. (5)

Breaking open the barrier above Pind, He enables
him to behold अंड And and Brahmánd. (6)

Radhasoami, who is Dín Dayál (merciful to the
humble and the lowly), and is ever kind, takes
him to his True Home. (7)

Shabd 36

शब्द की झड़ियां लाग रहीं ॥टेक॥
सुनत घट बाजे अनेक प्रकार ।
सुरत मन इन्द्री जाग रहीं ॥१॥

Shabd is coming down in showers. Listening to
all kinds of musical instruments playing within,
the Surat, the mind and the senses are waking
up. (1)

By the grace and mercy of Guru, there is a tumult-
ous resounding of Shabd within me. Drops of
nectar are coming down in showers. (2)

Surat, full of joy and delight, is ascending within.
All obstacles on the way are fast disappearing. (3)

Radhasoami, in His grace, has given me this gift.
My friends are all singing His glory. (4)

Shabd 37

आज होली खेलो गुरु संग आय ॥टेक॥

तन मन कुमकुम भर भर मारो ।

दृष्टी की पिचकार छुड़ाय ॥१॥

Play Holi with Guru today. Fill again and again the pitchers, as it were, of the body and the mind with coloured water and throw it on Guru. Throw syringefuls of your दृष्टि Drishti (sight), too.

(1)

Filling your entire inner being with the coloured water of love, sprinkle it on Guru's holy feet.

(2)

Clouds of Abír (a white-coloured scented-powder) and Gulál (red powder) have filled the entire atmosphere. A wonderful festival of Phág (Holi) is going on all round.

(3)

All the Sakhís (friends) are singing the Arti of Guru in a chorus. They are extremely delighted to have His Darshan.

(4)

Radhasoami has graciously awakned fresh love and faith in them.

(5)

Shabd 38

खिला मेरे घट में आज बसंत ॥टेक॥

भाग मेरा अचरज जागर रहा ।

हुए अब परसन सतगुरु संत ॥१॥

Spring is in full bloom within me today. My wonderful luck is awakening; Sat Guru has become pleased with me. (1)

He has elevated my Surat and mind within where innumerable lotuses are abloom today. (2)

I witness the refulgence of Shabd within me. I hear innumerable melodious sounds. (3)

I lovingly frolic with Hansas. My Surat, on going to Sunn, has become free from all fear and anxiety. (4)

Going beyond Sat Lok, Alakh Lok and Agam Lok, I unite with the Holy Feet of Radhasoami. (5)

Shabd 39

आज घट मेघा गरज रहे ॥टेक॥
 सुन सुन धुन सुर्त उमगत चाली ।
 बिधन वाहि बिरथा बरज रहे ॥१॥

Clouds are roaring within me today. On listening to the resounding of Shabd, my Surat proceeds, full of zeal and fervour. Obstacles are trying to stop her in vain. (1)

My beloved Guru is an all-powerful Being. He protects me all the time on the way. (2)

Kal, Karam and all my other enemies tremble out of fear before Him. (3)

Seeing His grace and mercy, my Surat and all
Satsangis, touch the Holy Feet of Radhasoami. (4)

He, who does not know the greatness of Radha-
soami, remains entangled in Karmas. (5)

Shabd 40

आज घट दामिन दमक रही ॥टेक॥
घंटा संख धूम अति डारी ।
झिल मिल जोती चमक रही ॥१॥

Lightning flashes within me today. The bell and
the conch are creating a tumultuous sound. The
light of the flame is glimmering, as if filtered
through a screen. (1)

He, who is ignorant of the true inner secrets,
remains entangled in sensual pleasures. (2)

He, who adopts artificial and lower gods and
goddesses as his Isht (goal), is beguiled by
Karam and Dharam. (3)

But the Surat that comes under the shelter of the
Holy Feet, remains attached to Shabd resound-
ing within. (4)

She develops deep love for the Holy Feet of
Radhasoami. The remembrance of Radha-
soami constantly pricks her heart. (5)

Shabd 41

हिल मिल गुरु संग करो री पिरीती ॥टेक॥

उमंग उमंग सेवा कर निस दिन ।

धारो हिये में भक्ती रीती ॥१॥

Remaining in close contact with Guru, develop love and affection for Him. Serve Him day and night with zeal and enthusiasm. Adopt the ways of Bhakti in your heart. (1)

He, who has firm faith in Guru, vanquishes Kal and Karam in a moment. (2)

Therefore, coming to your senses, fall at Guru's holy feet. You are wasting your life in vain. (3)

You have now been blessed with the precious human body. Without Guru Bhakti, you will go emptyhanded. (4)

Radhasoami is the Supreme Being and the Giver of all happiness. Take refuge under Him with love and affection. (5)

Shabd 42

शब्द संग सूरत अधर चढ़ाय ॥टेक॥

गुरु की दया संग ले अपने ।

निज घर ओर चलो तुम आय ॥१॥

Elevate your Surat to Adhar in the company of Shabd. Relying upon the grace and mercy of Guru, proceed towards your True Home. (1)

On going to Sahas-dal-kanwal, hear the sound of the bell. Then, after witnessing the flame, merge in Trikuti. (2)

After having Darshan of Guru there, behold the form of Akshar Purush in Sunn. (3)

After hearing the sound of the flute, listen to the melodious note of the Bín (harp). Get Darshan of Sat Purush. (4)

Finally, behold the Holy Feet of Radhasoami and merge in the Abode of Anami Purush (the Nameless Supreme Being). (5)

Shabd 43

ध्यान धरु गुरु चरनन चित लाय ॥टेका॥
मन इन्द्री सब भरम भुलाने ।
इन संग क्यों तू धोखा खाय ॥१॥

Contemplating within, recall Guru's holy feet to your mind. Your mind and senses mislead you. Why do you allow yourself to be deceived by them ? (1)

Seek Sat Guru, attend His Satsang and implant His sublime discourses in your heart. (2)

Behold His wondrous form with love and affection. Rush for His Darshan again and again. (3)

Getting initiated in the secrets of Shabd, practise the prescribed modes. Apply your mind and Surat to Shabd. (4)

Enhance your love for Guru's holy feet. Radha-soami, in His grace, will then make you His own. (5)

Shabd 44

सुनो धुन घट में सूरत जोड़ ॥टेक॥
गुरु चरनन में धार पिरीती।
मन और इन्द्री जग से मोड़ ॥१॥

Listen to Shabd by concentrating your Surat within. Engender love for Guru's holy feet. Turn your mind and senses from the world. (1)

Adopt the ways of love and devotion. Cut off all connection with Karam (rituals) and Dharam (observances). (2)

Proceed within, with love and yearning. Piercing the third Til, witness the flame. (3)

Going to Trikuti, hear the Anhad Shabd. Then reach Sunn, after parting company with the mind. (4)

By the grace and mercy of Radhasoami, meet
Sohang Purush and hear the sound of the Bín
from the direction of Sat Lok. (5)

You will feel extremely delighted on getting
Darshan of Sat Purush. You will behold the
most captivating form of Radhasoami. (6)

Shabd 45

उमंग कर सुनो शब्द घट सार ॥टेक॥
यह धुन है धुर लोक की धारा ।
इसने रचन रचाई झार ॥१॥

Listen enthusiastically to the most marvellous
Shabd resounding within. This Shabd is a
current from the Highest Region. It has evolved
the entire creation, including Agam Lok,
Alakh Lok, Sat Lok and Sat Shabd. (1-2)

Shabd is the cause of the Triloki (the three
worlds). Shabd calls out within everybody. (3)

The cord of Shabd is connected with the Highest
Region. By catching hold of that cord, Surat
will get across. (4)

My friend ! It is Sat Guru who will explain to you
the secret of Shabd and the modes of proceeding
within. (5)

Therefore, search for Sat Guru. After meeting
Him, perform Abhyas carefully. (6)

Adopt, at heart, the Saran of the Holy Feet of
Radhasoami. He will take you to your True
Home. (7)

Shabd 46

बिसारो मनुआं जग की कार ॥टेक॥
सारी बैस बिताई जग में ।
वृद्ध हुआ अब चेत गँवार ॥१॥

O Mind ! Give up all worldly activities. You
have wasted all your life here. O fool ! You
have become old and now do come to your
senses. (1)

Learn the whereabouts of your True Home from
Guru. Adopt the true path of Surat Shabd. (2)

Turn the mind and the senses away from the world.
Contemplate the form of Guru with love and
affection. (3)

Musical instruments are playing within you.
Listen to the ringing of Shabd within. (4)

Grasp the Holy Feet of Radhasoami with love
and affection. He will fully accomplish your
task today. (5)

Shabd 47

अचल घर सजनी सुख लीजे ॥टेक॥
 या जग में नित सुख दुख सहना ।
 गुरु मिल आज जतन कीजे ॥१॥

O Sajni (friend)! Take thought of your eternal home. You are constantly undergoing pain and pleasure in this world. Meet Guru today and make efforts to revert back to your True Home. (1)

Listen attentively to the discourses delivered in Satsang. Devote your body and mind to Guru with zeal and enthusiasm. (2)

You will then realize the grace and mercy of Sat Guru within you. Your mind and Surat will get drenched in the bliss of Shabd. (3)

Ascend high, open the massive barriers and drink the nectar of Shabd within. (4)

Radhasoami, in His grace, will take care of your task. He will demolish all the strength of Kal and Karam. (5)

Shabd 48

चलो घर गुरु संग बांध कमर ॥टेक॥
 सतसंग बचन हिये में धारो ।
 घट में लग धुन डोर पकड़ ॥१॥

Girding up your loins, proceed towards your True Home in the company of Guru. Implant in your heart the discourses you hear in Satsang. Penetrating within, catch hold of the cord of Shabd. (1)

Relying on the grace and mercy of Sat Guru, elevate your Surat to the sky-top. (2)

By the strength given to you by Guru, control your mind and senses and rub out Kal and Karam. (3)

The numerous obstacles of infatuation and worldly attachments will then be out of your way. (4)

On hearing Sat Shabd, your Surat will now go ahead and firmly grasp the Holy Feet of Radhasoami. (5)

Shabd 49

सुनो मन घट में गुरु बानी ॥टेक॥
समझ सतसंग के बचन अमोल ।
प्रीत गुरु चरनन में आनी ॥१॥

O mind, listen to Guru's words within. On understanding the inestimable discourses delivered in Satsang, love for His holy feet will awaken. (1)

Ascertaining the secrets of Shabd and modes of Shabd practice, focus your Surat on Shabd resounding within. (2)

Implant in your heart, faith in Guru's holy feet.
Strengthen His Saran with full conviction. (3)

By the mercy of Guru, your Surat will ascend
within and will drink milk, discarding water. (4)

You met Guru Radhasoami, the great giver of
gifts. He, in His grace, grants you rest and
peace in Sat Lok. (5)

Shabd 50

शब्द धुन सुनो त्याग मन काम ॥टेक॥
जब लग चित भोगन में बहता ।
बसे न हिरदे ना म ॥१॥

Listen to the resounding of Shabd after giving up
the desires of the mind. So long as the mind
and attention drift with sensual pleasures,
Nam cannot be implanted in your heart. (1)

Therefore, have faith in Guru's holy feet, and keep
your mind and senses under control. (2)

Guru, in His grace and mercy, will give you initia-
tion. Apply your Surat, in its entirety, to
Shabd. (3)

Adopt the Saran of Guru with faith. Drink the
cup of nectar within. (4)

By the grace and mercy of Radhasoami, you will

find abode in Sat Lok where there is no Kal or
Krishna or Ram. (5)

Sdabd 51

खेल रही सूरत फाग नई ॥टेक॥
सतसंगी सब जुड़ मिल आये ।
रा धा स्वा मी सरन पई ॥१॥

Surat is playing new Phág (Holi). Satsangís have
gathered. They have adopted Saran of Radha-
soami. (1)

Reverberations of Shabd are heard all round.
Currents of nectar are coming down in showers. (2)

Taking Abír (a sweet scented white powder),
Gulál (red powder) and coloured water in their
hands, all are rubbing them on Guru's holy feet. (3)

Darling and jovial Surat, lost in love, is clinging to
the Holy Feet of Radhasoami. (4)

After performing Arti of Radhasoami, she falls at
His holy feet. He takes her in His lap. (5)

Shabd 52

हिंडोला झूले सुत प्यारी ॥टेक॥
सतसंगी सब हिल मिल झूलें ।
सु र त शब्द धारी ॥१॥

Darling Surat is swinging in the cradle. Satsangis,
mingling amongst themselves, are also swinging
to and fro, applying their Surat to Shabd. (1)

All sing the glory of Radhasoami in a chorus.
They dedicate themselves to the Saran of the
Holy feet. (2)

Radhasoami, who is ever merciful to the humble
and the lowly, casts His glance of grace and
mercy on all. (3)

The task of every one is fully accomplished. All
sacrifice themselves at the Holy Feet of Radha-
soami. (4)

Shabd 53

सखी देखो आज बहार वसंत ॥टेक॥
चलो घर श्याम धाम पारा ।
खिली जहां नित फुलवार बसंत ॥१॥

○ Sakhi (friend) ! Behold today the bloom of
spring. Proceed to your True Home which lies
beyond the Third Til and where flowers of
eternal spring are abloom. (1)

All Sakhis (friends of Surat) are singing Arti at the
Holy Feet of Radhasoami, the Supreme Being
who is beyond all care and anxiety. (2)

They are having His Darshan with their gaze fixed
on Him. They are filled with joy and delight
on witnessing His infinite splendour. (3)

Showers of nectar are coming down. The resounding of Shabd has created a tumult within. (4)

Whoever wishes to be liberated from the world, should utter the Nij Mantra, RADHASOAMI Nam. (5)

Shabd 54

सुरत आई उमगत गुरु के पास ।टेक।।
 प्रीत सहित करती सतसंगा ।
 धर हिये में चरनन विश्वास ॥१॥

Imbued with love and yearning, Surat comes to Guru. She lovingly attends Satsang with faith in the Holy Feet enshrined in her heart. (1)

She has given up all desires for worldly pleasures. She aspires for nothing except Guru's holy feet. (2)

Zeal and enthusiasm are augmented in her heart as she listens to Guru's discourses, and as she performs His Sewa, her joy knows no bound. (3)

Her mind enjoys the bliss of Darshan every moment. She soars high in the company of Shabd. (4)

Indescribable is the mercy of Radhasoami. He has granted her abode in His holy feet. (5)

Shabd 55

सुरत हुई मगन दरस गुरु पाय ॥टेक॥
 बचन सुन शीतल हुई मन में ।
 भेद पाय सुर्त शब्द लगाय ॥१॥

Surat feels delighted on getting the Darshan of Guru. As she listens to His discourses, she attains peace and tranquillity. On learning the secrets from Guru, she applies herself to Shabd.

(1)

Her love is augmented as she listens to the resounding of Shabd within. She implants firm faith at heart.

(2)

Realizing the grace and mercy of Guru within her all the time, she rushes to perform His Sewa with zeal and fervour.

(3)

Full of joy and delight, she ascends to higher regions. She listens to the ringing of the bell, the blowing of the conch as well as peals of thunder.

(4)

Then, after hearing the sounds of the violin, the flute and the Bín (harp), she sings the Arti of Radhasoami, standing before Him face to face.

(5)

Shabd 56

नाम रँग घट में लागा री ॥टेक॥
 सुनत गुरु प्यारे के बचना ।
 सोवता मनुआं जागा री ॥१॥

My inner being has been dyed in the colour of
 Nam. On listening to the discourses of the
 beloved Guru, my mind which has been fast
 asleep so far, has now awakened. (1)

My love for Guru's holy feet is increasing. I go
 on giving up worldly pleasures and attachment
 for the world. (2)

Imbued with love and mindful of the instructions
 imparted to me at the time of initiation, I hear
 within me the melodious resounding of Anhad
 Shabd. (3)

By the grace and mercy of Guru, my Surat ascends
 to Gagan (Trikuti) and I then leave the domain
 of Maya. (4)

I finally rush to the Holy Feet of Radhasoami.
 My wonderful luck has awakened. (5)

 Shabd 57

तन मन धन से भक्ति करो री ॥टेक॥
 कोरी भक्ति काम नहि आवे ।
 या ते हिये में प्रेम भरो री ॥१॥

Perform Bhakti by means of your body, mind and wealth. The so-called Bhakti will be of no avail. Hence, implant love in your heart. (1)

Have love and affection for the Holy Feet of the Supreme Being Radhasoami as well as for Satsang. (2)

If Guru, in His mercy, imparts to you the inner secrets then only will your Surat ascend to higher regions in the company of Shabd. (3)

Develop humility at heart, and fall at Guru's holy feet with zeal and enthusiasm. (4)

When Radhasoami bestows His grace and mercy on you, you will get across the ocean of the world easily. (5)

Bachan 15

PREM BAHAR (SPRING OF LOVE)

THIRD PART

Shabd 1

छबीले छबि लगे तोरी प्यारी ॥टेक॥

O Handsome One ! Your elegant form is dear to me. On having Your Darshan, I become instantly charmed. I sacrifice myself over Your countenance. (1)

You have shown me a wonderful countenance. I sacrifice myself at Your holy feet. (2)

O Radhasoami ! In your grace, do embrace me, after getting me detached from body and mind. (3)

Shabd 2.

रंगोले रंग देओ चुनर हमारी ॥टेक॥

O Jovial and Playful One ! Dye my Chunar* with your colour. Be kind to dye it in such a colour that I get detached from the world. (1)

* See foot note at the page 211.

This mind gives rise to troubles everyday. Do remould it completely so that getting purified and drenched in the colour of love, it may proceed to the mansion of Gagan (Trikuti). (2-3)

When You bestow immense mercy on me, my Surat will proceed on the path to the inaccessible region. (4)

O Beloved Radhasoami ! Shower your grace and mercy on me now. Reform me quickly. (5)

Shabd 3

रसीले छोड़ो अमृत धारा ॥टेक॥

O Jolly One ! Let Your current of nectar flow freely. This current originates from Das-wán-dwár. The body and the mind get drenched by it through and through. (1)

This current enables one to hear the resonance of Shabd — indeed, of each Shabd separately. (2)

No one can contact this current unless blest by good luck. Only a rare one, who is dear to Guru, will make contact with it. (3)

Beloved Radhasoami has been merciful towards me. He has taken me in His fold. (4)

Shabd 4

दयाला मोहि लीजे तारी ॥टेक॥

O Merciful One ! Take me across. Great is the
glory of your mercy. I am a fallen and
ignorant one. (1)

I have wasted my entire life in the world, going
astray all the time in this desolate region. (2)

Have mercy on me. Take me to your holy feet.
Give out to me the secrets of Shabd. (3)

Most sublime and exalted is your status. Ferry
me across in a moment. (4)

I sacrifice myself at your holy feet and dedicate to
You my body, mind, wealth, and everything. (5)

Beloved Radhasoami, the Perfect Sat Guru has
liberated me. (6)

— — — — —

Shabd 5

पियारे मेरे सतगुरु दाता ॥टेक॥

O my dear, munificent Sat Guru ! I keep on gaz-
ing at your captivating form. I do not like
the look of anyone else. (1)

I continue to partake of nectar-like Prashad.
Nothing else do I like. (2)

Day and night I remain engaged in the service of
Your lotus feet. My mind goes nowhere else. (3)

All the time, I sing Your praises and contemplate
Your holy feet. No other thought crosses my
mind. (4)

Beloved Radhasoami abides in my heart. No-
thing else catches my attention. (5)

Shabd 6

अनामी प्यारे राधास्वामी ॥टेक॥

O Beloved Radhasoami, the Nameless Being !
Your supremely exalted status is known
to none. You are the knower of the innermost
recesses of all. (1)

Your region is quite separate and distinct from
all others. Neither Ram nor Krishna has
access there. (2)

Supremely great is Your glory. Who can describe
it ? (3)

Loving devotees contemplate Your holy feet,
giving up all worldly desires. (4)

I sing the praises of Radhasoami all day and
night. He has united me with His holy feet. (5)

Shabd 7

अनंता तेरी गति नहिं जानी ॥टेक॥

O Endless One ! Your Gati is not known to any one. You Yourself revealed Your secret by incarnating Yourself on this earth in the form of a Sant. (1)

Extremely fortunate is he who has been able to get Your Darshan. You drew him to Your holy feet. (2)

By imparting to him the secret of Shabd, You elevated his Surat to higher regions. (3)

He, who does not engender love for Your holy feet reminds stuck to the world. (4)

Radhasoami has been merciful to me. He has granted me abode at His holy feet. (5)

Shabd 8

अडोला तेरी महिमा भारी ॥टेक॥

O Immovable One ! Great is Your eminence and glory. You are the very ocean of love. Yours is a supremely blissful state of conscious self-absorption. (1)

Unbounded is Your grace and mercy which attracts all. (2)

A tumultuous sound burst forth by Mauj; a great current of love and mercy issued forth. (3)

It assumed the forms of Agam and Alakh. It then had the form of Sat Purush, the True Creator. (4)

Such was the mercy and Mauj of Radhasoami. He is the True Father and the True Mother of all. (5)

Shabd 9

अबोला तेरी लीला भारी ॥टेक॥

O Silent One ! Great are Your doings. Two anshas (currents) emanated from Sat Lok and brought into being the three worlds. (1)

They are Maya and Kal who created a great tumult and entrapped all Jivas. (2)

The Supreme Being Radhasoami manifested Himself as Sant. The power of Kal and Karam waned. (3)

Those Jivas, who carefully follow His teachings, are redeemed. (4)

Performing the Abhyas of Surat Shabd Yoga, they have more sincerely and firmly adopted the Saran of Radhasoami. (5)

Shabd 10

आज गुरु आये जग तारन ।
अहा हा हा ओहो हो हो ॥

Guru has come today to redeem the world. An occasion of great rejoicing indeed ! He has assumed a most captivating form. A matter of great rejoicing indeed ! (1)

Those Jivas, who come to His holy feet, are rid of their Karam and Bharam. They resort to Shabd practice. A matter of great rejoicing indeed ! (2)

They attend Satsang attentively and adopt the Saran of Sat Guru with love and affection. By grace, they attain purification. A matter of great rejoicing indeed ! (3)

Radhasoami has graciously made them His own. He has rid them of their engrossment in things worldly and has granted them location at His holy feet. A matter of great rejoicing indeed ! (4)

What glory of Radhasoami can I sing ? None is in the know of His most sublime status. Unbounded is His mercy. A matter of great rejoicing indeed ! (5)

Shabd 11

दरस गुरु भाग से मिलिया ।
ओहो हो हो अहा हा हा ॥

By sheer good luck have I met Guru. What a matter to rejoice about ! By mercy, I could associate with Him closely. A matter of great rejoicing indeed ! (1)

By being meek and humble, I was able to receive His grace and mercy. A matter of great rejoicing indeed ! He revealed to me the secrets of Shabd. A matter of great rejoicing indeed ! (2)

My inner being got dyed in the colour of Nam. A matter of great rejoicing indeed ! Fresh love awakened in my heart. A matter of great rejoicing indeed ! (3)

Guru's form became very dear to me. A matter of great rejoicing indeed ! I could hear the ringing of Shabd within. A matter of great rejoicing indeed ! (4)

What can I say in praise of the mercy of Radha-soami. A matter of great rejoicing indeed. I daily sacrifice myself at the Holy Feet. A matter of great rejoicing indeed ! (5)

Shabd 12

बचन सतगुरु सुने भारी ।
अहा हा हा ओहो हो हो ॥

I have heard the most sublime discourses of Sat Guru. A matter of great rejoicing indeed ! (1)

- I have come to know of the inner secrets. A
matter of great rejoicing indeed ! (2)
- My darling Surat has contacted Shabd. A matter
of great rejoicing indeed ! (3)
- Flowers of five different colours are abloom within
me. A matter of great rejoicing indeed ! (4)
- I behold the flame and then hear the peal of
thunder. A matter of great rejoicing indeed ! (5)
- I see the moon and the sun. A matter of great
rejoicing indeed ! (6)
- In the imperishable city I hear the glorious sound
of the Bin (harp). A matter of great rejoicing
indeed ! (7)
- I sacrifice myself at the Holy Feet of Radhasoami.
A matter of great rejoicing indeed ! (8)

Shabd 13

अजब राधास्वामी मत न्यारा ।
ओहो हो हो अहा हा हा ॥१॥

- Unique and wonderful is the Radhasoami Faith. A
matter of great rejoicing indeed ! (1)
- The current of divine love flows there. A matter
of great rejoicing indeed ! (2)
- Engender love and affection for the Holy Feet of
Guru. A matter of great rejoicing indeed ! (3)

Listen to the resonance of Shabd. A matter of great rejoicing indeed ! (4)

Thus will you attain redemption easily. A matter of great rejoicing indeed ! (5)

Surat penetrates the tenth aperture (Das-wán-dwár) and ascends higher. A matter of great rejoicing indeed ! (6)

Surat then goes to the Darbar (court) of Sat Purush. A matter of great rejoicing indeed ! (7)

By His grace and mercy, Surat proceeds further. A matter of great rejoicing indeed ! (8)

Surat finally attains the Radhasoami Pad, the essence of all. A matter of great rejoicing indeed ! (9)

Shabd 14

मिले मोहि आज गुरु पूरे ।
ओहो हो हो अहा हा हा ॥१॥

I have met the Perfect Guru today. A matter of great rejoicing indeed ! (1)

Anhad Shabd starts resounding within me. A matter of great rejoicing indeed ! (2)

My pride, arrogance and infatuation are all shattered. A matter of great rejoicing indeed ! (3)

My mind has become the dust of Guru's holy feet.
A matter of great rejoicing indeed ! (4)

I now witness the refulgence of Sat within me. A
matter of great rejoicing indeed ! (5)

Kal and Karam now wither and are sad and
morose. A matter of great rejoicing indeed ! (6)

My all-powerful Guru has showered His grace and
mercy on me. A matter of great rejoicing
indeed ! (7)

I have now attained the Radhasoami Pad, the
Prime Abode. A matter of great rejoicing
indeed ! (8)

Shabd 15

बढ़त सतसंग अब दिन दिन ।
अहा हा हा ओहो हो हो ॥१॥

Satsang is now spreading far and wide day by day.
A matter of great rejoicing indeed ! (1)

Jivas are now being taken across in large numbers.
What a matter of rejoicing indeed ! (2)

How can the grace and mercy of Radhasoami be
described ! A matter of great rejoicing indeed ! (3)

Those who fall at His holy feet, are released from
the cycle of recurrent births and deaths. A
matter of great rejoicing indeed ! (4-5)

By touching the Holy Feet of Guru, they also
become the saviours of other jivas. A matter
of great rejoicing indeed ! (6)

In Sat Lok, they attain the status of Hansa. A
matter of great rejoicing indeed ! (7)

They are especially and speedily taken under the
shelter of Radhasoami. A matter of great re-
joicing indeed ! (8)

Shabd 16

दया गुरु क्या करूं वर्णन ।
अहा हा हा ओहो हो हो ॥१॥

How can I describe the grace and mercy of Guru ?
He has attracted me to His holy feet. A
matter of great rejoicing indeed ! (1-2)

He has shown within me a flower garden where I
can hear the loud resounding of Shabd. A
matter of great rejoicing indeed ! (3-4)

From there, I proceed further. A matter of great
rejoicing indeed ! (5)

My Surat goes on having Darshan of Guru. A
matter of great rejoicing indeed ! (6)

I sacrifice my body and mind at Guru's holy
feet. A matter of great rejoicing indeed ! (7)

In Sunn, I frolick in the company of Hansas. A
matter of great rejoicing indeed ! (8)

Passing through Bhanwargupha, I rush to Sat Lok.

A matter of great rejoicing indeed ! (9)

I am hallowed and sanctified by the touches of
Radhasoami. A matter of great rejoicing
indeed. (10)



शब्द

सूचीपत्र

प्रेम बानी राधास्वामी

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